

# Le système immunitaire, un nouvel organe à monitorer en réanimation ?

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Vendredi 17 novembre 2023



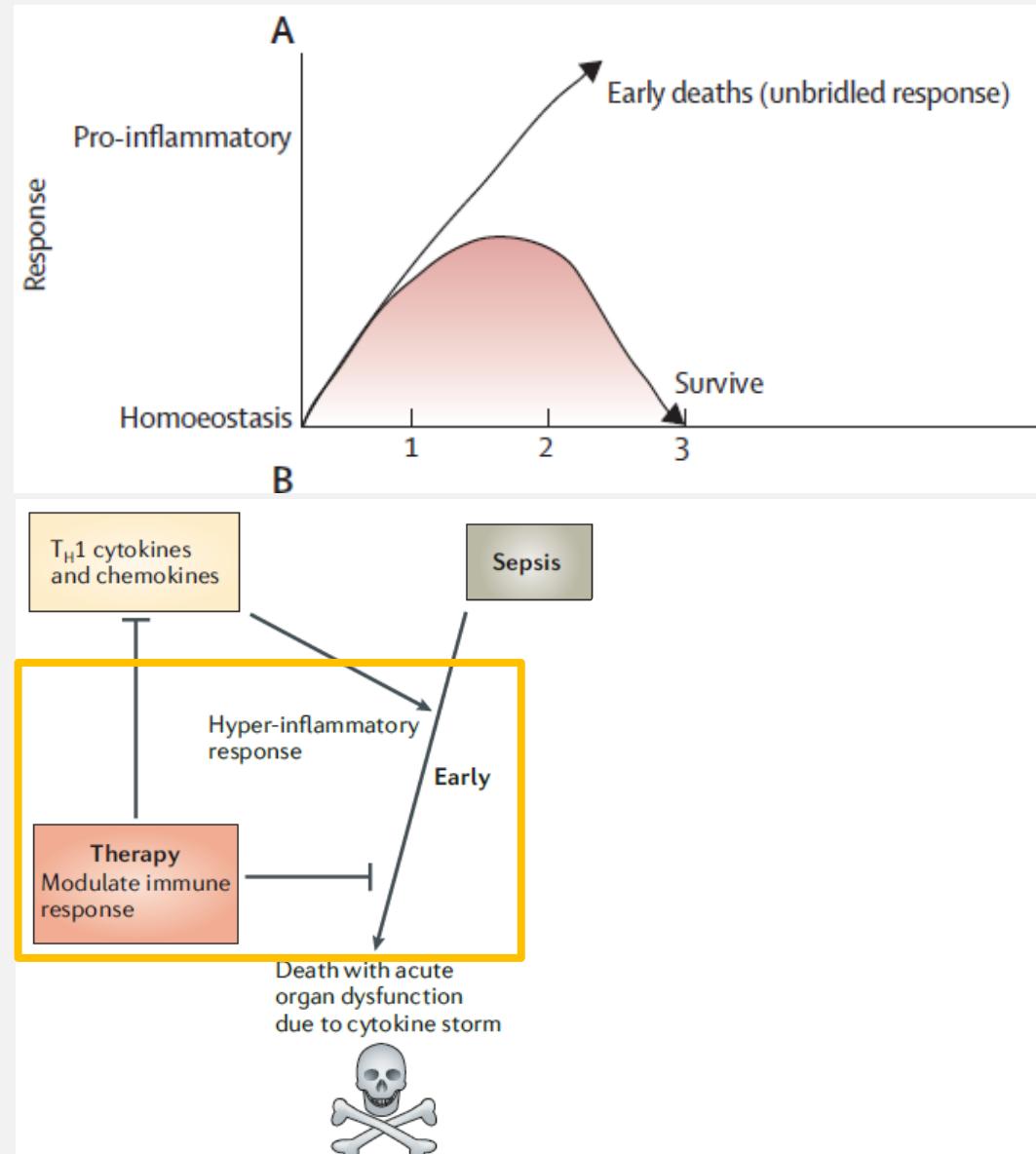
# Conflits d'intérêt financiers

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- CSL-Behring : bourse de recherche NETs et COVID
- Gilead : congrès SRLF Paris 2023
- GSK : congrès ERS Milan 2023

# Sepsis : hyperactivation immunitaire

« What differentiates sepsis from infection is  
an aberrant or dysregulated host response  
and the presence of organ dysfunction. »

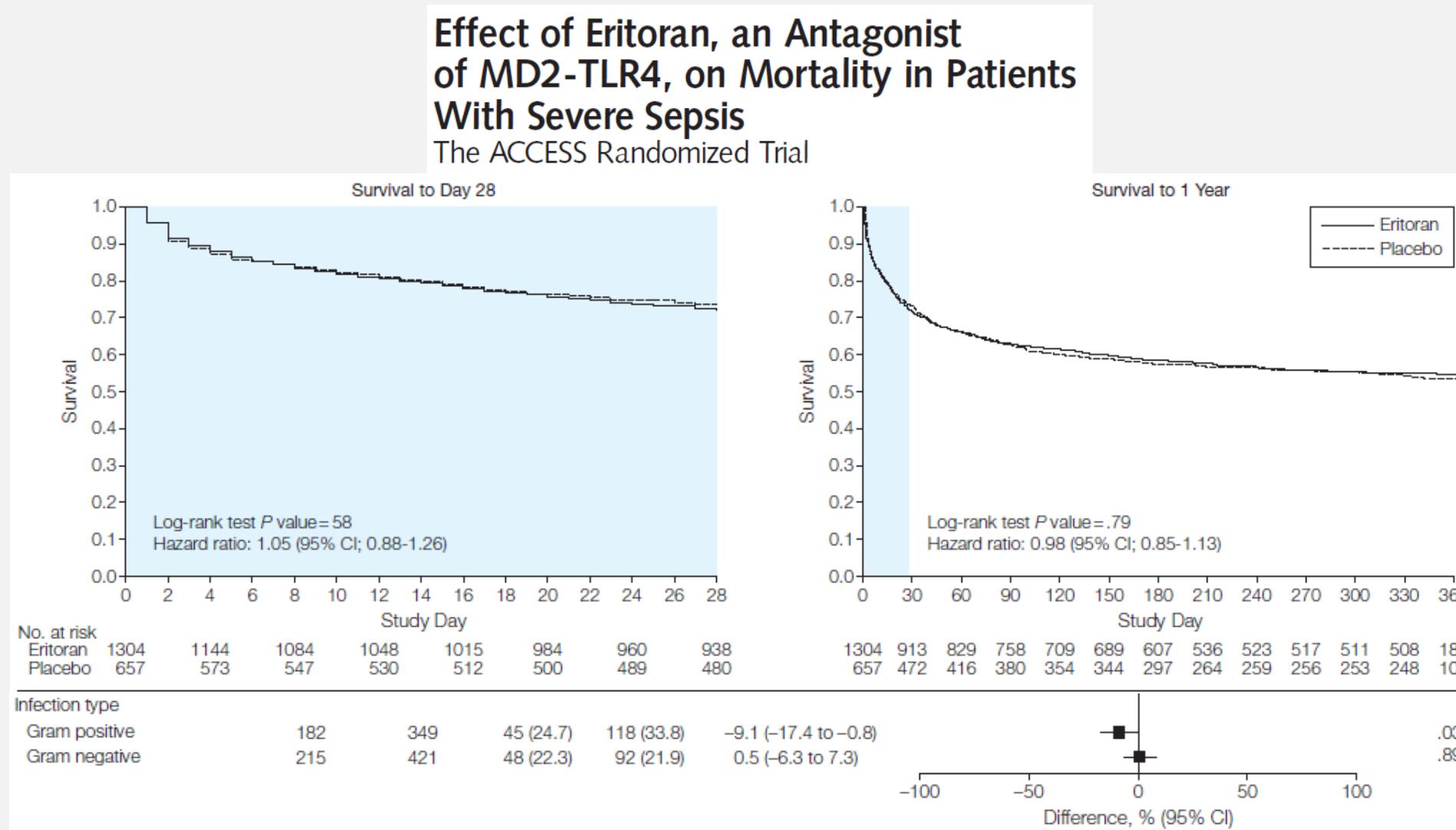


Singer *et al.*, JAMA 2016

Hotchkiss *et al.*, Lancet Infect Dis 2013

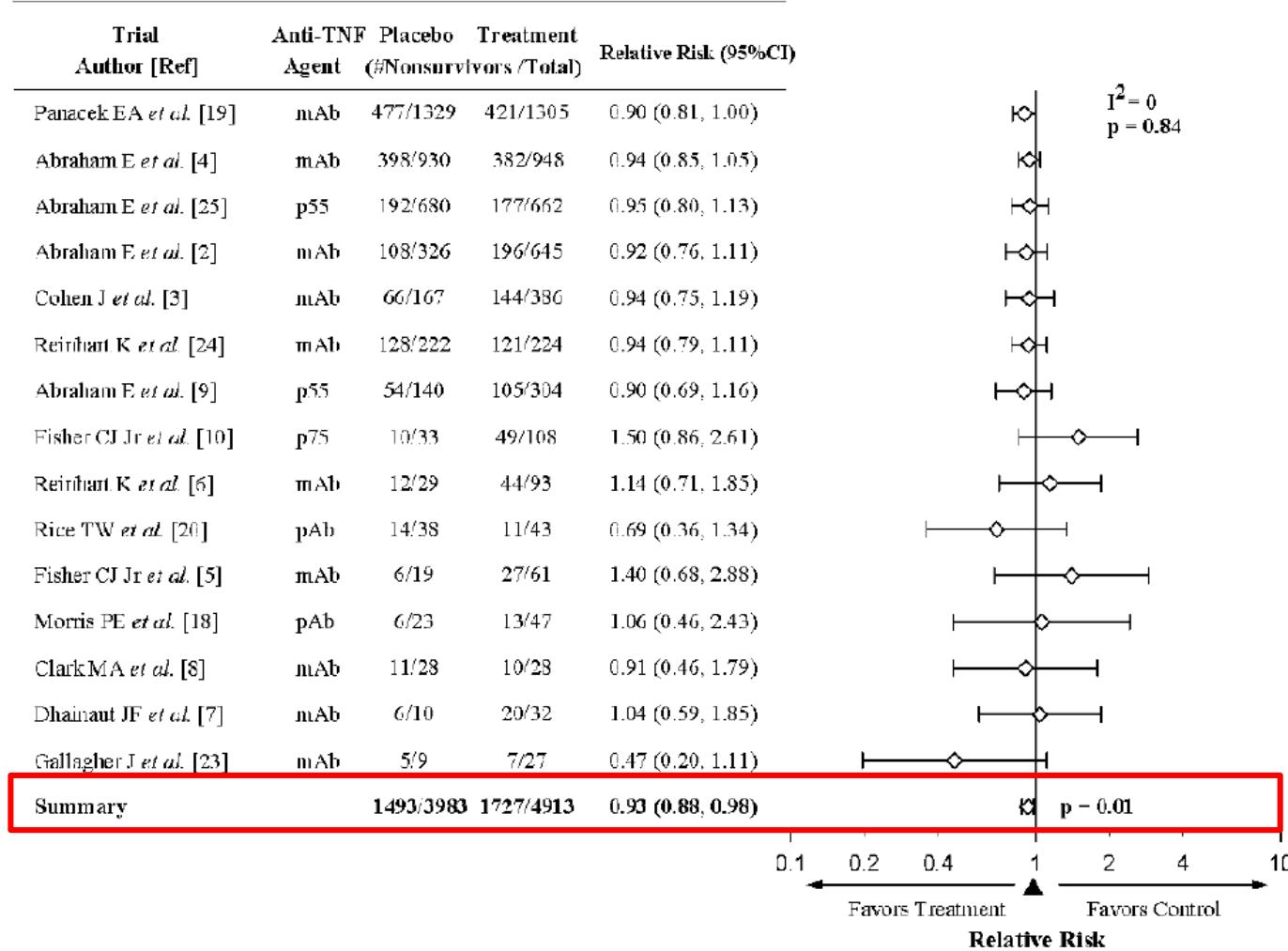
Hotchkiss *et al.*, Nat Rev Immunol 2006

# Immunomodulation à la phase précoce

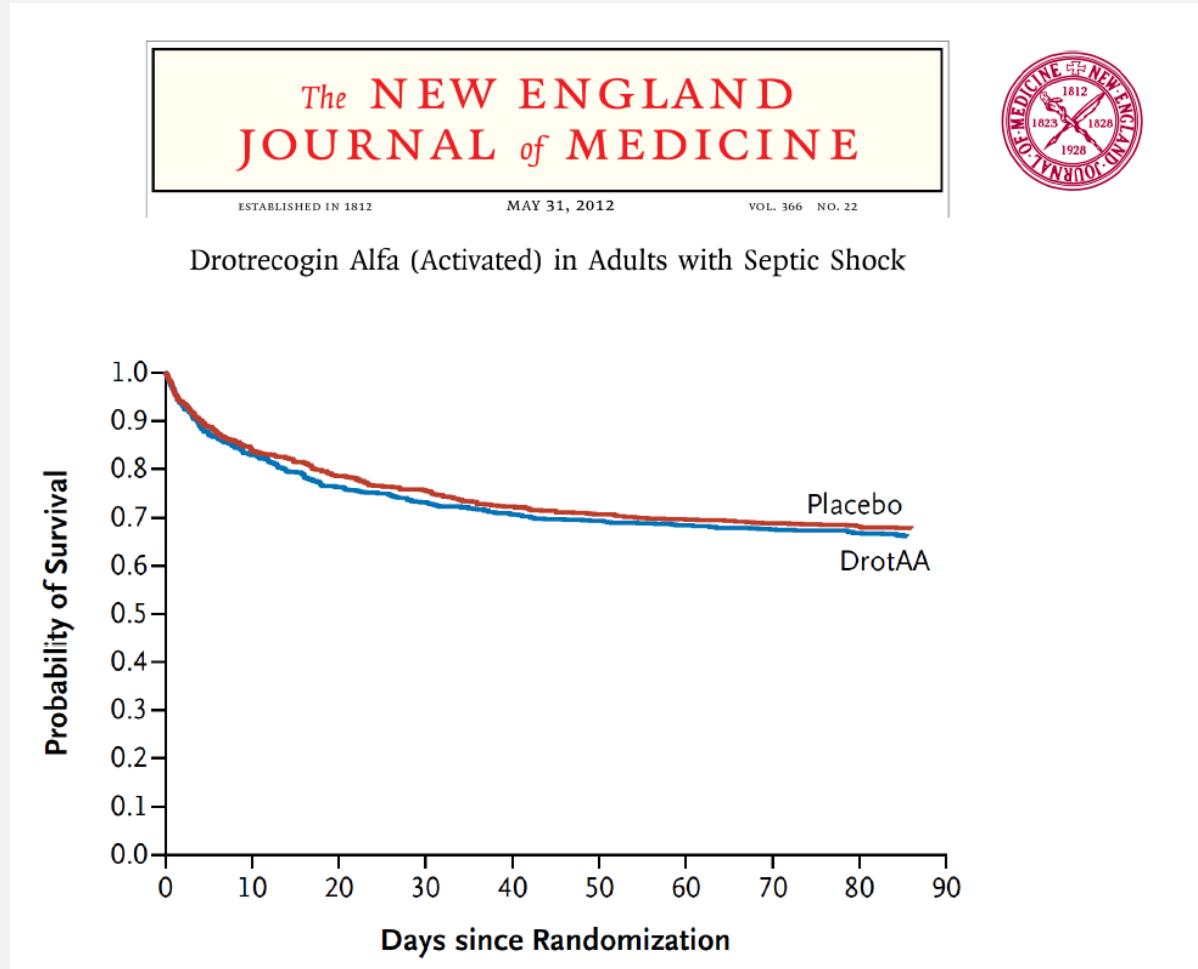


# Immunomodulation à la phase précoce

## Anti-Tumor Necrosis Factor Therapy is Associated with Improved Survival in Clinical Sepsis Trials: A Meta-analysis



# Immunomodulation à la phase précoce



# Immunomodulation à la phase précoce

Drug	Number of studies	Number of patients	Mortality (%)	
			Placebo	Drug
Anti-endotoxine	4	2010	35	35
Anti-bradykinine	2	755	36	39
Anti-PAF	2	870	50	45
Anti-TNF	8	4132	41	40
R solubles TNF	2	688	38	40
AINS	3	514	40	37
Steroids (high doses)	9	1267	35	39
...	...	...	...	...
Total	33	12034	38	38

# Phase précoce : le vieux débat des corticoïdes

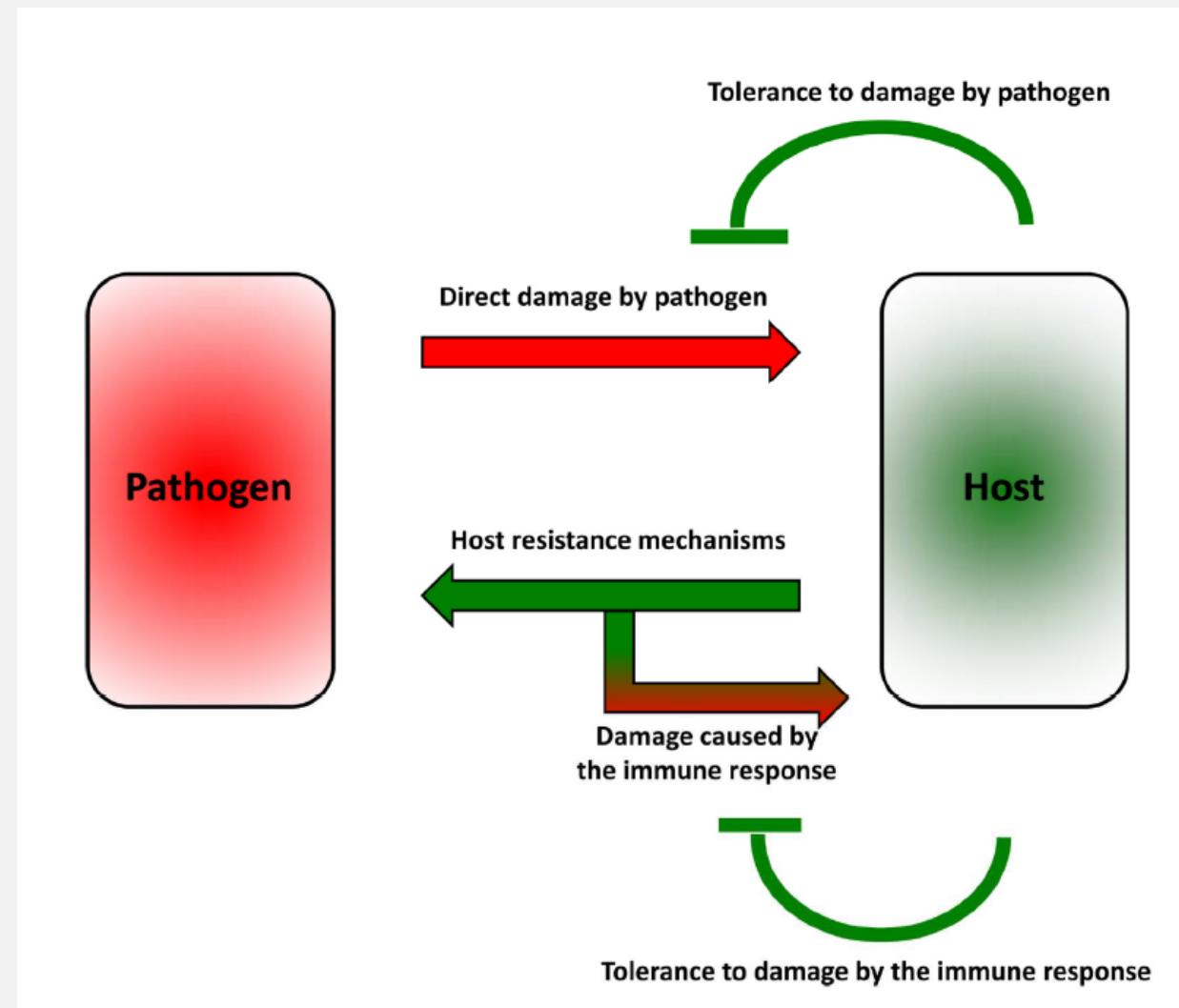
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« We suggest **AGAINST** using IV hydrocortisone to treat septic shock patients if adequate fluid resuscitation and vasopressor therapy are able to restore hemodynamic stability »

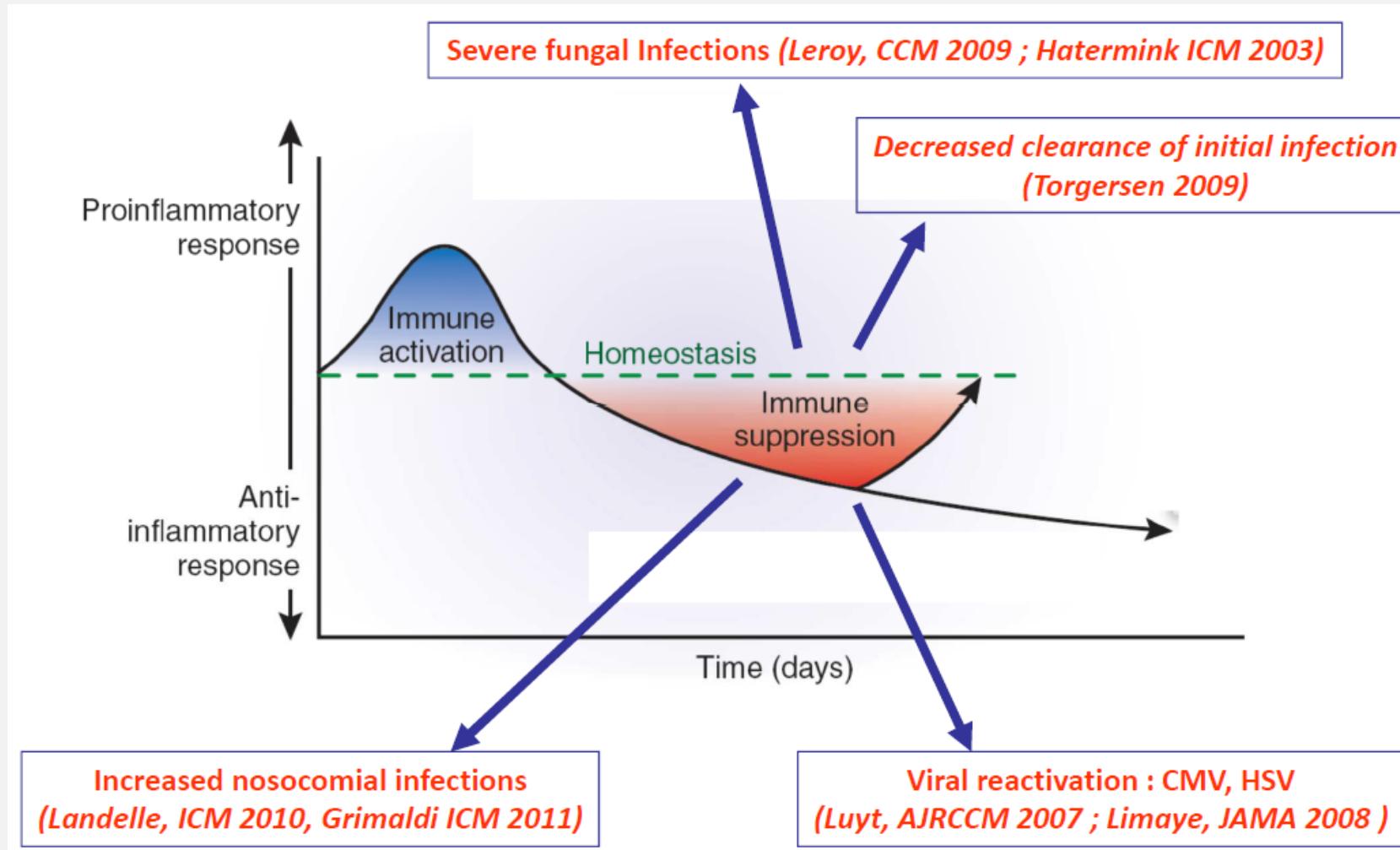
« If this is not achievable, we suggest IV hydrocortisone »

Surviving Sepsis  
Campaign

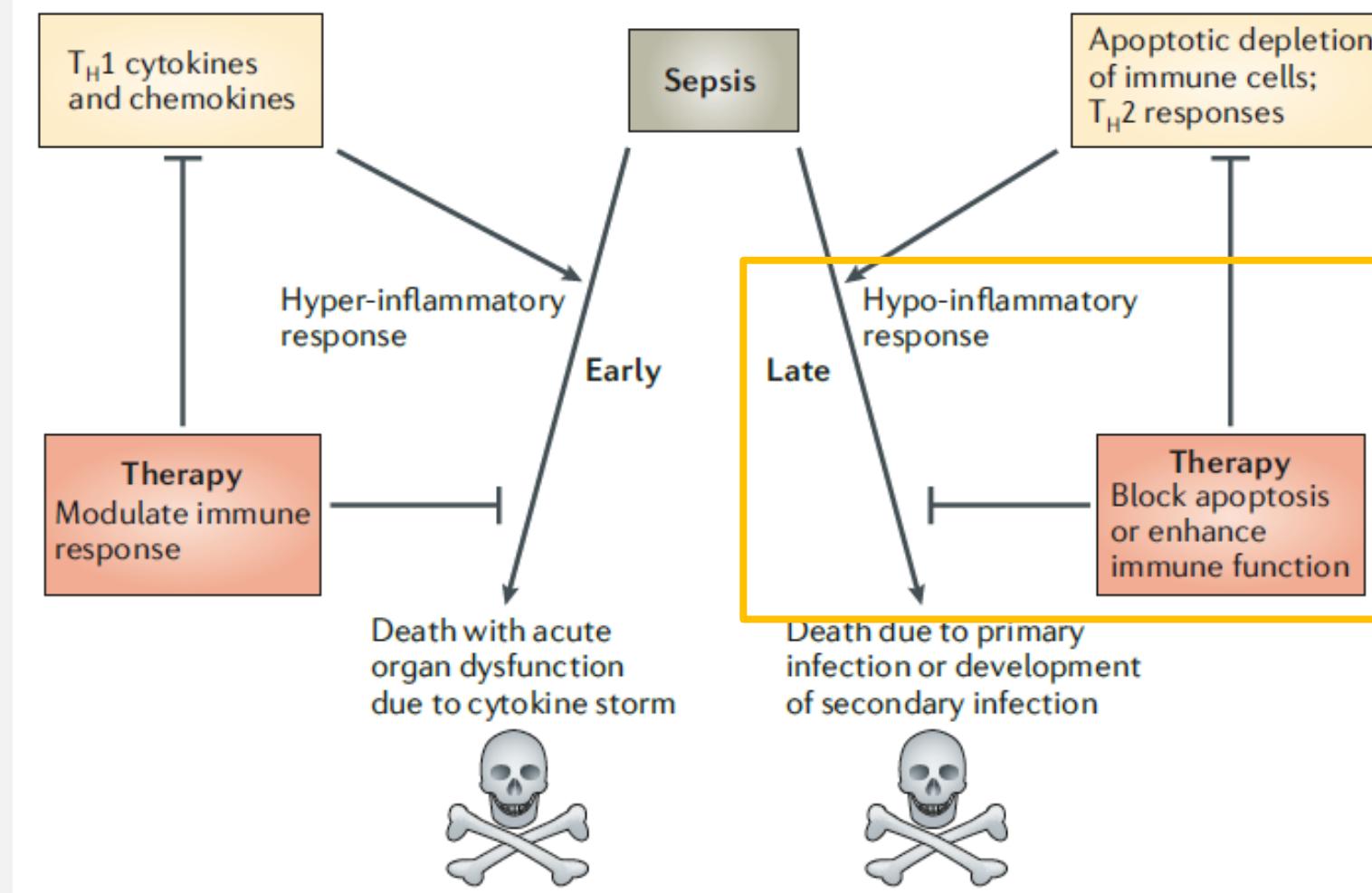
# Immunorégulation : host resistance vs disease tolerance



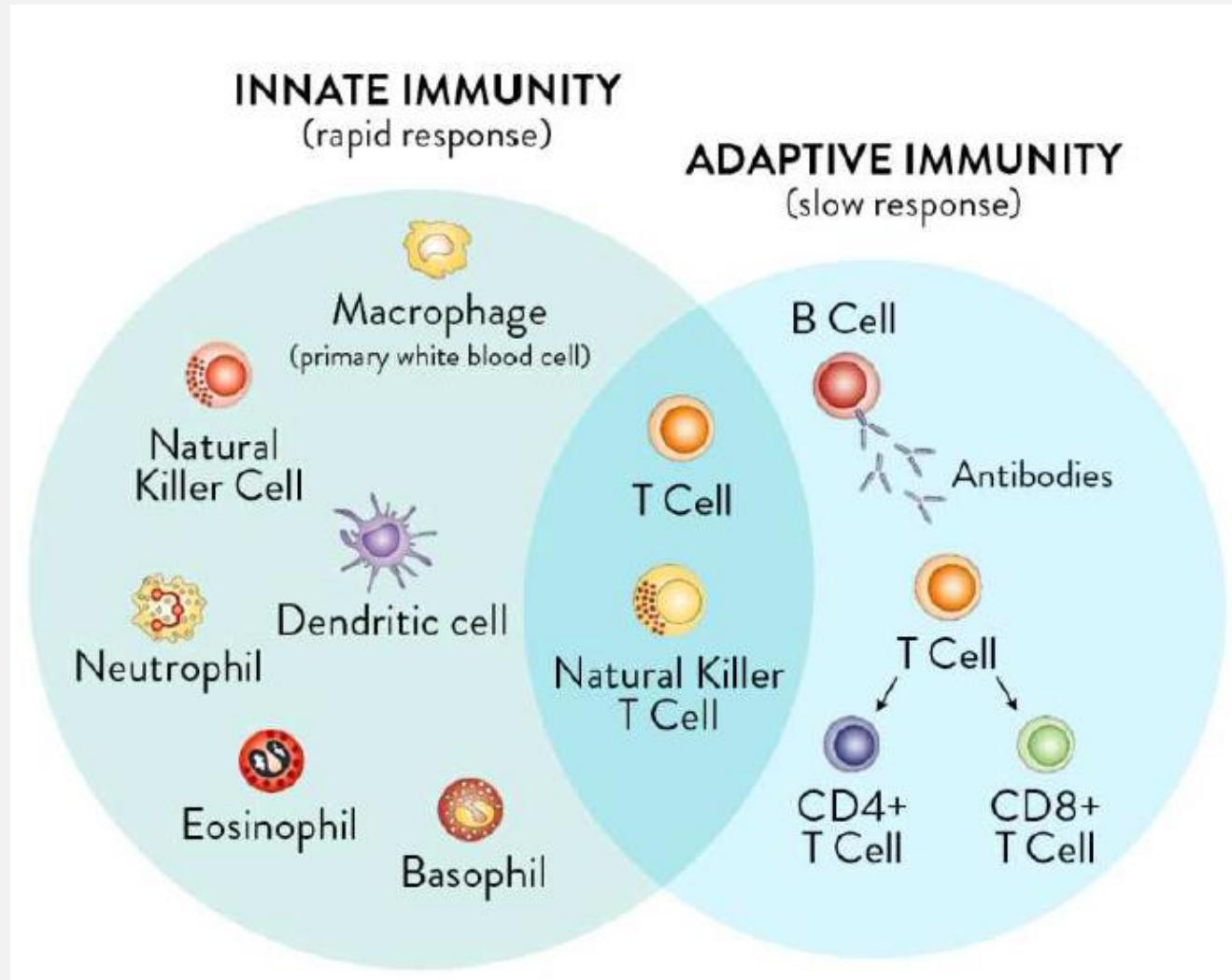
# Immunodépression secondaire au sepsis : court terme



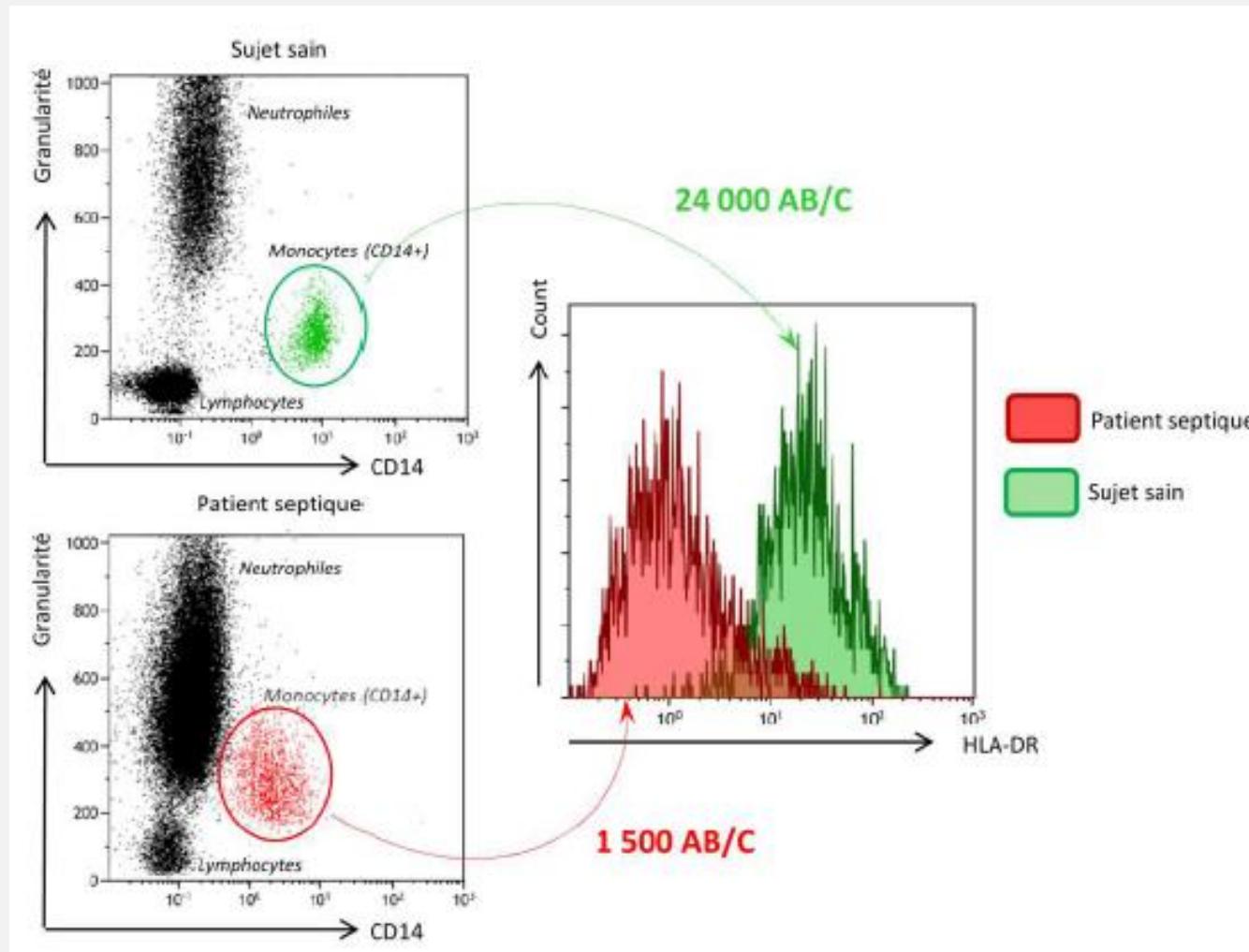
# Immunodépression secondaire au sepsis



# Immunomonitorage : qui regarder ?



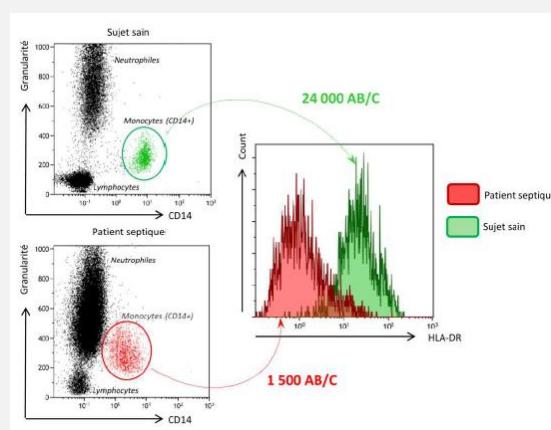
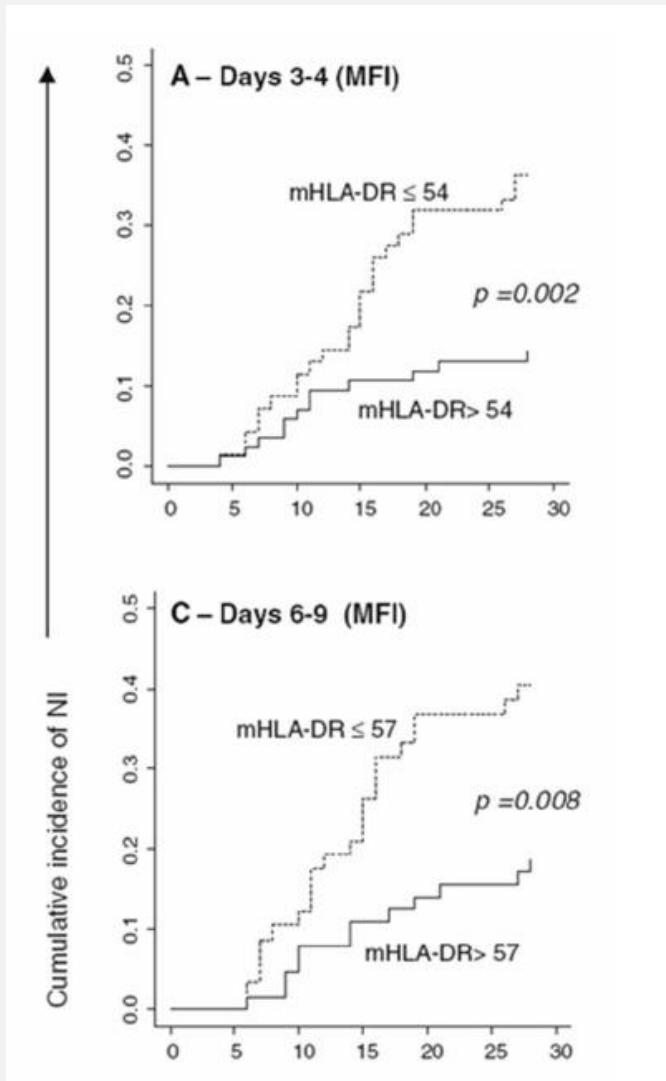
# Immunomonitorage : monocytes



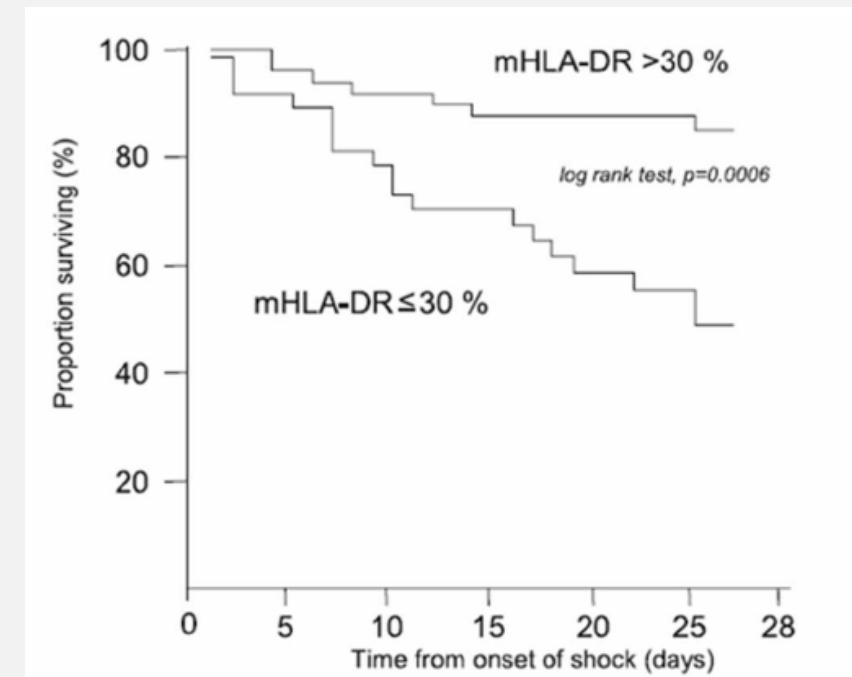
Monneret *et al.*, Intensive Care Med 2006  
Landelle *et al.*, Intensive Care Med 2010

# Immunomonitorage : monocytes

## Survenue infections nosocomiales

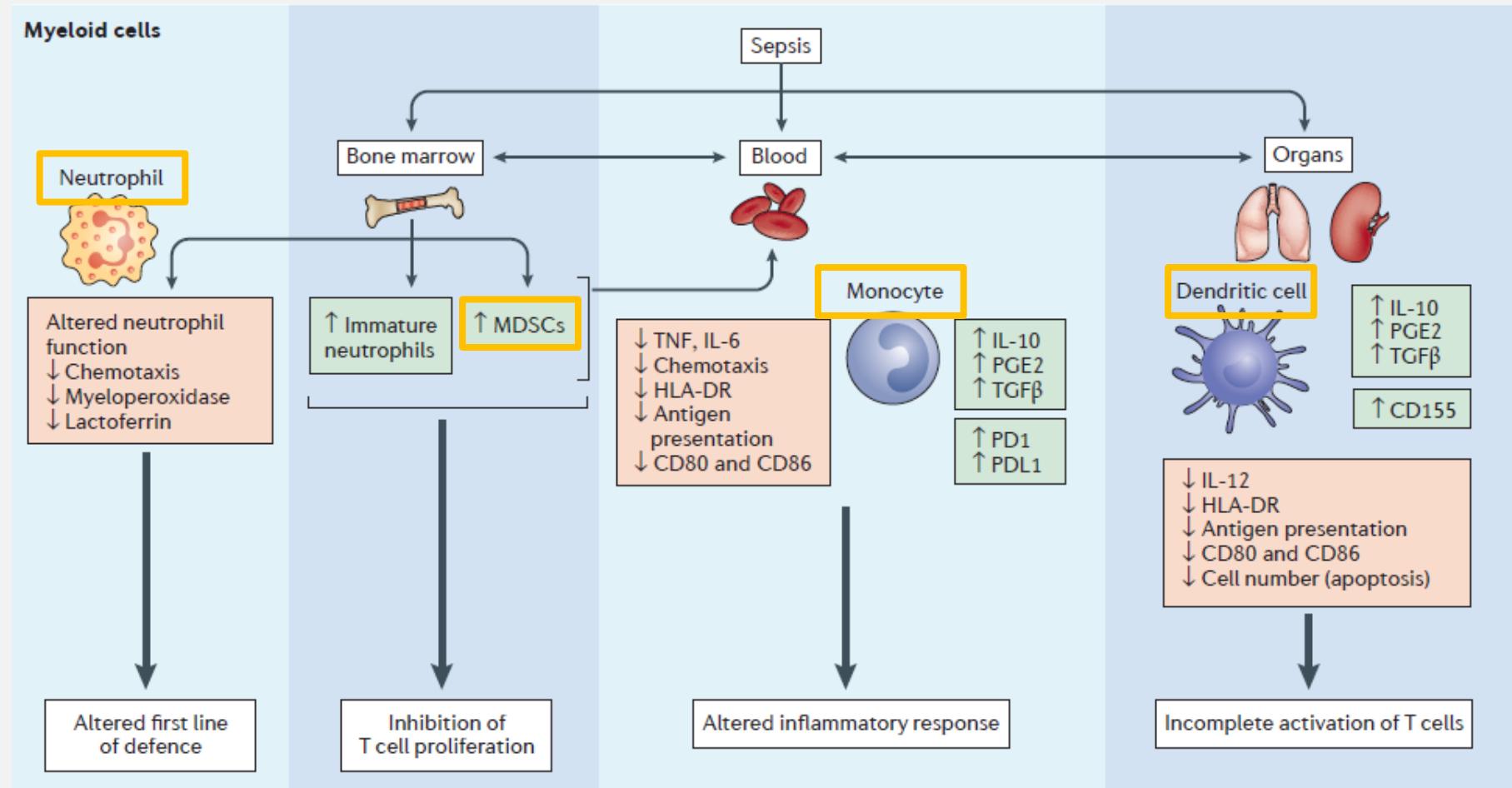


## Mortalité J30

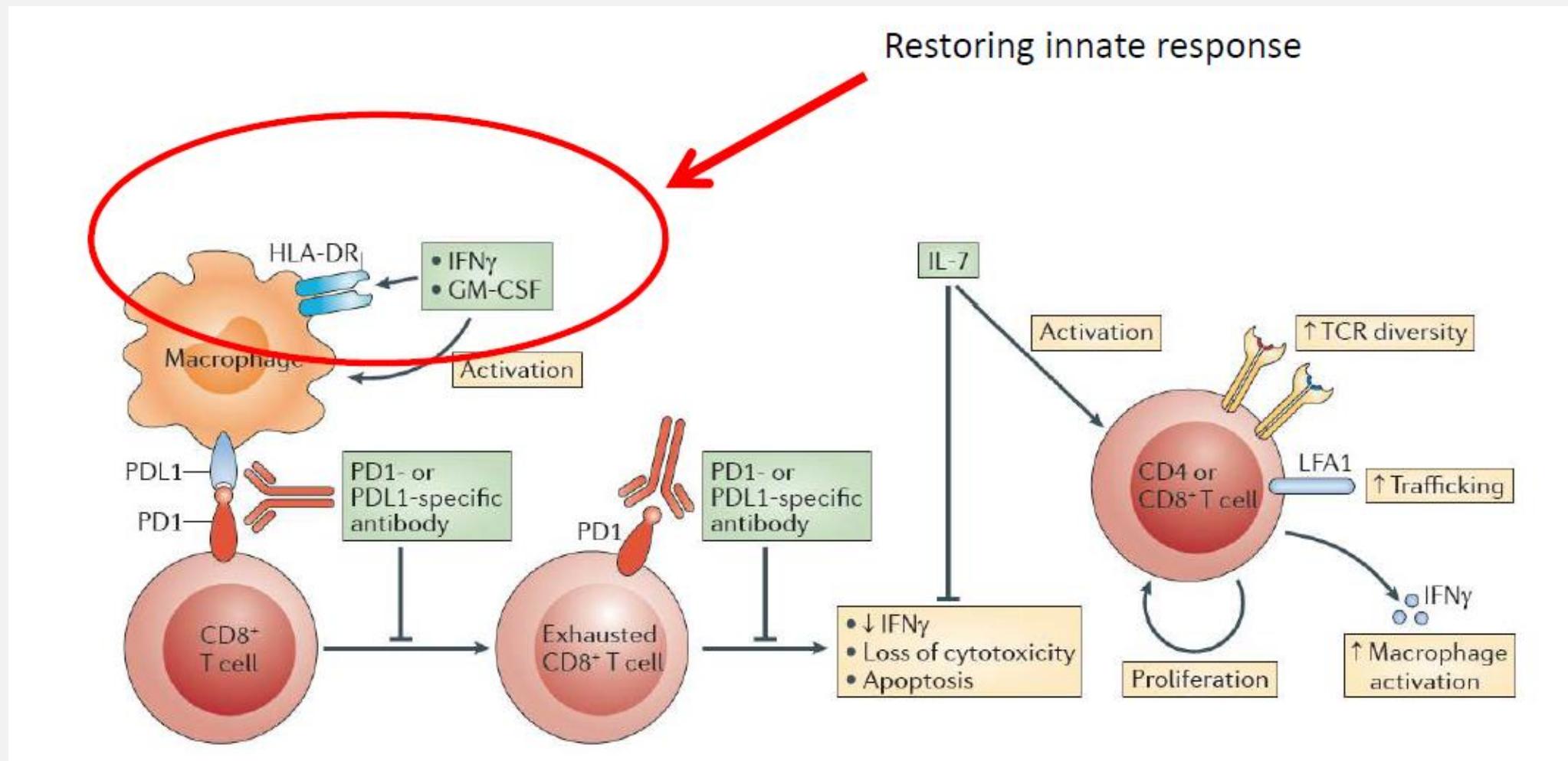


Monneret *et al.*, Intensive Care Med 2006  
Landelle *et al.*, Intensive Care Med 2010

# Immunomonitorage : immunité innée

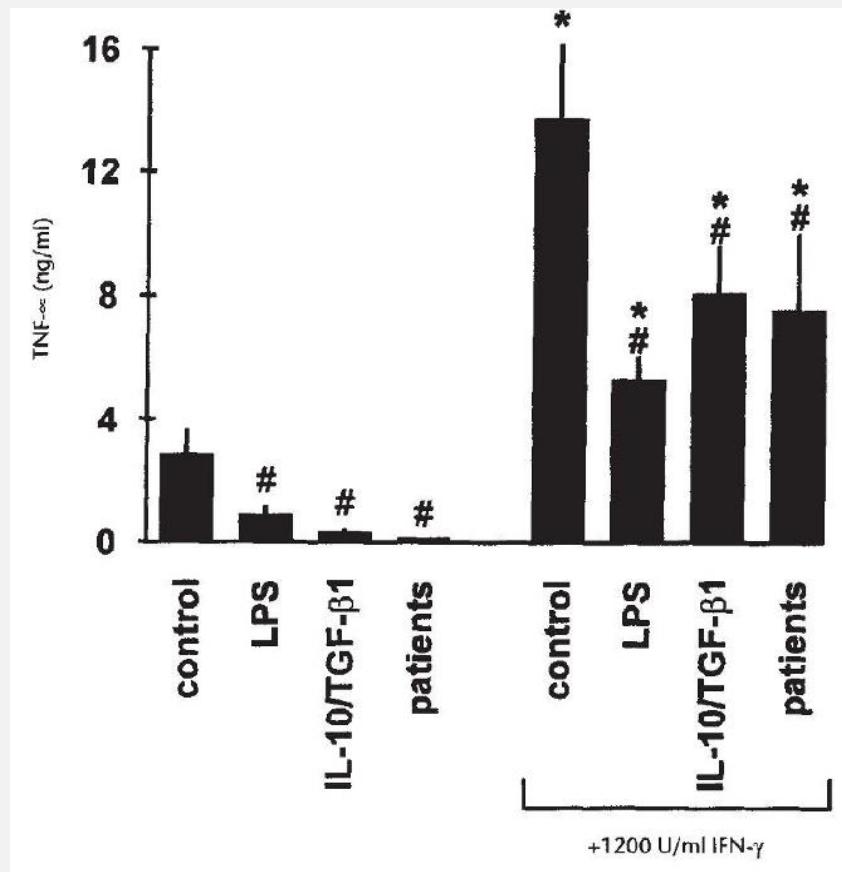


# Immunomodulation : immunité innée

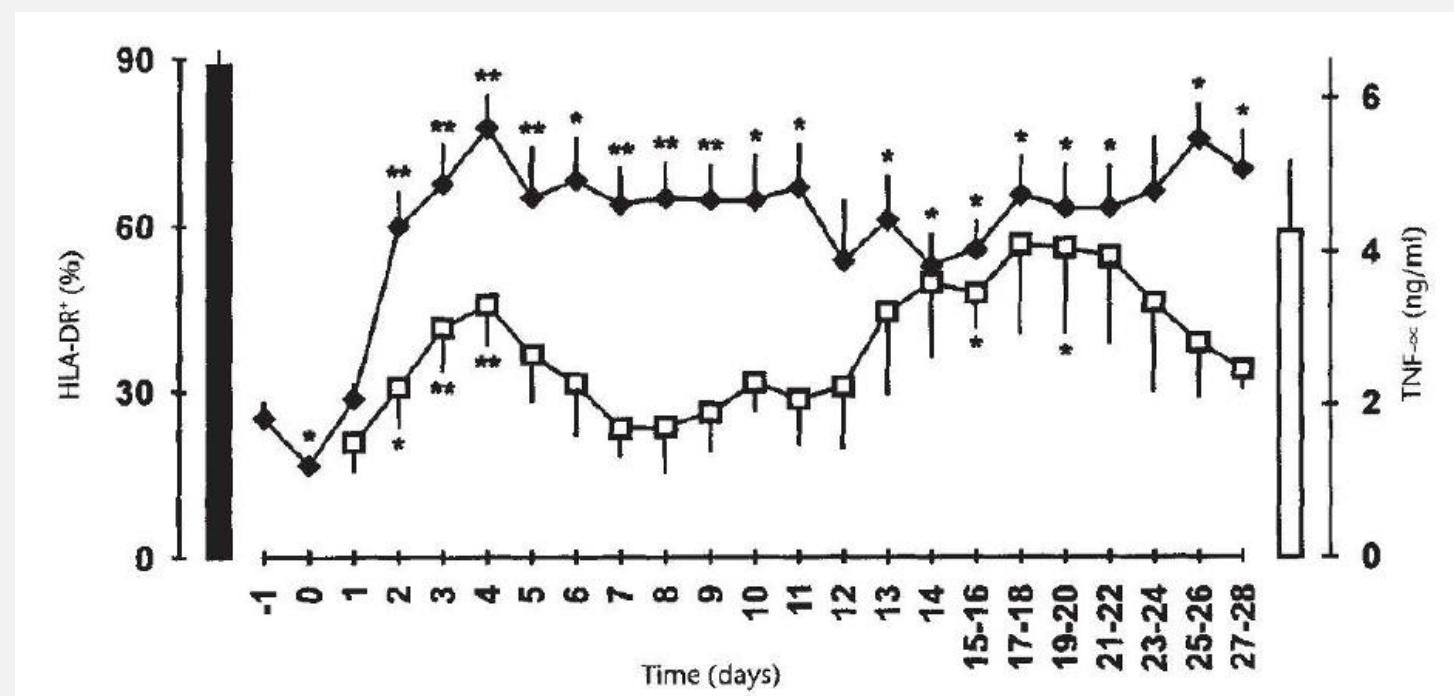


# Immunomodulation : interféron $\gamma$

*ex vivo*



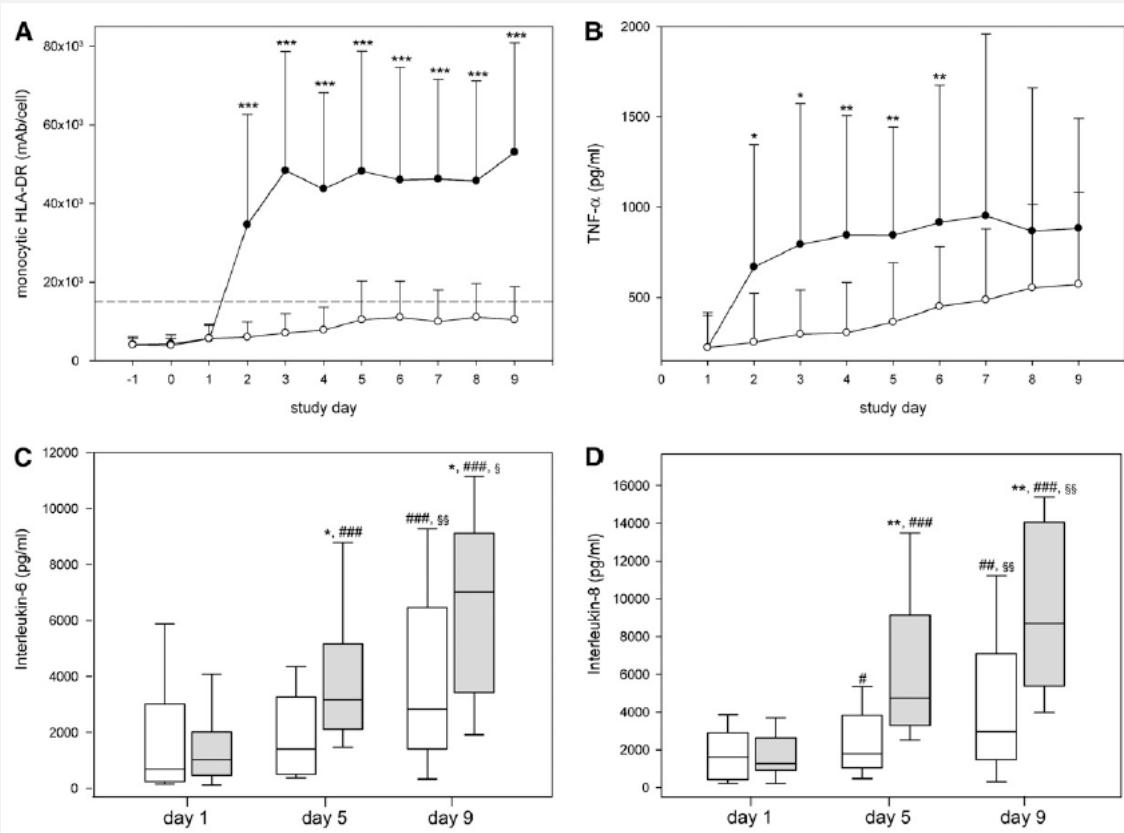
*in vivo*



Confirmation dans une étude sujets sains avec challenge LPS

Döcke *et al.*, Nat Medicine 1997  
Leentjes *et al.*, AJRCCM 2012

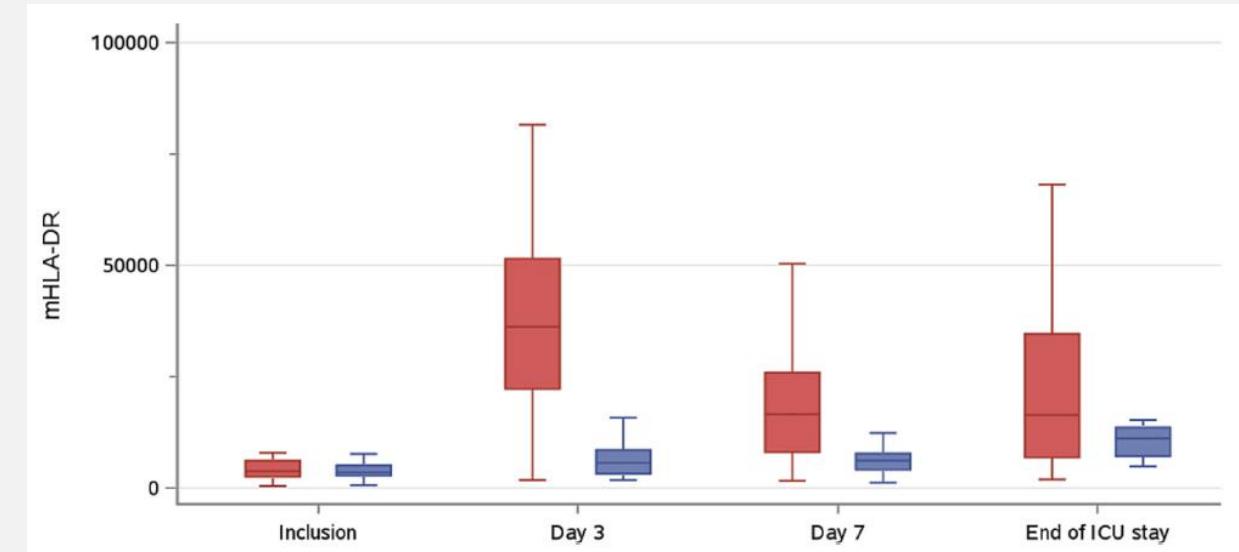
# Immunomodulation : GM-CSF



GRID (NCT02361528)

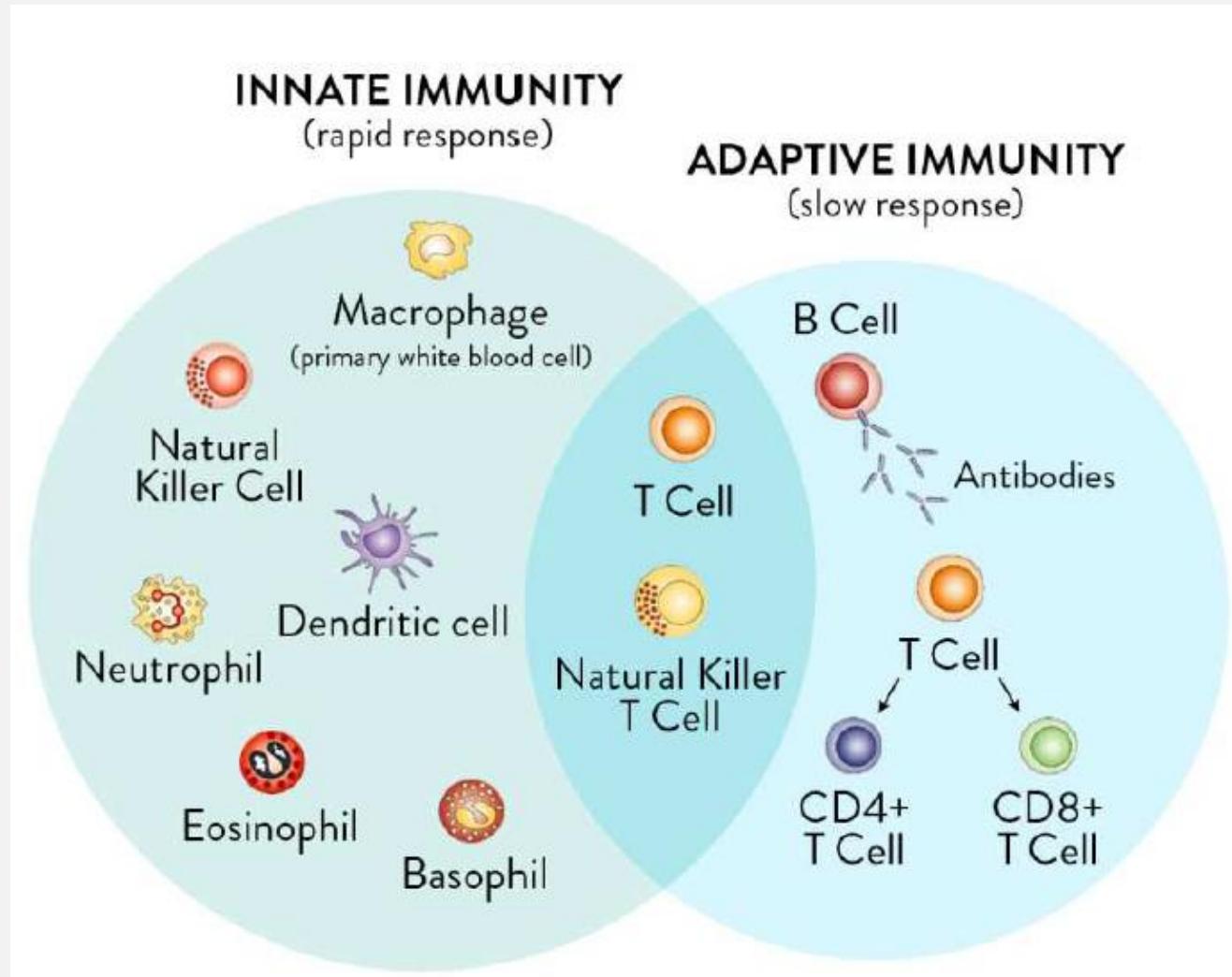


GRID study - GM-CSF trial in septic shock (PHRC national, CHLS). Septic shock patients with the lowest mHLA-DR values will receive either a placebo or GM-CSF. Evaluation criteria: decreased rate of HAI in GM-CSF-treated group. 488 patients to be included (NCT02361528).

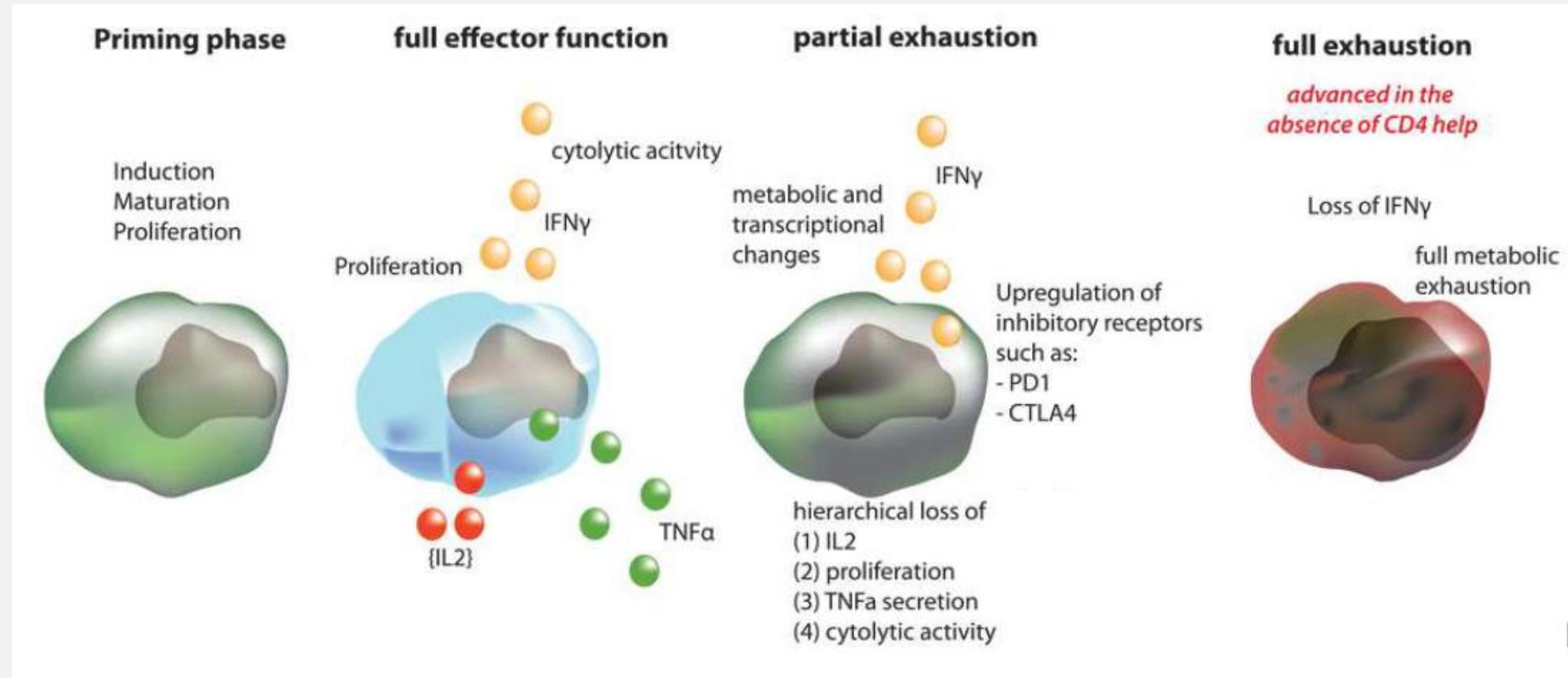


**Results:** The study was prematurely stopped because of insufficient recruitment. A total of 98 patients were included, 54 in the intervention group and 44 in the placebo group. The two groups were similar except for a higher body mass index and McCabe score in the intervention group. No significant difference was observed between groups regarding ICU-acquired infection (11% vs 11%,  $p = 1.000$ ), 28-day mortality (24% vs 27%,  $p = 0.900$ ), or the number or localization of the ICU infections.

# Immunomonitorage : qui regarder ?

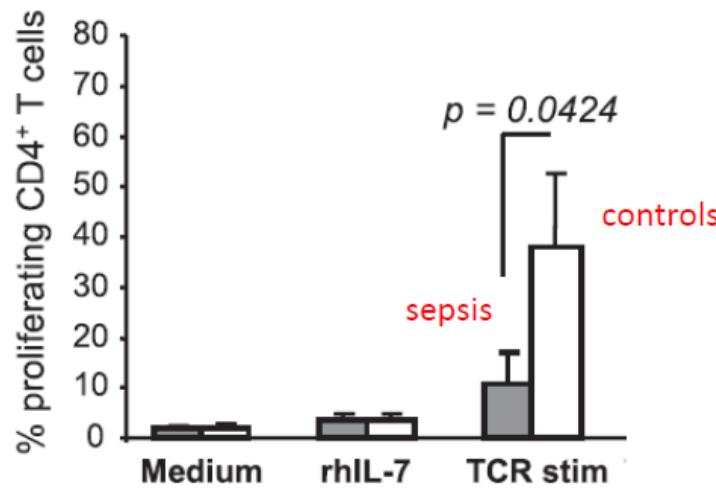


# Immunomonitorage : lymphocytes T épuisés

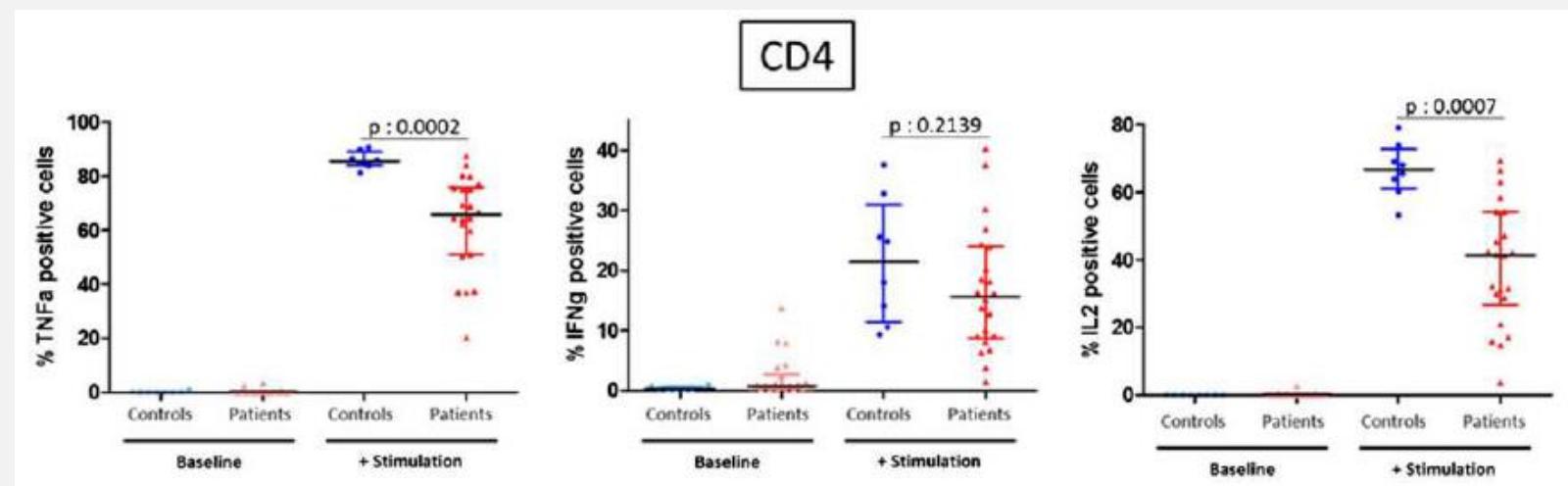


# Immunomonitorage : altération fonction LT CD4<sup>+</sup>

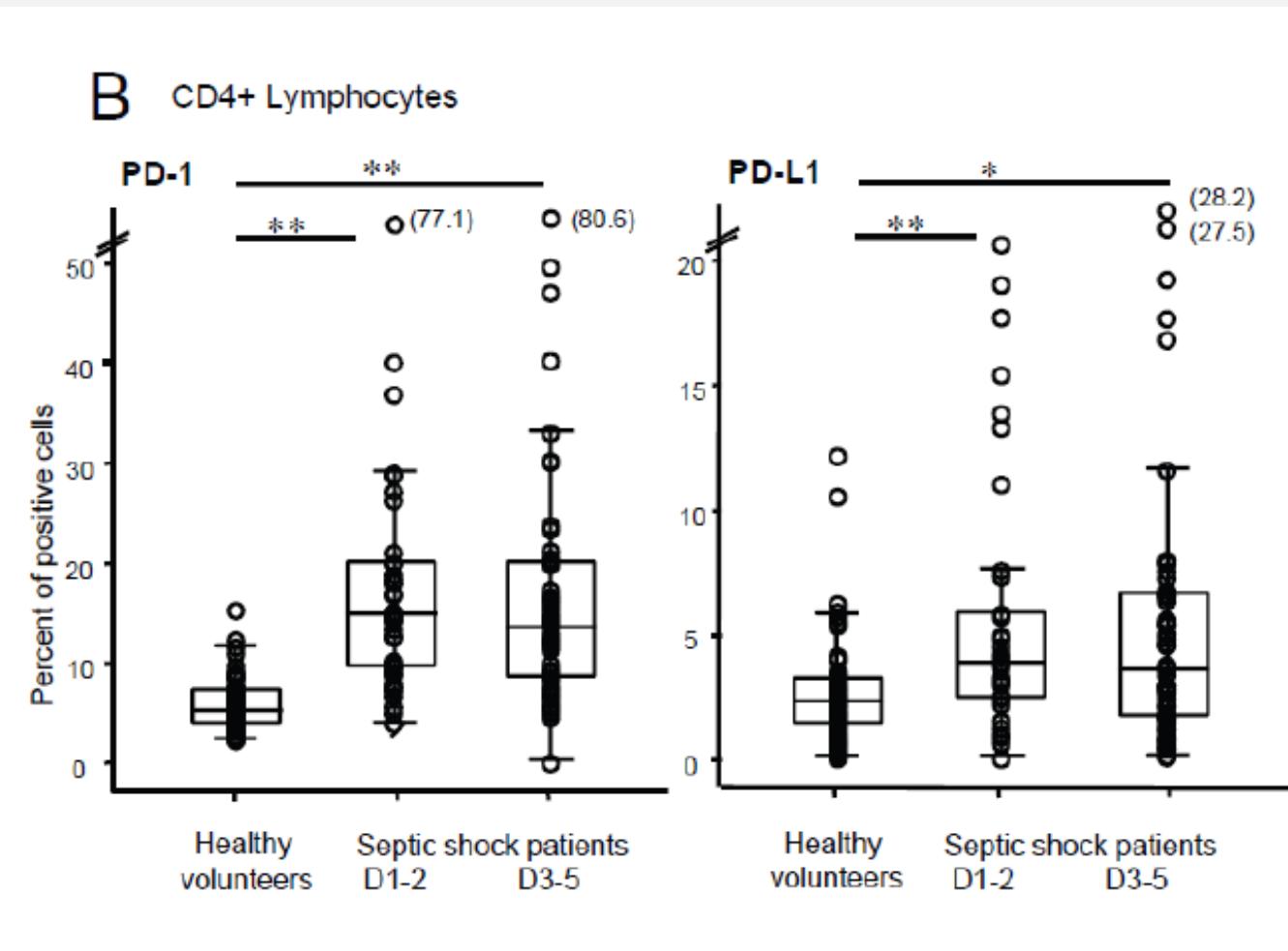
Diminution de la prolifération



Diminution de la production cytokinique



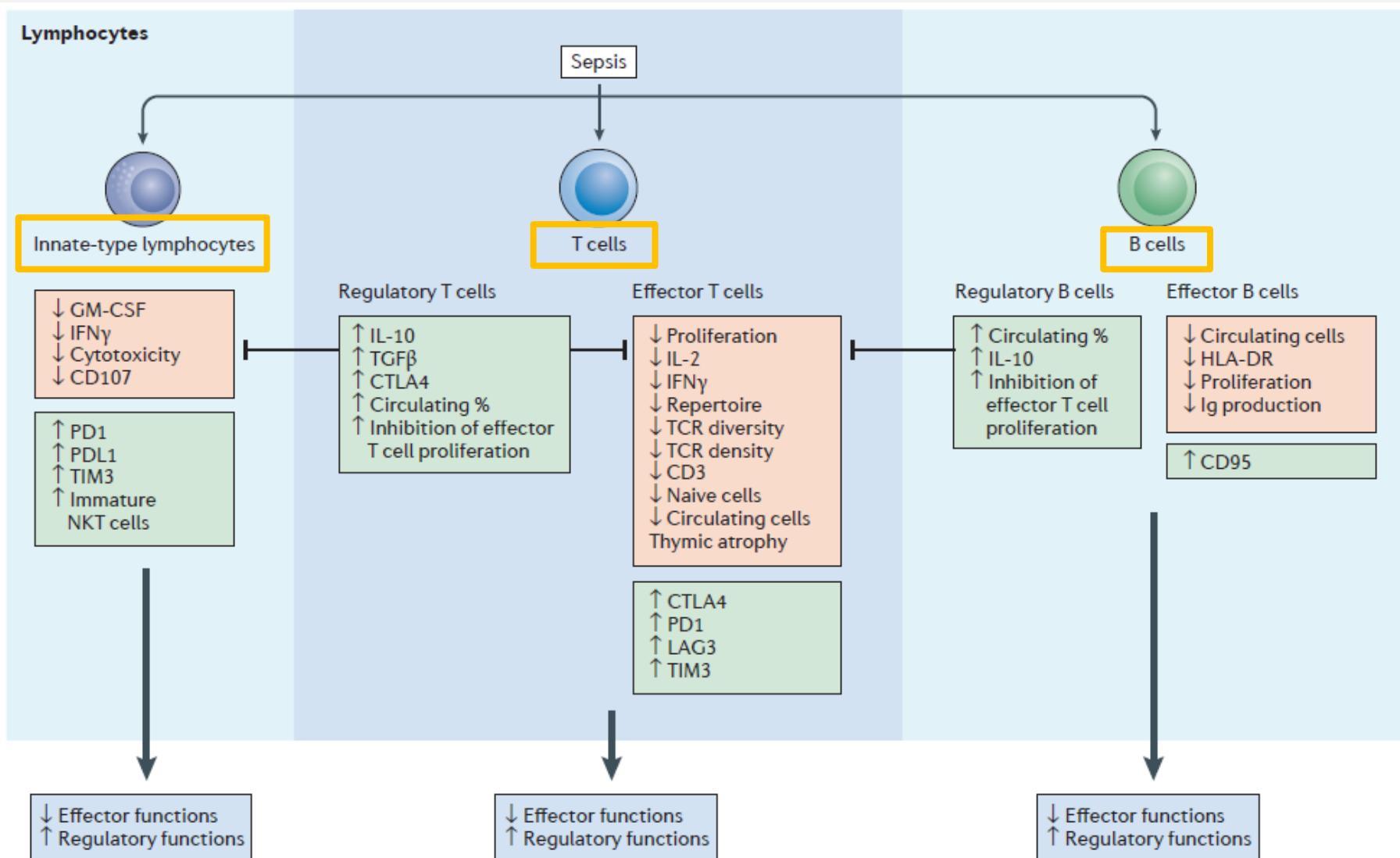
# Immunomonitorage : points de contrôle immunitaires



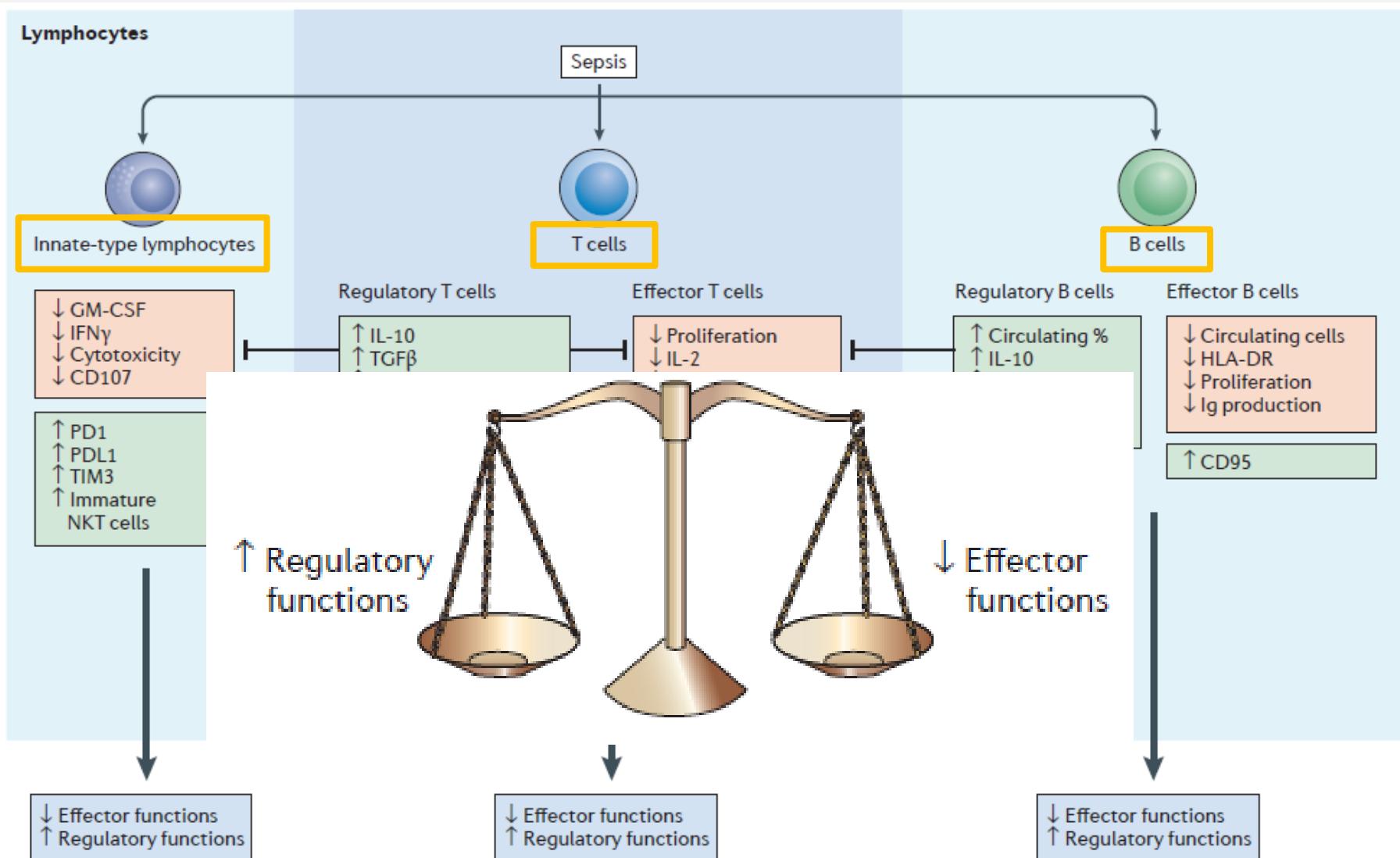
Association

Apoptose lymphocytaire  
Infections nosocomiales  
Mortalité

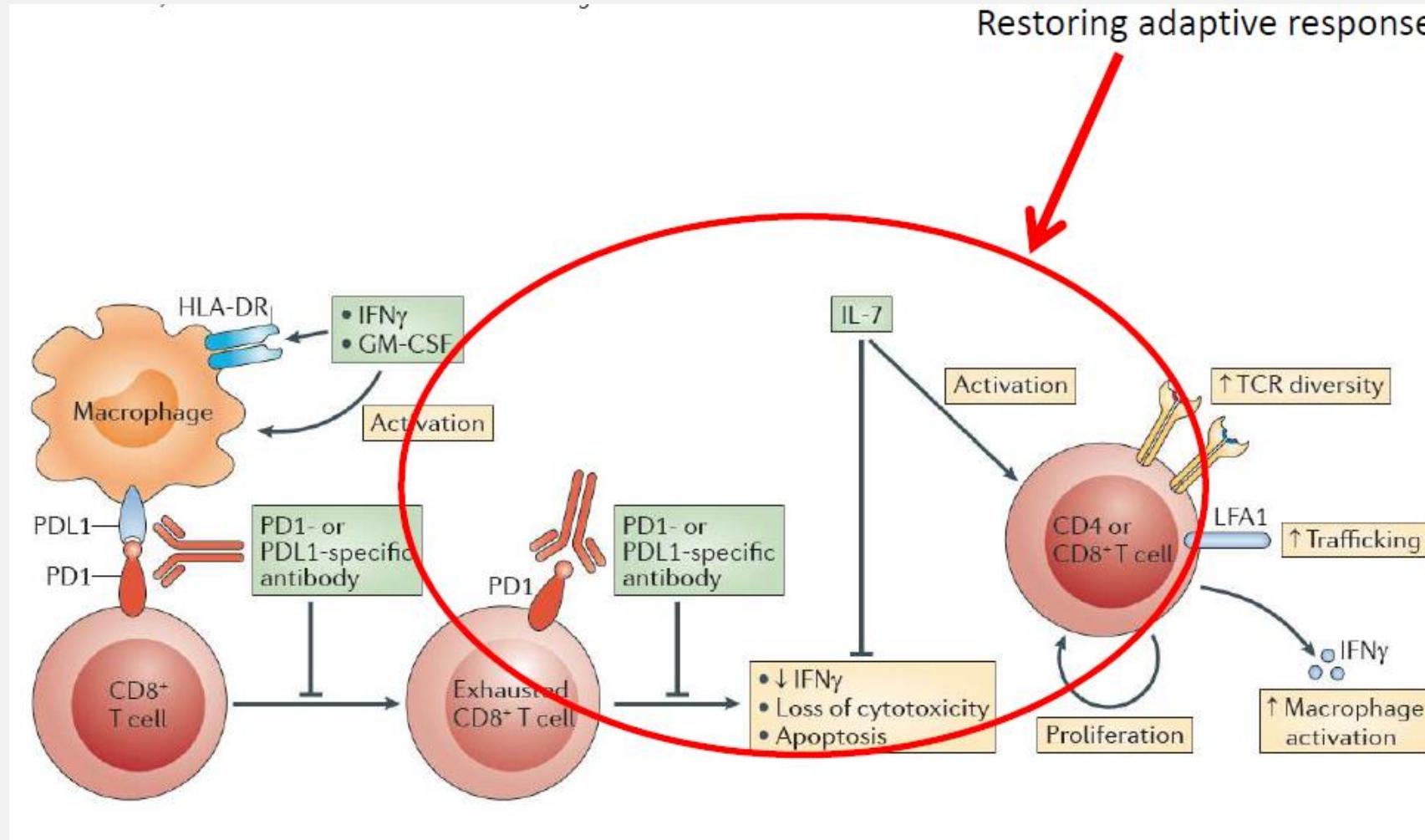
# Immunomonitorage : cellules lymphoïdes



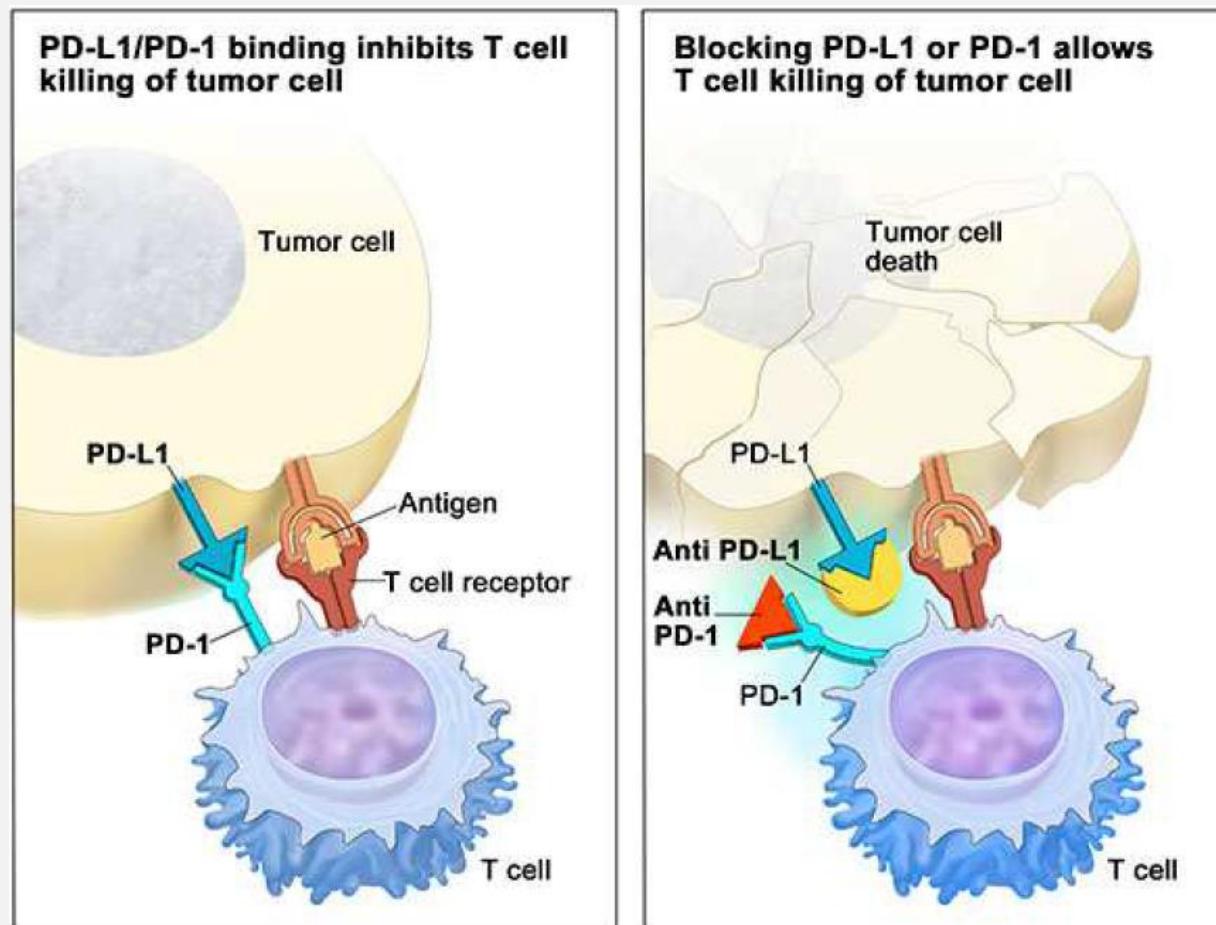
# Immunomonitorage : cellules lymphoïdes



# Immunomodulation : immunité adaptative



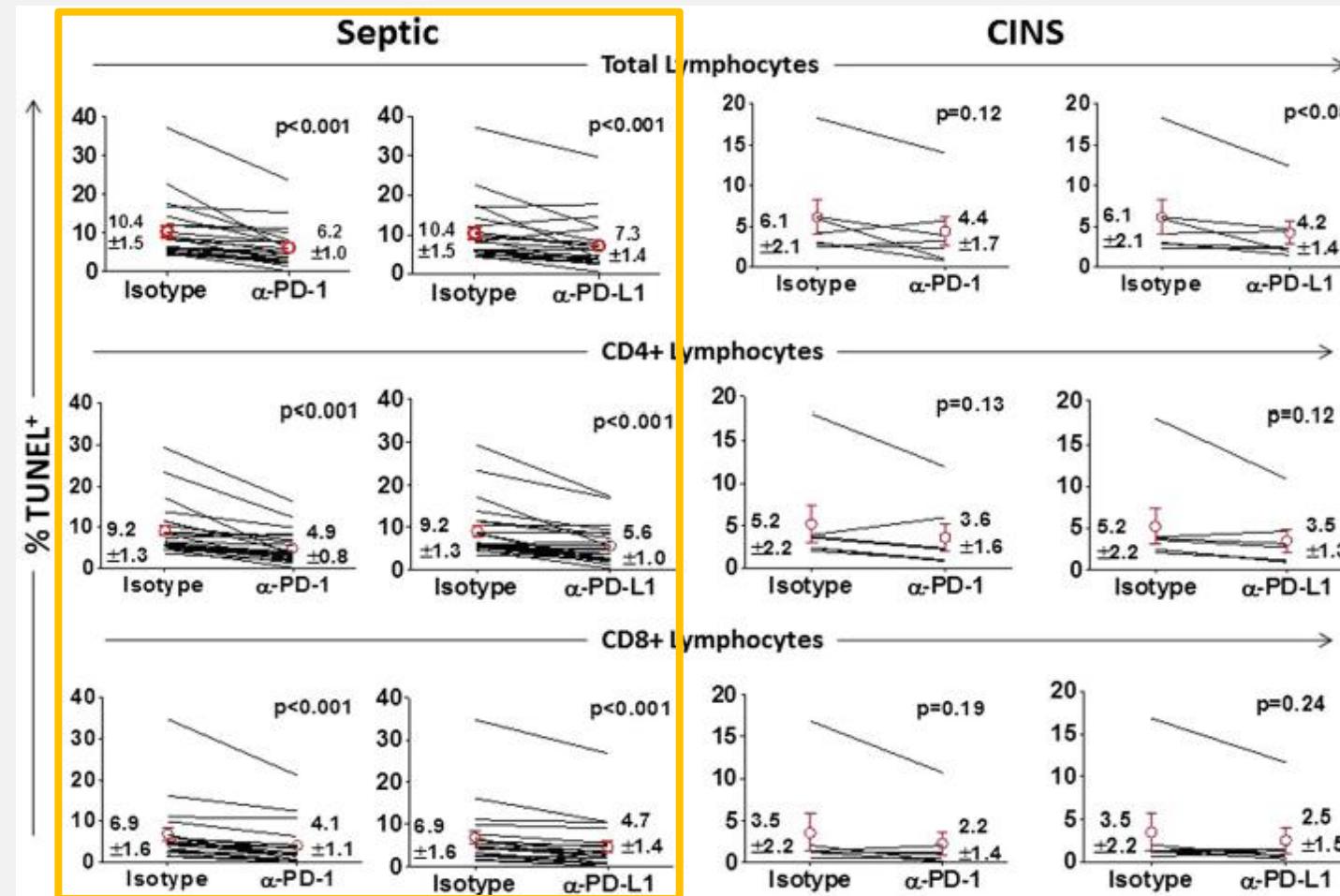
# Axe PD-1/PD-L1



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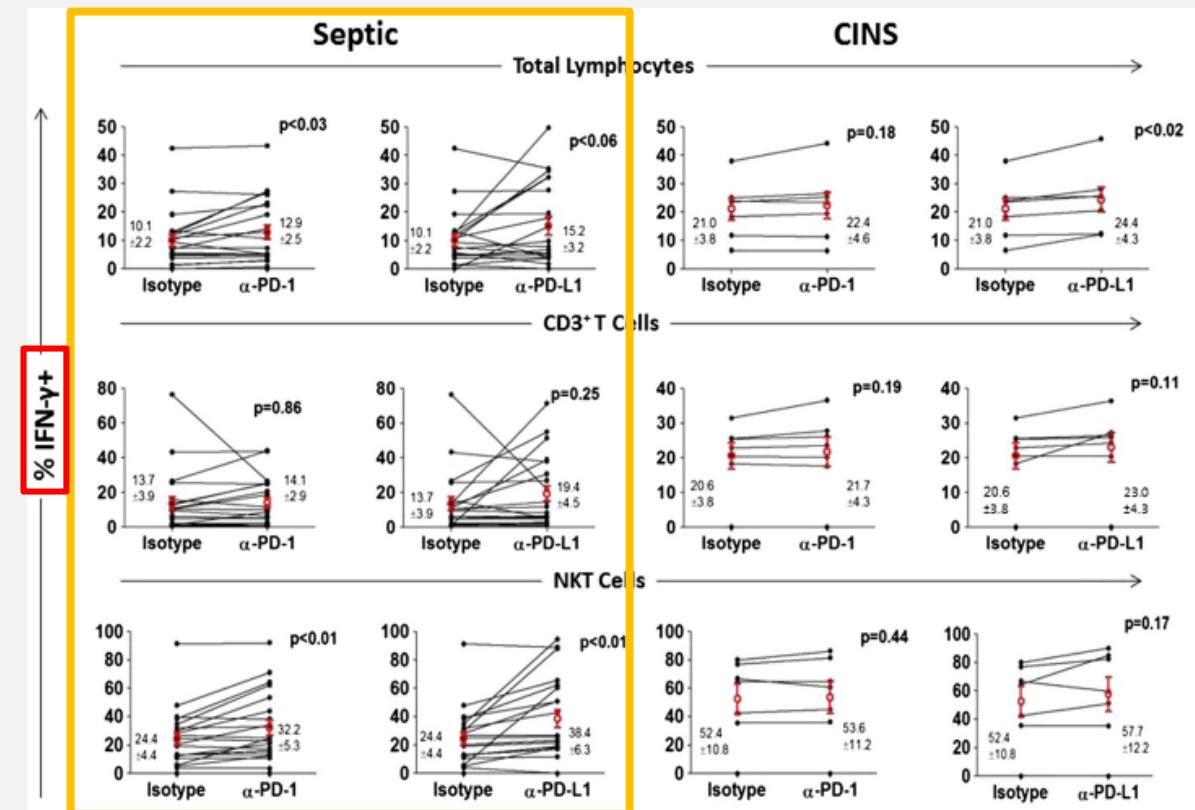
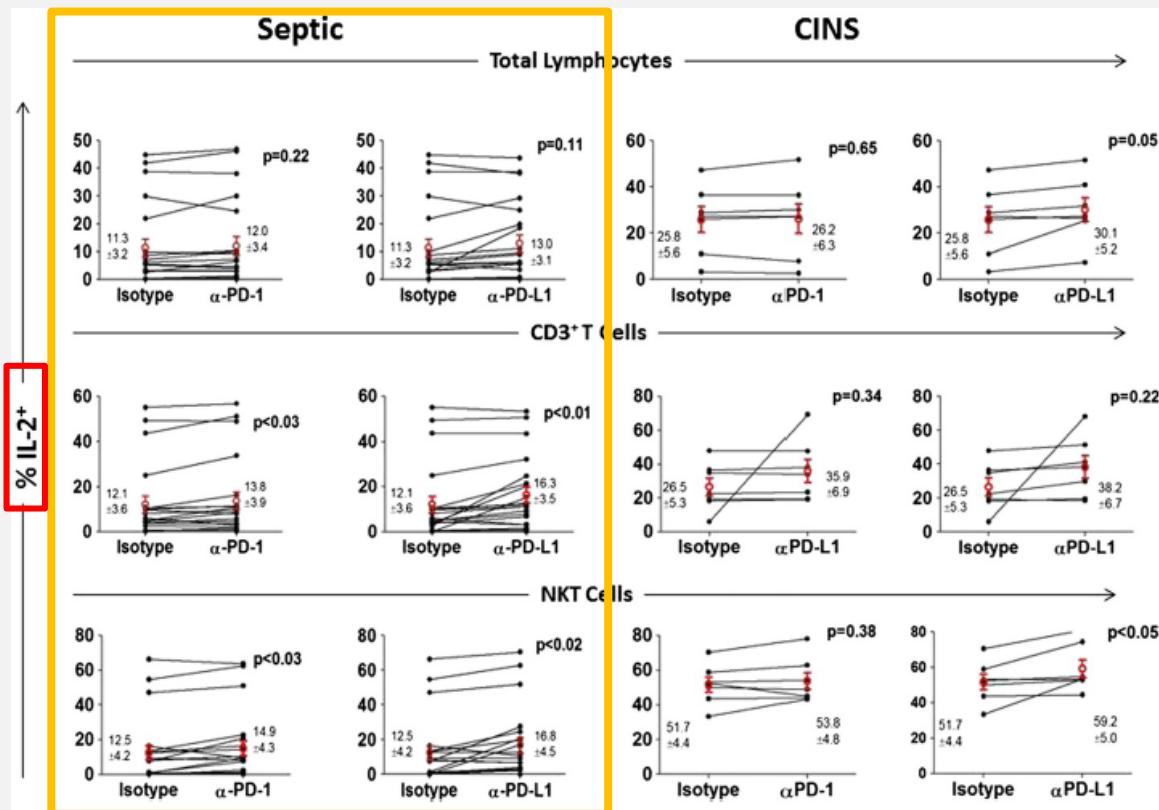
# Immunomodulation : anti-PD-1/PD-L1 ex vivo

## Diminution de l'apoptose



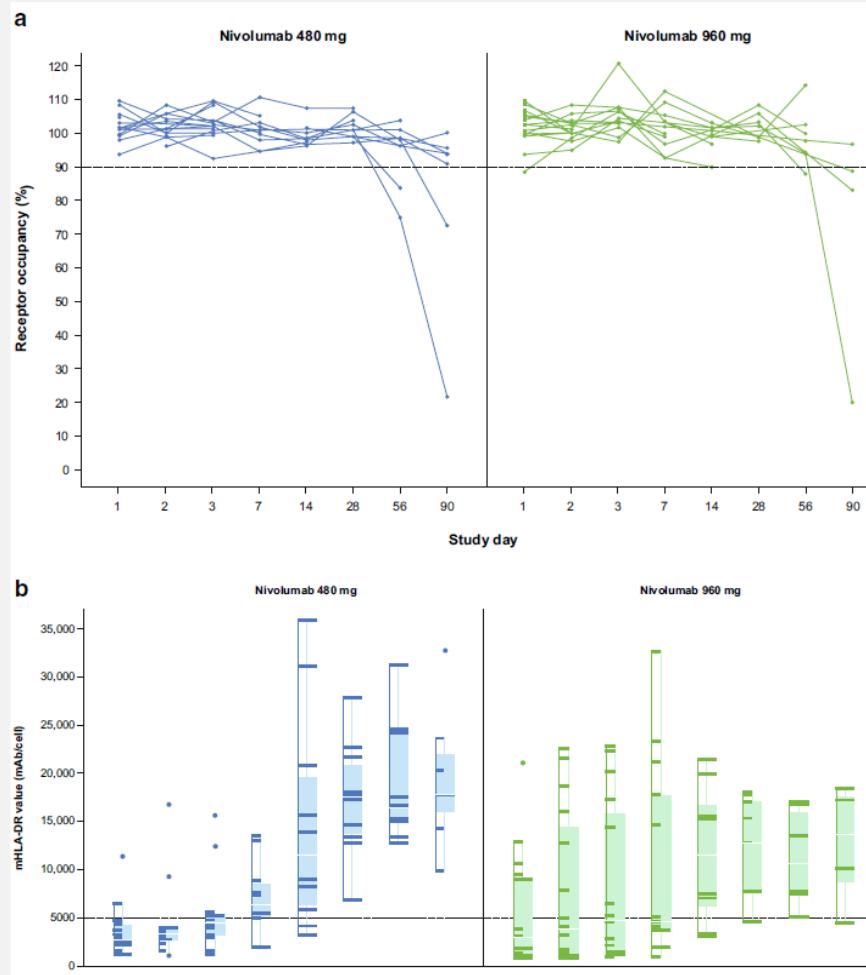
# Immunomodulation : anti-PD-1/PD-L1 ex vivo

## Augmentation de la production cytokinique

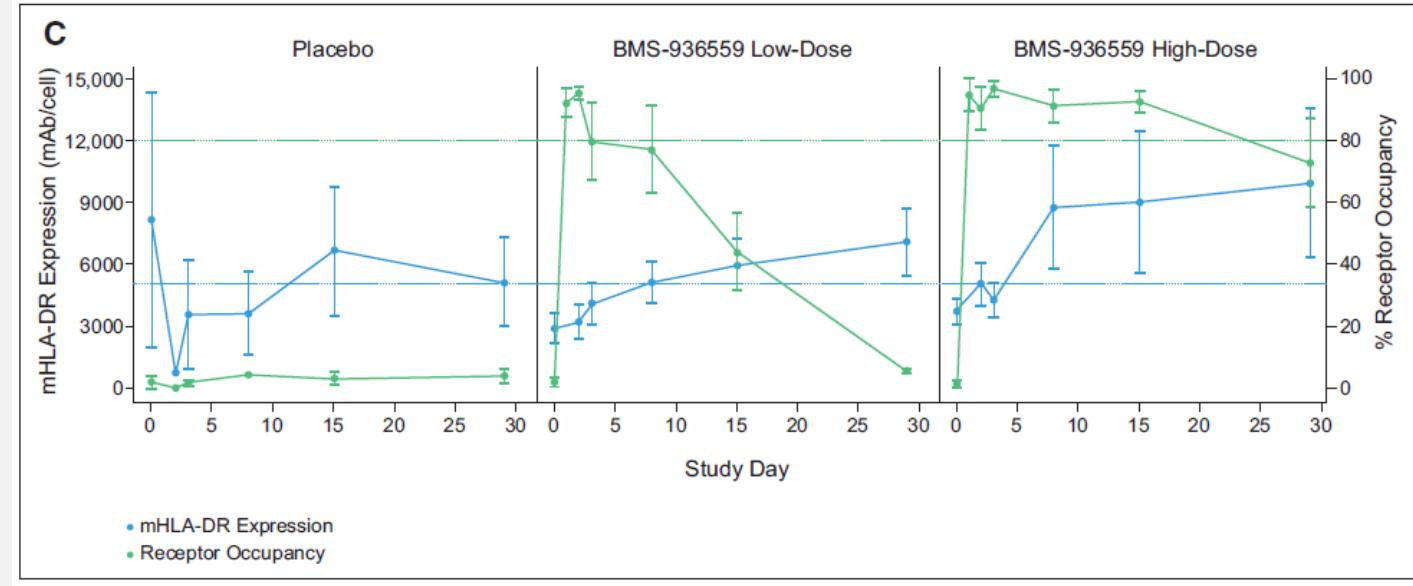


# Immunomodulation : anti-PD-1/PD-L1 *in vivo*

## Anti-PD-1



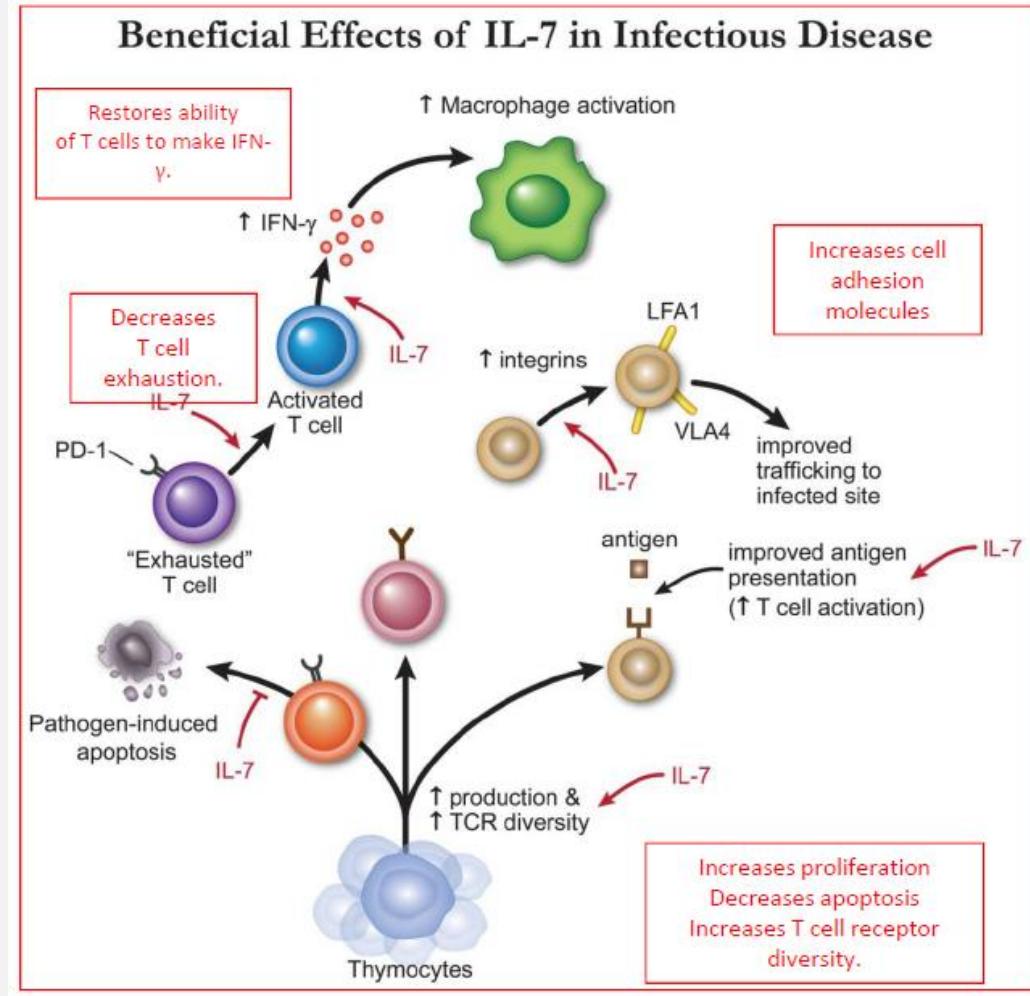
## Anti-PD-L1



**Figure 2. (Continued) C,** Changes in RO and mHLA-DR expression in participants receiving placebo, or 10, 30, and 100 mg dose combined ("low-dose group"), or 300 and 900 mg dose combined ("high-dose group") up to day 29 post-infusion. Green dashed line represents 80% RO; blue dashed line represents mHLA-DR 5,000 mAb per cell. n/a = not applicable.

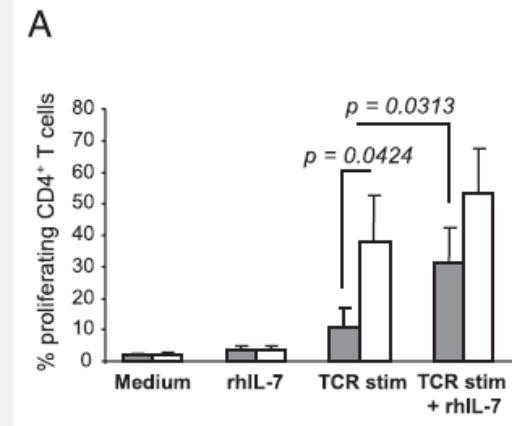
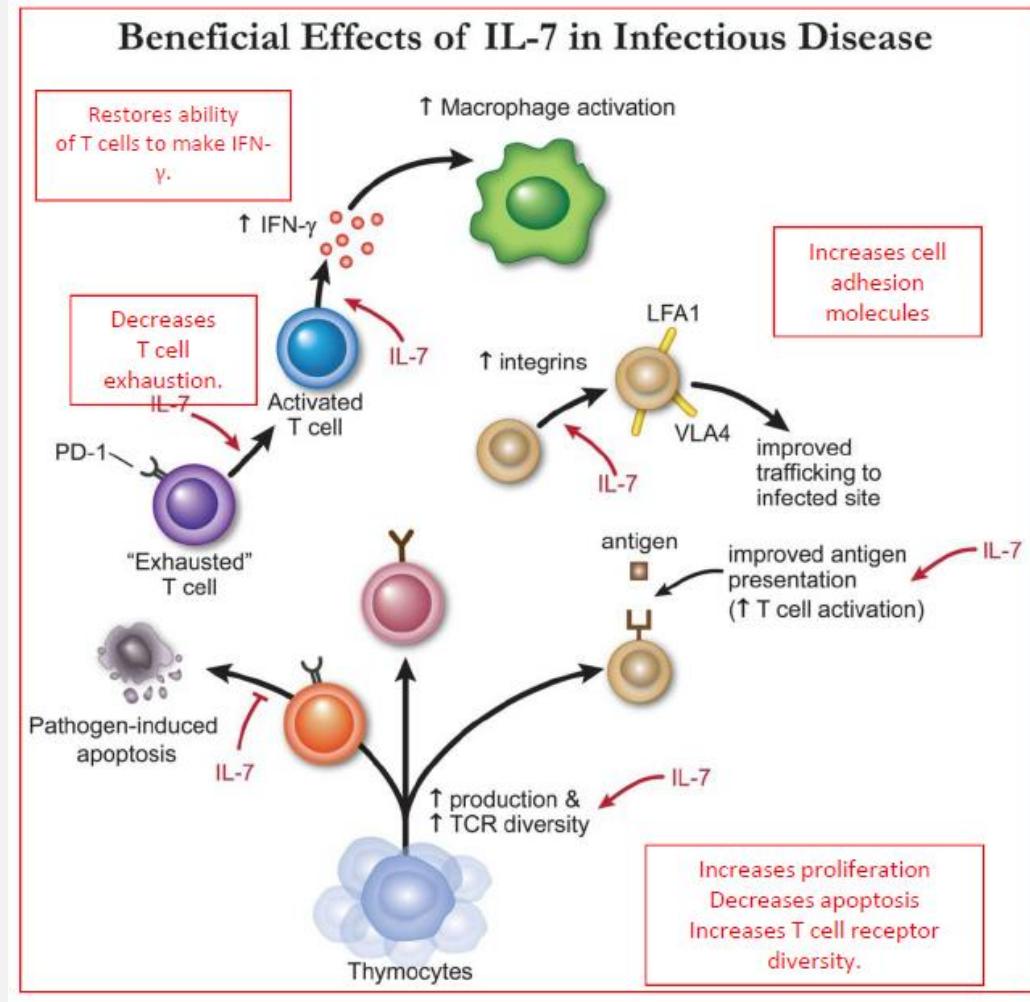
Augmentation production IFN $\gamma$  par LT  
Pas d'effet sur compte total lymphocytes  
Pas de différence [cytokines]  
3-6% vs 54% irAEs, aucun sévère

# Immunomodulation : interleukine-7

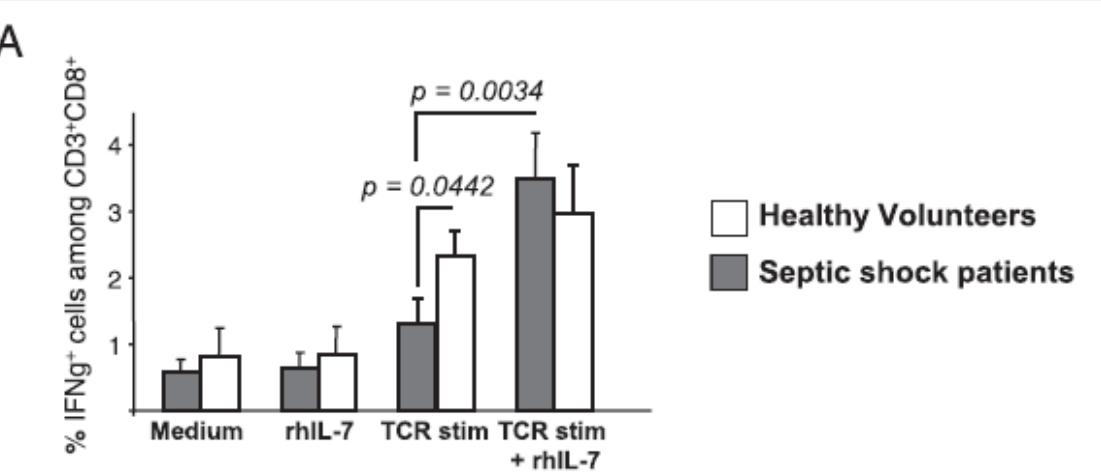


# Immunomodulation : interleukine-7

## Prolifération *ex vivo*

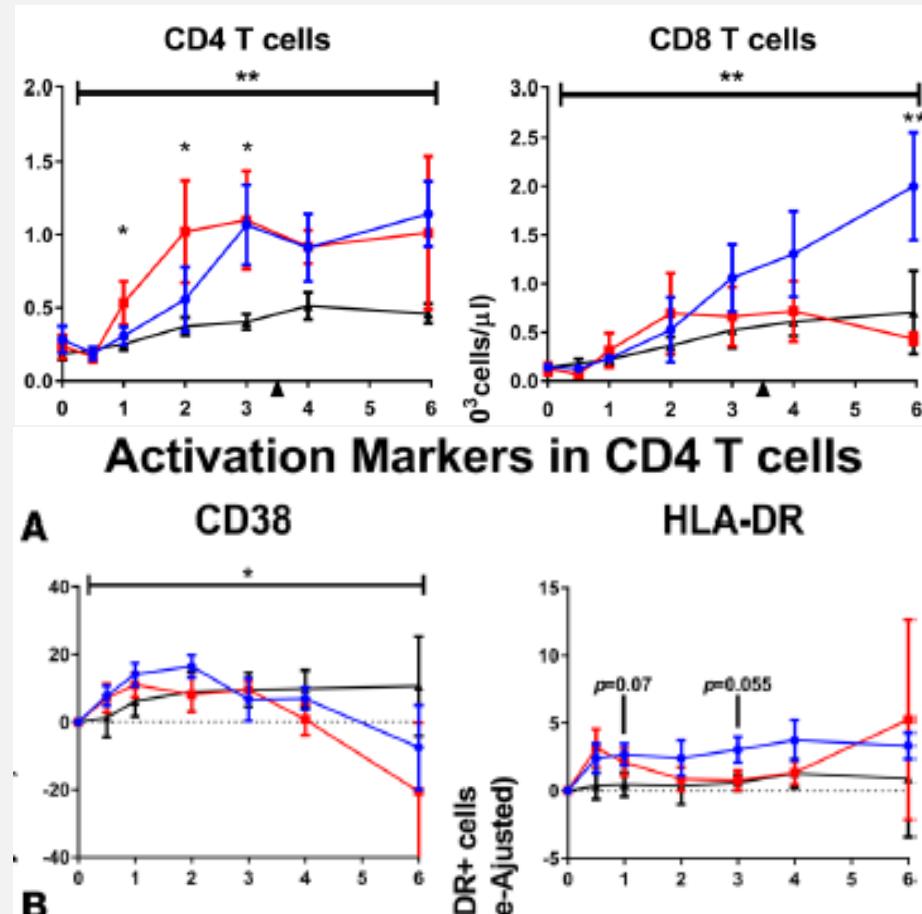


## Production cytokinique *ex vivo*



# Immunomodulation : interleukine-7 *in vivo*

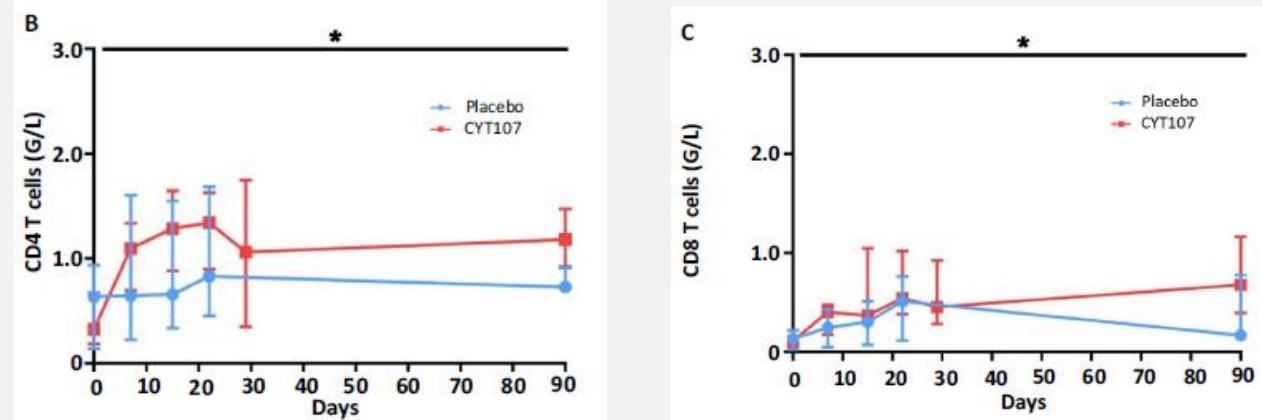
IM / SC



Pas d'effet indésirable grave

Mortalité : 2/10 placebo vs 5/17 groupe rhIL-7

IV



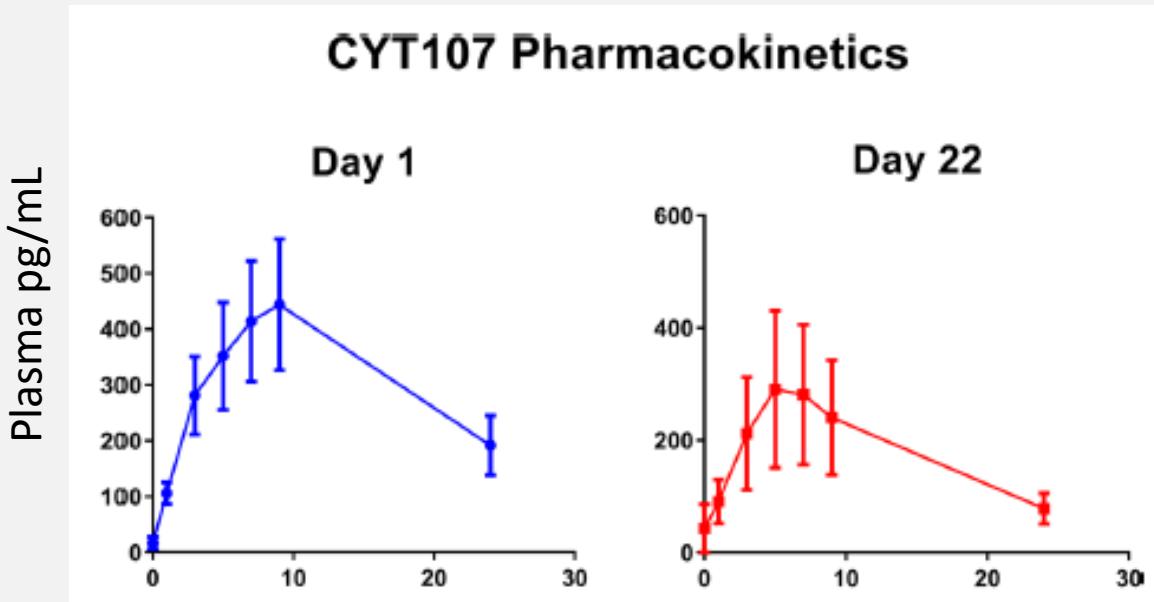
administration. Three patients treated with CYT107 developed fever and respiratory distress occurring approximately 5–8 h after drug administration. It was the investigators' opinions that the events were possibly drug-related because of the temporal association of occurring following CYT107 administration. Two of the

François *et al.*, JCI Insight 2018

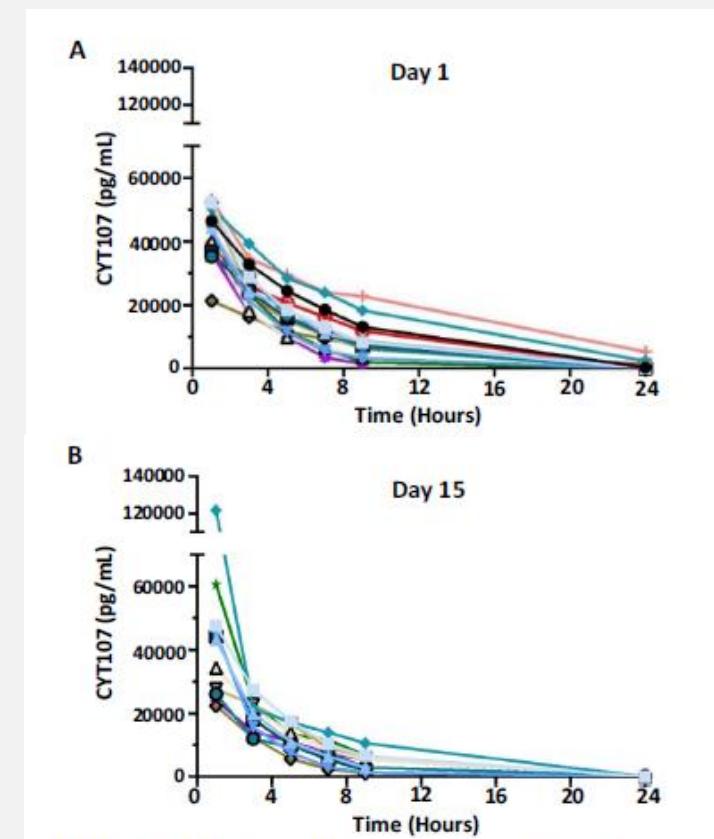
Daix *et al.*, Annals of Intensive Care 2023

# Immunomodulation : interleukine-7

IM / SC



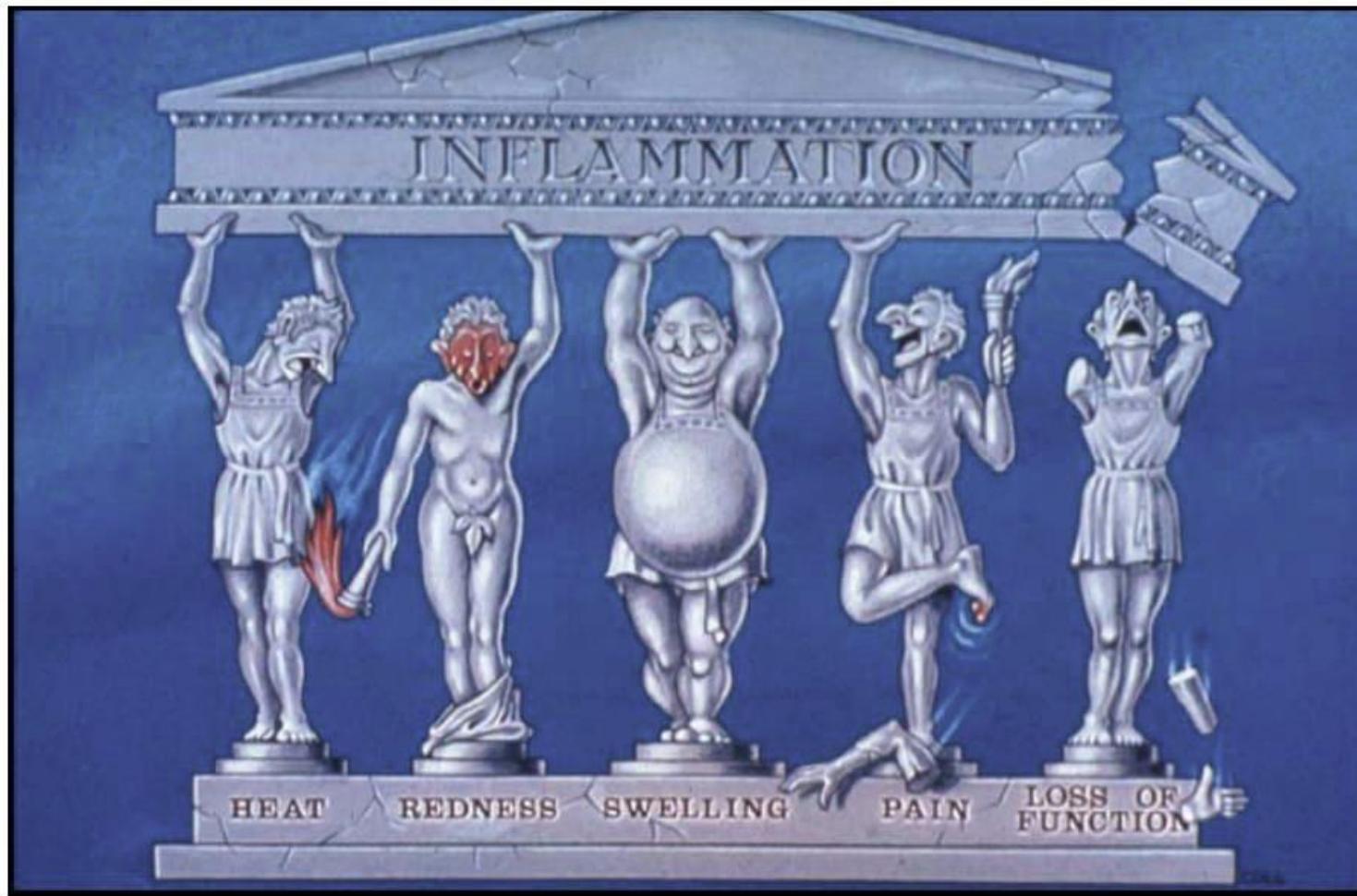
IV



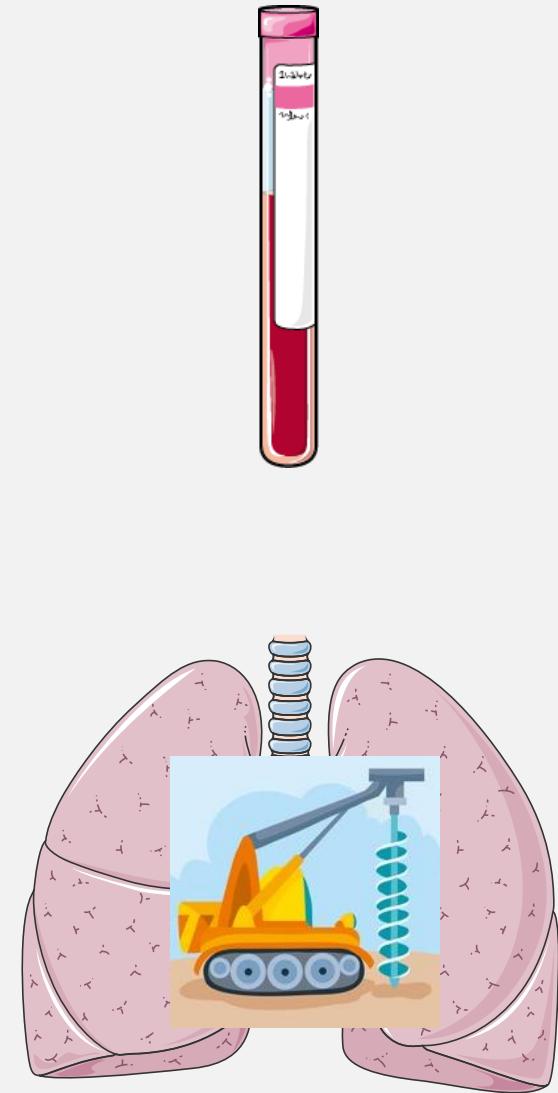
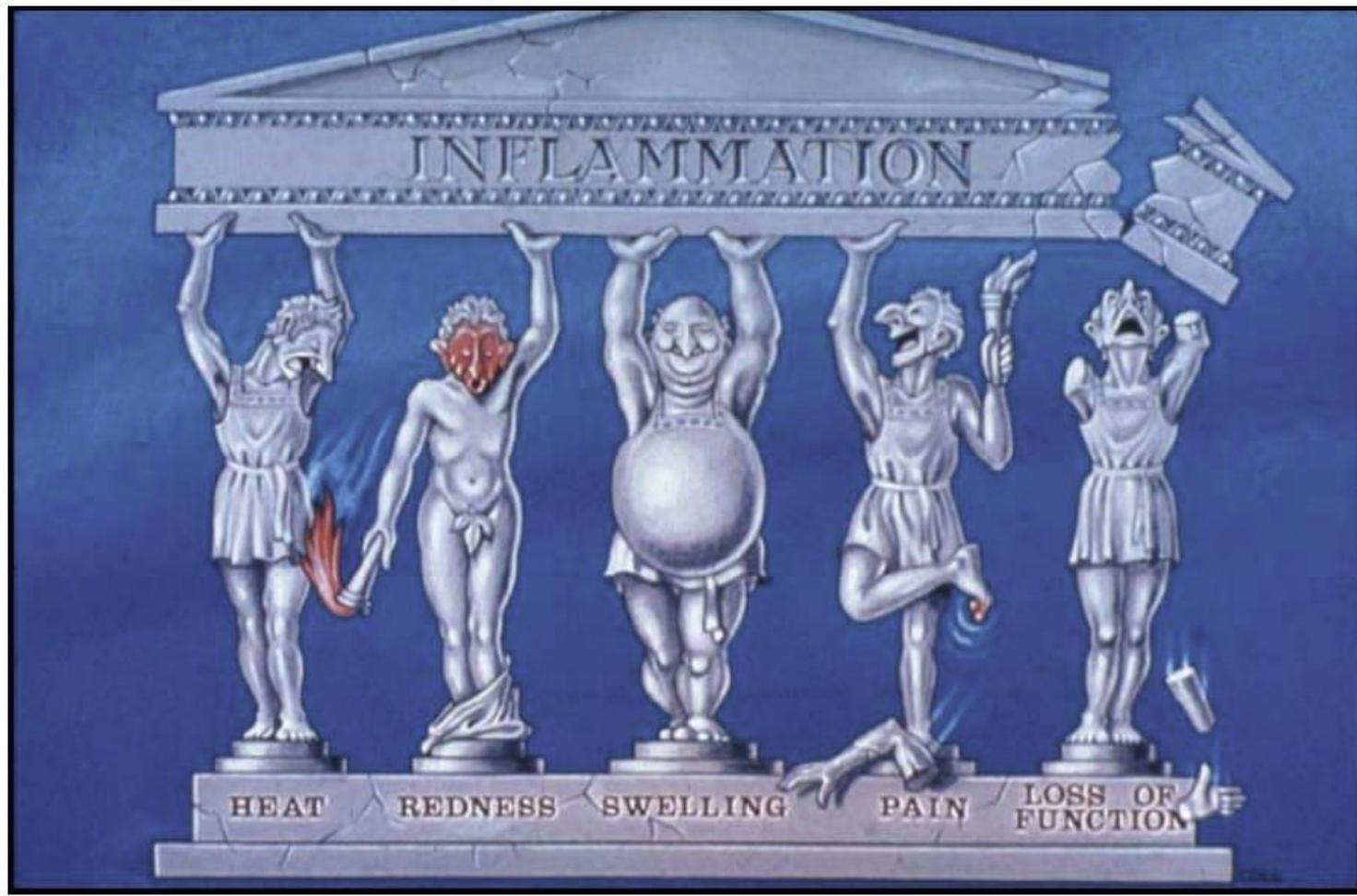
(OSFD). However, intravenous CYT107 produced an approximately 100-fold increase in CYT107 blood concentration compared with intramuscular CYT107. No cytokine storm and no formation of antibodies to CYT107 were observed.

# Sang circulant vs organes

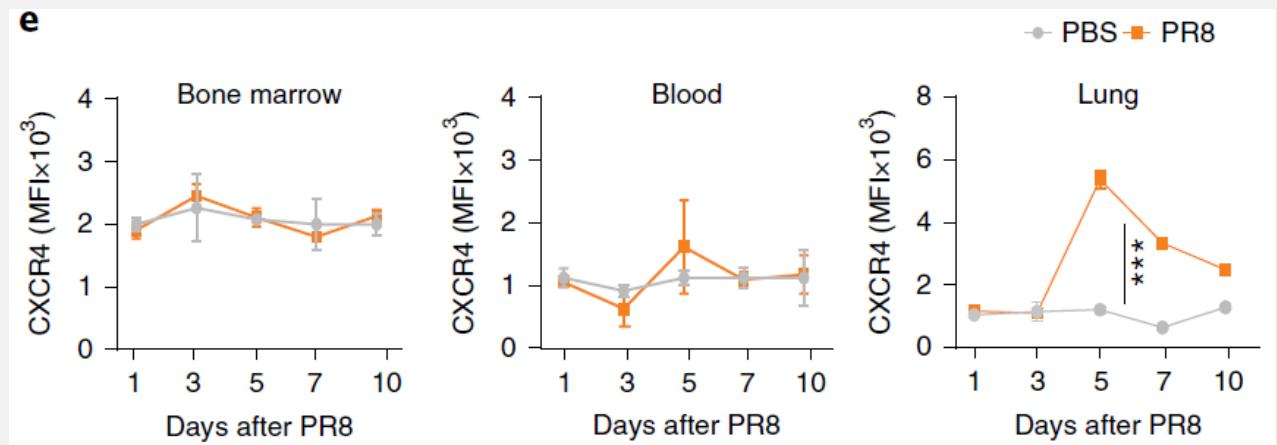
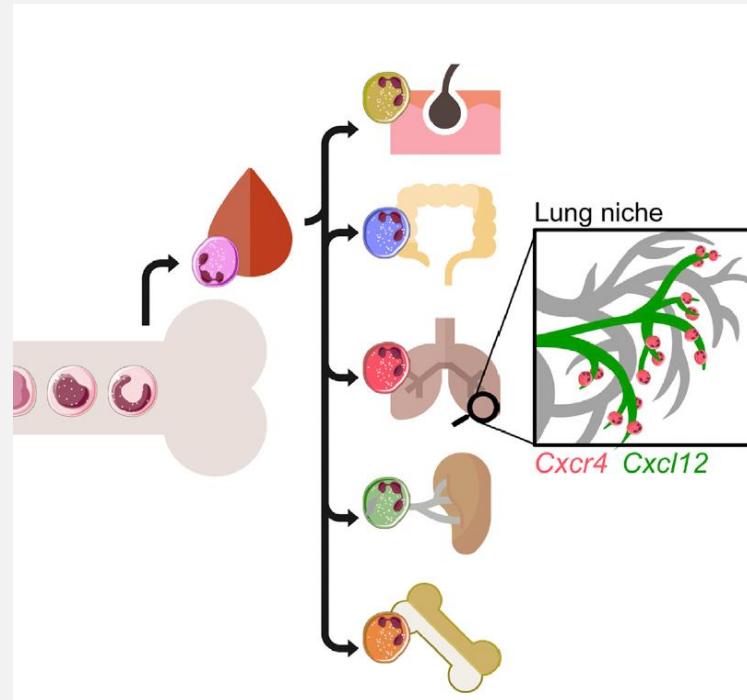
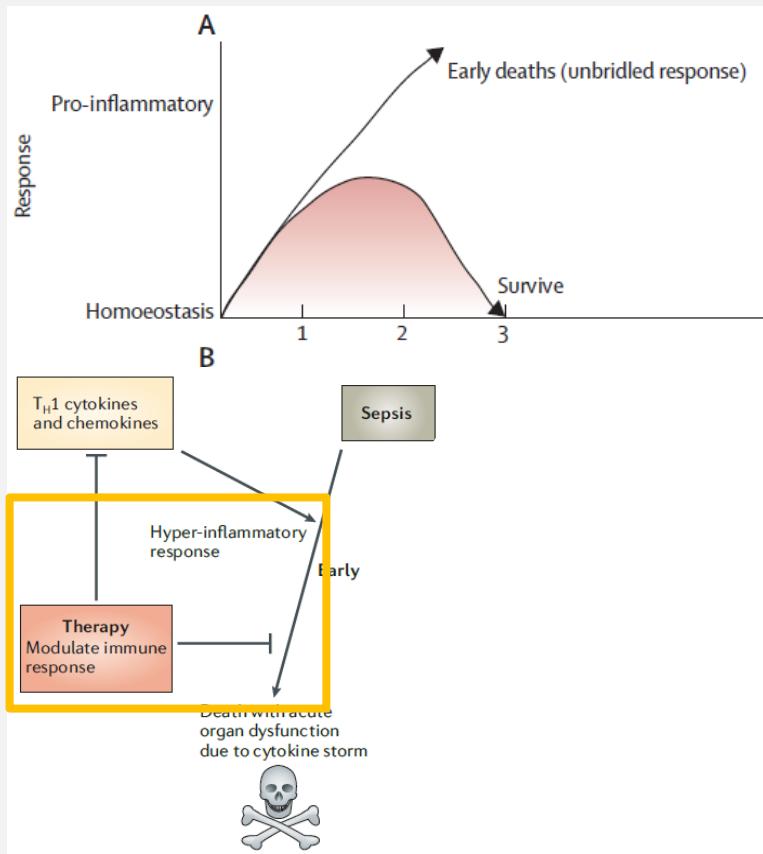
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# Sang circulant vs organes



# Immunomodulation locale : poumon



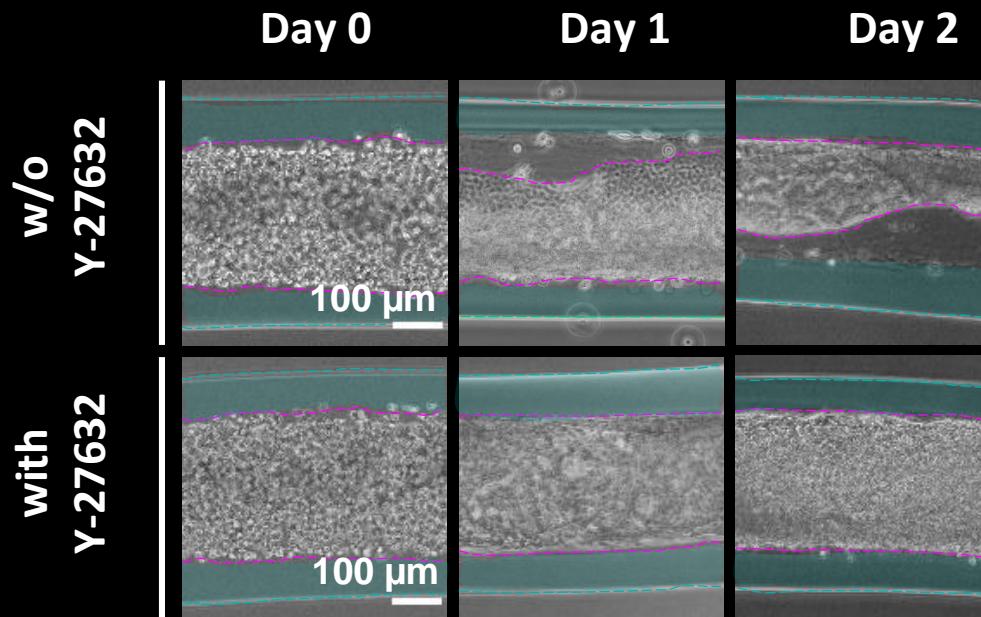
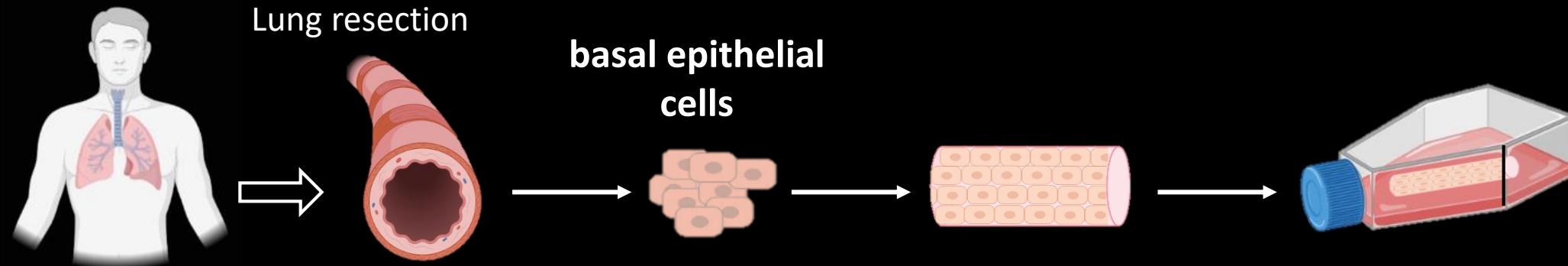
Radermecker *et al.*, Nat Immunol 2019

Ballesteros *et al.*, Cell 2020

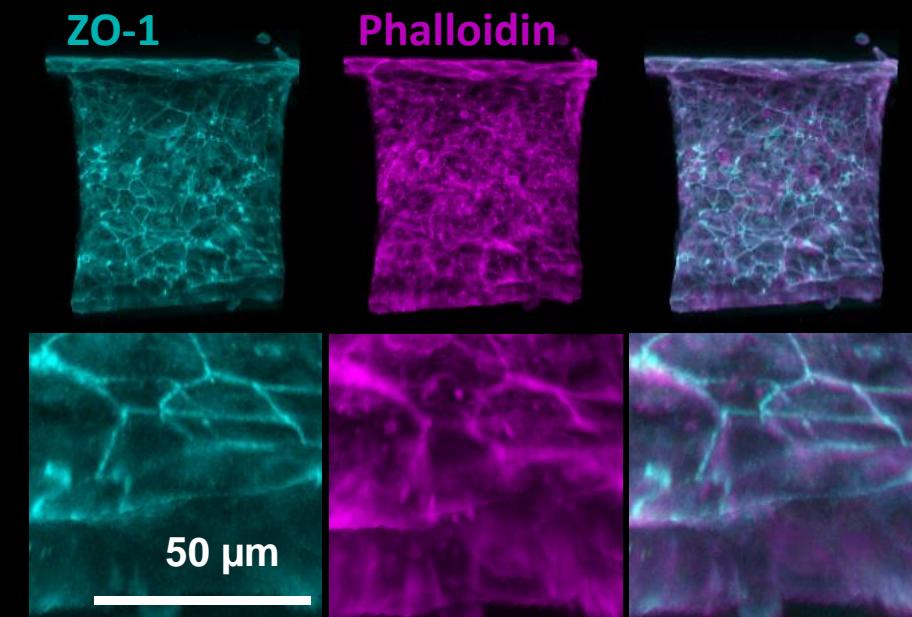


Bronchial Remodeling

# Characterizing the bronchioid model over time



Longitudinal section of a 3D view (Day 2)

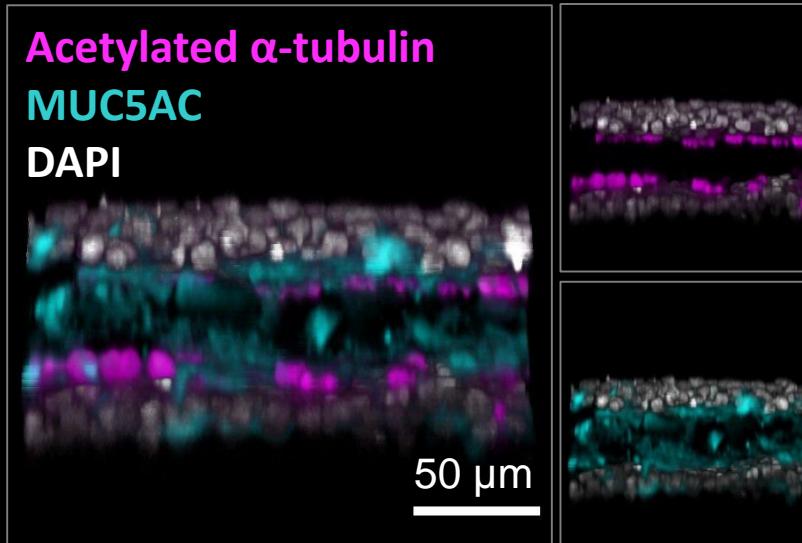




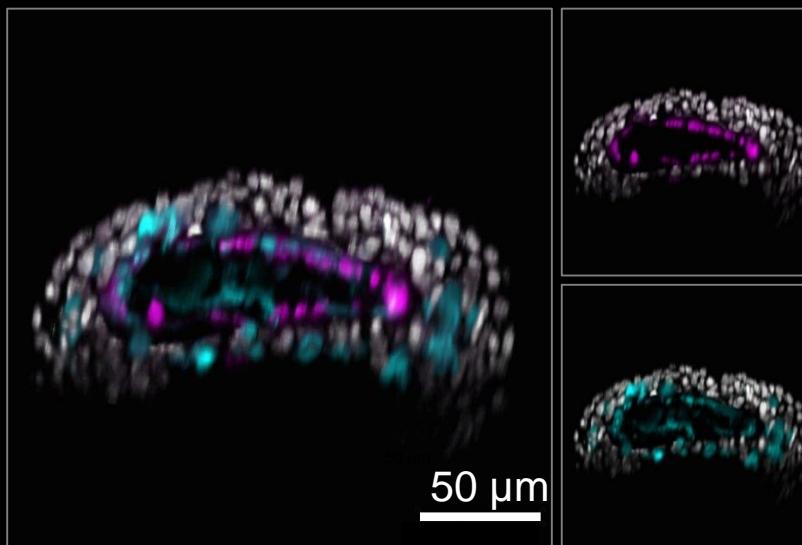
Bronchial Remodeling

# Characterizing the bronchioid model over time

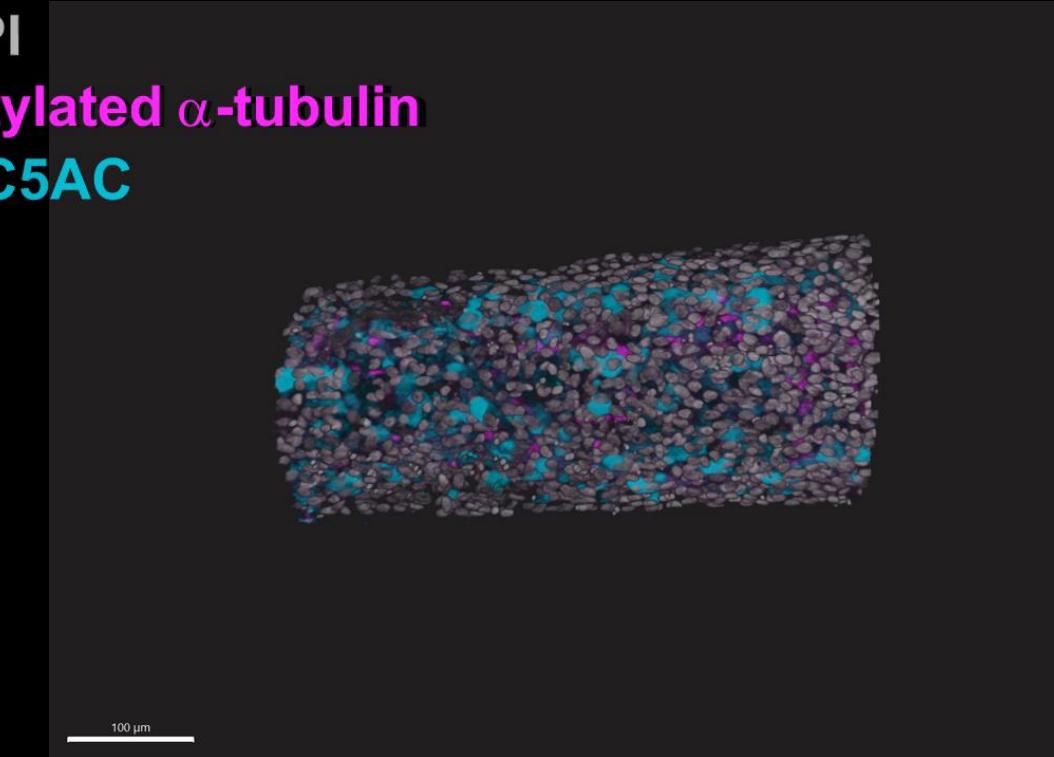
Longitudinal



Transversal



DAPI  
acetylated  $\alpha$ -tubulin  
MUC5AC

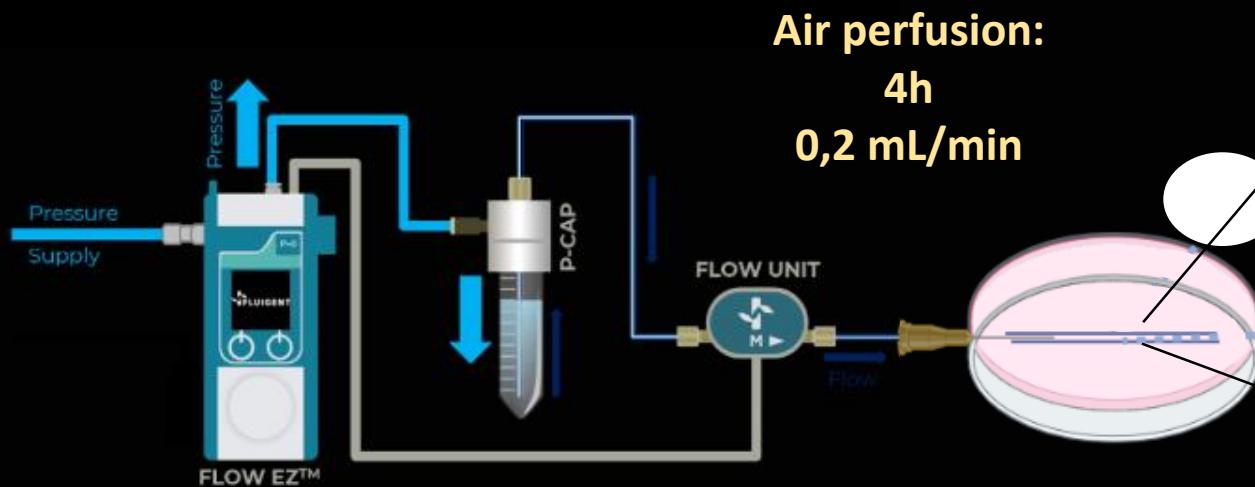
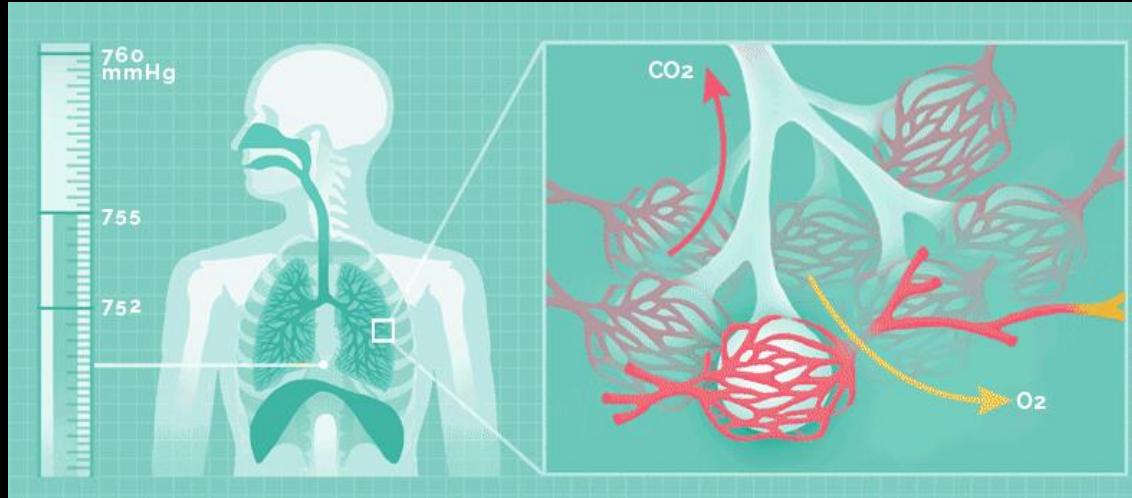




Bronchial Remodeling

# Perfusing the bronchioid with air

<http://tabletopwhale.com/2014/10/24/3-different-ways-to-breathe.html>



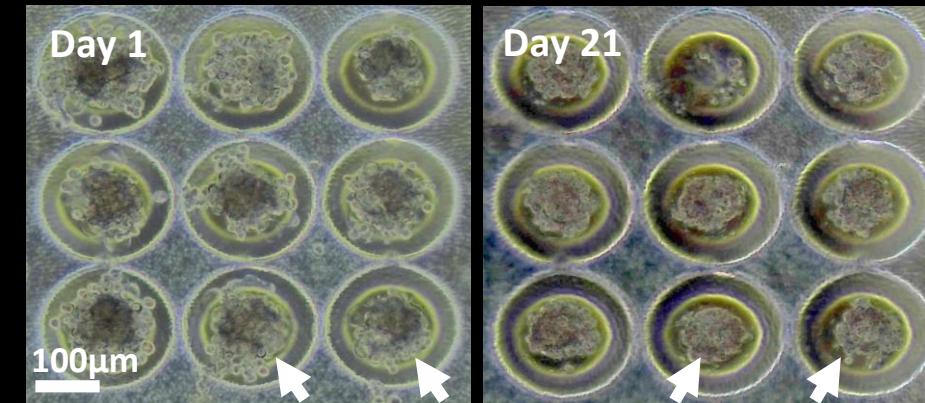
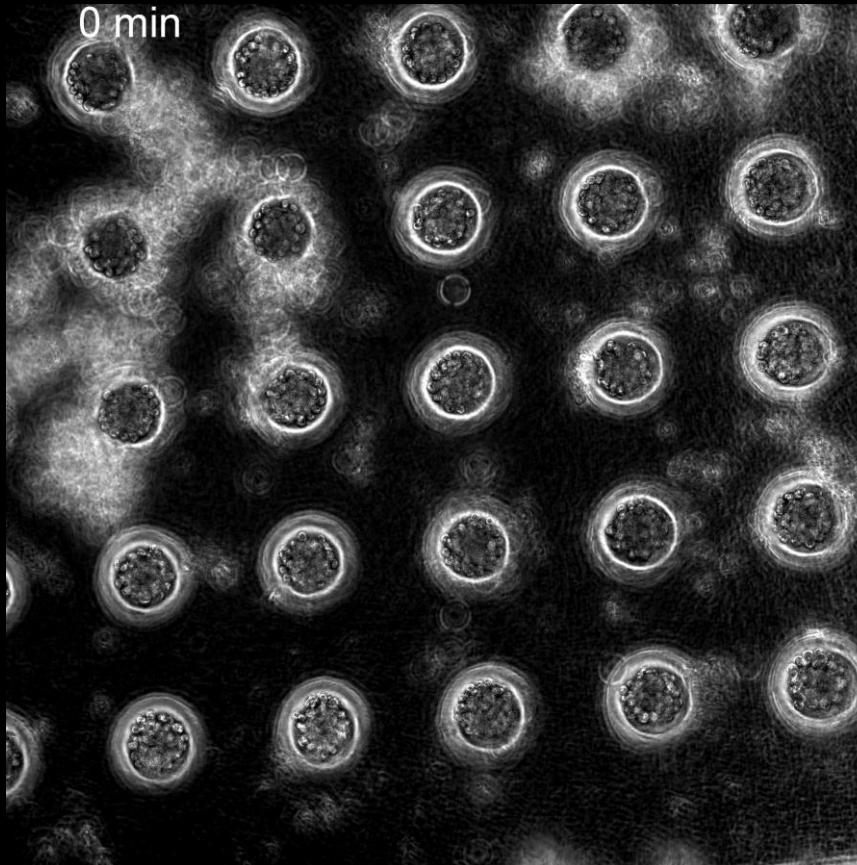
Air perfusion:  
4h  
0,2 mL/min



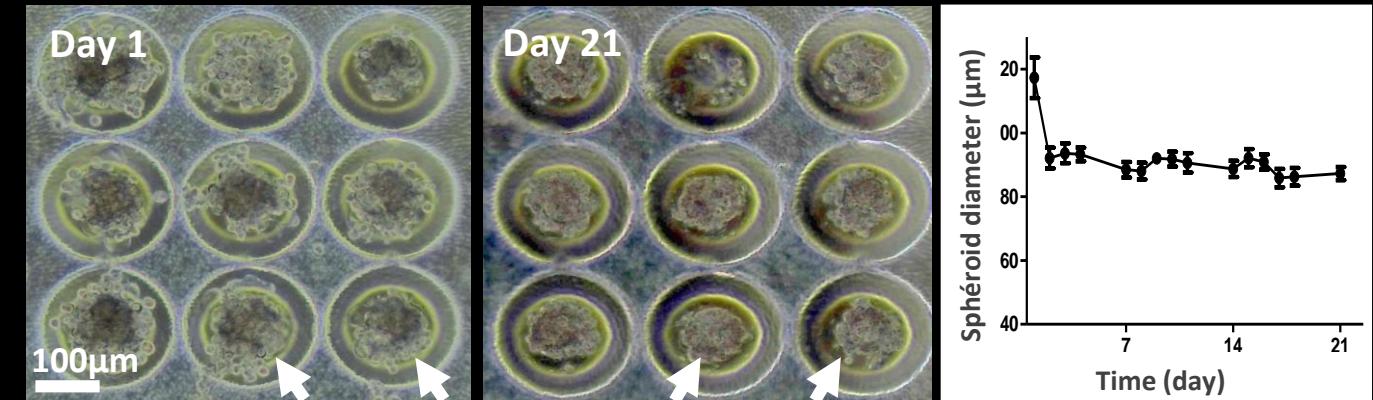


Bronchial Remodeling

# Modeling alveoli *in vitro*



Stability over time



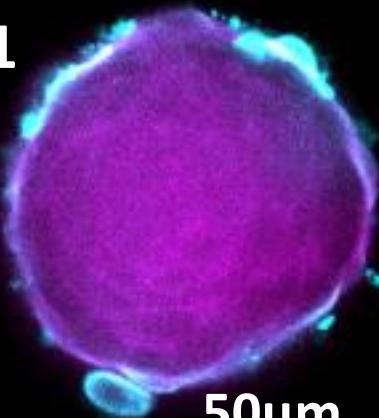
ANR PRCE 2022 Lumen Dr M. Zysman  
Collaboration Alvéole



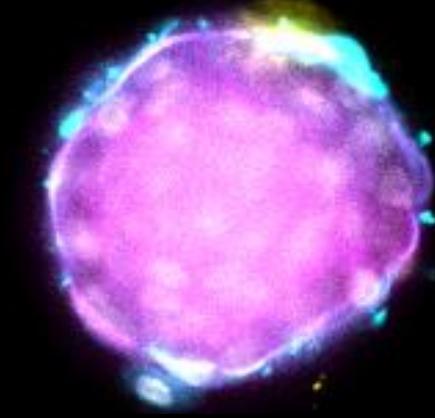
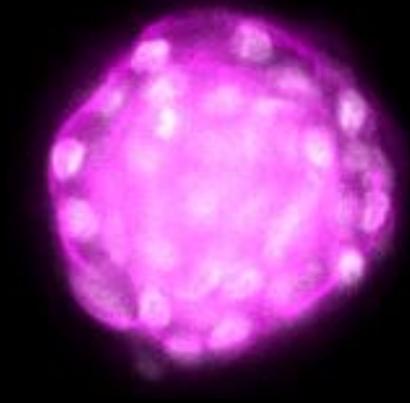
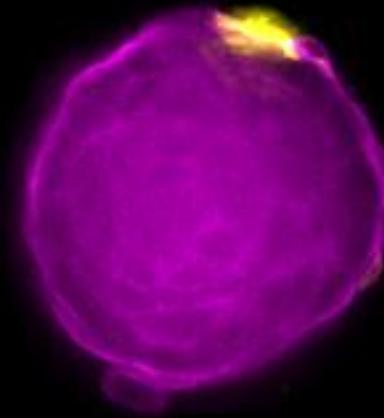
Bronchial Remodeling

# Modeling alveoli *in vitro*

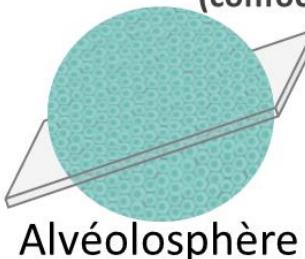
D1



50µm



Section transverse  
(confocal)

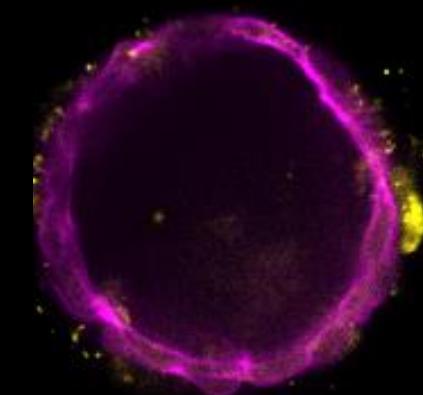


Alvéolosphère

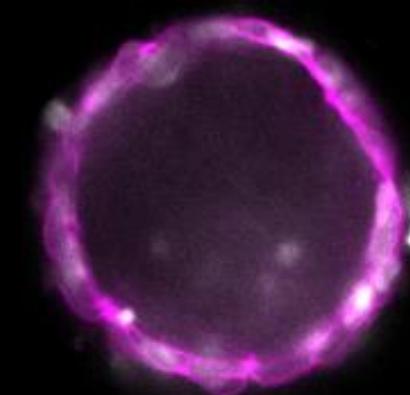
D7



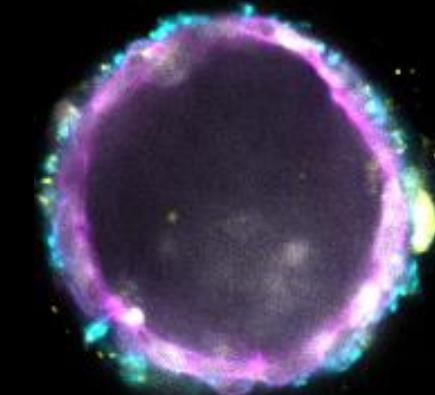
Phalloidine HT1



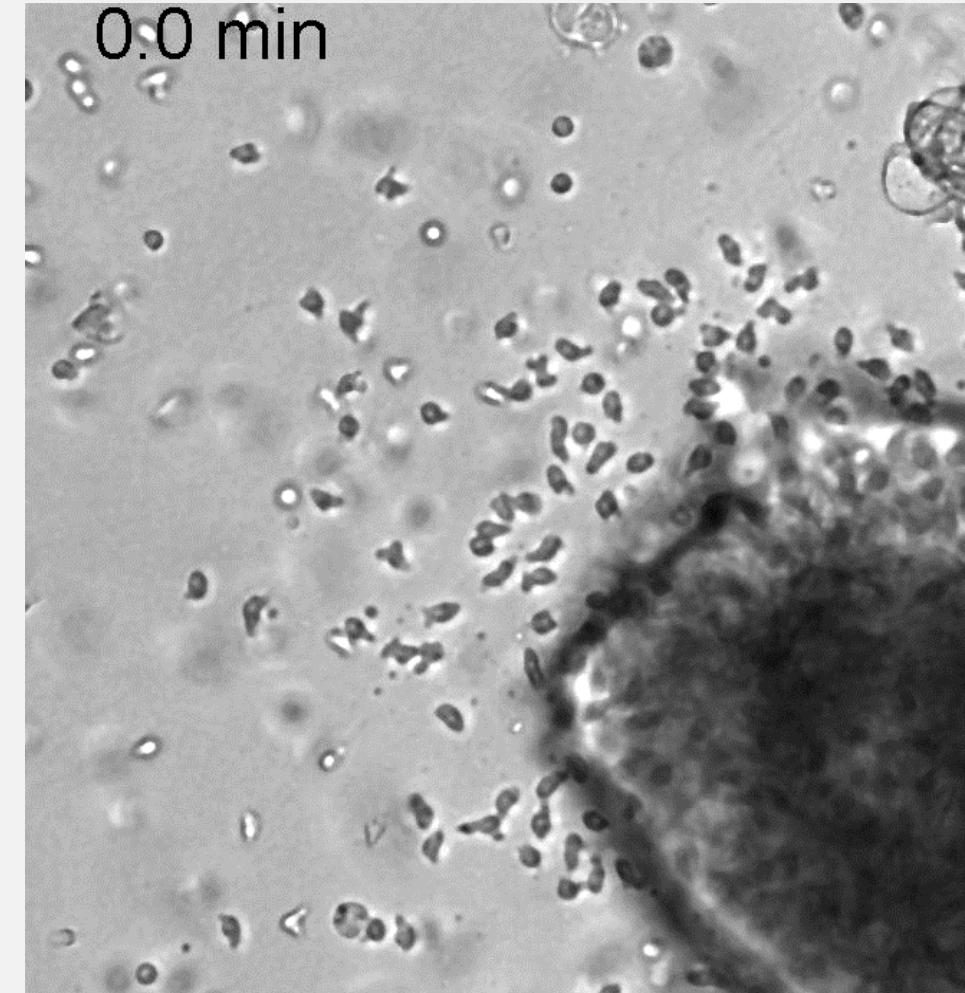
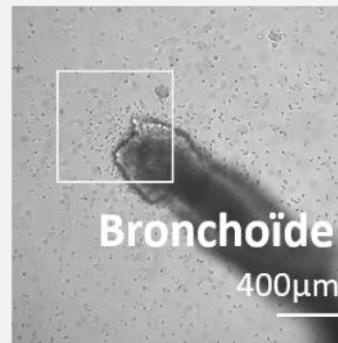
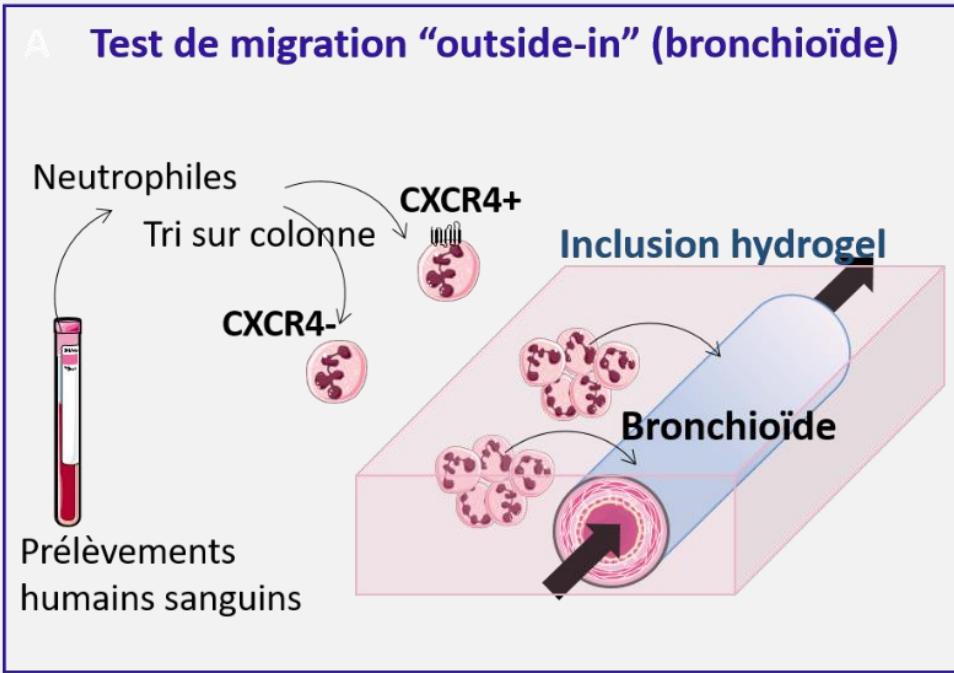
Phalloidine HT2



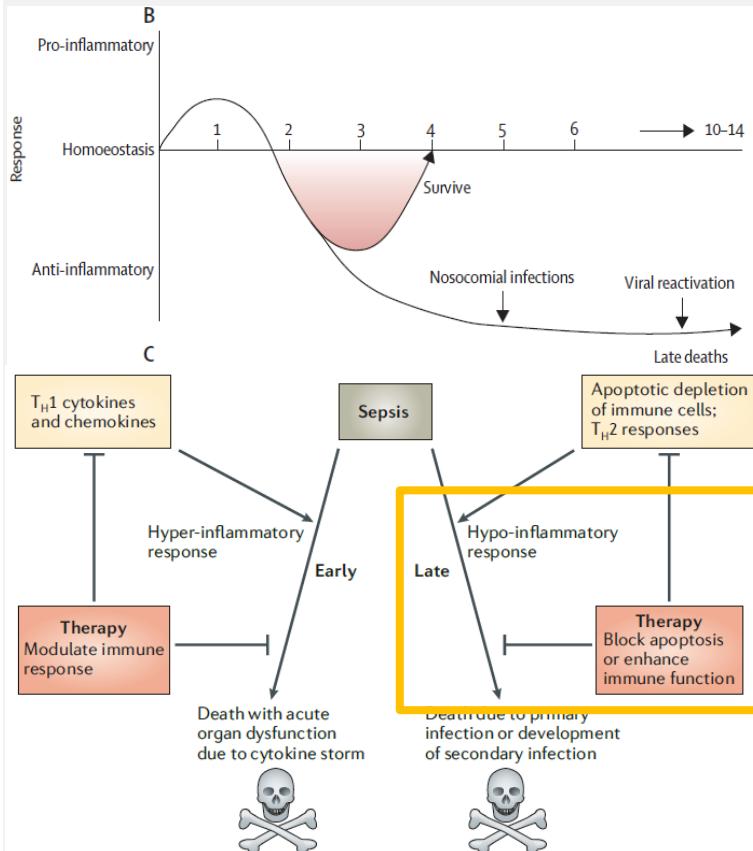
Merged



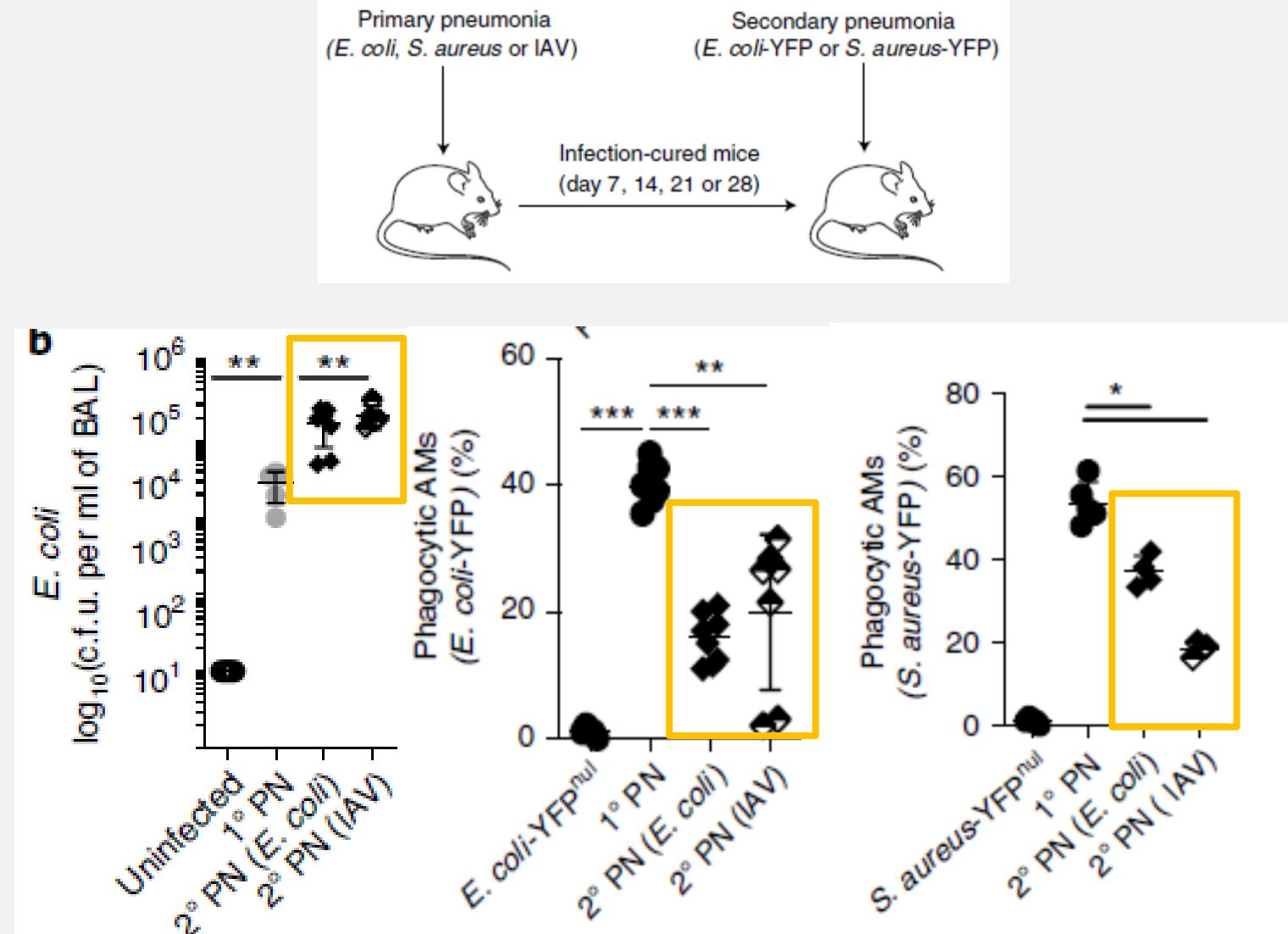
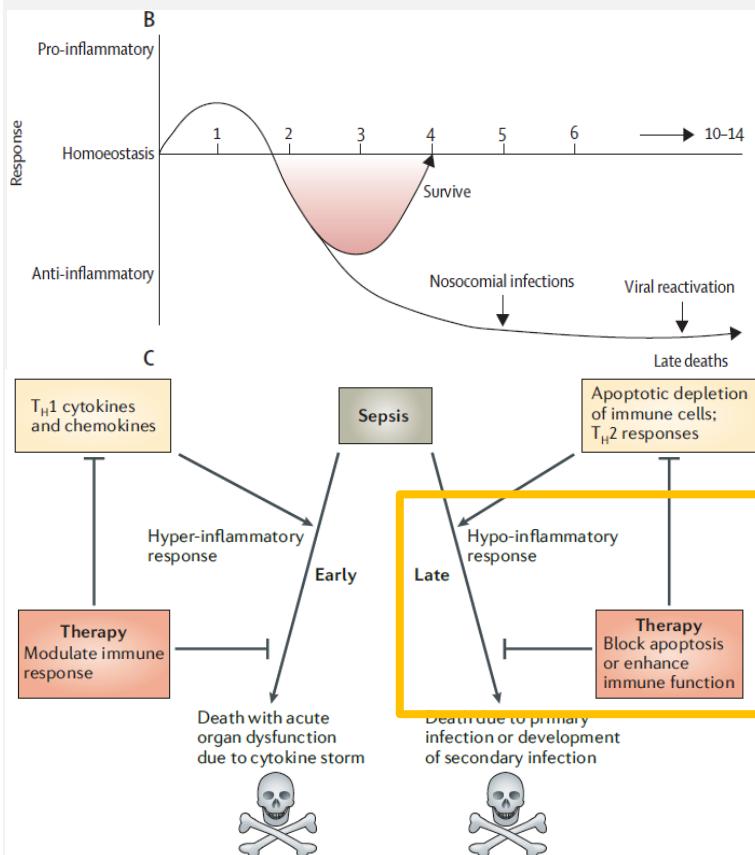
# Co-culture organoïdes et neutrophiles



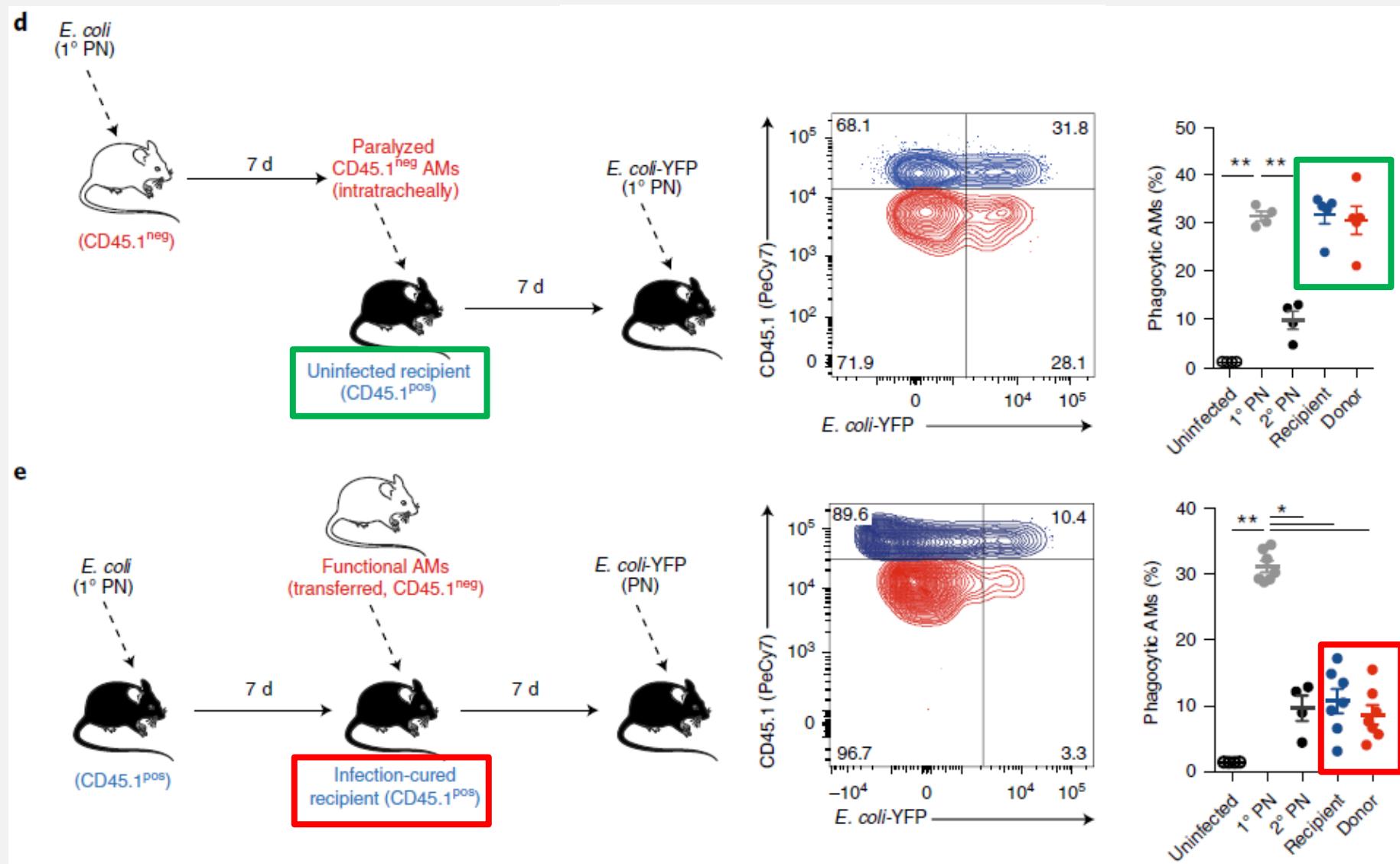
# Immunodépression locale : poumon



# Immunodépression locale : poumon



# Immunodépression locale : macrophages alvéolaires



# Macrophages alvéolaires anti-inflammatoires

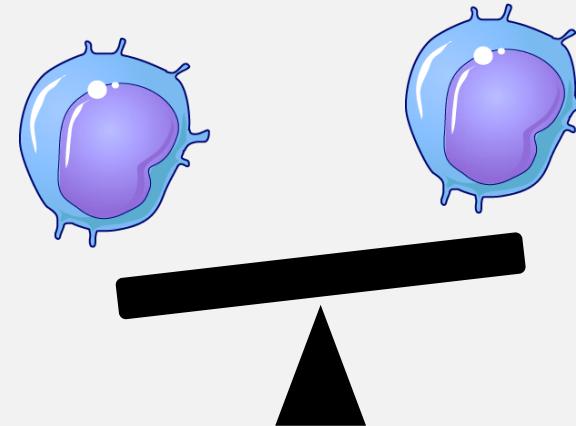
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## Anti-inflammatoire

Interférons de type I fortes doses (grippe)

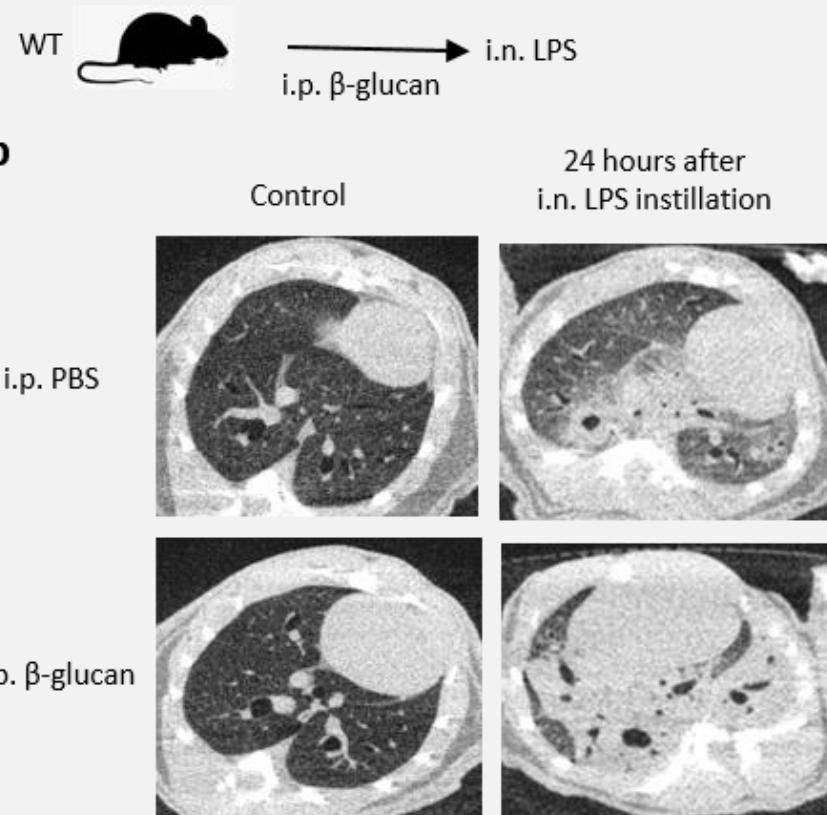
TNF- $\alpha$  fortes doses (LPS systémique)

Micro-environnement  
(pneumopathie *E. coli* et *S. aureus*)

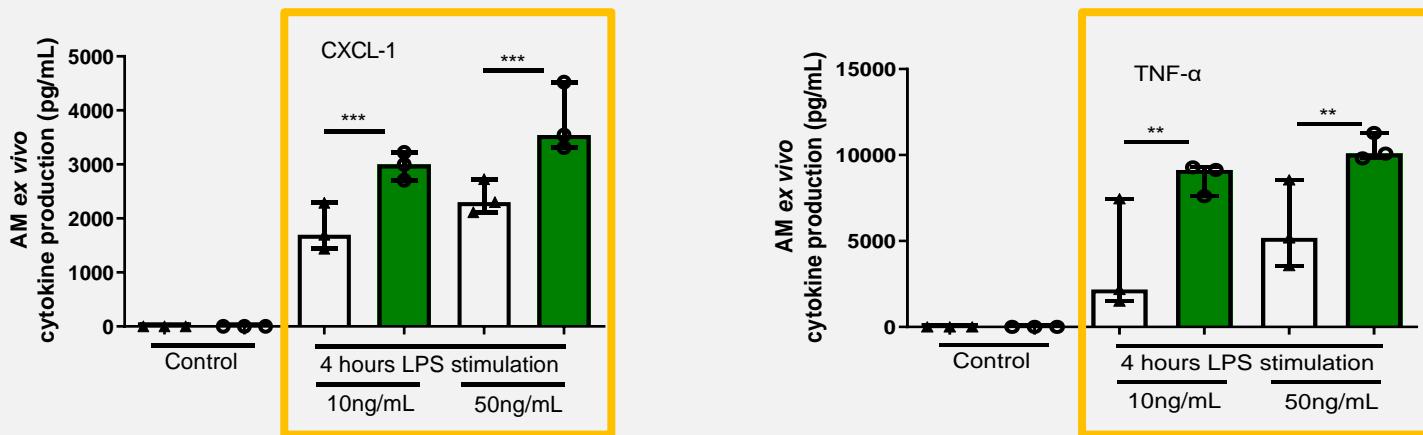


- Shahangian *et al.*, J Clin Investig 2009  
Nakamura *et al.*, J Clin Investig 2011  
Shirey *et al.*, mBio 2019  
Mason *et al.*, J Infect Dis 1997  
Roquilly *et al.*, Nat Immunol 2020

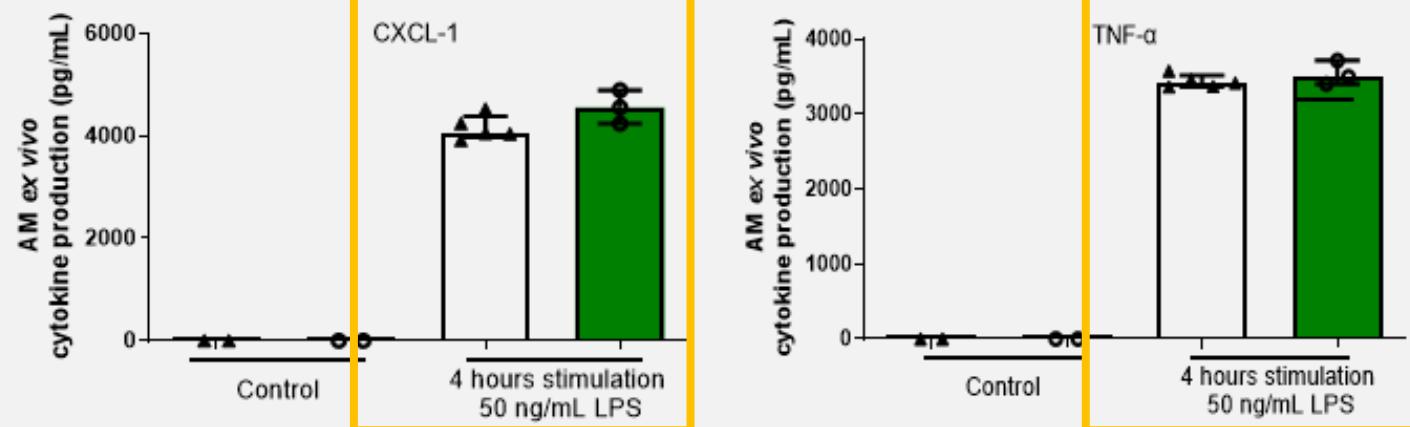
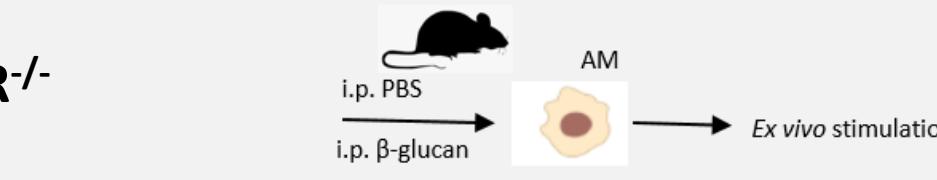
# Immunostimulation des macrophages alvéolaires



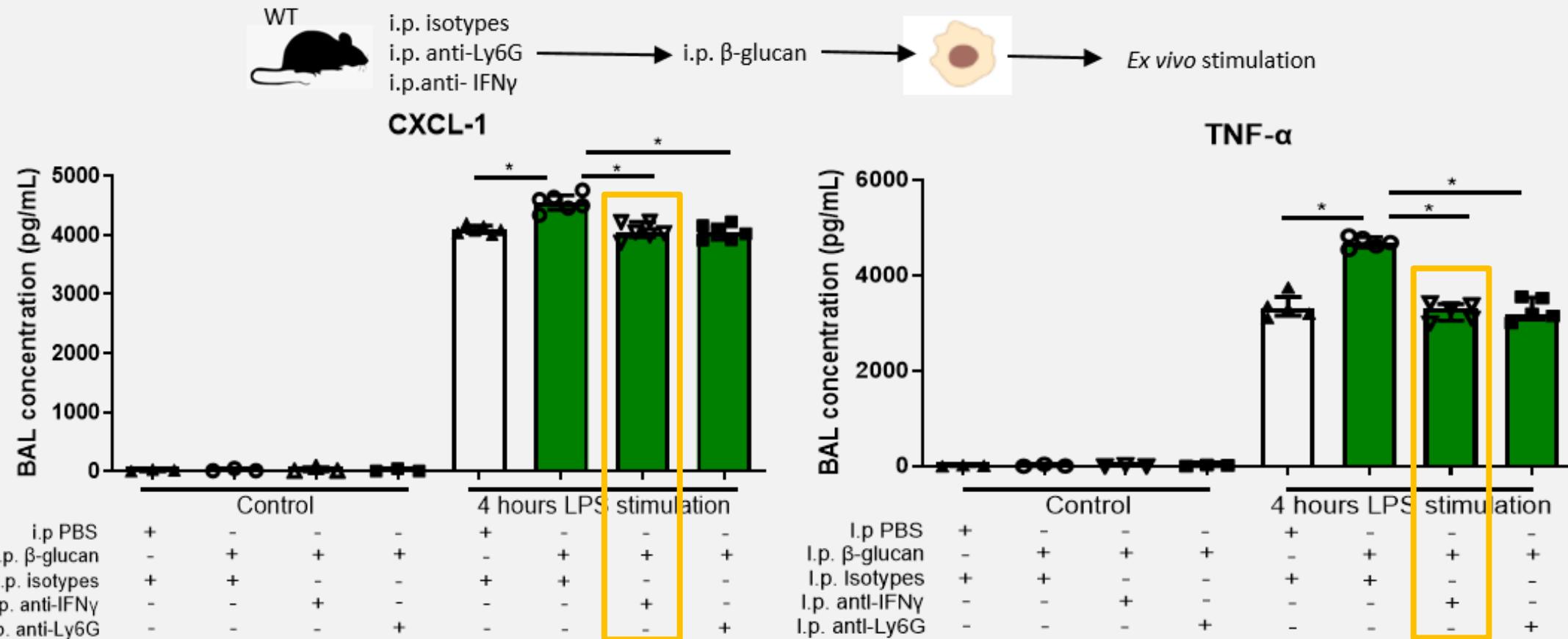
WT



IfngR<sup>-/-</sup>



# Macrophages alvéolaires et IFN $\gamma$



# Le retour de l'interféron $\gamma$ via les macrophages alvéolaires

## Anti-inflammatoire

Interférons de type I fortes doses (grippe)

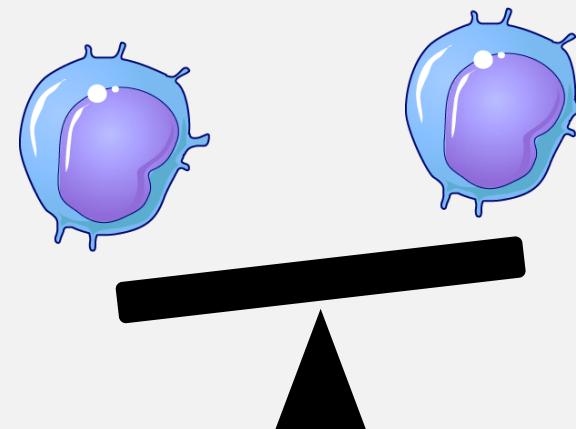
TNF- $\alpha$  fortes doses (LPS systémique)

Micro-environnement  
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## Pro-inflammatoire

Interférons de type I faibles doses  
Faible dose LPS pulmonaire

Interféron  $\gamma$  (type II) faibles doses  
 $\beta$ -glucan systémique  
*S. pneumoniae* atténué  
Vaccination nasale adénovirus



Shahangian *et al.*, J Clin Investig 2009

Nakamura *et al.*, J Clin Investig 2011

Shirey *et al.*, mBio 2019

Mason *et al.*, J Infect Dis 1997

Roquilly *et al.*, Nat Immunol 2020

Yao *et al.*, Cell 2018

Arafa *et al.*, J Clin Investig 2022

Zahalka *et al.*, Mucosal Immunol 2022

Gu *et al.*, eLife 2021

# IFN $\gamma$ en prévention des PAVM

Patients traumatisés IOT  
mHLA-DR sang < 30%

IFN- $\gamma$  inhalé 100 $\mu$ g \* 3/jour (J2-3 pour 7 j)

	Group 1a (n = 11) IFN	Group 1b (n = 10) Placebo	p Value
Age, yrs	51 ± 16	47 ± 12	NS
APACHE II score	25.7 ± 5.5	27.4 ± 5.1	NS
ISS	40 ± 16	43 ± 19	NS
Po <sub>2</sub> /FiO <sub>2</sub>	355 ± 50	374 ± 54	NS
Outcome (deaths)	3/11 (27%)	4/10 (40%)	NS
Incidence of VAP	1/11 (9%)	5/10 (50%)	<.05
Early onset pneumonia	0	1/10 (10%)	
Late onset pneumonia	1/11 (9%)	4/10 (40%)	

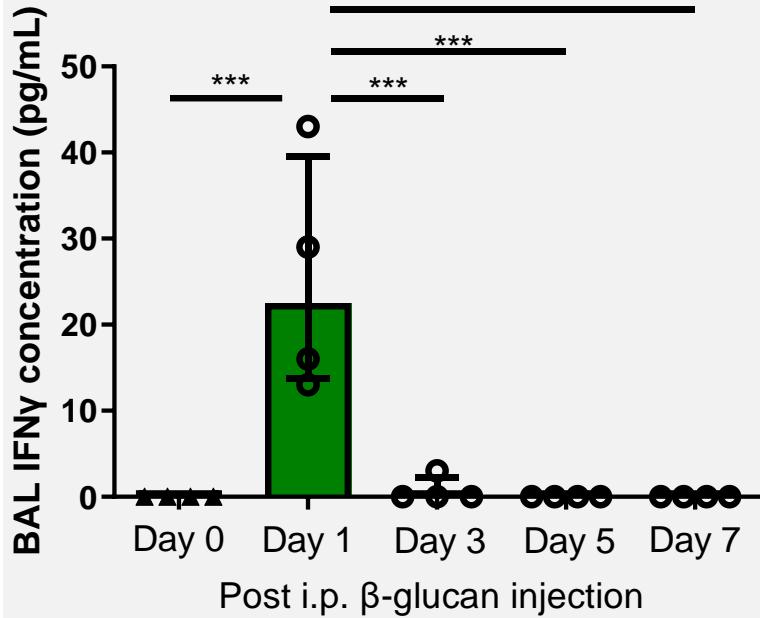
	Group 1a (n = 11) IFN		Group 1b (n = 10) Placebo		p Value		
	1st BAL	2nd BAL	1st & 2nd 1a	1st BAL	2nd BAL	1st & 2nd 1b	1st 1a & 1st 1b
Total cells in BAL, 10 <sup>4</sup> /mL	8.9 ± 1.4	8.5 ± 1.09	NS	9.3 ± 1.2	11.8 ± 1.7	NS	NS
Cell differential in BAL, %							
Macrophages	73 ± 6	65 ± 6	NS	71 ± 7	66 ± 9	NS	NS
Neutrophils	14 ± 3.2	20 ± 7	NS	14 ± 2.8	19 ± 8	NS	NS
Lymphocytes	11 ± 5	14 ± 4	NS	12 ± 3	12 ± 4	NS	NS
Total protein in BAL, $\mu$ g/mL	138 ± 31	155 ± 24	NS	147 ± 30	177 ± 29	NS	NS
HLA-DR expression	16.4 ± 5.4	44 ± 12.7	<.0001	19 ± 6	22 ± 6	NS	NS
							<.001

Patients traumatisés 50%, 5% sepsis  
IFN- $\gamma$  SC 100 $\mu$ g/2 jours J1 à J9

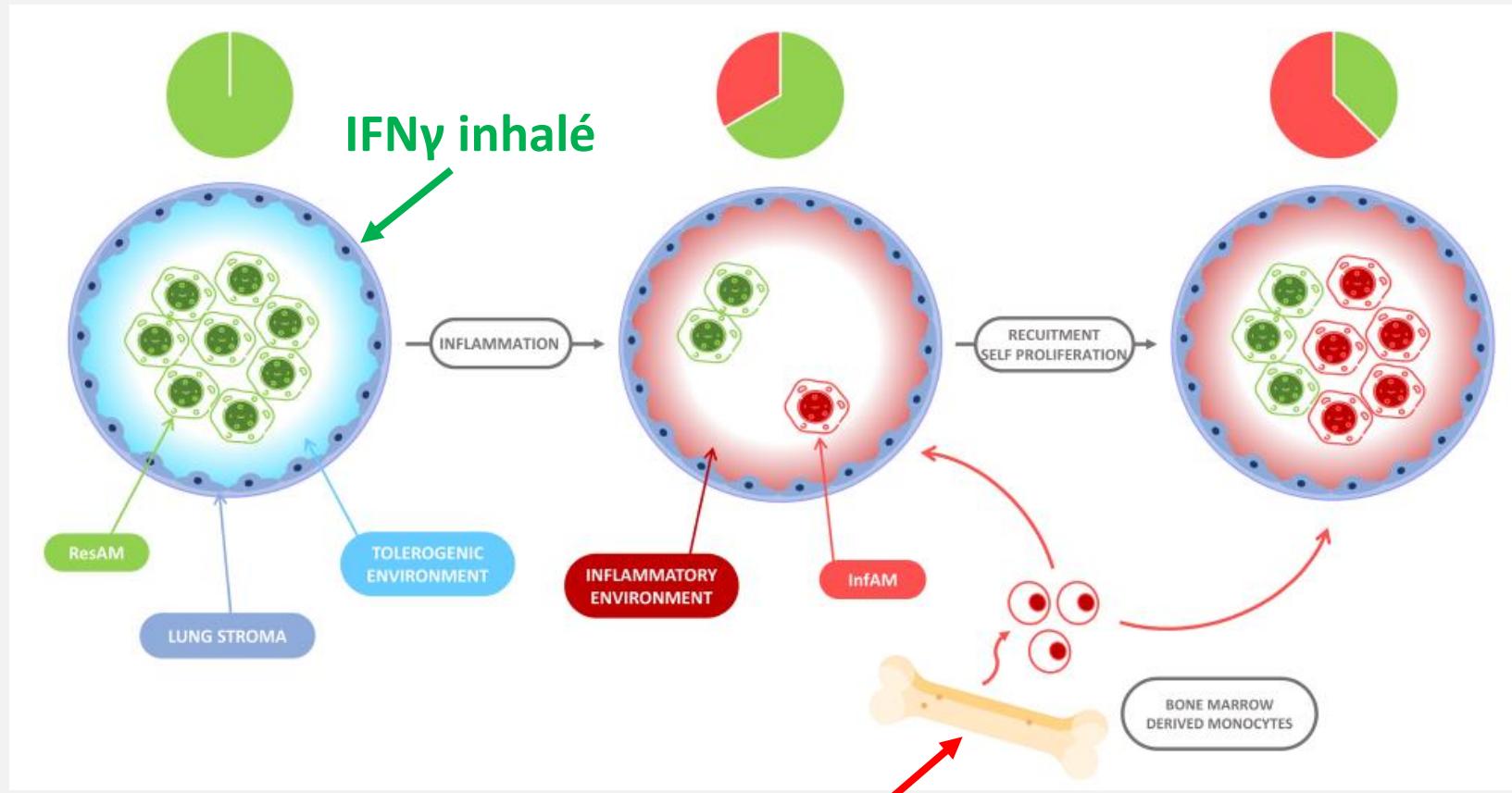
	IFN $\gamma$	Placebo	HR [95CI]
HAP/ mortalité J28	26/55 (47,3%)	16/53 (30,2%)	1,76 [0,94-3,29]
Mortalité J28	7/55 (12,7%)	9/53 (17%)	0,68 [0,25-1,85]
HAP	19/55 (34,5%)	8/53 (15,1%)	2,06 [0,92-4,57]
Effets indésirables graves	24 (43,6%)	17 (31,5%)	0,19

# Comment expliquer cette différence ?

Dose ?



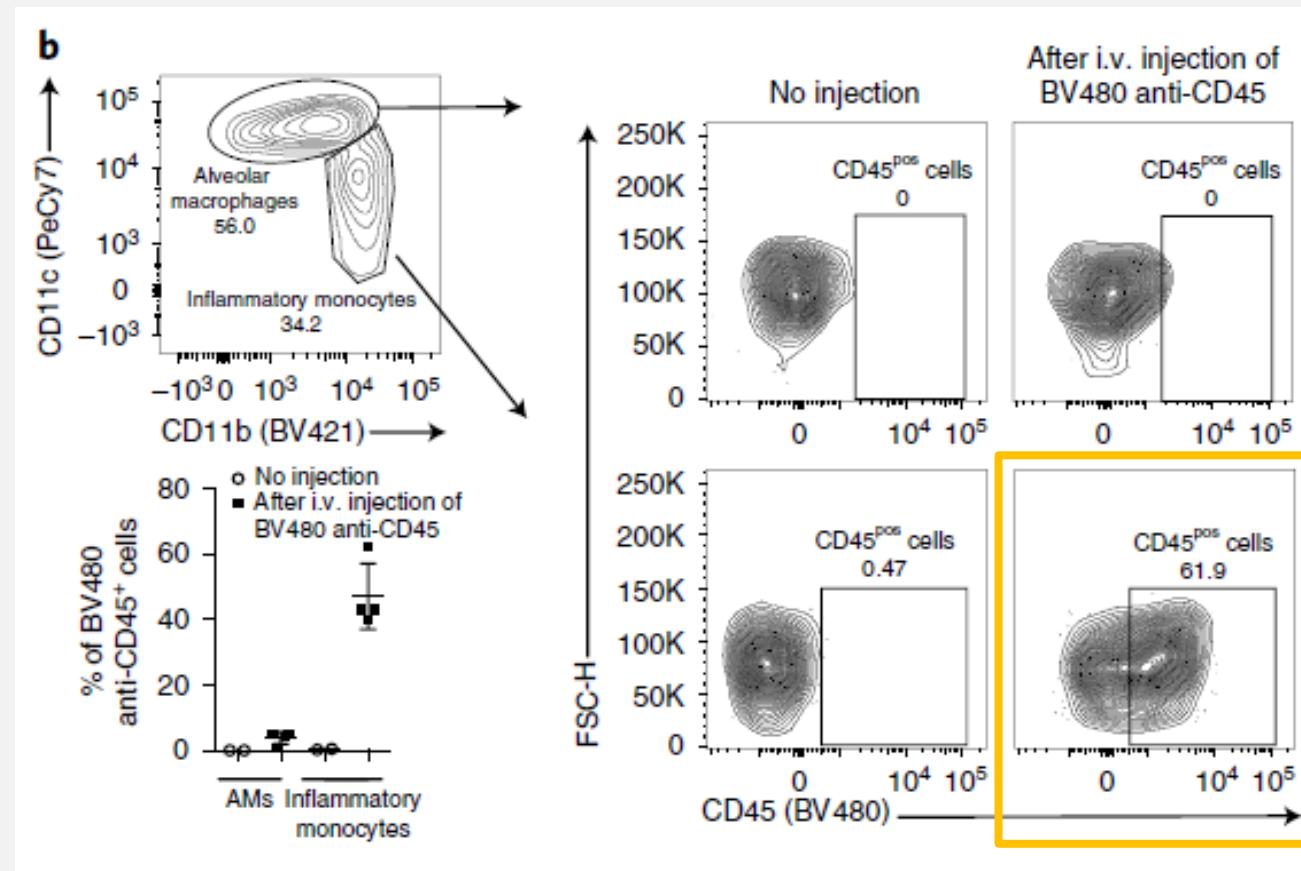
Voie d'administration : AM vs IM ?



Prével *et al.*, Unpublished data

Martin *et al.*, Intensive Care Med 2023

# Sélection des patients



Dosage sang circulants mHLA-DR pour inflammation extra-pulmonaire ?  
Macrophages alvéolaires / dérivés des monocytes sur LBA ?

# Conclusion

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Pas (peu : corticoïdes ?) de traitement efficace sur la phase hyperinflammatoire

Choc septique : immunodépression secondaire +/- polytraumatisé

Prise en charge de cette immunodépression induite

- Quels marqueurs ?
- Systémique vs organes ?
- Quels objectifs ?

Quel impact à long terme ?

Rôle du microbiote ? Du système neuro-végétatif ?

Développement des cellules souches mésenchymateuses ?

# Perspectives

Immunity

Review

## The immunology of sepsis

Tom van der Poll,<sup>1,\*</sup> Manu Shankar-Hari,<sup>2,3</sup> and W. Joost Wiersinga<sup>1</sup>

Despite more than three decades of research and more than 200 randomized controlled trials, we do not have a single treatment that consistently saves lives in sepsis patients

Van der Poll T. *Immunity* 2021

« We believe that ***single agent immune-modulatory intervention, as attempted in past sepsis trials, will probably fail*** »

Delano, J Clin Invest 2016

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« We believe that **single agent immune-modulatory intervention, as attempted in past sepsis trials, will probably fail** »

Delano, J Clin Invest 2016

« We should spend **more time learning** how to achieve an accurate diagnosis and **less time searching for a magic bullet** »

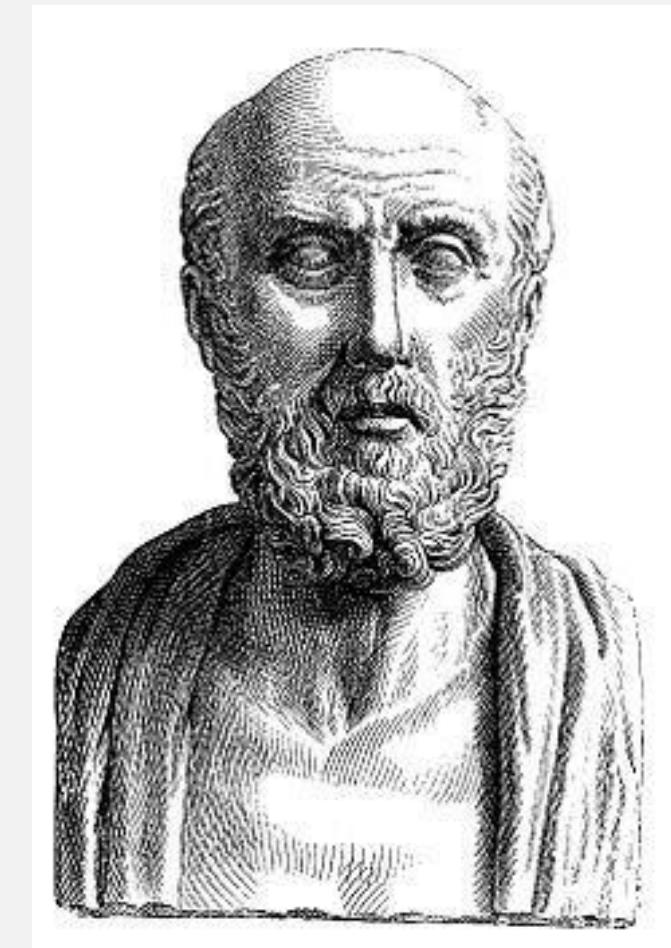
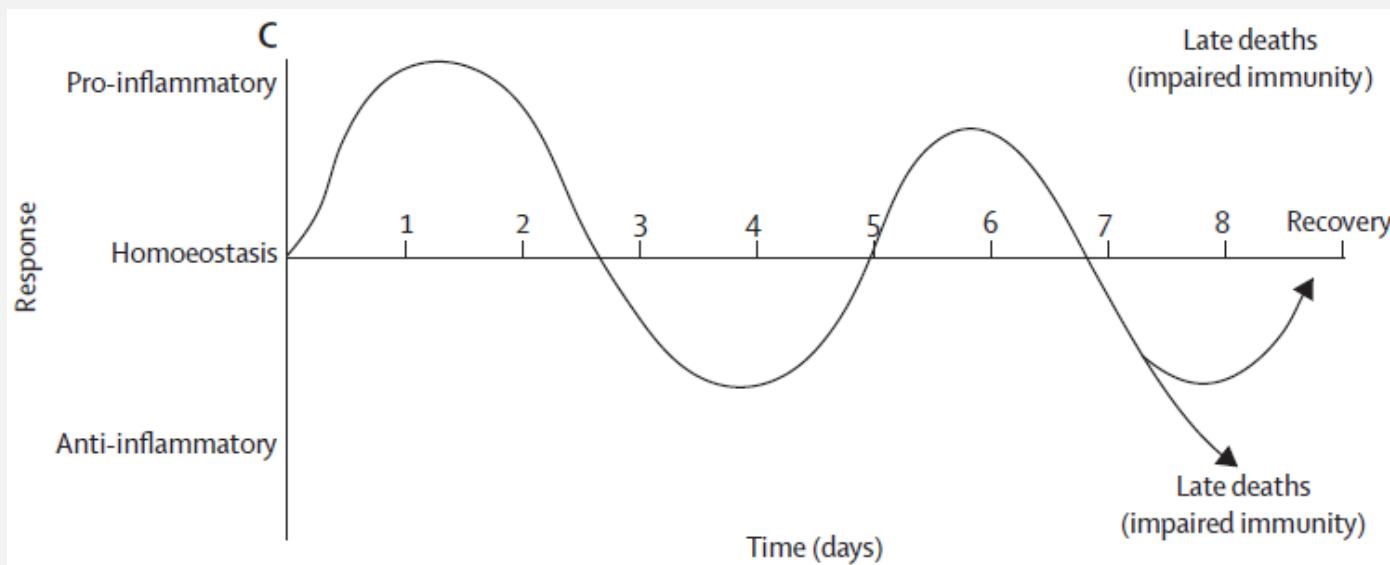


Roger C. Bone (1941- 1997)

# Perspectives

« Conversely, the notion of more thorough and rigorous patient selection, coupled with frequent monitoring of immune function and **goal-directed immune modulatory therapy involving multiple agents**, may, over time, **provide optimal clinical benefit**»

Delano J Clin Invest 2016



*Primum non nocere*

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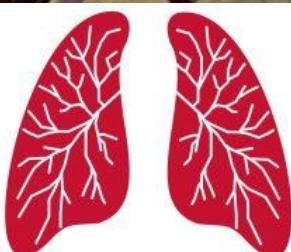
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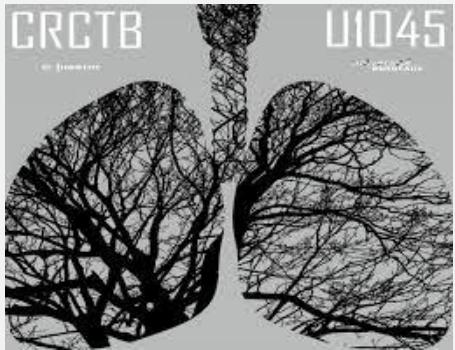
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[bronchialremodeling.com](http://bronchialremodeling.com)  
Pr Patrick Berger

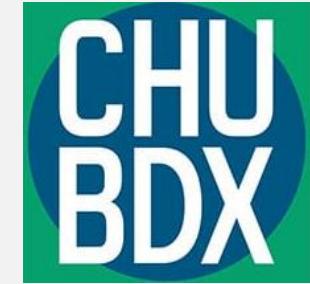
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