

Ventilation Mécanique au bloc opératoire en 2016

Emmanuel FUTIER, MD, PhD

Department of Anesthesiology and Critical Care Medicine
 Estaing Hospital - University of Clermont-Ferrand
 EA 7281 R2D2 UdA (University Clermont 1)

@efutier



Objectifs

- Rappeler les risques de réglages inadaptés
- Identifier le(s) risque(s) chez le patient chirurgical
- Présenter quelques solutions : concept POP®



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The NEW ENGLAND JOURNAL of MEDICINE

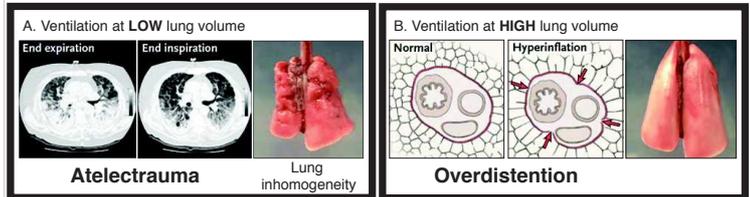
REVIEW ARTICLE

CRITICAL CARE MEDICINE

Simon R. Finfer, M.D., and Jean-Louis Vincent, M.D., Ph.D., *Editors*

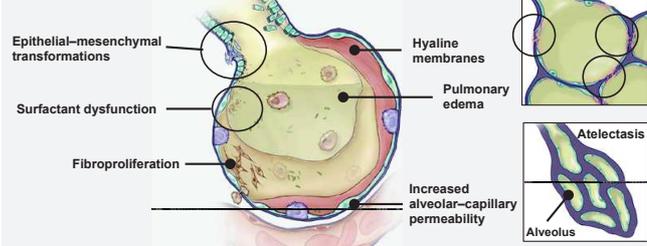
Ventilator-Induced Lung Injury

Arthur S. Slutsky, M.D., and V. Marco Ranieri, M.D.

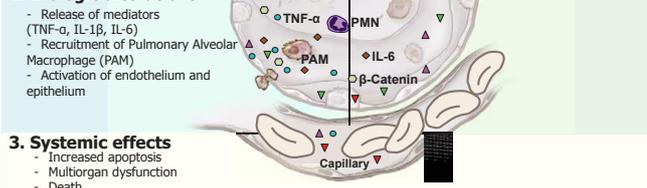


N Engl J Med 2013;369:2126-36

1. Structural consequences



2. Biologic alterations



3. Systemic effects

- Increased apoptosis
- Multiorgan dysfunction
- Death

VOLUME 342 NUMBER 18



MAY 4, 2000

VENTILATION WITH LOWER TIDAL VOLUMES AS COMPARED WITH TRADITIONAL TIDAL VOLUMES FOR ACUTE LUNG INJURY AND THE ACUTE RESPIRATORY DISTRESS SYNDROME

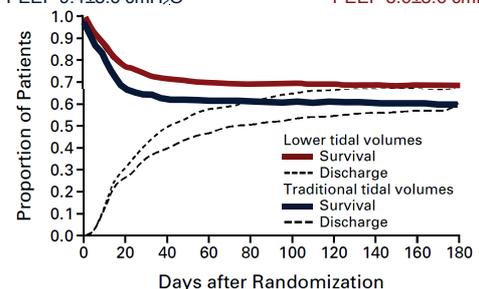
THE ACUTE RESPIRATORY DISTRESS SYNDROME NETWORK*

Traditional VT ventilation

(N=429)
 VT 11.8±0.8 ml/kg PBW
 PEEP 9.4±3.6 cmH₂O

Lower TV ventilation

(N=432)
 VT 6.2±0.9 ml/kg PBW
 PEEP 8.6±3.6 cmH₂O

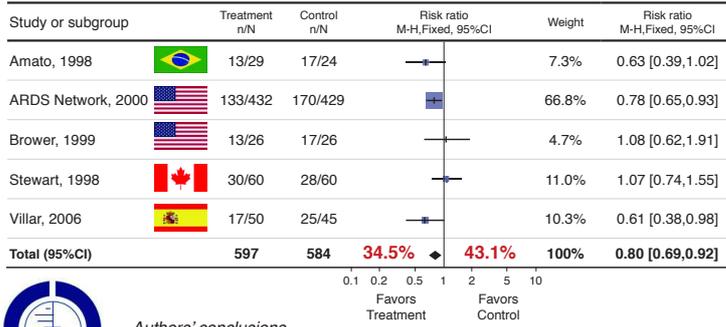


Days after Randomization

Lung protective ventilation strategy for the acute respiratory distress syndrome (Review)

Petrucci N, De Feo C

Outcome: **Hospital mortality**



Authors' conclusions

Mortality was significantly reduced at day 28 and at the end of the hospital stay. **Ventilation with lower tidal volumes is becoming a routine strategy of treatment** in patients with ARDS and ALI.

Cochrane Database Syst Rev. 2013

Lung protective ventilation strategy for the acute respiratory distress syndrome (Review)

Petrucci N, De Feo C

Study or subgroup	Treatment		Control	
	VT ml/kg IBW	PEEP cmH2O	VT ml/kg IBW	PEEP cmH2O
Amato, 1998	7.0±0.4	16.3±0.7	12.1±0.6	6.3±0.8
ARDS Network, 2000	6.2±0.9	9.4±3.6	11.2±0.8	8.6±3.6
Brower, 1999	7.3±0.1	9.5	10.2±0.1	8.3
Stewart, 1998	7.0±0.7	8.6±3.0	10.7±1.4	7.2±3.3
Villar, 2006	7.3±0.9	14.1±2.8	10.2±1.2	9.0±2.7



Cochrane Database Syst Rev. 2013



Take Home Message #1

A lung protective ventilation refers to the use of:

- Low tidal volume (i.e., VT of 8 ml/kg IBW or less)
- PEEP

VT calculated on ideal and NOT on actual body weight!

The main objective is to protect the lungs against physical (mechanical) forces associated with:

- Lung overdistension
- Repetitive opening and closing of lung units

EDITORIAL

JAMA. 2012 Oct 24;308(16):1689-90

Low Tidal Volumes for All?

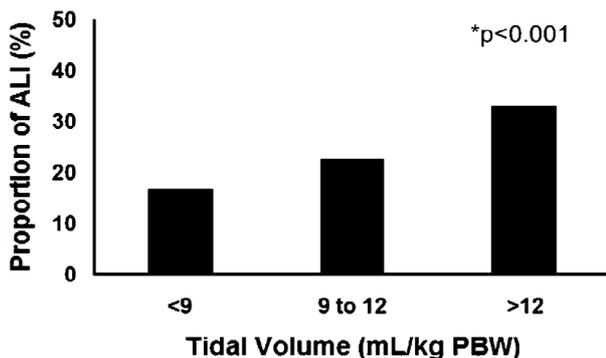
Niall D. Ferguson, MD, MSC

Feature Articles

Crit Care Med 2004; 32:1817-1824

Ventilator-associated lung injury in patients without acute lung injury at the onset of mechanical ventilation*

Ognjen Gajic, MD; Saqib I. Dara, MD; Jose L. Mendez, MD; Adebola O. Adesanya, MD; Emir Festic, MD; Sean M. Caples, MD; Rimki Rana, MD; Jennifer L. St. Sauver, PhD; James F. Lymp, PhD; Bekele Afessa, MD; Rolf D. Hubmayr, MD



Association Between Use of Lung Protective Ventilation With Lower Tidal Volumes and Clinical Outcomes Among Patients Without Acute Respiratory Distress Syndrome

Serpa Neto et al. JAMA 2012;308:1651-1659

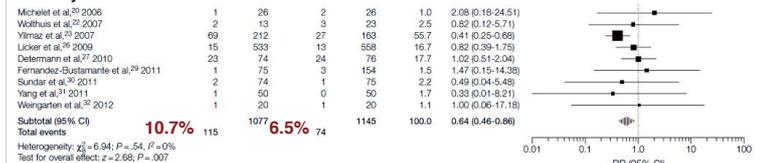


A Meta-analysis

N=2822 patients (20 articles)

	High VT ventilation	Low VT ventilation
VT (ml/kg PBW)	10.6±1.14	6.45±1.09
PEEP (cmH2O)	3.41±2.79	6.4±2.39

Mortality



Conclusions Among patients without ARDS, protective ventilation with lower tidal volumes was associated with better clinical outcomes.

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Incidence of mortality and morbidity related to postoperative lung injury in patients who have undergone abdominal or thoracic surgery: a systematic review and meta-analysis

Articles



Ary Serpa Neto, Sabrina NT Hemmes, Carmen SV Barbas, Martin Beiderlinden, Ana Fernandez-Bustamante, Emmanuel Futier, Markus W Hollmann, Samir Jaber, Alf Kozian, Marc Licker, Wen-Qian Lin, Pierre Moine, Federica Scavonetto, Thomas Schilling, Gabriele Selmo, Paolo Severgnini, Jung Sprung, Tanja Treschan, Carmen Unzueta, Toby N Weingarten, Esther K Wolthuis, Hermann Wrigge, Marcelo Gama de Abreu, Paolo Pelosi, Marcus J Schultz, for the the PROVE Network investigators

Lancet Respir Med 2014; 2(12):1007-15

Individual data analysis of 3365 patients from 12 observational and RCTs
Postoperative lung injury: 3.65%

Figure 3: Timing of PLI during hospital stay

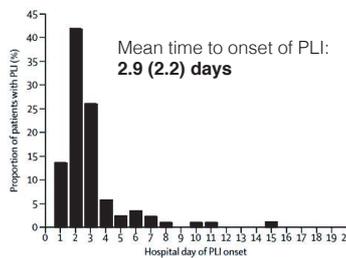
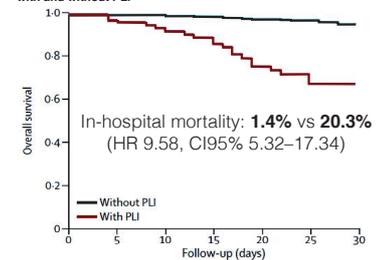


Figure 4: Kaplan-Meier estimates of overall survival in patients with and without PLI



Incidence of mortality and morbidity related to postoperative lung injury in patients who have undergone abdominal or thoracic surgery: a systematic review and meta-analysis

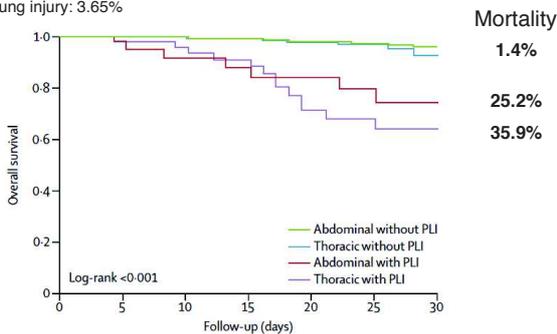
Articles



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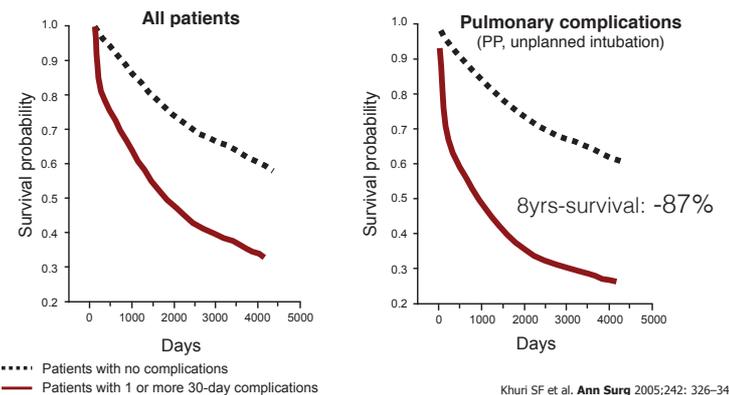
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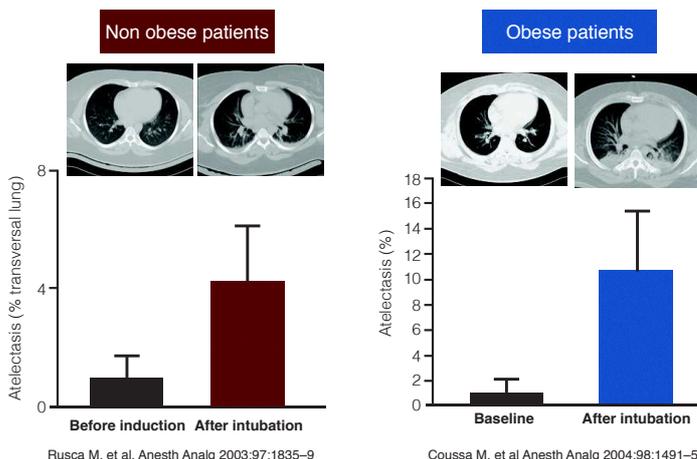


Determinants of Long-Term Survival After Major Surgery and the Adverse Effect of Postoperative Complications

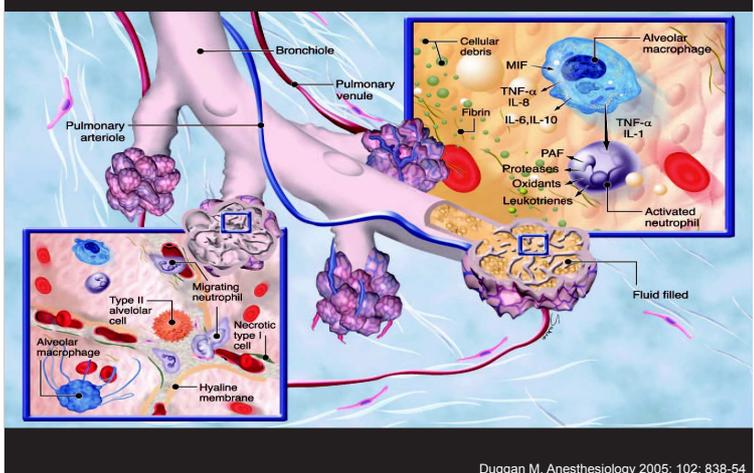
NSQIP data from 105,951 patients follow-up 8 years after surgery



Atelectasis and General Anesthesia



Pulmonary Atelectasis: A Pathogenic Perioperative Entity



Atelectasis may contribute to injury

● Atelectasis Causes Alveolar Injury in Nonatelectatic Lung Regions

Shinya Tsuchida, Doreen Engelberts, Vanya Peltekova, Natalie Hopkins, Helena Frndova, Paul Babyn, Colin McKerlie, Martin Post, Paul McLoughlin, and Brian P. Kavanagh

Lung Biology Program, and Departments of Critical Care Medicine and Radiology, Hospital for Sick Children; Departments of Anesthesia, Laboratory Medicine, and Physiology, and the Interdepartmental Division of Critical Care Medicine, University of Toronto, Toronto, Ontario, Canada; and School of Medicine and Medical Sciences, Conway Institute, University College Dublin, Dublin, Ireland

Am J Respir Crit Care Med 2006;174:279-289

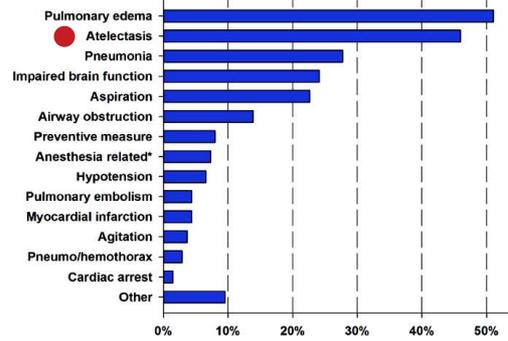
● Reducing Atelectasis Attenuates Bacterial Growth and Translocation in Experimental Pneumonia

Anton H. van Kaam, Robert A. Lachmann, Egbert Herting, Anne De Jaegere, Freek van Iwaarden, L. Arnold Noorduyn, Joke H. Kok, Jack J. Haltsma, and Burkhard Lachmann

Department of Anesthesiology and Laboratory of Pediatrics, Erasmus-MC Faculty, Rotterdam; Department of Neonatology, Emma Children's Hospital AMC; Department of Pathology Academic Medical Center, University of Amsterdam, Amsterdam, The Netherlands; and Department of Pediatrics, University of Göttingen, Göttingen, Germany

Am J Respir Crit Care Med 2004;169:1046-1053

Unplanned tracheal intubation after surgery for postoperative respiratory failure



Unplanned tracheal reintubation within 3 days after surgery is associated with an increased risk (72-fold) for in-hospital death: Mortality **16%** versus **0.26%**

Brueckmann B et al. Anesthesiology 2013; 118:1276-85

Identification of individual risk factors of postoperative pulmonary complications

Risk factors

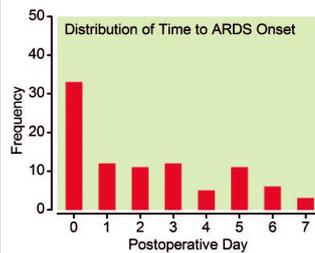
Surgical	Anesthetics	Patient-related
Surgical procedure	Excessive fluid administration	Age >65yr
Vascular	Blood transfusion (> 4 units)	ASA physical status ≥3
Thoracic	Residual neuromuscular blockade	History of respiratory disease
Upper abdominal	Intraoperative hypothermia	Obstructive sleep apnea
Neurosurgery	● Inadequate ventilator settings	Preoperative SpO ₂ <96%
Head and Neck		History of congestive heart failure
Emergent procedure		Recent respiratory infection (<1 mo)
Reintervention		Partial or total functional dependency
Surgical duration ≥2 h		Active smoking
Open laparotomy > laparoscopy		Alcohol abuse
		Preoperative sepsis
		Weight loss >10% in the last 6
		Preoperative anemia (<10 g/dl)
		Obesity

Futier E et al. Anesthesiology 2014; 121:400-8
Caneft J et al. Anesthesiology 2010; 113:1338-50
Arozullah AM et al. Ann Intern Med 2001; 135:847-57

PERIOPERATIVE MEDICINE

Preoperative and Intraoperative Predictors of Postoperative Acute Respiratory Distress Syndrome in a General Surgical Population

50,367 hospitalizations analyzed (from June 1, 2004 to May 31, 2004)
93 (0.2%) were complicated by postoperative ARDS



Intraoperative Predictors of ARDS after matching on Preoperative Risk of ARDS

	Odds ratio
Median drive pressure	1.17 (1.09, 1.31)
Packed erythrocyte transfusion	5.36 (1.39, 11.11)
Median FiO ₂	1.02 (1.00, 1.05)
Crystalloid (liters)	1.43 (1.15, 1.93)

Blum JM et al. Anesthesiology 2013; 118:19-29

Injurious mechanical ventilation and end-organ epithelial cell apoptosis and organ dysfunction in an experimental model of acute respiratory distress syndrome

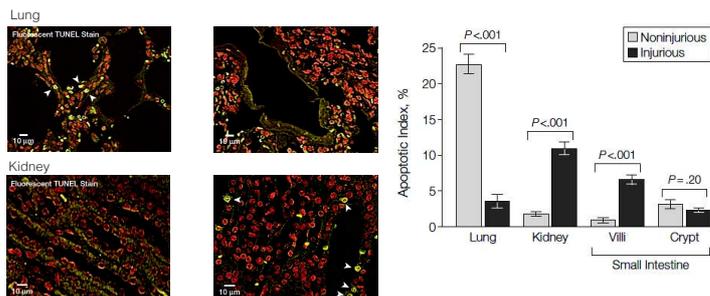
JAMA[®]
The Journal of the American Medical Association

Imai Y et al. JAMA 2003;289:1104-12

Non-Injurious Ventilation
TV 5-7 ml/kg
PEEP 9-12 cmH₂O

Injurious Ventilation
TV 15-17 ml/kg
PEEP 0-3 cmH₂O

8 hours

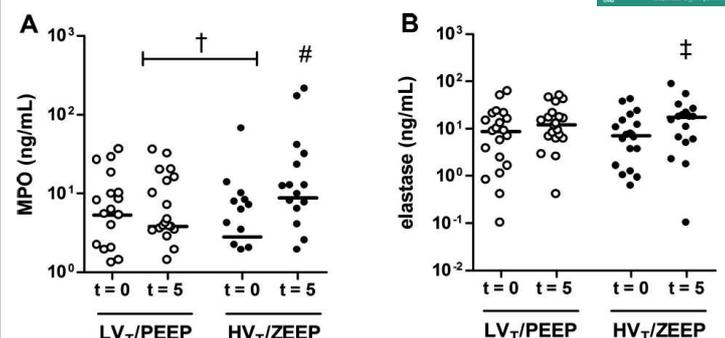
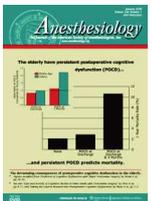


- Even short-term injurious ventilation can produce lung damage
- Injurious mechanical ventilation can lead to epithelial cell apoptosis (kidney, small intestine) – Could be mediated by soluble factors (Fas-Fas ligand system)

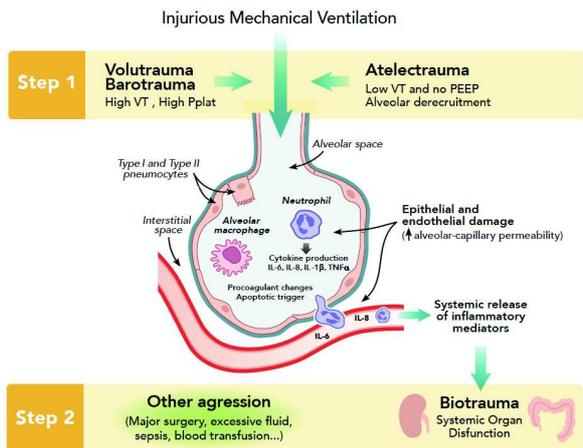
Mechanical Ventilation with Lower Tidal Volumes and Positive End-expiratory Pressure Prevents Pulmonary Inflammation in Patients without Preexisting Lung Injury

Esther K. Welthuis, M.D.,* Goda Choi, M.D., Ph.D.,† Mark C. Delsing, Ph.D.,‡ Paul Bresser, M.D., Ph.D.,§ Rene Lutter, Ph.D., Misa Dzoljic, M.D., Ph.D.,¶ Tom van der Poll, M.D., Ph.D.,** Margreeth B. Vroom, M.D., Ph.D.,†† Markus Hollmann, M.D., Ph.D.,‡‡ Marcus J. Schultz, M.D., Ph.D.§§

Anesthesiology 2008; 108:46-54



The Multiple "hits" theory



Futier E et al. Anesthesiology 2014; 121:400-8

EDITORIAL VIEWS

Daryl J. Kor and Daniel Talmor. Anesthesiology 2013;118(1):1-4

Anesthesiology and the Acute Respiratory Distress Syndrome

An Ounce of Prevention Is Worth a Pound of Cure

Objectifs

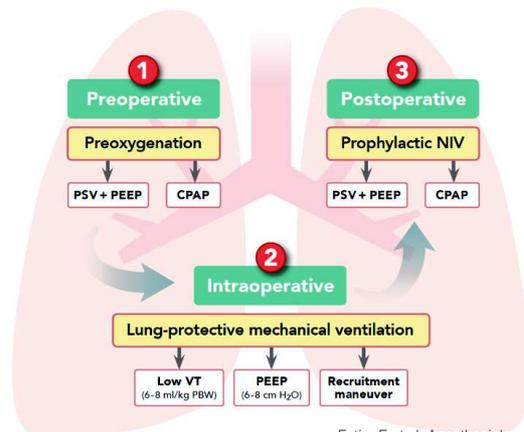


- Rappeler les risques de réglages inadaptés
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Perioperative Positive Pressure Ventilation

The P.O.P® Ventilation concept



Futier E et al. Anesthesiology 2014; 121:400-8

The P.O.P® Ventilation concept

1

To optimize preoxygenation

Standard
(spontaneous ventilation)



VS.

NIV
(PSV+PEEP)



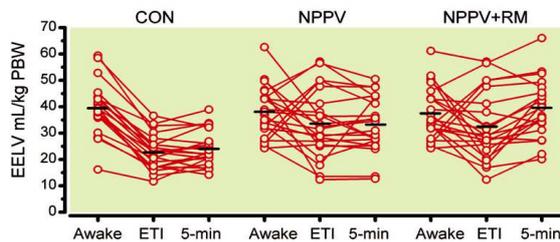
Noninvasive Ventilation and Alveolar Recruitment Maneuver Improve Respiratory Function during and after Intubation of Morbidly Obese Patients

A Randomized Controlled Study

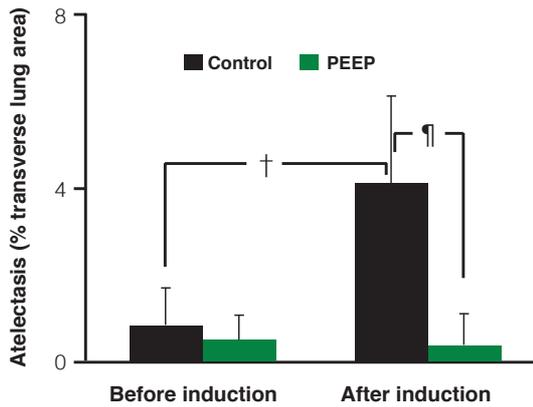
Emmanuel Futier, Jean-Michel Constantin, Paolo Pelosi, Gerald Chanques, Alexandre Massone, Antoine Petit, Fabrice Kwiatkowski, Jean-Etienne Bazin, Samir Jaber

Anesthesiology 2011;114:1354-63

- N=66 patients
- Preoxygenation:
- CON: facial mask, 5 min, FiO₂=1.0
 - NIV: PSV 9±2 cmH₂O, PEEP 7±1 cmH₂O

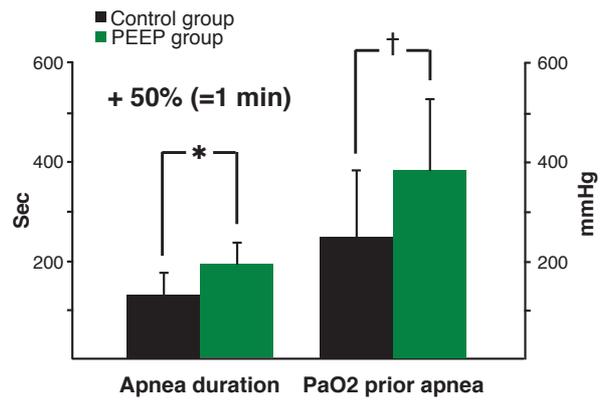


Use of PEEP during preoxygenation



Rusca M. et al. Anesth Analg 2003;97:1835-9

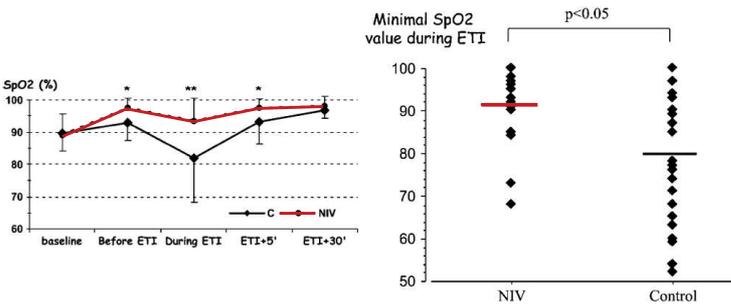
Apnea duration



Gander S et al. Anesth Analg 2005;100:580-4

Noninvasive Ventilation Improves Preoxygenation before Intubation of Hypoxic Patients

Christophe Baillard, Jean-Philippe Fosse, Mustapha Sebbane, Gérald Chanques, François Vincent, Patricia Courouble, Yves Cohen, Jean-Jacques Eledjam, Frédéric Adnet, and Samir Jaber



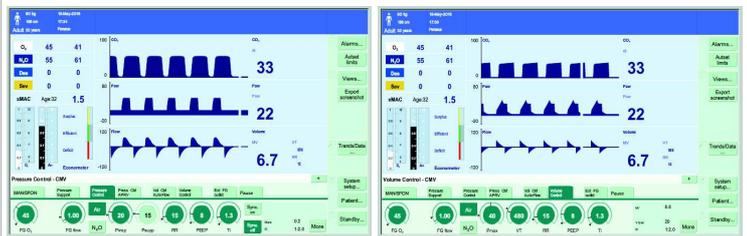
Am J Respir Crit Care Med 2006;174:171-177

The P.O.P.® Ventilation concept

2

Optimize ventilator settings

Pressure controlled ventilation (PCV) Volume controlled ventilation (VCV)



IMPROVE study PROVHILO study

N=56 N=400 N=900

Protective Mechanical Ventilation during General Anesthesia for Open Abdominal Surgery Improves Postoperative Pulmonary Function

ABSTRACT

Background: The impact of intraoperative ventilation on postoperative pulmonary function is unclear. We investigated the effect of protective mechanical ventilation during open abdominal surgery on a validated Chest-Driver Volume Score as a primary measure of postoperative pulmonary function. We hypothesized that protective mechanical ventilation during open abdominal surgery would result in a higher Chest-Driver Volume Score at 24 hours postoperatively compared with a control group.

Methods: Thirty-two patients undergoing open abdominal surgery were randomized to receive either protective mechanical ventilation (PEEP 5 cmH₂O) or control ventilation (PEEP 0 cmH₂O) during surgery. The Chest-Driver Volume Score was assessed at 24 hours postoperatively.

Results: The PEEP group had a significantly higher Chest-Driver Volume Score at 24 hours postoperatively compared with the control group (P = 0.02).

Conclusion: Protective mechanical ventilation during open abdominal surgery improves postoperative pulmonary function as measured by the Chest-Driver Volume Score.

A Trial of Intraoperative Low-Tidal-Volume Ventilation in Abdominal Surgery

ABSTRACT

Background: Lung protective ventilation with the use of low tidal volumes and positive end-expiratory pressure is considered best practice in the care of many critically ill patients. However, its role in noncritically ill patients undergoing major surgery is not known.

Methods: In this multicenter, double-blind, parallel-group trial, we randomly assigned 400 patients to receive either low-tidal-volume ventilation (PEEP 5 cmH₂O) or standard tidal-volume ventilation (PEEP 0 cmH₂O) during open abdominal surgery. The primary outcome was the number of patients requiring postoperative mechanical ventilation.

Results: The low-tidal-volume group had a significantly lower number of patients requiring postoperative mechanical ventilation compared with the standard tidal-volume group (P = 0.001).

Conclusion: Intraoperative low-tidal-volume ventilation during open abdominal surgery reduces the need for postoperative mechanical ventilation.

High versus low positive end-expiratory pressure during general anesthesia for open abdominal surgery (PROVHILO trial): a multicenter randomised controlled trial

ABSTRACT

Background: The use of positive end-expiratory pressure is considered best practice in the care of many critically ill patients. However, its role in noncritically ill patients undergoing major surgery is not known.

Methods: In this multicenter, double-blind, parallel-group trial, we randomly assigned 900 patients to receive either high positive end-expiratory pressure (PEEP 10 cmH₂O) or low positive end-expiratory pressure (PEEP 5 cmH₂O) during open abdominal surgery. The primary outcome was the number of patients requiring postoperative mechanical ventilation.

Results: The high PEEP group had a significantly lower number of patients requiring postoperative mechanical ventilation compared with the low PEEP group (P = 0.001).

Conclusion: High positive end-expiratory pressure during open abdominal surgery reduces the need for postoperative mechanical ventilation.

IMPROVE study

A pragmatic multicenter, double-blinded, randomized controlled trial

Lung-Protective Ventilation
N=200

Non-Protective Ventilation
N=200

**VT 6 to 8 ml/kg PBW
PEEP 6 to 8 cmH₂O
Recruitment Maneuver**

**VT 10 to 12 ml/kg PBW
No PEEP
No Recruitment Maneuver**

In both groups:

- Plateau pressure <30 cmH₂O
- Volume-controlled ventilation mode
- FiO₂ adjusted to maintain SpO₂ ≥95%
- RR adjusted to maintain ETCO₂ between 35 and 40 mmHg

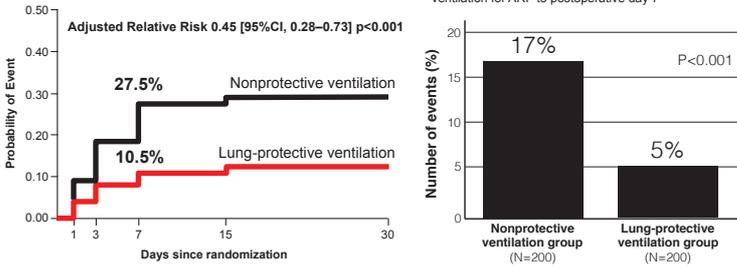
2013

2013

2014

A Trial of Intraoperative Low-Tidal-Volume Ventilation in Abdominal Surgery

IMPROVE study



CONCLUSIONS

The use of a lung-protective ventilation strategy composed of low VT ventilation, moderate PEEP and repeated recruitment maneuvers in intermediate-risk and high-risk patients undergoing major abdominal surgery was associated with improved clinical outcomes

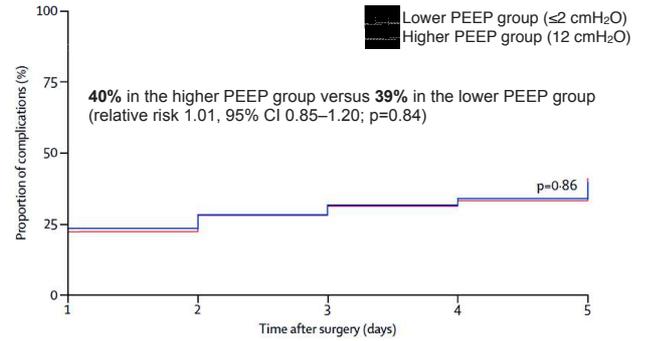
Futier E et al. N Engl J Med 2013;369:428-37

High versus low positive end-expiratory pressure during general anaesthesia for open abdominal surgery (PROVHILO trial): a multicentre randomised controlled trial

The PROVE Network Investigators* for the Clinical Trial Network of the European Society of Anaesthesiology

N=900

PROVHILO trial



Lancet. 2014 May 30. pii: S0140-6736

High versus low positive end-expiratory pressure during general anaesthesia for open abdominal surgery (PROVHILO trial): a multicentre randomised controlled trial

The PROVE Network Investigators* for the Clinical Trial Network of the European Society of Anaesthesiology

PROVHILO trial

	Higher PEEP group (n=445)	Lower PEEP group (n=449)	Relative risk (95%CI)	P
Intraoperative complications				
Rescue strategy for desaturation	11/442 (2%)	34/445 (8%)	0.34 (0.18-0.67)	0.0008
Hypotension	205/441 (46%)	162/449 (36%)	1.29 (1.10-1.51)	0.0016
Vasoactive drugs needed	274/444 (62%)	228/445 (51%)	1.20 (1.07-1.35)	0.0016
New arrhythmias needing intervention	12/442 (3%)	5/445 (1%)	2.38 (0.84-6.70)	0.09

Lancet. 2014 May 30. pii: S0140-6736

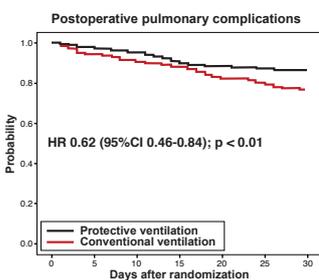
	IMPROVE trial N=400		PROVHILO trial N=900	
	Non-protective group (n=200)	Protective group (n=200)	High PEEP group (n=445)	Low PEEP group (n=449)
VT, ml/kg IBW	11.1±1.1	6.4±0.8	7.2±1.5	7.1±1.2
PEEP, cmH ₂ O	0	6 [6-8]	12 [12-12]	2 [0-2]
RM	NO	CPAP 30-30	Increase in VT (step of 4 cmH ₂ O) until a Pplat of 30-35 cmH ₂ O	NO
Repeated RM		Every 30-45 min 9 [6-12]	After intubation: 99% Most patients received only once	
FiO ₂ , %	47.2±7.6	46.4±7.3	40 [40-49]	41 [40-50]
Duration of surgery	2-4 hr: 39.6% 4-6 hr: 39.1% >6 hr: 21.4%	2-4 hr: 38.5% 4-6 hr: 39.0% >6 hr: 22.6%	200 [140-300] min	190 [140-262] min
Preoperative risk of PPCs	Intermediate and high-risk patients (AROZULLAH)		Most patients (78%) at intermediate risk (ARISCAT)	
Laparoscopic surgery	21.2 %		Not included	

Protective versus Conventional Ventilation for Surgery

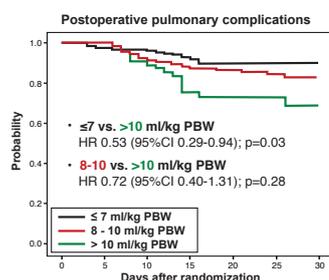
A Systematic Review and Individual Patient Data Meta-analysis

- Data from 15 RCTs (N=2127 patients)
- Surgical procedures: Abdominal, n=5 studies
Cardiothoracic, n=7 studies
Others, n=3 studies

Protective vs Non-protective

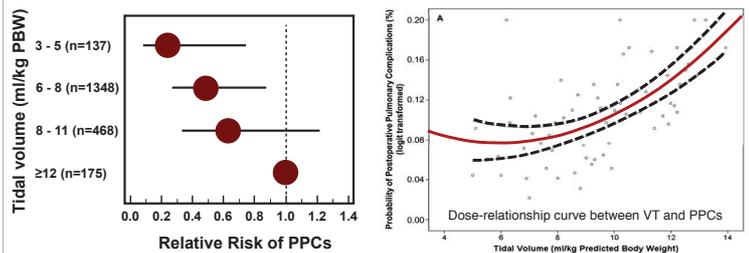


Lower vs Higher VT



PROVE Network. Anesthesiology 2015,123:66-78

Dose-Response Relationship Between PPC and VT

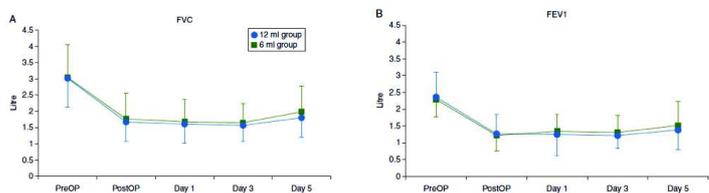


PROVE Network. Anesthesiology 2015,123:66-78

Ventilation with low tidal volumes during upper abdominal surgery does not improve postoperative lung function

T. A. Treschan^{1*}, W. Kaisers¹, M. S. Schaefer¹, B. Bastin¹, U. Schmalz¹, V. Wania¹, C. F. Eisenberger², A. Saleh³, M. Weiss¹, A. Schmitz¹, P. Kienbaum¹, D. I. Sessler^{4,5}, B. Pannen¹ and M. Beiderlinden^{1,6}

¹ Department of Anaesthesiology, ² Department of General, Visceral, and Paediatric Surgery and ³ Institute of Diagnostic and Interventional Radiology, Düsseldorf University Hospital, Düsseldorf, Germany
⁴ Department of Outcomes Research, Cleveland Clinic, Cleveland, OH, USA
⁵ Population Health Research Institute, McMaster University, Hamilton, Ontario, Canada
⁶ Department of Anaesthesiology, Marienhospital Osnabrück, Osnabrück, Germany



Conclusions. Prolonged impaired lung function after major abdominal surgery is not ameliorated by low tidal volume ventilation.

Incidence of mortality and morbidity related to postoperative lung injury in patients who have undergone abdominal or thoracic surgery: a systematic review and meta-analysis



Ary Sampa Neto, Sabrina NT Hemmes, Carmen SV Barbas, Martin Beiderlinden, Ana Fernandez-Bustamante, Emmanuel Futier, Markus W Hollmann, Samir Jaber, Alf Kozian, Marc Licker, Wen-Qian Lin, Pierre Moine, Federica Scavonetto, Thomas Schilling, Gabriele Sefino, Paolo Severgnini, Jung Sprung, Tanja Treschan, Carmen Unzueta, Toby N Weingarten, Esther K Wolthuis, Hermann Wrigge, Marcelo Gama de Abreu, Paolo Pelosi, Marcus J Schultz, for the the PROVE Network investigators

Lancet Respir Med 2014; 2(12):1007-15

	HR for in-hospital mortality (95% CI)	HR for ICU discharge (95% CI)
All patients	9.58 (5.32-17.34)	0.45 (0.33-0.66)
Ventilation		
Conventional	14.22 (5.91-34.26)	0.39 (0.25-0.58)
Protective	6.07 (2.47-14.55)	0.71 (0.42-1.19)

	Total (n=3365)	No postoperative lung injury (n=3150)*	Postoperative lung injury (n=123)*	p value
Tidal volume (mL/kg PBW)	8.2 (1.9)	8.2 (1.8)	9.3 (2.1)	<0.0001
PEEP (cm H ₂ O)	4.4 (3.8)	4.3 (3.7)	2.9 (3.4)	<0.0001

Editorial

Open up the lung and keep the lung open

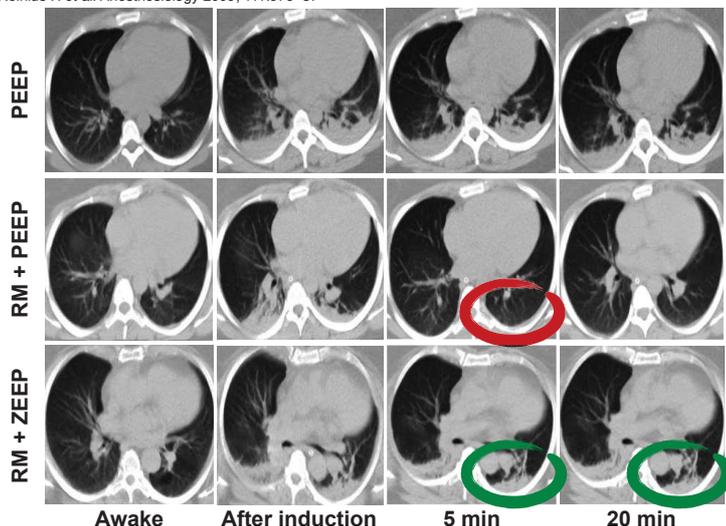
B Lachmann

Department of Anesthesiology, Erasmus University Rotterdam, The Netherlands

"there is only one rational concept to preserve lung integrity: open up the whole lung and keep it totally open, with the least influence on the cardiocirculatory system."

Intensive Care Med 1992; 18: 319-21

Reinius H et al. Anesthesiology 2009; 111:979-87



Quel niveau de PEEP après recrutement ?

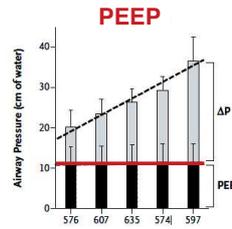
Individualisation !

Driving Pressure and Survival in the Acute Respiratory Distress Syndrome

Marcelo B.P. Amato, M.D., Maureen O. Meade, M.D., Arthur S. Slutsky, M.D., Laurent Brochard, M.D., Eduardo L.V. Costa, M.D., David A. Schoenfeld, Ph.D., Thomas E. Stewart, M.D., Matthias Briel, M.D., Daniel Talmor, M.D., M.P.H., Alain Mercat, M.D., Jean-Christophe M. Richard, M.D., Carlos R.R. Carvalho, M.D., and Roy G. Brower, M.D.

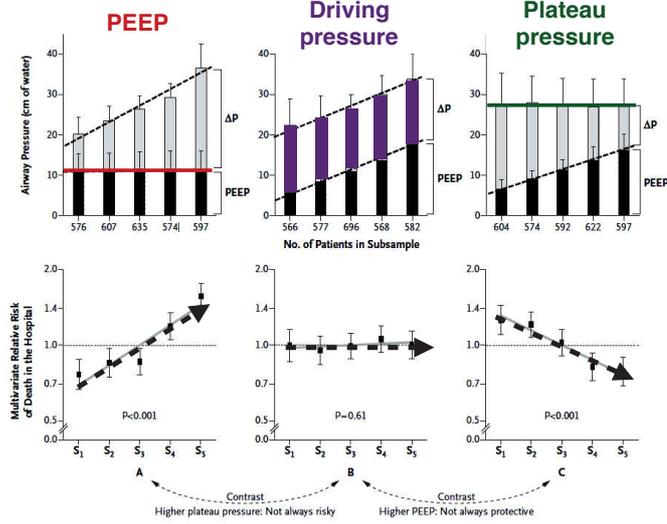
- The proportion of lung available for ventilation is markedly decreased in ARDS, which is reflected by lower respiratory-system compliance (C_{RS})
- Normalizing V_T to C_{RS} and using the driving pressure ($\Delta P = P_{plat} - PEEP$) indicating the “functional” size of the lung would provide a better predictor of outcomes in patients with ARDS than V_T alone

N Engl J Med 2015;372:747-55



PEEP (cmH ₂ O)	10 10 10 10 10
P Plat (cmH ₂ O)	20 24 28 30 35
ΔP (cmH ₂ O)	10 14 18 20 25

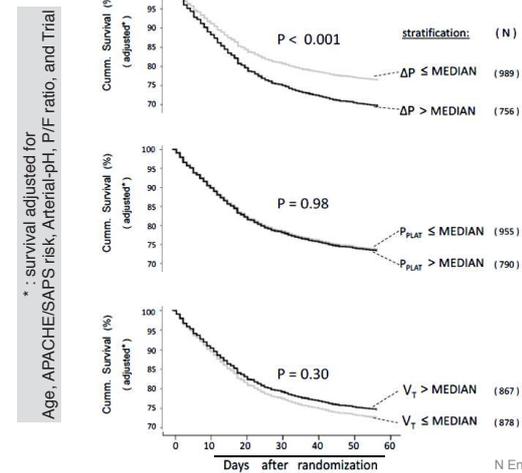
N Engl J Med 2015;372:747-55



N Engl J Med 2015;372:747-55

Survival in patients under “protective” ventilator settings

(All with Plateau-pressure ≤ 30 cmH₂O and $V_T \leq 7$ mL/Kg IBW), N=1745

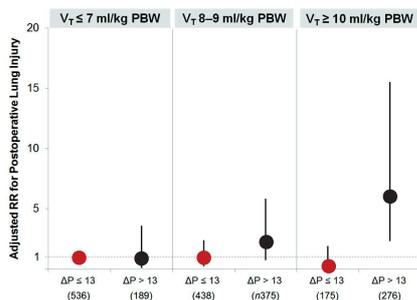


N Engl J Med 2015;372:747-55

Dose-Response Relationship Between PPC and Driving Pressure

Data from 17 randomized controlled trials, including 2250 patients

Lower V_T and Driving Pressure reduce PPCs

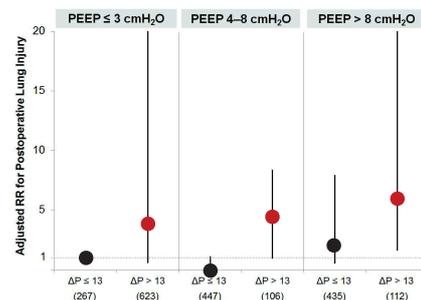


PROVE Network. Lancet Respir Med 2016, pii: S2213-2600(16)00057-6

Dose-Response Relationship Between PPC and Driving Pressure

Data from 17 randomized controlled trials, including 2250 patients

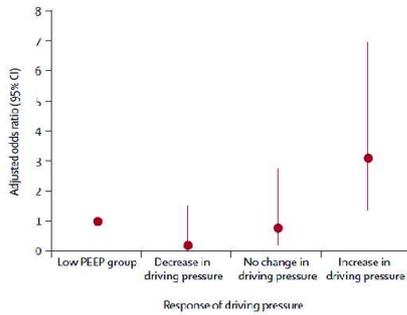
Higher Driving Pressure and PEEP increase PPCs



PROVE Network. Lancet Respir Med 2016, pii: S2213-2600(16)00057-6

Dose-Response Relationship Between PPC and Driving Pressure

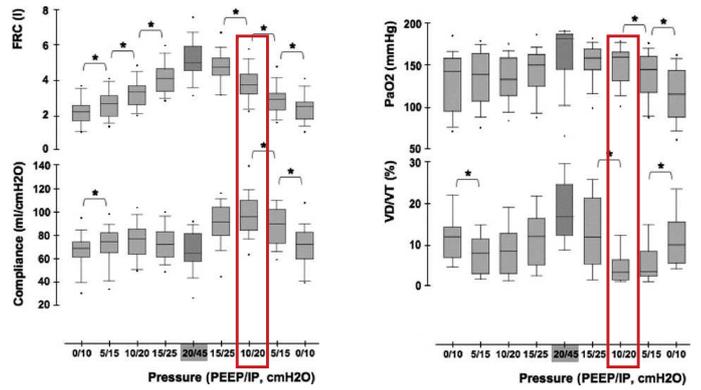
Postoperative pulmonary complications according to response of driving pressure after increase of PEEP



PROVE Network. Lancet Respir Med 2016, pii: S2213-2600(16)00057-6

Optimal PEEP setting after recruitment?

A Multimodal approach

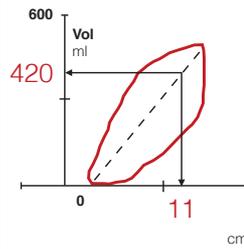


Anesth Analg 2008;106:175-81



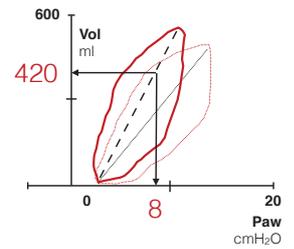
$$\text{Compliance} = V \text{ (ml)} / P \text{ (cmH}_2\text{O)}$$

Avant MRA



Compliance = 39 ml/cmH₂O

Après MRA



Compliance = 50 ml/cmH₂O

The P.O.P® Ventilation concept

3

Postoperative NIV



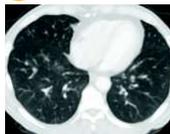
Conclusion

Take Home Messages

- Changement de paradigme: prévention plutôt que traitement des complications postopératoire
- Une stratégie de ventilation protectrice améliore le pronostic postopératoire des patients chirurgicaux

Objectives in volume-controlled mode (VC)

A Healthy lungs



Initial settings

6 < VT < 8 ml/kg PBW

6 < PEEP < 8 cmH₂O

Recruitment maneuvers

12 < RR < 25 breath/min

30 < FiO₂ < 50%

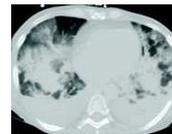
Target values and monitoring

Plateau pressure < 25 cmH₂O

35 < EtCO₂ < 45 mmHg

SpO₂ > 95 %

B Injured lungs



Initial settings

4 < VT < 6 ml/kg PBW

8 < PEEP < 15 cmH₂O

Recruitment maneuvers (in selected patients)

15 < RR < 35 breath/min

50 < FiO₂ < 80%

Target values and monitoring

Plateau pressure < 30 cmH₂O

40 < EtCO₂ < 60 mmHg

(7.30 < pH < 7.40)

SpO₂ > 92 %

Futier E et al. Anesthesiology 2014; 121:400-8

Take Home Messages

- Changement de paradigme: prévention plutôt que traitement des complications postopératoire
- Une stratégie de ventilation protectrice améliore le pronostic postopératoire des patients chirurgicaux
- Approche de POP® ventilation
 - 1 VNI preox
 - 2 VT (max 8 ml/kg IBW), PEEP (5-10 cmH₂O) et MRA
 - 3 VNI postop