

Place de l'échocardiographie dans la gestion du remplissage vasculaire

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TUSAR 25 mars 2025

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Qui remplir ? Sur quels critères ?



Fluid challenges in intensive care: the FENICE study A global inception cohort study

Cecconi et al
ICM 2015



Etude observationnelle
Multicentrique (311 centres, 46 pays)
2279 sujets bénéficiants d'un fluid challenge

Fluid challenges in intensive care: the FENICE study A global inception cohort study

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ICM 2015

Table 3 Indications and variables used to predict fluid responsiveness (N = 2213)

Indication	n (%)
Hypotension	1211 (58.7 [56.7-60.8])
Weaning vasopressor	146 (7.1 [6.0-8.2])
Cardiac output	62 (3.0 [2.3-3.7])
Oliguria	372 (18.0 [16.4-19.6])
Skin mottling	36 (1.7 [1.2-2.2])
Lactate	128 (6.2 [5.2-7.2])
SV _O ₂ /ScvO ₂	10 (0.5 [0.2-0.8])
SVV/PPV	37 (1.8 [1.3-2.4])
CVP/PAOP	60 (2.9 [2.2-3.6])

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Hemodynamic variable used to predict fluid responsiveness	n
No variable used	945
Any variable used	1268
Static	785
CVP	572
PAOP	31
GEDVI	33
Other	149
Dynamic	483
PPV	88
SVV	88
PPV + SVV	24
PLR	238
Echo variables	45

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43 % !!



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2 % !!

Mon patient est en insuffisance circulatoire aigüe



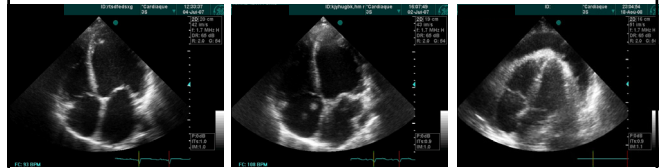
Mon patient est en insuffisance circulatoire aigüe

1. Quelle(s) thérapeutique(s) sont indiquées ?
2. Un remplissage vasculaire peut-il être bénéfique ?
=> Va-t-il augmenter le débit cardiaque ?
3. Un remplissage vasculaire peut-il être néfaste ?
=> Risque-t-il d'aggraver une congestion veineuse ?

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Evaluation de la fonction cardiaque globale



Défaillance VG

Défaillance VD

Tamponnade

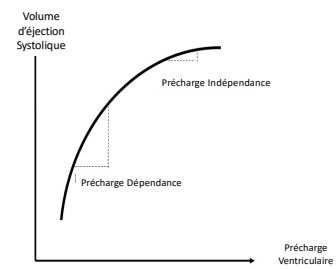
L'ETT permet dans 95% des cas d'éliminer une des 3 causes amenant à un traitement spécifique !

*Joseph et al Chest 2004
Orme et al Br J Anaesth 2009*

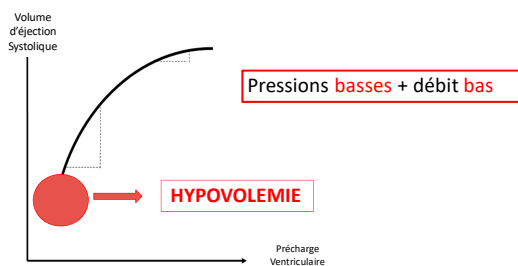
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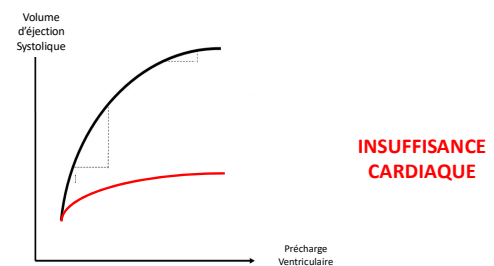
Courbe de Frank-Starling

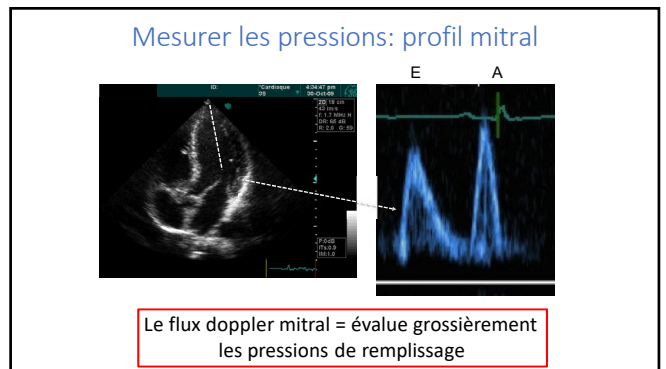
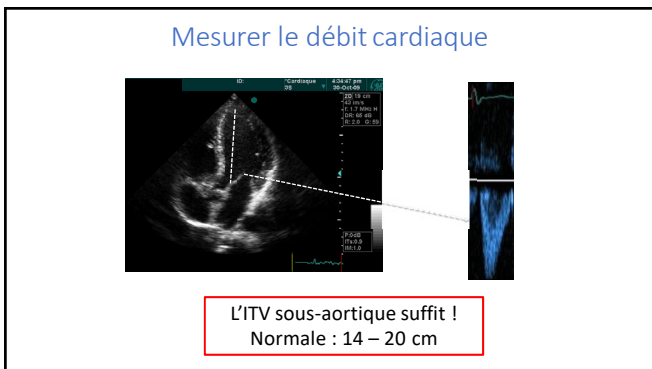
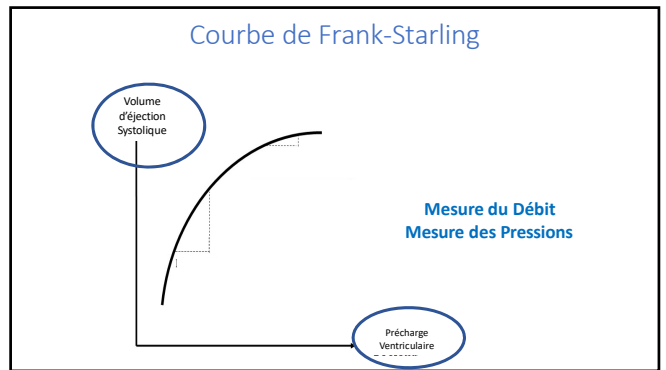
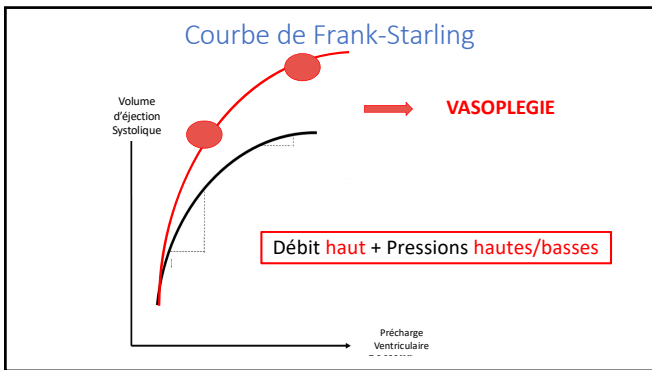
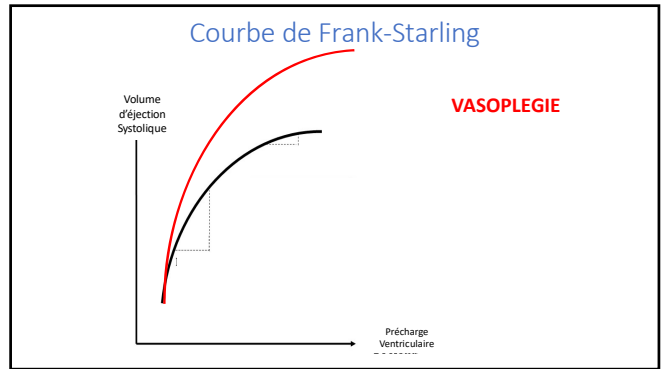
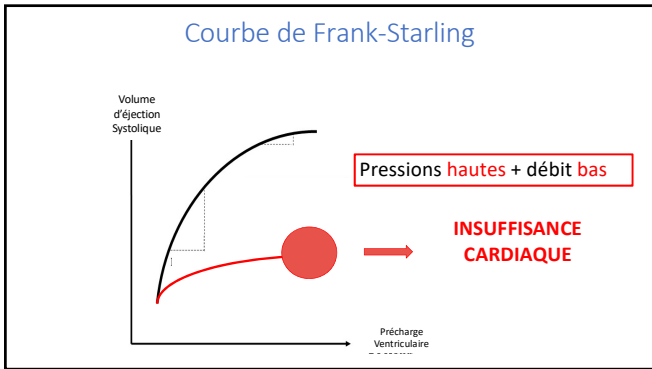


Courbe de Frank-Starling

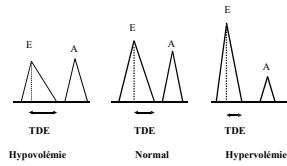


Courbe de Frank-Starling





Mesurer les pressions: profil mitral

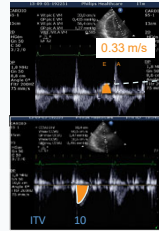


L'onde E varie avec la volémie

Vélocité normale de l'onde E = 0,7 – 0,9 m/s

Mesurer les pressions: profil mitral

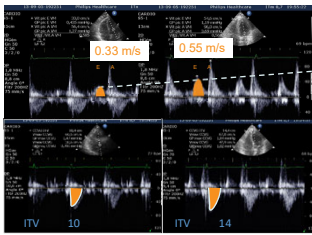
Femme de 72 ans, choc, péritonite



Avant remplissage

Mesurer les pressions: profil mitral

Femme de 72 ans, choc, péritonite

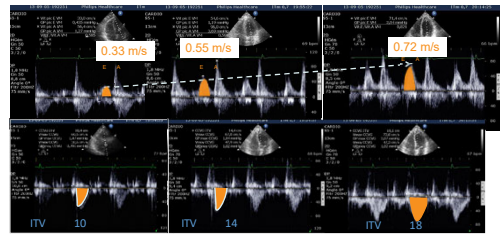


Avant remplissage

500 mL

Mesurer les pressions: profil mitral

Femme de 72 ans, choc, péritonite

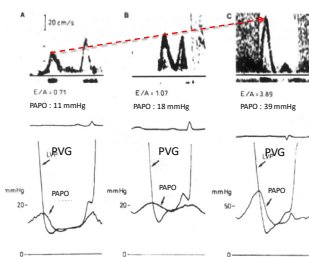


Avant remplissage

500 mL

1000 mL

Mesurer les pressions: profil mitral

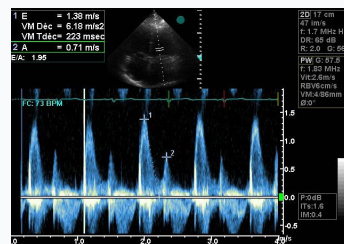


Rapport E/A

Le profil mitral est corrélé à la PTDVG

Vanoverschelde et al Am J Cardiol 1995

Mesurer les pressions: profil mitral



E/A ratio > 2

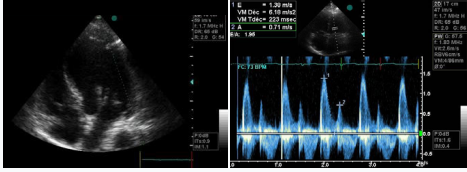
=
PAPO > 18 mmHg

PP value = 100 %

Boussuges et al Critical Care Med 2002

Mesurer les pressions: profil mitral

Homme 72 ans, T°=38,5°, toux, PA= 130/80 mmHg
Est-ce seulement une pneumopathie ?



Amélioration clinique après diurétiques !

Mesurer les pressions: profil mitral

Chez un sujet jeune et sportif :

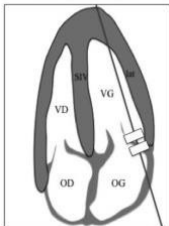


- L'onde E peut être > 1 m/s de façon physiologique
- E/A peut être > 2 de façon physiologique!

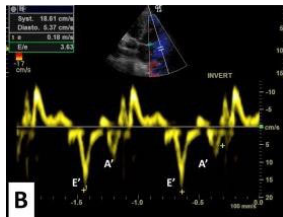
=> Dans ce cas, regarder les autres indices

Doppler Tissulaire Anneau Mitral (Paroi latérale)

Mesure de E'



Doppler Tissulaire (DTI)



Rapport E'/E'

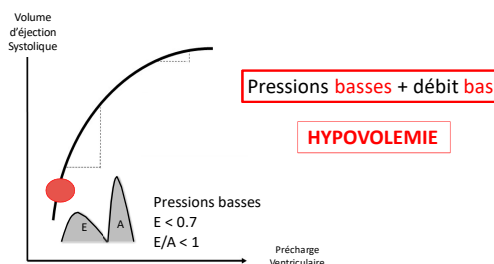
Doppler Tissulaire Anneau Mitral (Paroi latérale)

Rapport E'/E'

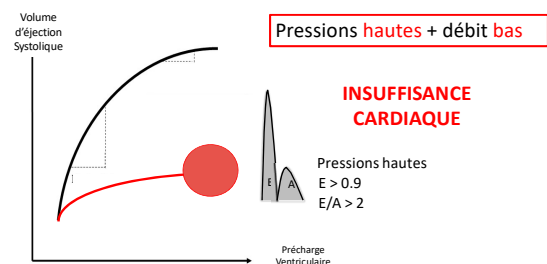
Paramètres Doppler	Valeur seuil	Pression de remplissage VG prédiète (mmHg)	Sensibilité	Spécificité	Valeur prédictive positive
E'/E'	> 15	> 15	86 %	88 %	- [27] ^c
	> 7	≥ 13	86 %	92 %	- [21] ^{b,c}
	> 7,5	> 15	86 %	81 %	- [22] ^{b,c}
	> 9,5	> 18	100 %	86 %	- [23] ^{b,c}

Vignon et al. Réanimation 2007

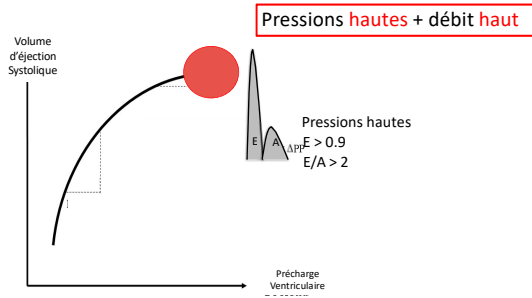
Courbe de Frank-Starling



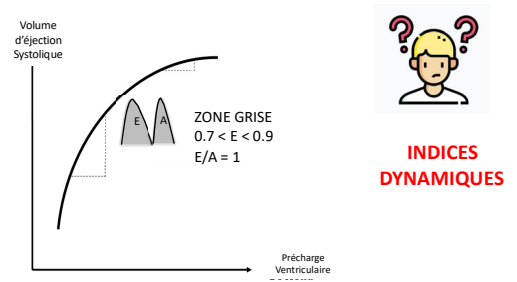
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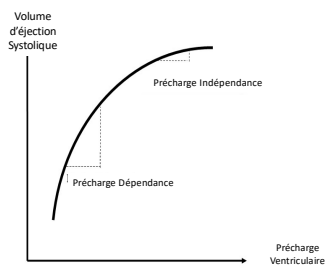
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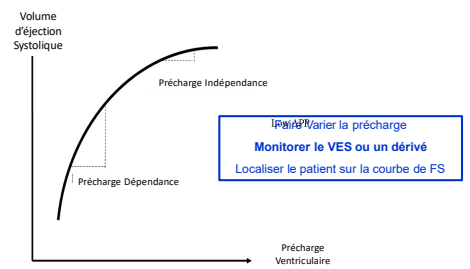
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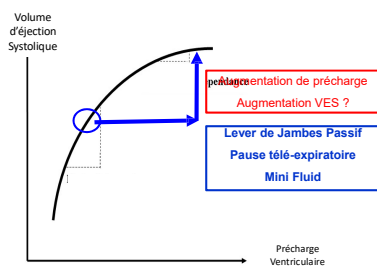
Indices Dynamiques



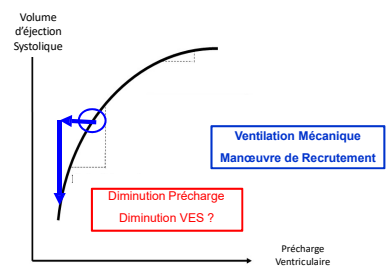
Indices Dynamiques



Indices Dynamiques



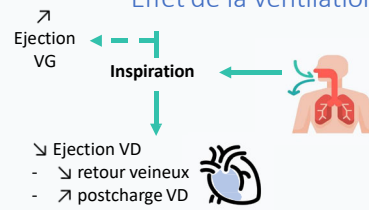
Indices Dynamiques



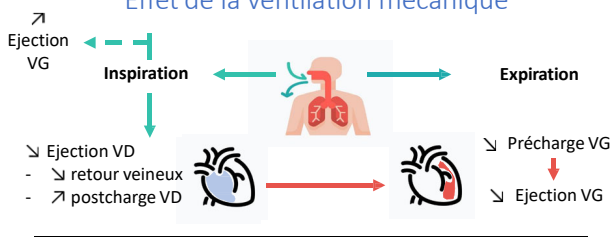
Effet de la ventilation mécanique



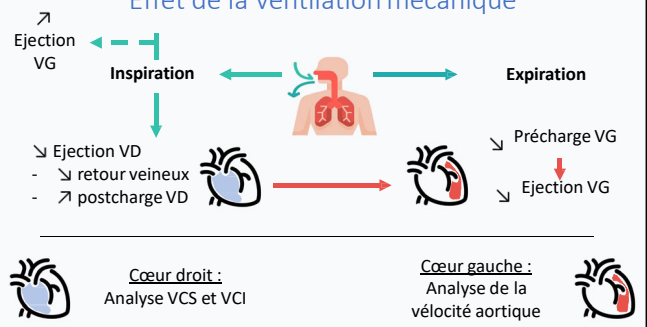
Effet de la ventilation mécanique



Effet de la ventilation mécanique



Effet de la ventilation mécanique



Variations respiratoires des veines caves



Variations respiratoires des veines caves

- Veine cave **supérieure** :
- Intra-thoracique
 - Se **collabe** à l'inspiration sous VM



Variations respiratoires des veines caves



Veine cave **supérieure** :

- Intra-thoracique
- Se **collabe** à l'inspiration sous VM

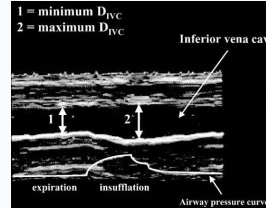
Veine cave **inférieure** :

- Extra-thoracique
- Se **dilate** à l'inspiration sous VM



Veine cave inférieure

39 patients sous VM, choc septique



Index de distensibilité de la VCI =

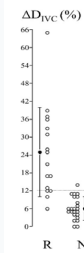
$$\frac{\text{Diamètre max} - \text{Diamètre min}}{(\text{Diamètre max} + \text{Diamètre min})/2}$$

Feissel *et al.* ICM 2004



Veine cave inférieure

39 patients sous VM, choc septique



Therefore, the threshold ΔD_{IVC} value of 12% allowed discrimination between responders and non-responders with a positive predictive value of 93% and a negative predictive value of 92%.

Excellentes performances diagnostiques !

Feissel *et al.* ICM 2004



Veine cave inférieure

Does Respiratory Variation in Inferior Vena Cava Diameter Predict Fluid Responsiveness in Mechanically Ventilated Patients? A Systematic Review and Meta-analysis

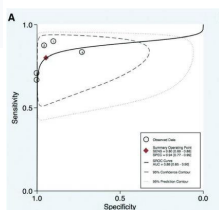
Xiang Si, MD,* Hailin Xu, PhD,* Zimeng Liu, MD,* Jianfeng Wu, PhD, MD,* Daiyin Cao, MD,† Juan Chen, MD,* Mingyong Chen, MD,* Yongjun Liu, MD,* and Xiangdong Guan, PhD, MD*

12 études, 753 patients

Si *et al.* Anesth Analg 2018



Veine cave inférieure

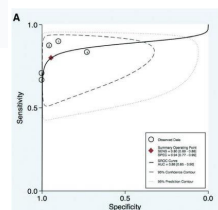


Vt > 8ml/kg et
PEP < 5 cmH₂O

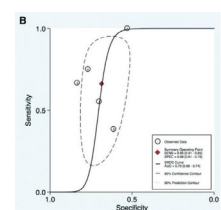
Si *et al.* Anesth Analg 2018



Veine cave inférieure

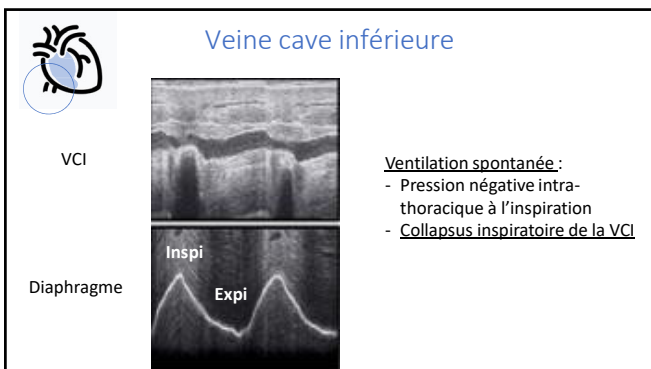
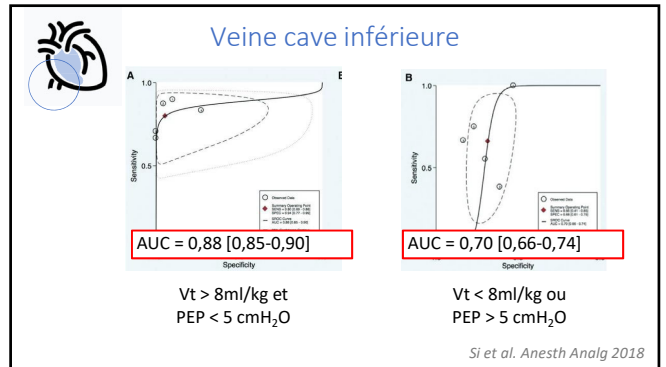
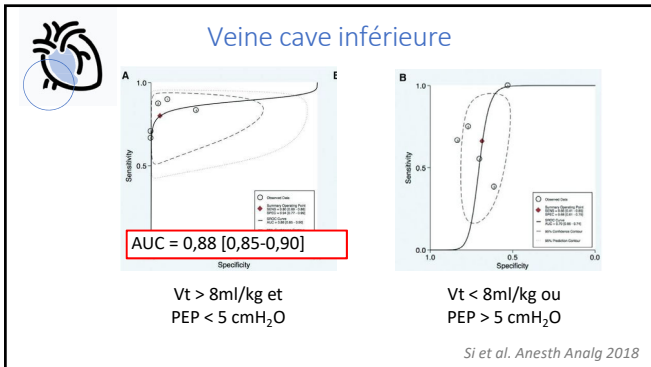


Vt > 8ml/kg et
PEP < 5 cmH₂O



Vt < 8ml/kg ou
PEP > 5 cmH₂O

Si *et al.* Anesth Analg 2018



Veine cave inférieure

8 études, 497 patients, hétérogénéité +++

Table 2 Data extracted from included studies assessing accuracy of IVCC as a predictor of fluid responsiveness.

Author and year	N	Fluid responders	IVCc cut-off	IVCc - responders	IVCc - non responders	Sensitivity	Specificity	AUC (95% CI)
Mcgregor, 2020	30	63.3%	>40%	NA	NA	47%	63%	0.46 (0.26-0.67)
Cori, 2019	85	52%	>25%	38.2%	12.9%	86%	78%	0.82 (0.74-0.88)
Bortolotti, 2018	55	53%	>37%	49%	11%	66%	85%	0.82 (0.70-0.93)
Cori, 2017	124	49.2%	>25%	NA	NA	87%	81%	0.84 (0.76-0.81)
Preau, 2017	90	55%	>31%	47%	14%	76%	88%	0.82 (0.73-0.91)
Airapetian, 2015	59	49%	>42%	35%	27%	31%	97%	0.62 (0.49-0.74)
Lanspa, 2013	14	35%	>15%	52%	11%	100%	66%	0.83 (0.58-1.00)
Muller, 2012	40	50%	>40%	64%	19%	70%	80%	0.77 (0.60-0.88)

Legend - IVCC: inferior vena cava collapsibility; AUC: area under curve; 95% CI: 95% confidence interval; NA: not available.

LCM Cardozo Jnr et al. Med Int 2023

Veine cave inférieure

8 études, 497 patients, hétérogénéité +++

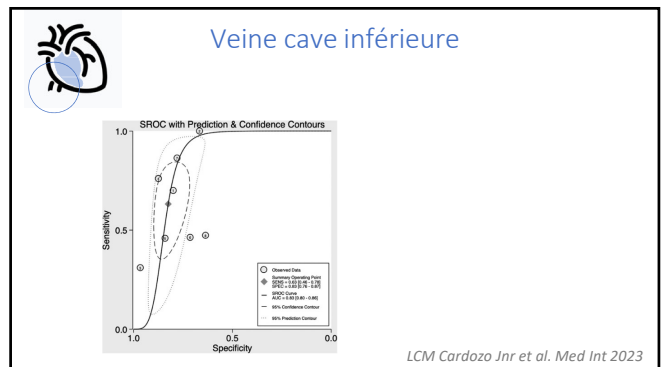
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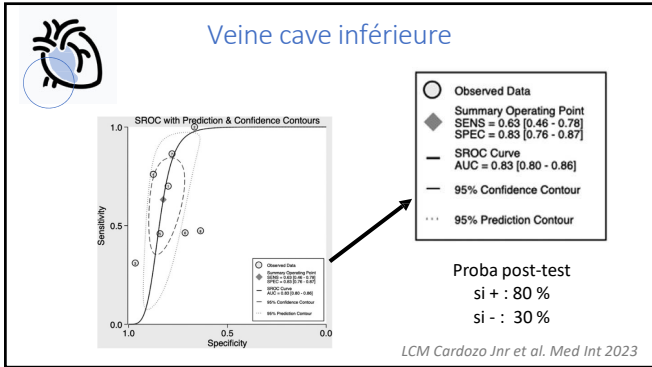
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Legend - IVCC: inferior vena cava collapsibility; AUC: area under curve; 95% CI: 95% confidence interval; NA: not available.

40% : seuil conservateur

LCM Cardozo Jnr et al. Med Int 2023

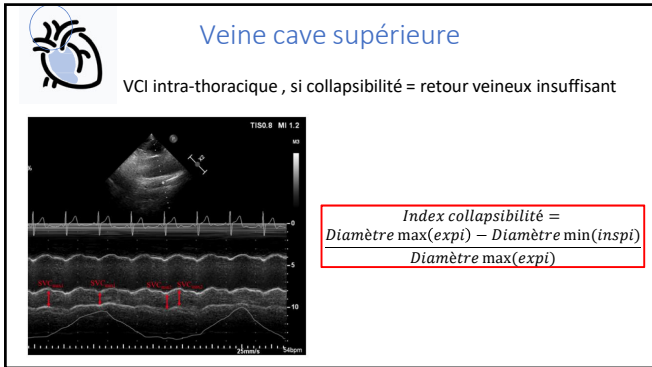




Veine cave inférieure

En conclusion :

- Sous ventilation mécanique :
 - Dist VCI > 12 % (max-min/(max+min/2)) = hypovolémie
 - Dist VCI < 12 % = pas d'hypovolémie
- En ventilation spontanée :
 - Coll VCI > 40 % (max-min/max) = hypovolémie
 - Coll VCI < 40 % = on ne sait pas



Veine cave supérieure

66 patients, choc septique + acute lung injury

SVCCI > 36%
 Se : 90 % / Sp = 100 %
 AUC = 0,91

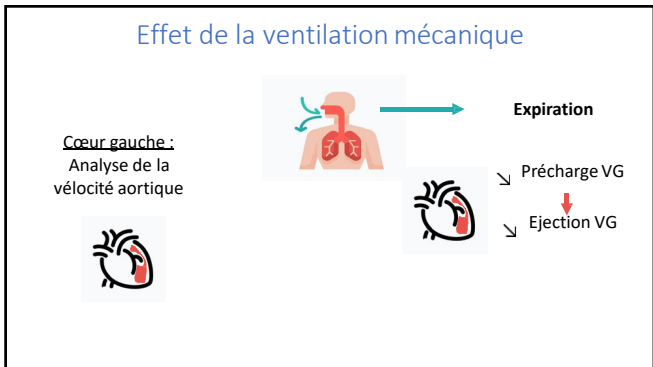
Veillard-Baron et al. Anesthesio 2001

Veine cave supérieure

66 patients, choc septique + acute lung injury	70 patients, ICU pour post-op chir abdominale majeure
SVCCI > 36%	SVCCI > 19 %
Se : 90 % / Sp = 100 %	Se : 93,3 % / Sp = 75 %
AUC = 0,91	AUC = 0,885

Veillard-Baron et al. Anesthesio 2001

Ma et al. BMC anesthesio 2022



Variations respiratoires du VES

Relation between Respiratory Changes in Arterial Pulse Pressure and Fluid Responsiveness in Septic Patients with Acute Circulatory Failure

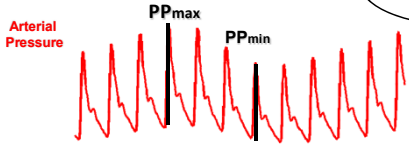
FREDERIC MICHARD, SANDRINE BOUSSAT, DENIS CHEMLA, NADIA ANGUJEL, ALAIN MERCAT, YVES LECARPENTIER, CHRISTIAN RICHARD, MICHAEL R. Pinsky, and JEAN-LOUIS TEBOU

Am J Respir Crit Care Med 2000;162:1348-1354

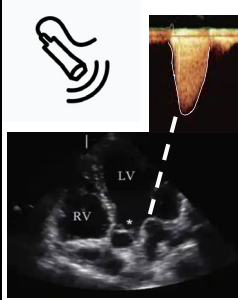
PP = VES / compliance

Δ VES = valeur physiologique à approcher

$$\Delta PP = \frac{PP_{max} - PP_{min}}{(PP_{max} + PP_{min}) / 2}$$



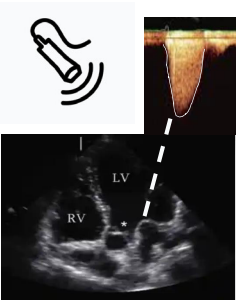
Variations respiratoires du VES



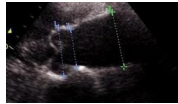
$$VES = ITV \times SAo$$



Variations respiratoires du VES



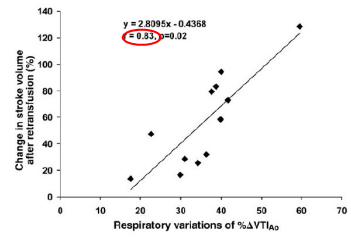
$$VES = ITV \times SAo$$



Surface aortique stable au cours du cycle respiratoire

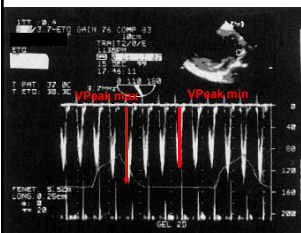
Donc : $\Delta VES = \Delta ITV$

Variations respiratoires du VES



Slama et al. AJP 2002

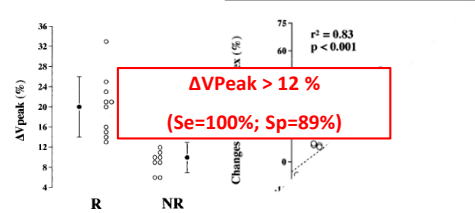
Variations respiratoires du VES



$$\Delta V_{Peak} = \frac{V_{Peak\ max} - V_{Peak\ min}}{(V_{Peak\ max} + V_{Peak\ min}) / 2} \times 100$$

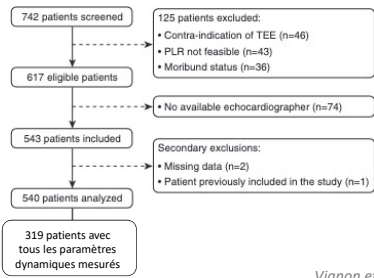
Feissel et al. Chest 2001

Variations respiratoires du VES



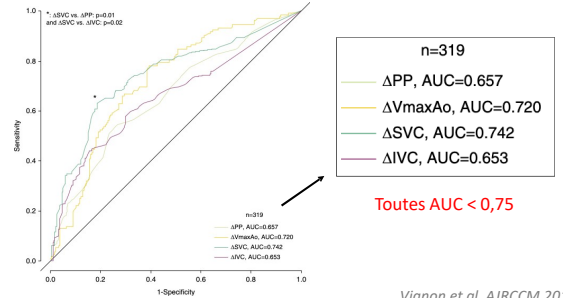
Feissel et al. Chest 2001

Variations respiratoires du VES



Vignon et al. AJRCCM 2016

Variations respiratoires du VES



Vignon et al. AJRCCM 2016

Les indices dynamiques

Ca fonctionne bien !



Les indices dynamiques

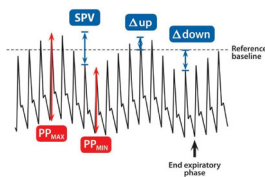
Ca fonctionne bien !



Mais pas souvent...

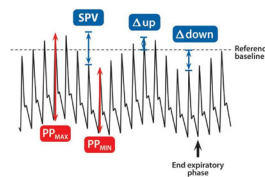


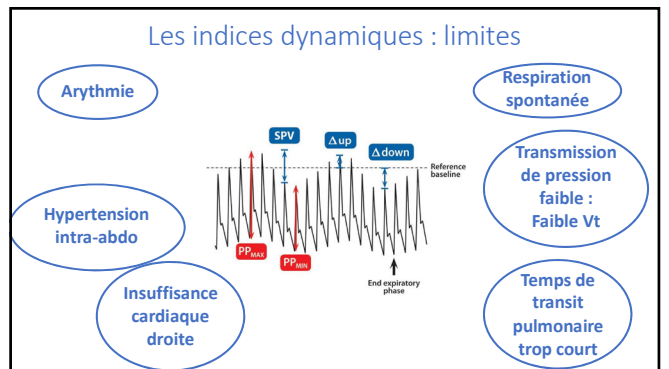
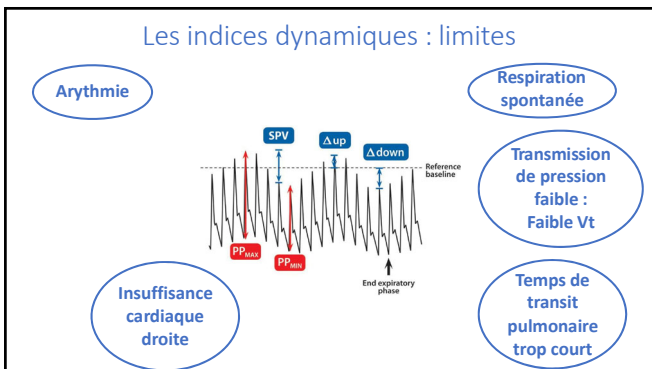
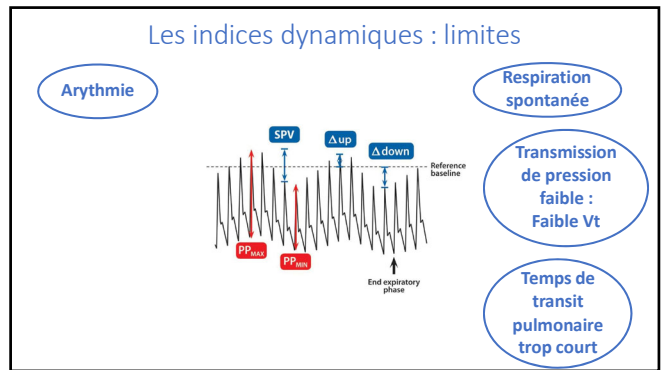
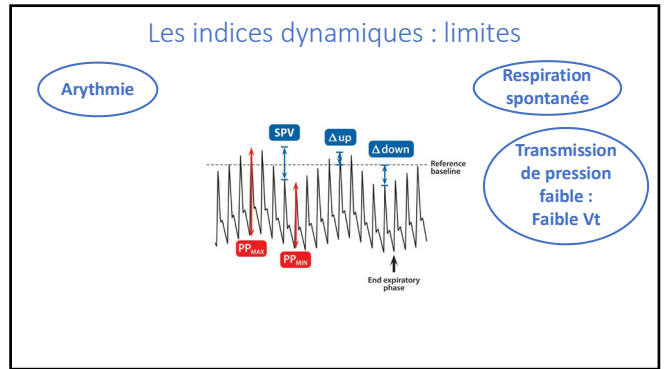
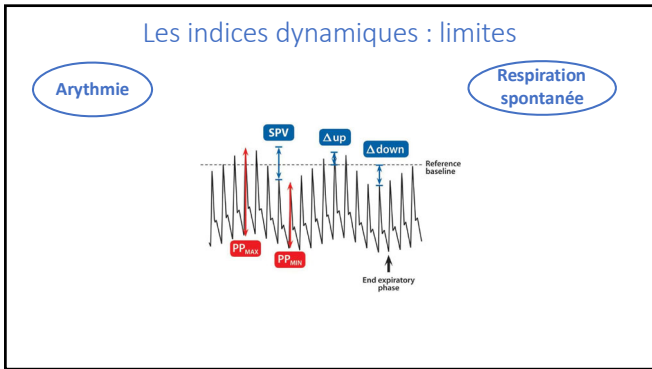
Les indices dynamiques : limites

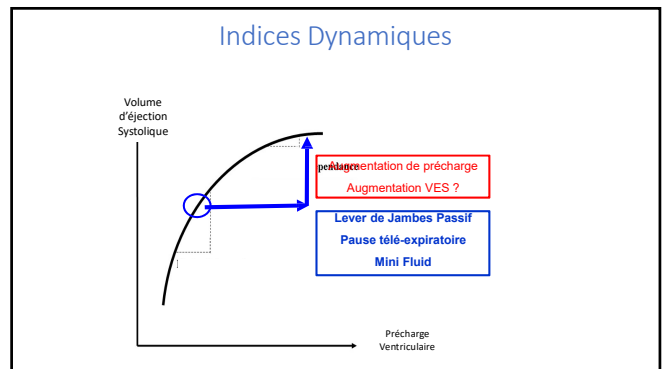
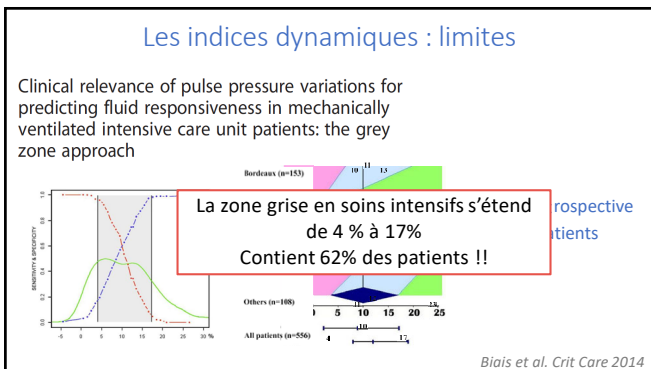
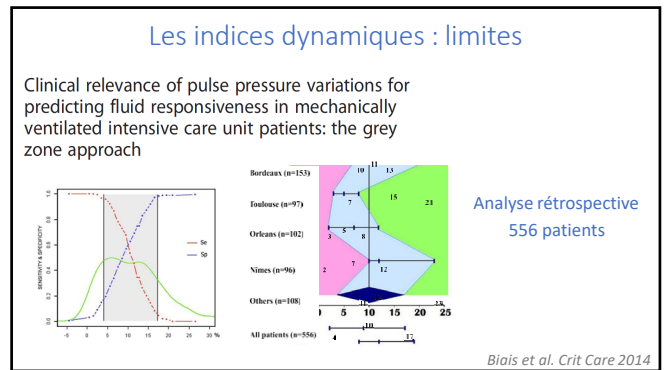
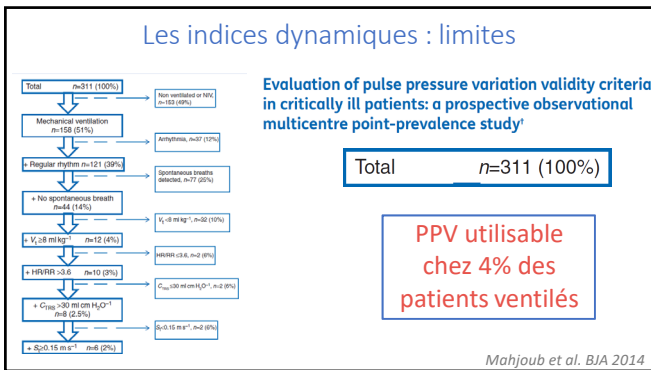
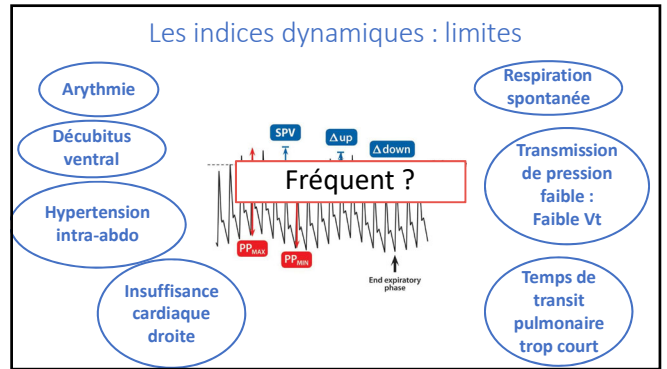
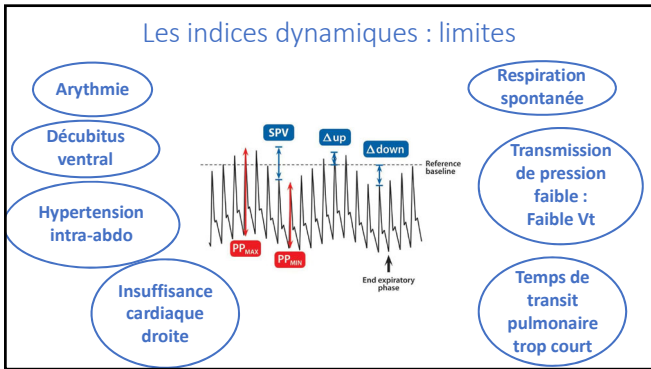


Les indices dynamiques : limites

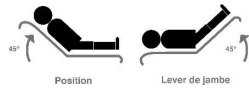
Arythmie



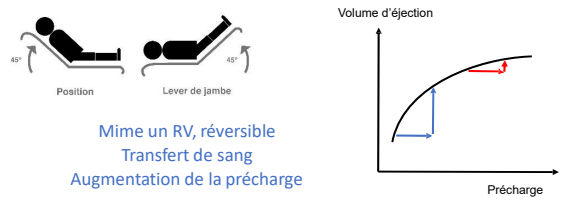




Lever de jambe passif



Lever de jambe passif

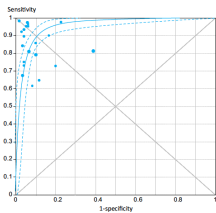


Mime un RV, réversible
Transfert de sang
Augmentation de la précharge

↑ du VES pendant le LJP = précharge dépendance
Pas d'↑ du VES pendant le LJP = précharge indépendance

Lever de jambe passif

Passive leg raising for predicting fluid responsiveness: a systematic review and meta-analysis



Méta-analyse

21 études

991 patients

AUC = 0.95±0.01

I² = 34% (95%CI: 0 – 44%)

Monnet et al. ICM 2016

Lever de jambe passif

The passive leg-raising maneuver cannot accurately predict fluid responsiveness in patients with intra-abdominal hypertension*

Hyperpression intra-abdominale = empêche le retour veineux lors du LJP

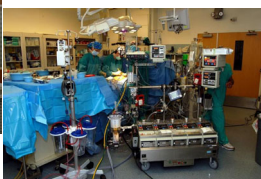
Absence d'augmentation du VES

Faux NEGATIF

Vigilance si PIA ≥ 16 mmHg

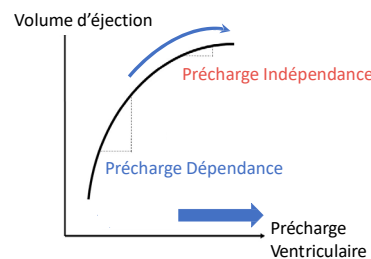
Mahjoub et al. CCM 2010

Lever de jambe passif



Pas toujours évident en pratique...

Alternatives aux indices dynamiques

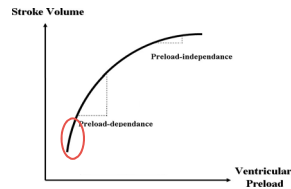


AUGMENTATION DE PRECHARGE
- Lever de jambe passif
- Minifluid Challenge

Mini-fluid Challenge



"Let's Give Some Fluid and See What Happens" versus the "Mini-fluid Challenge"



"The general concept is ... that the response to fluid challenge can be evaluated rapidly after a very limited amount of fluid ..."

Vincent JL et al. Anesthesiology 2011

Mini-fluid Challenge

An Increase in Aortic Blood Flow after an Infusion of 100 ml Colloid over 1 Minute Can Predict Fluid Responsiveness

The Mini-fluid Challenge Study

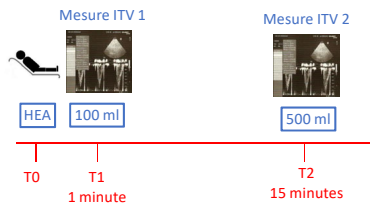
- Administration d'une faible quantité de fluide
- Monitoring de la réponse
- Prédiction de la réponse à l'administration d'une plus grande quantité de fluide

Muller et al. Anesthesiology 2011

Mini-fluid Challenge

An Increase in Aortic Blood Flow after an Infusion of 100 ml Colloid over 1 Minute Can Predict Fluid Responsiveness

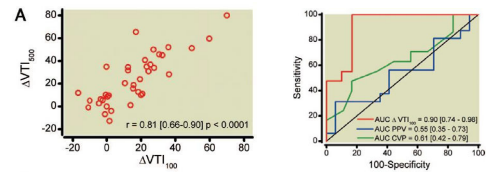
The Mini-fluid Challenge Study



Muller et al. Anesthesiology 2011

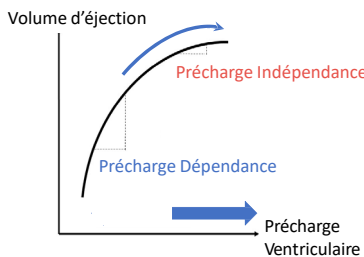
Mini-fluid Challenge

Une augmentation >10% de l'ITVAo après 100ml de colloïde sur 1 minute prédit la réponse à un expansion volémique de 500 ml



Muller et al. Anesthesiology 2011

Alternatives aux indices dynamiques

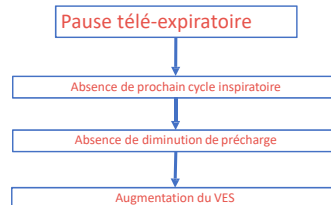


AUGMENTATION DE PRECHARGE

- Lever de jambe passif
- Minifluid Challenge
- Occlusion expiratoire

Occlusion télé-expiratoire

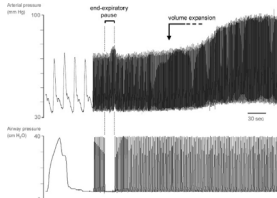
Predicting volume responsiveness by using the end-expiratory occlusion in mechanically ventilated intensive care unit patients



Monnet et al. CCM 2009

Occlusion télé-expiratoire

Predicting volume responsiveness by using the end-expiratory occlusion in mechanically ventilated intensive care unit patients



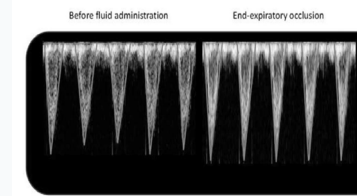
Augmentation
≥ 5% IC
Prédit la réponse
au RV

Monnet et al. CCM 2009

Occlusion télé-expiratoire

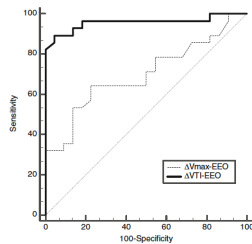
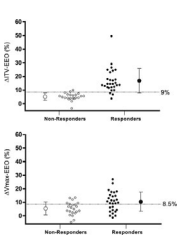
End-expiratory occlusion maneuver to predict fluid responsiveness in the intensive care unit: an echocardiographic study

Critical Care (2018) 22:32



Georges et al. Crit Care 2018

Occlusion télé-expiratoire



Augmentation
>9% ITV

AUC = 0,96 ±
0,03

Georges et al. Crit Care 2018

Quid de la vasoplégie

Vasopresseurs sans monitoring ?

organisée conjointement par
la Sfar et la SRLF

Prise en charge hémodynamique du
sepsis sévère (nouveau-né exclu)

« Lorsque l'hypotension engage le pronostic vital (par exemple lorsque la PAD est < 40 mmHg), le recours aux agents vasopresseurs doit être immédiat, quelle que soit la volémie. »

Les bases de l'hémodynamique

Pressions basses + débit bas



HYPOVOLEMIE

Pressions hautes + débit bas



INSUFFISANCE
CARDIAQUE

Pressions hautes/basses + débit haut



VASOPLEGIE

Les bases de l'hémodynamique

Pressions basses + débit bas



HYPOVOLEMIE

Pressions hautes + débit bas



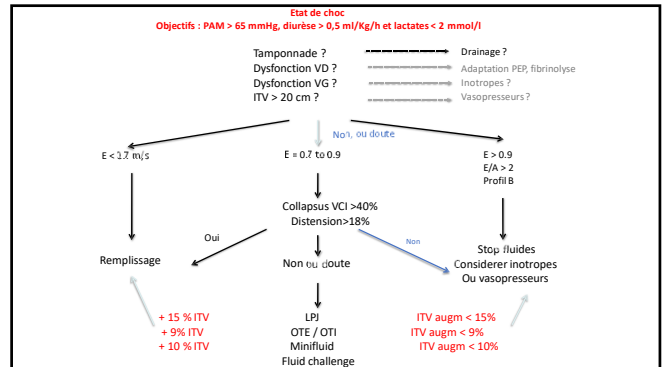
INSUFFISANCE
CARDIAQUE

Pressions hautes/basses + débit haut



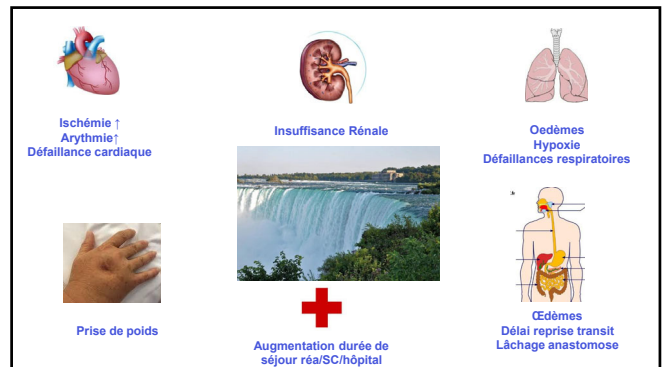
VASOPLEGIE

En résumé

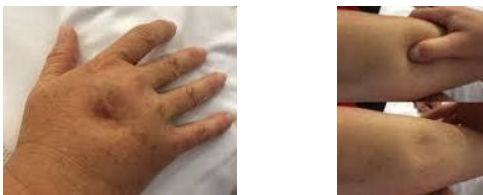


Mon patient est en insuffisance circulatoire aigüe

1. Quelle(s) thérapeutique(s) sont indiquées ?
2. Un remplissage vasculaire peut-il être bénéfique ?
=> Va-t-il augmenter le débit cardiaque ?
3. Un remplissage vasculaire peut-il être néfaste ?
=> Risque-t-il d'aggraver une congestion veineuse ?

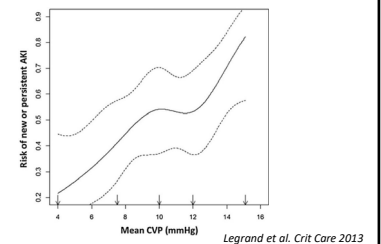


Prise de Poids



Association between systemic hemodynamics and septic acute kidney injury in critically ill patients: a retrospective observational study

137 patients septiques
Association PVC élevée
et défaillance rénale
Rôle probable de la
congestion veineuse !

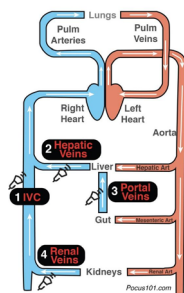


Evaluation de la Congestion Veineuse

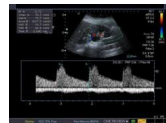
Evaluation de la Congestion Veineuse

Présentation du VexUs score

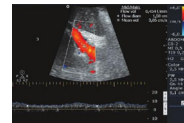
Venous Excess Ultrasound
VEXUS



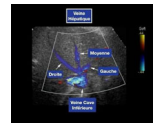
Doppler veineux rénal



Doppler portal



Doppler des veines sus hépatiques



Vexus score

Hepatic vein
Doppler

Portal vein
Doppler

Intra-renal
Venous
Doppler

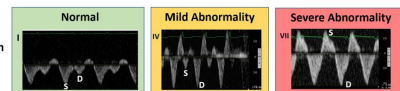
119

Vexus score

Hepatic vein
Doppler

Portal vein
Doppler

Intra-renal
Venous
Doppler



129

