

e-DIU TUSAR
Bordeaux

Formation à l'échocardiographie en réanimation & impact thérapeutique

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Bordeaux

D'où vient-on ?

1990 2020

Monocentriques, insuffisance circulatoire (choc septique) et respiratoire aiguë

- Echocardiographie utilisée en dehors du laboratoire : contexte différent, type de patient et indications
- Longue période de validation (vs. hémodynamique invasive / imagerie)

Historique

CLINICAL COMMENTARY
Echocardiography in the intensive care unit: from evolution to revolution?

RESEARCH AGENDA
The ICM research agenda on critical care ultrasonography

Critical Care Echocardiography (CCE): Echocardiographie en Réanimation

critical care review
Bedside Ultrasonography in the ICU* Part 1
Israël Boukader, MDS and Paul E. Marik, MD, FCCP

opinions/hypotheses
Hemodynamic Monitoring Utilizing Transesophageal Echocardiography: The Relationships Among Pressure, Flow, and Function
Jon S. Friedman, MD, PhD, FCCP and Leslie A. Siegel, MD

Heimbecker et al., 2000
Hemodynamic assessment of critically ill patients using echocardiography Doppler
Philippe Vignon

REVIEW
Echocardiography in the critically ill: current and potential roles
N. Peeters, S. Neut, J. L. Gobin, E. M. Evans

Historique

Spécificités

Formation

Impact thérapeutique

Nouvelles techniques

Conclusion

Une même technique utilisée différemment : changement de paradigme & reconnaissance par les cardiologues

CHEST Consensus Statement
American College of Chest Physicians/ La Société de Réanimation de Langue Française Statement on Competence in Critical Care Ultrasonography*

CCE

CCE is performed and interpreted by the intensivist at the bedside to establish diagnoses and to guide therapy of patients with cardiopulmonary compromise. This part of the document defines the elements of echocardiography that are required to achieve competence in CCE.

Chest 2009;135:1050-60

Critical care echocardiography	Conventional echocardiography
Main indications: cardiopulmonary compromise	Main indications: cardiopathies
Performed at the bedside by the ICU physician	Performed in the Cardiology laboratory by the sonographer
On-line interpretation by the ICU physician	Off-line interpretation by the Cardiologist
Interpretation in light of the Critical Care Medicine background of the physician	Interpretation in light of the Cardiology background of the physician
Guide diagnostic work-up and invasive procedures	Expertise allows identification and interpretation of complex findings
Around-the-clock availability	Daytime schedule
Ventilated patients (heart-lung interactions)	Spontaneously breathing (out)patients
TEE frequently required and easy to perform	TTE is most commonly performed
Frequently goal-oriented examination	State-of-the-art exhaustive examination
Qualitative or quantitative evaluation using simple yet robust parameters	Quantitative assessment using all existing imaging tools
Immediate diagnostic / therapeutic impact	Delayed diagnostic / therapeutic impact
Monitoring tool / short term follow-up	Diagnostic tool / long term follow-up

Vignon P. In: *Critical Care Ultrasound*. P Lumb and D Karakitsos (Eds). Elsevier 2014

Intensive Care Med (2014) 40:1776–1807
DOI 10.1007/s00391-014-3276-z

CONFERENCE REPORTS AND EXPERT PANEL

Manuela Cecconi
David A. Becker
Massimo Antonelli
Eduardo Gómez
Jan Bakker
Klaus Staubach
Eduardo Riva
Alexander Velasco
Marko Vukanovic
Jean-Louis Teboul
Donal M. McDonald
Andrea Rhodes

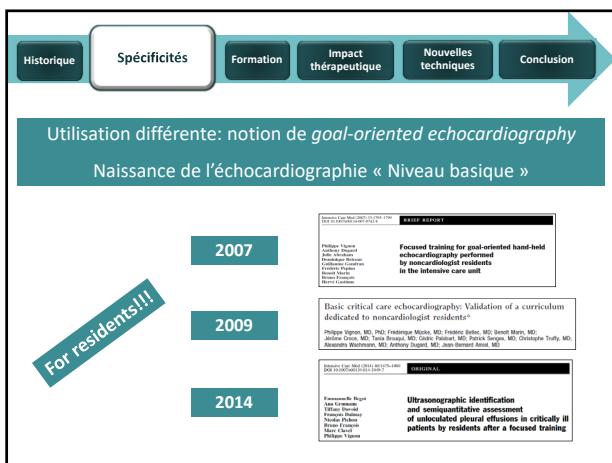
Consensus on circulatory shock and hemodynamic monitoring. Task force of the European Society of Intensive Care Medicine

ICM Antonelli 2014
ICM Cecconi 2014

Topic

Hemodynamic monitoring

–We do not recommend routine measurement of CO for patients with shock. Level 1: QoE moderate (B).
–We recommend further hemodynamic assessment (such as assessing cardiac function) to determine the type of shock if clinical examination does not lead to a clear diagnosis. **Upgraded best practice**
–In complex patients we suggest to use transpulmonary thermodilution to determine the type of shock. Level 2: QoE low (C)
–We do not recommend routine measurement of cardiac output for patients with shock responding to the initial therapy. Level 1: QoE low (C)
–We recommend measurement of cardiac output and stroke volume to evaluate the type of fluids or drugs administered and to guide the response to initial therapy. Level 1: QoE low (C)
–We suggest sequential evaluation of hemodynamic status during resuscitation. Level 1: QoE moderate (C)
–Echocardiography can be used for the sequential evaluation of hemodynamic status. Level 1: QoE moderate (C)
–We do not recommend routine use of pulmonary artery catheter for patients in shock. Level 1: QoE high (A)
–We recommend pulmonary artery catheterization in patients with refractory shock and right ventricular dysfunction. Level 1: QoE high (A)
–We suggest the use of transpulmonary thermodilution or pulmonary artery catheterization in patients with severe shock and hypotension in the setting of cardiogenic respiratory distress syndrome. Level 2: QoE low (C)
–We recommend the use of non-invasive devices instead of more invasive devices, only when they have been validated in the context of patients with shock. **Upgraded best practice**



Intensive Care Med (2014) 40:1776–1807
DOI 10.1007/s00391-014-3276-z

EDITORIAL

PRO: Physician-Performed Ultrasound: The Time Has Come for Routine Use in Acute Care Medicine

P. Vignon, MD, PhD

Number of physicians involved

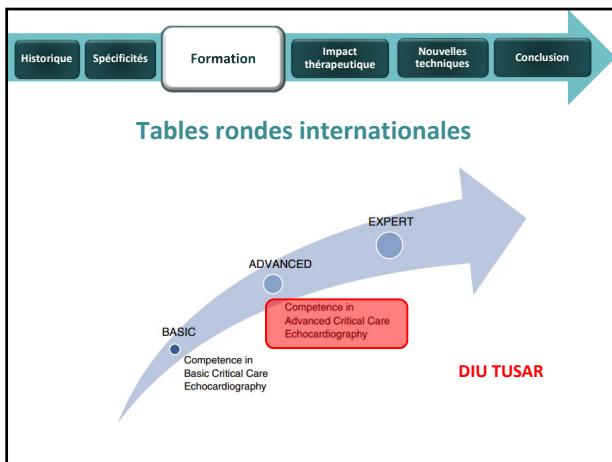
Field of competence

EXPERT LEVEL CCE
Accumulated experience allowing mastery of all applications of echocardiography with full range of use in critically ill patients, supervising trainees, and conducting clinical research projects

ADVANCED LEVEL CCE
Comprehensive examination of the patient self-sufficiency in managing ventilated patients with cardiogenic respiratory distress syndrome. Level 1: QoE moderate (C)

BASIC LEVEL CCE
Goal-directed examination (mainly TTE): global LV size and function, homogeneous/heterogeneous LV contraction pattern, global RV size and function, pericardial fluid and tamponade, IVC size and respiratory variation, color Doppler guided assessment of severe valvular regurgitation

Anesth Analgesia 2012



Intensive Care Med (2011) 37:1073–1083
DOI 10.1007/s00391-011-2269-y

Recommendations internationales

CHEST Consensus Statement

2009

American College of Chest Physicians/
La Société de Réanimation de Langue
Française Statement on Competence in
Critical Care Ultrasonography*

John H. Mayo, MD; Yannick Bouillon, MD; Peter Davelos, MD;
David J. Feinstein, MD; Michael J. Finsen, MD; Michael G. Gerstenblatt, MD;
John Gospodarowicz, MD; Antonio Guiffre-Roum, MD; Olivier Astier, MD;
David Lichtenstein, MD; Eric Manay, MD; Michel Simeoni, MD;
and Philippe Vignon, MD

Intensive Care Med (2011) 37:1073–1083
DOI 10.1007/s00391-011-2269-y

EXPERT PANEL

2011

Expert Round Table on Ultrasound in ICU

International expert statement on training standards for critical care ultrasonography

Intensive Care Med (2014) 40:694–696
DOI 10.1007/s00391-014-3228-5

CONFERENCE REPORTS AND EXPERT PANEL

2014

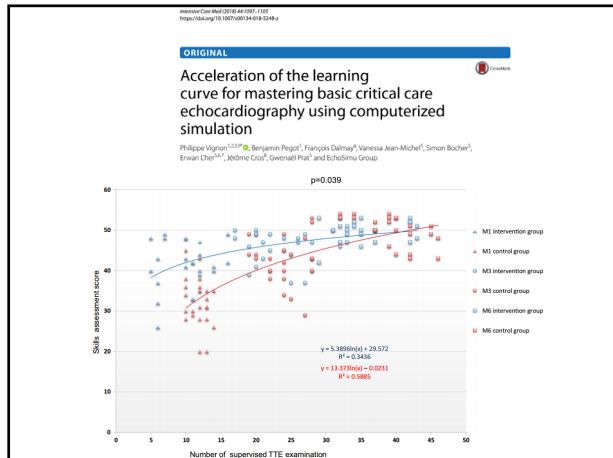
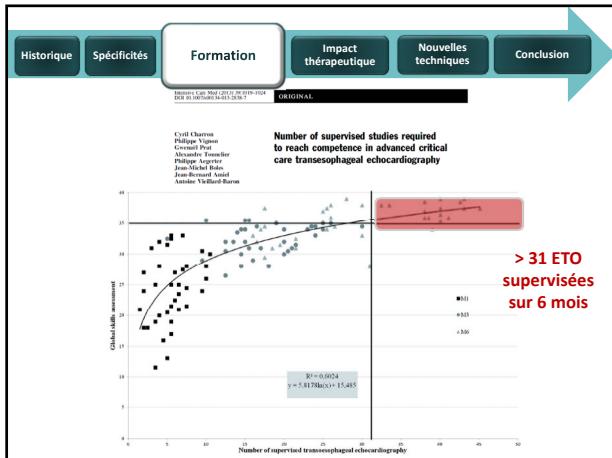
Expert Round Table on Echocardiography in ICU

International consensus statement on training standards for advanced critical care echocardiography

International expert statement on training standards for critical care ultrasonography
Basic CCE = DESAR / DESMIR / DESC Réanimation (réanimateurs)
Advanced CCE = DIU TUSAR / DIU échocardiographie (cardiologues)
<hr/> Statements Preliminary general statements All experts (100%) agreed upon the facts that: <ul style="list-style-type: none">• Basic-level critical care echocardiography and general critical care ultrasound should be a required part of the training of every ICU physician.• Advanced-level critical care echocardiography is an optional component of the training of the ICU physician. <p>Intensivists who want to achieve competence in advanced CCE must be trained to basic-level CCE as a prerequisite (100% agreement).</p>

Niveau « avancé » : DIU TUSAR

1. Theoretical program:
Course design should include specific learning goals as described in the ACCP/SRLF competency statement [14]. The minimum number of hours for course design required for fetch advanced CCE is 40 h, which is divided between lectures and didactic cases with image-based training (100% agreement).
2. What should be the format for documenting practical training in image acquisition and interpretation?
Each trainee must maintain a logbook of their scanning activities, including reports of studies performed, read, interpreted. Trainees should write reports of their image interpretation, and the reports be co-signed by trainee and supervisor to attest that the findings have been verified by a physician who is qualified in advanced CCE.
3. What is the required number of examinations to be performed by the trainee?
Trainees must acquire competencies in TTE and TEE (100% agreement). There was a consensus that TEE is mandatory for advanced CCE. Review of the literature suggests that 150 fully supervised TTE studies and 50 fully supervised TEE studies are a reasonable training target to achieve competence in image acquisition and interpretation [24, 25]. Trainees should learn advanced CCE with a locally qualified physician supervisor. Using validated scoring system to evaluate acquisition of competencies at bedside has been proposed [73]. A maximum period of 2 years is recommended to collect the appropriate number of echocardiographic studies.
4. What should be the format for documenting practical training in image acquisition and interpretation?
By definition, trainees have first to become competent in basic CCE. For that, practical training in mainly used methods under the supervision of a qualified supervisor is needed. Subsequent training in advanced CCE requires bedside scanning by both transthoracic and transesophageal routes in the ICU under the direction of a supervisor who is competent in advanced CCE. The supervisor for practical training should be a locally qualified physician who regularly performs advanced CCE in the ICU environment (100% agreement). It is mandatory that a dedicated ultrasound machine with both transthoracic and transesophageal probes be available in every ICU where training occurs.



Indications de l'échocardiographie en Réanimation (niveau « avancé »)

Table 4 Clinical applications of advanced critical care echocardiography

Clinical settings	Goal of advanced CCE
1. Circulatory failure (sustained hypotension, shock)	Identify main mechanism(s)
2. Cardiac arrest	Identify a reversible cause
a. During resuscitation	Identify a potential cause of cardiac arrest and the mechanism of subsequent circulatory failure
b. After successful resuscitation	
3. Acute respiratory failure	Distinguish between cardiogenic pulmonary edema and ARDS, identify non-cardiogenic pulmonary edema
a. Severe hypoxemia with bilateral radiological infiltrates	Identify acute cor pulmonale
b. ARDS	Identify consequences of ventilator settings
c. Decompensated chronic respiratory failure	Identify a cardiac cause of decompensation, chronic cor pulmonale, pulmonary hypertension
d. Weaning failure from the ventilator	Identify a cardiac cause
e. Unexplained sustained hypoxemia	Identify an anatomical shunt
4. Specific clinical settings	Identify a common source
a. Suspected systemic embolism	Identify Duke's criteria and assess anatomical/functional consequences
b. Suspected acute infective endocarditis	Identify blood extravasation and associated aortic disease
c. Suspected syncope	Identify blood extravasation and associated cardiovascular injury
d. Severe chest trauma	Confirm adequate anatomical localization of devices
e. Circulatory arrest	Identify potentially associated local complications
f. Brain dead donor	Guide organ donation
	Identify main mechanism(s) of hemodynamic instability
	Identify cardiovascular disease
	Evaluate suitability for organ donation



Historique **Spécificités** **Formation** **Impact thérapeutique** **Nouvelles techniques** **Conclusion**

Ne pas tout confondre !!!

- Plusieurs types d'appareils pour des usages différents
- Améliorations technologiques incessantes (miniaturisation)
- A impulsé la distinction d'un niveau « basique »
- L'échocardiographie ne doit rester qu'un outil !!
- Choisir la déclinaison adaptée au patient :
 - Stéthoscope ultrasonique
 - ETT ou ETO
 - Modes « avancés » (Speckle tracking, 3D...) : recherche clinique.

Historique **Spécificités** **Formation** **Impact thérapeutique** **Nouvelles techniques** **Conclusion**

Stéthoscopes ultrasoniques : Point-Of-Care echocardiography (niveau basique)

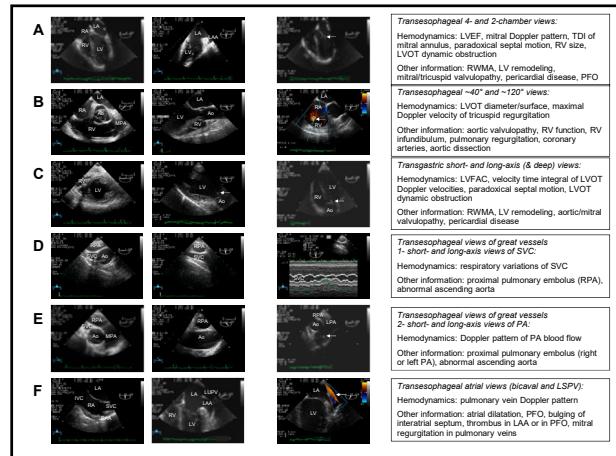
2011

- Bidimensionnel et Doppler couleur
- Pas de Doppler spectral ni tissulaire
- Mesures 2D uniquement

2017

WHAT'S NEW IN INTENSIVE CARE
Ten reasons for performing hemodynamic monitoring using transesophageal echocardiography
Philippe Vignon^{1,2*}, Tobias M. Meier² and Antoine Veillard-Baron^{3,4}
© 2011 Springer Science+Business Media, LLC

Niveau avancé : ETT & ETO



ETT ou ETO ?

Si ETO : toujours commencer par une ETT pour guider l'examen (sauf BO)

Favors transthoracic echocardiography	Favors transesophageal echocardiography
Versatility, strictly non invasive, availability, no contra-indication (even in spontaneously breathing patients)	Consistent high imaging quality, reproducibility and stability of imaging planes (especially in ventilated patients)
Assessment of superficial anatomical structures (apical thrombus, pericardial space, inferior vena cava)	Assessment of deep anatomical structures (great vessels, base of heart, mediastinum, prosthetic valves, atria and appendages)
Optimal alignment of Doppler beam with transvalvular blood flows (mitral, aortic and tricuspid valves), and abnormal jets (valvulopathy, left ventricular outflow tract obstruction)	Precise identification of the mechanism of certain native or prosthetic valve dysfunctions (eccentric mitral regurgitation, prosthetic valve dysfunction) Identification of intracardiac shunts
Evaluation of pulmonary artery pressure (tricuspid and pulmonary regurgitant jets)	Identification of great vessels diseases (proximal pulmonary embolism, spontaneous or traumatic acute aortic conditions)

Vignon P. In: Critical Care Ultrasound. P Lumb and D Karakitsos (Eds). Elsevier 2014

Tolérance de l'ETO ?

Complication majeure : perforation oesophagiennne

Good	Questionable	Contra-indications
Ventilated patients	Spontaneously breathing unstable patients	Oesophagogastric surgery
Adequate sedation	Shock potentially related to tamponade or massive pulmonary embolism in the absence of mechanical ventilation	Any relevant esophageal disease
		Excessive risk of bleeding
		Unstable neck fracture Mediastinal radiation therapy

Vignon P et al. In: Hemodynamic monitoring using echocardiography Doppler in the critically ill. Springer 2011

Historique **Spécificités** **Formation** **Impact thérapeutique** **Nouvelles techniques** **Conclusion**

Tolérance de l'ETO

- Respect des contre-indications +++
- Introduction de la sonde d'ETO sous contrôle de la vue (ventilés)
- Hütteman et al. : 2 504 ETO en réanimation ; 2,6% complications
- Daniel et al. : 10 419 ETO en cardiologie (multicentrique) ; 0,88% complications (1991)
- Min et al. : 10 000 ETO en cardiologie (monocentrique) ; 0,88% complications et 0,03% de perforation digestive haute (2005)
- Risque respiratoire chez les patients instables en VS +++

Historique **Spécificités** **Formation** **Impact thérapeutique** **Nouvelles techniques** **Conclusion**

Diagnostic accuracy and therapeutic impact of transthoracic and transesophageal echocardiography in mechanically ventilated patients in the ICU

P Vignon, H Mente, S Terre, H Gastinne, P Gueret and F Lemaire
Chest 1994;106:1829-1834

Table 2—Therapeutic Impact of Transthoracic (TTE) and Transesophageal Echocardiography (TEE)*

Therapeutic Changes	TTE (n=128)	TEE (n=96)
Catecholamines infusion	(n=21)	10 11 (1)
Fluid challenge	(n=18)	6 12 (4)
Rapid cardiovascular surgery	(n=10)	2 8
Anticoagulation or fibrinolytic agents	(n=2)	1 1
Antibiotics for endocarditis	(n=2)	0 2
β -blockers	(n=1)	0 1
Pericardiocentesis	(n=1)	1 0
Total	(n=55)	20 35

