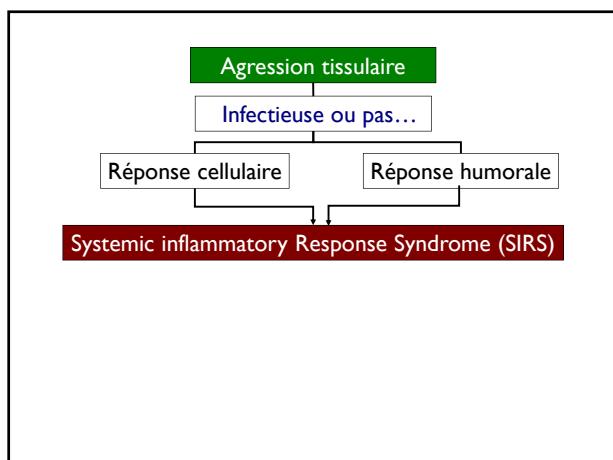


**Syndrome inflammatoire en chirurgie cardiaque**

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Service d'Anesthésie-réanimation cardiovasculaire  
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CHU BORDEAUX, 33600 Pessac, FRANCE



université BORDEAUX      Inserm      CHU BDX ANESTHÉSIE-RÉANIMATION CARDIOVASCULAIRE

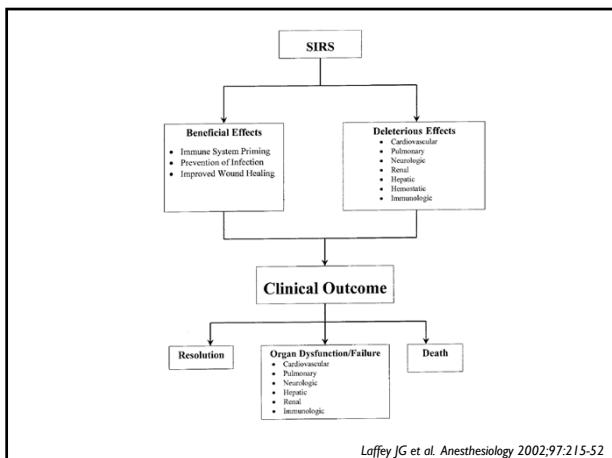
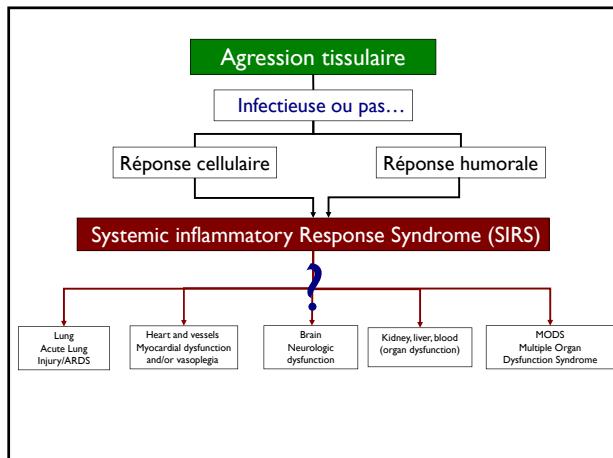


**SIRS (Systemic Inflammatory Response Syndrome)**

Two or more of:

- Temperature  $>38^{\circ}\text{C}$  or  $<36^{\circ}\text{C}$
- Heart rate  $>90/\text{min}$
- Respiratory rate  $>20/\text{min}$  or  $\text{Paco}_2 <32 \text{ mm Hg (4.3 kPa)}$
- White blood cell count  $>12\,000/\text{mm}^3$  or  $<4000/\text{mm}^3$  or  $>10\%$  immature bands

Bone RC et al. JAMA 1992; 268:3452-5



**Réaction inflammatoire systémique et chirurgie cardiaque Constante!**

Expression biologique et clinique variables...  
(CRP, hyperleucocytose, hyperfibrinogénémie, vasoplatie, SDMV...)  
(Incidence 5-60% selon la définition retenue)

**Réponses individuelles variables**

- Contexte chirurgical (urgence, hémorragique, CEC longue...)
- Phénomènes hypoperfusion d'organes (conduite optimale+++)
- Prédisposition génétique (???)

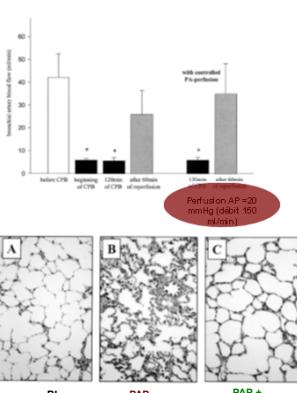
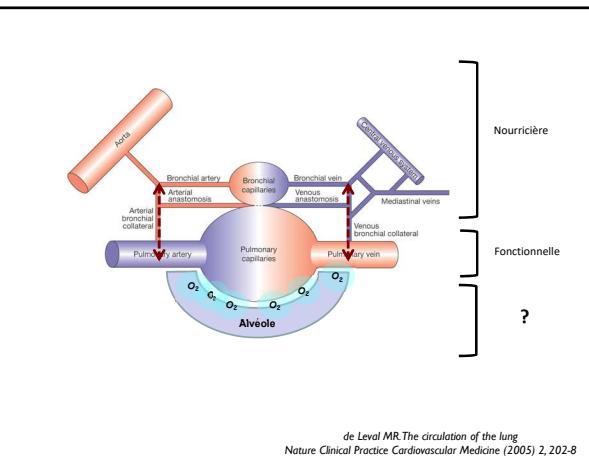
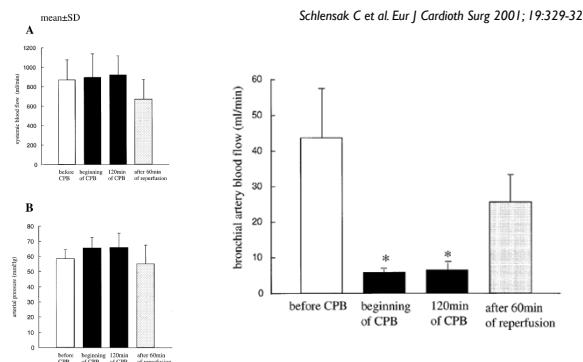
## Facteurs initiateurs de la réponse inflammatoire

- Agression tissulaire (chirurgicale mais pas uniquement...)
- Exposition du sang à surface non-épithéliale (activation phase contact)
- Interface air/sang (réservoir de cardiotomie, médiastin, cavité pleurale...)
- Hypoperfusion organes (poumon, tube digestif,...+++)
  - Translocation bactérienne
  - Libération endotoxines (lipopolysaccharides bactériens...)
- Phénomènes d'ischémie-reperfusion d'organes (cardiaque, cérébrale, rénale, pulmonaire, digestive, hépatique...)
- Héparinisation (complexe héparine/protamine)

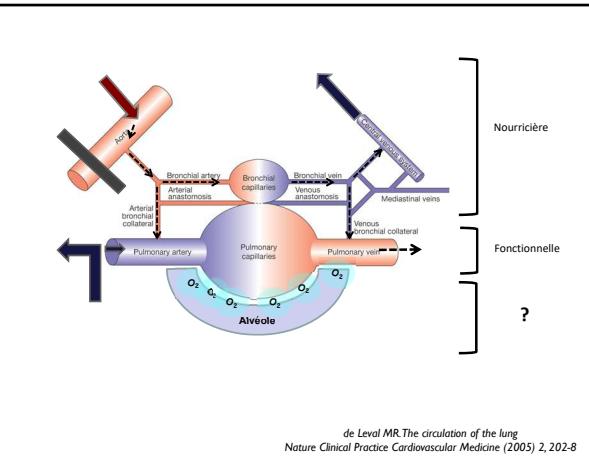
Davies SW et al. J Thorac Cardiovasc Surg 1993; 105:979-87  
Sawa Y et al. J Thorac Cardiovasc Surg 1996; 111:29-35

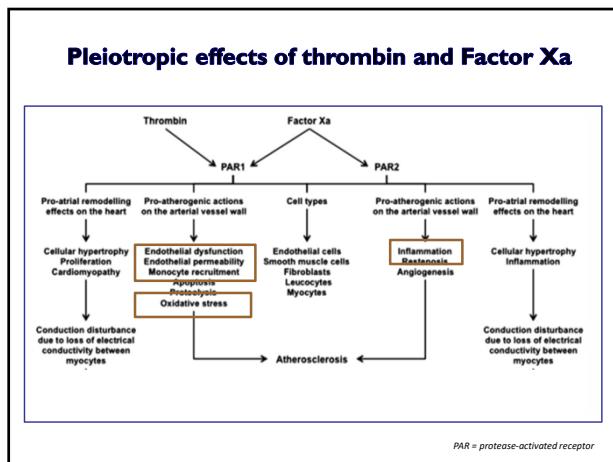
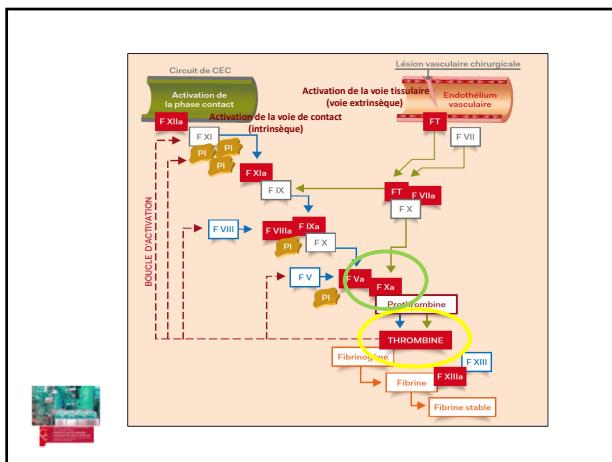
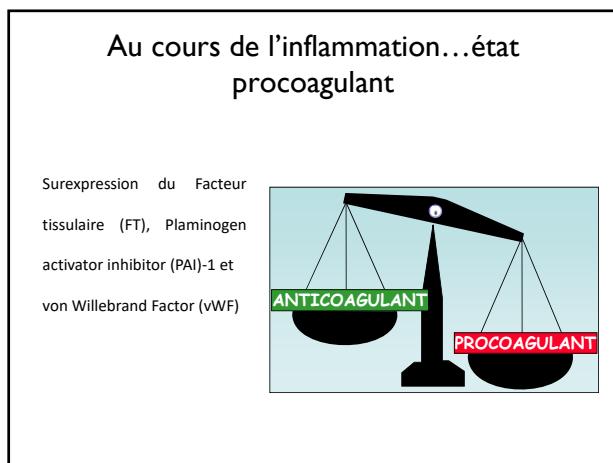
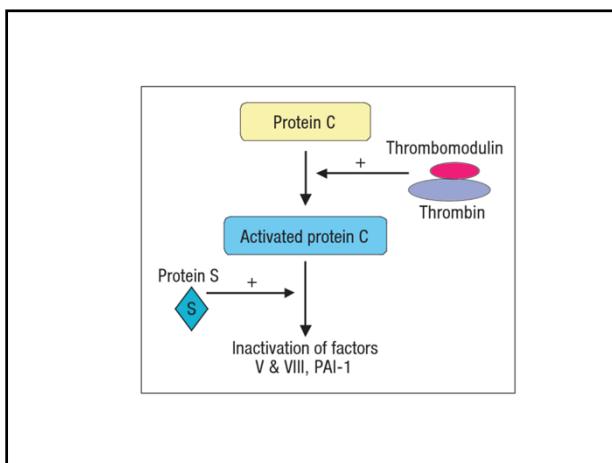
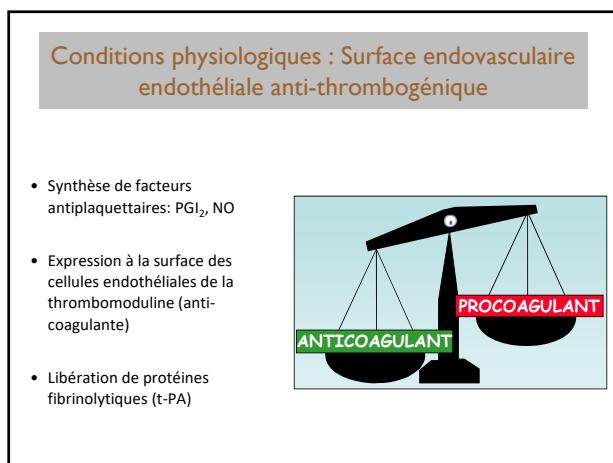
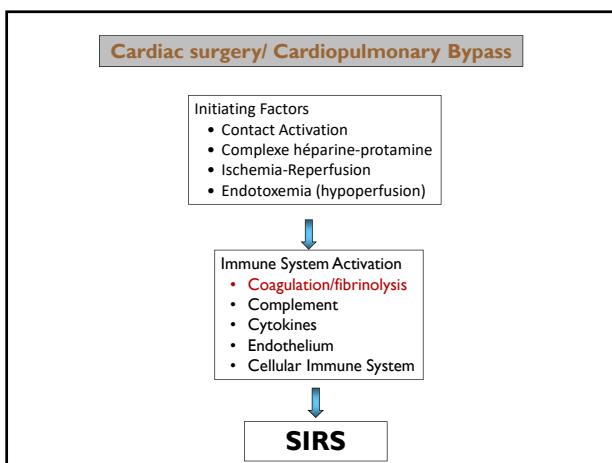


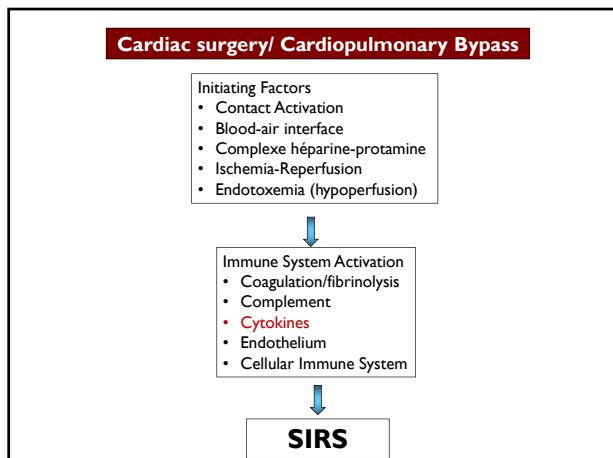
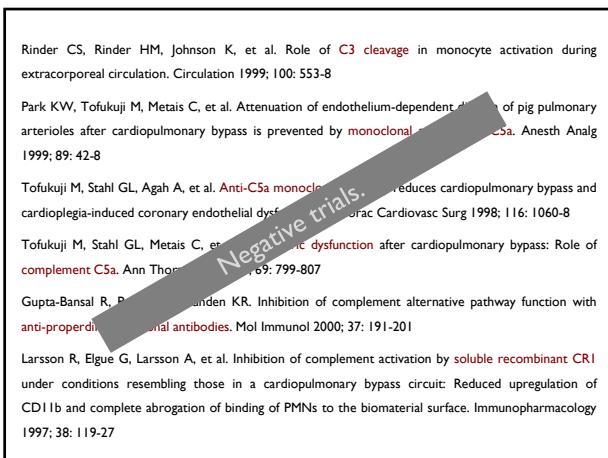
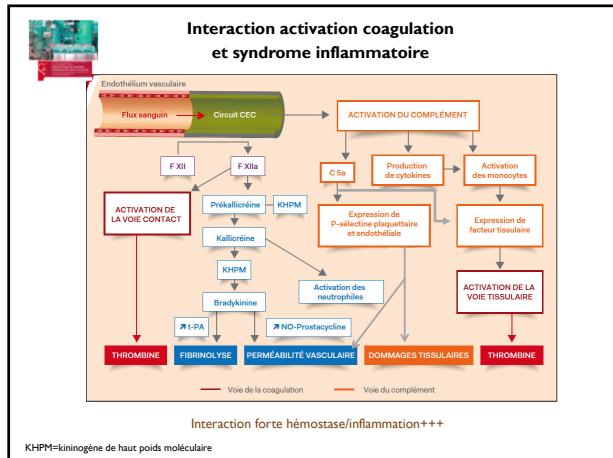
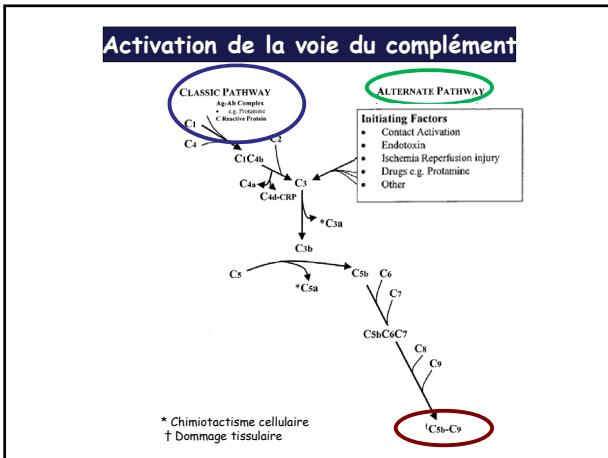
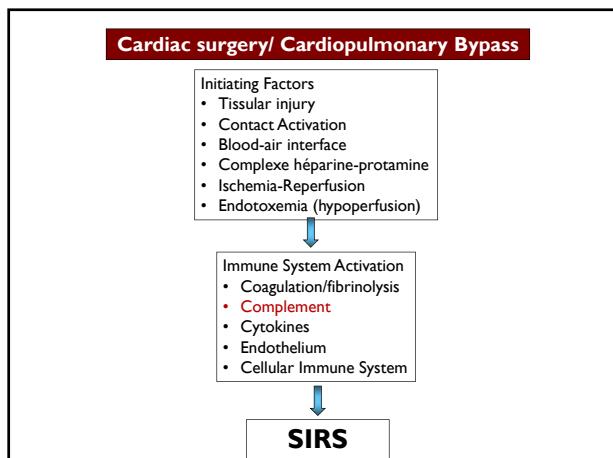
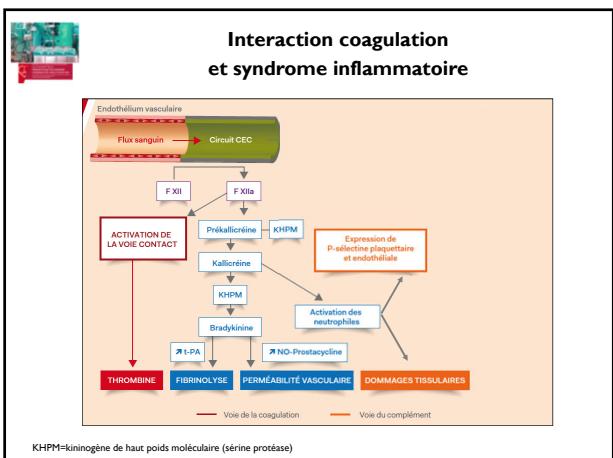
Bronchial artery perfusion during cardiopulmonary bypass does not prevent ischemia of the lung in piglets: assessment of bronchial artery blood flow with fluorescent microspheres<sup>\*</sup>

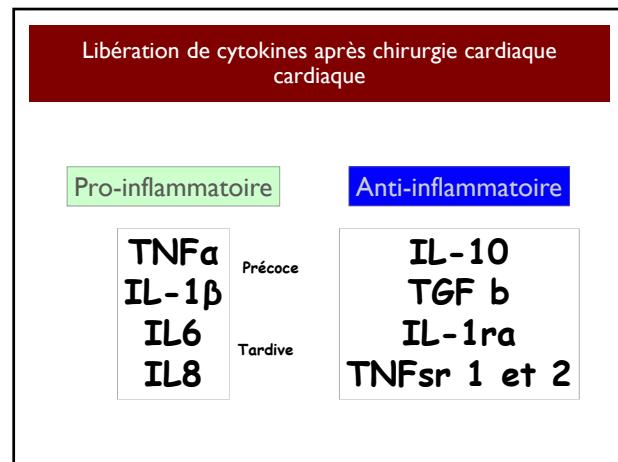
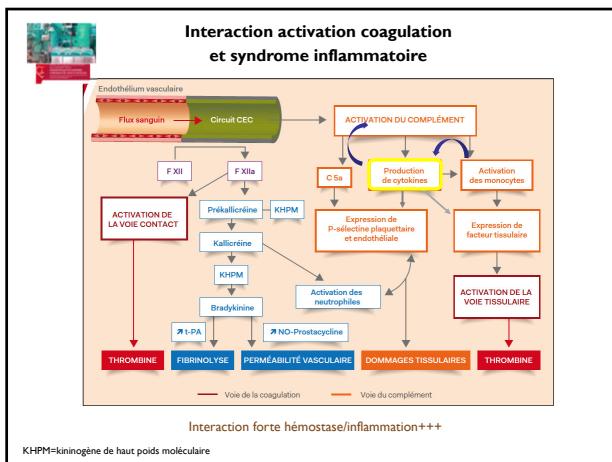
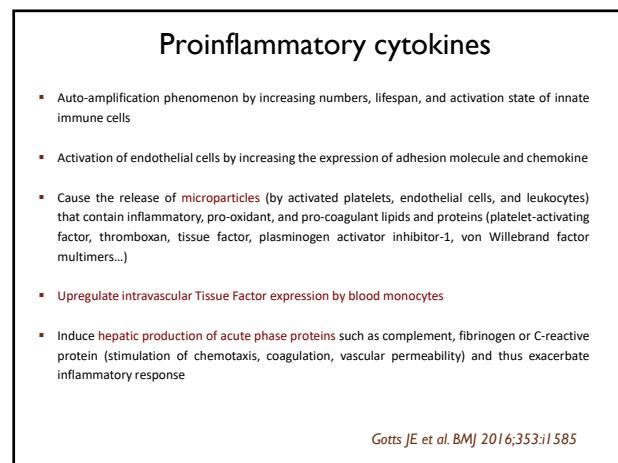
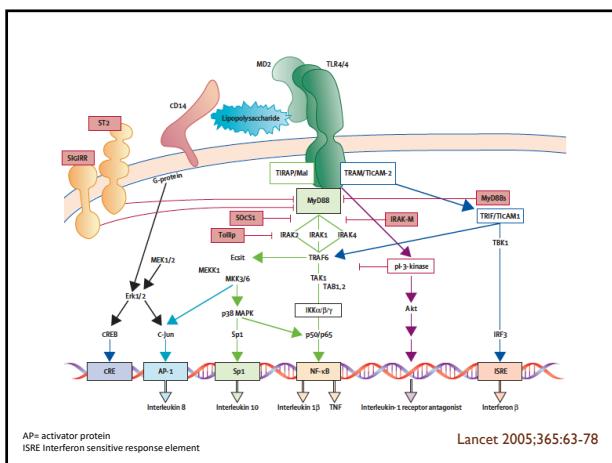
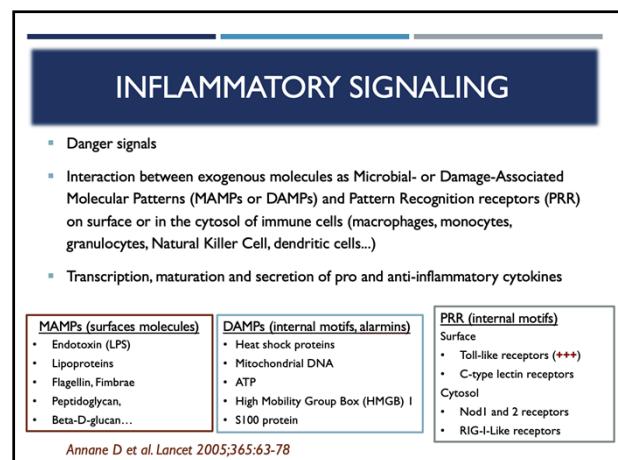
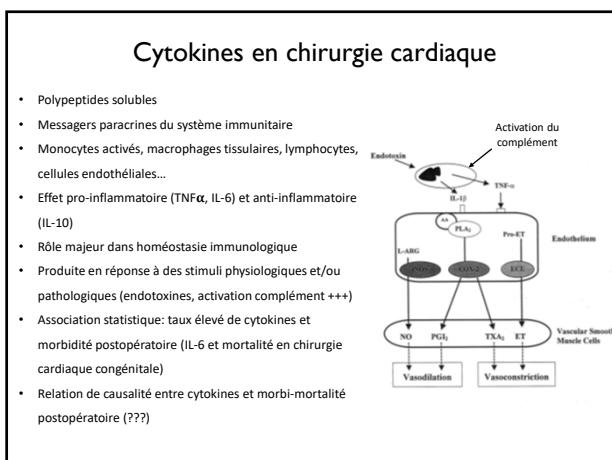


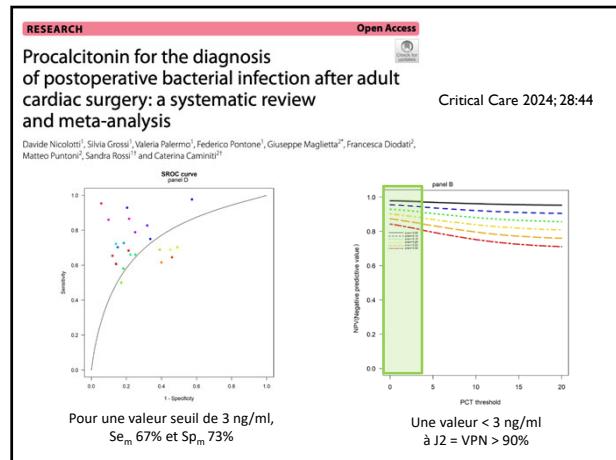
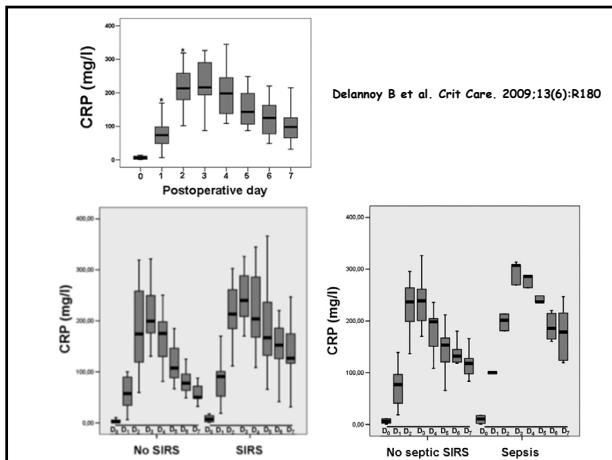
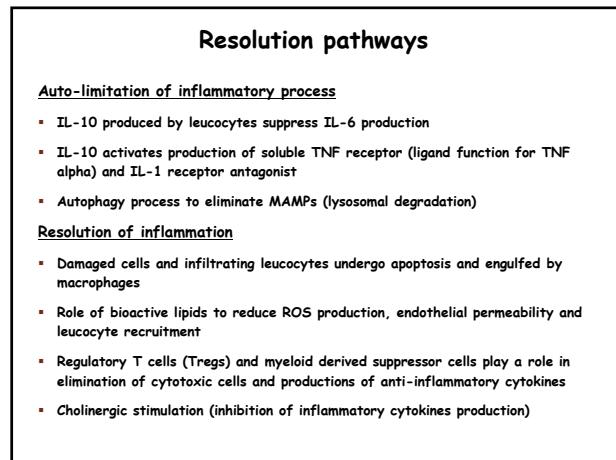
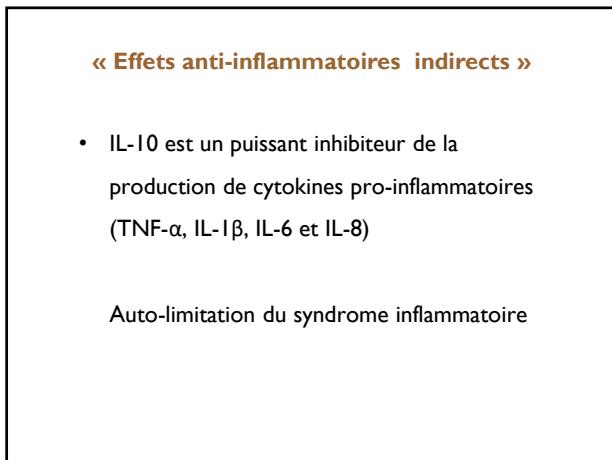
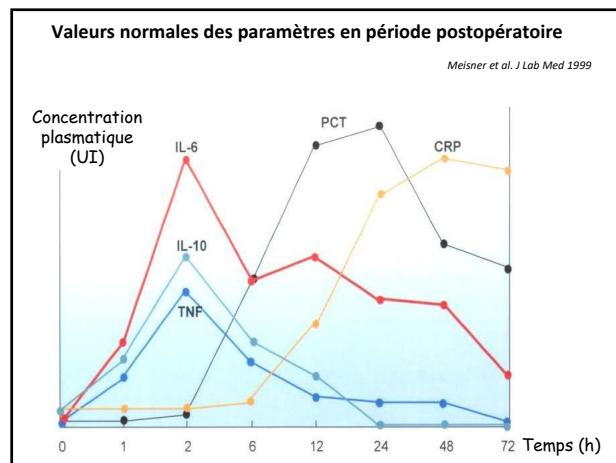
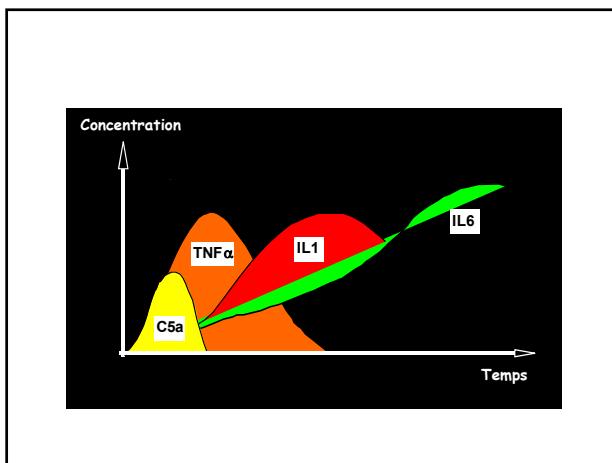
Schlensak C et al. J Thorac Vasc Surg 2002; 123: 199-205











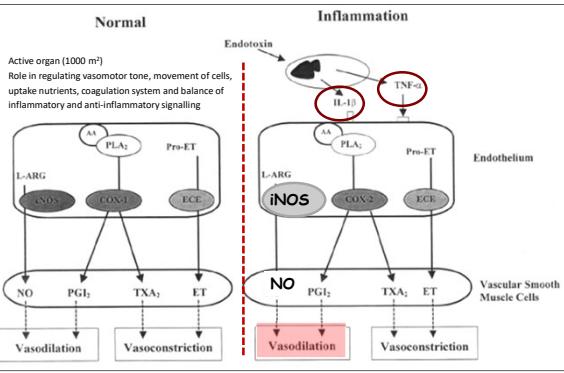
### Cardiac surgery/ Cardiopulmonary Bypass

- Initiating Factors**
- Contact Activation
  - Blood-air interface
  - Complexe héparine-protamine
  - Ischemia-Reperfusion
  - Endotoxémie (hypoperfusion)

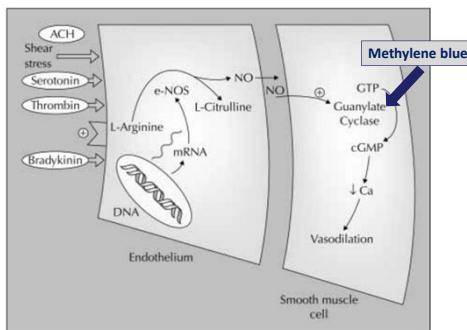
- Immune System Activation**
- Coagulation/fibrinolysis
  - Complement
  - Cytokines
  - **Endothelium**
  - Cellular Immune System

**SIRS**

### Endothélium et syndrome inflammatoire



### Mode d'action du monoxyde d'azote

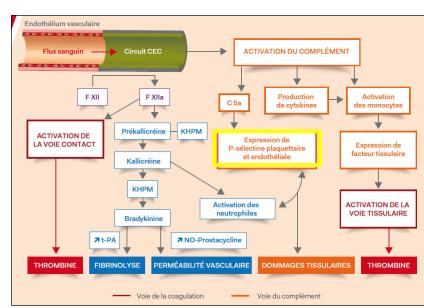


### Cardiac surgery/ Cardiopulmonary Bypass

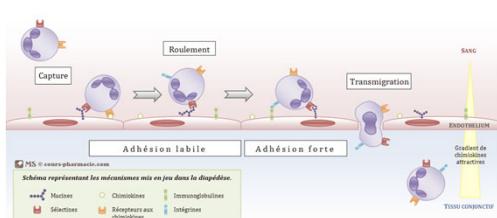
- Initiating Factors**
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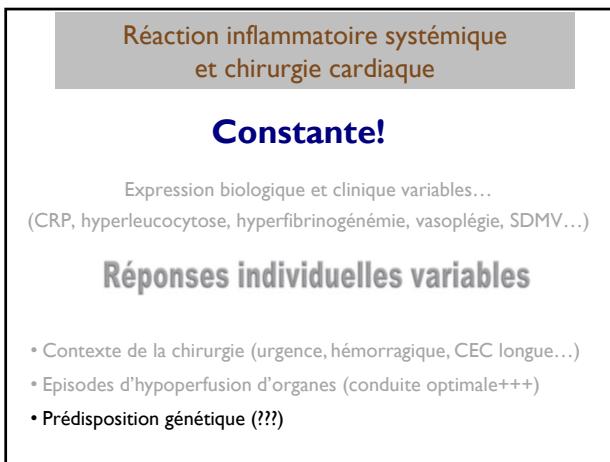
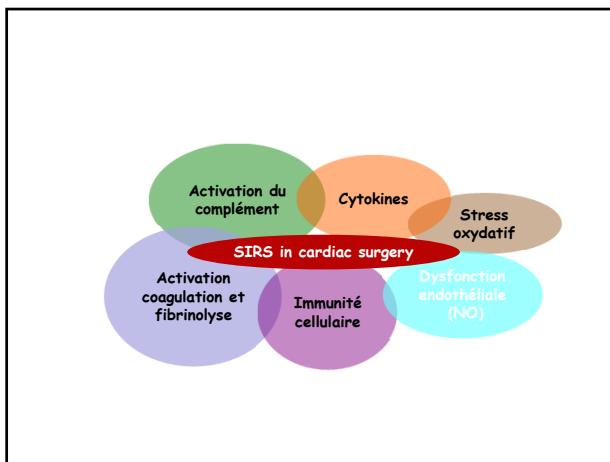
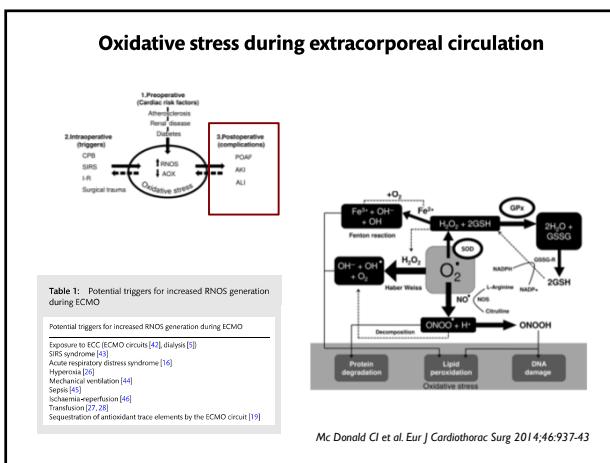
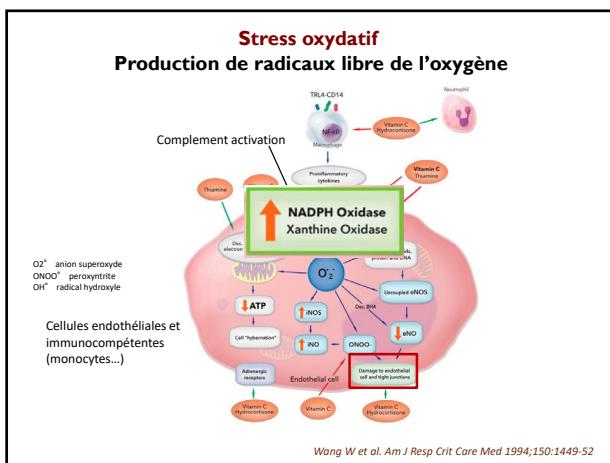
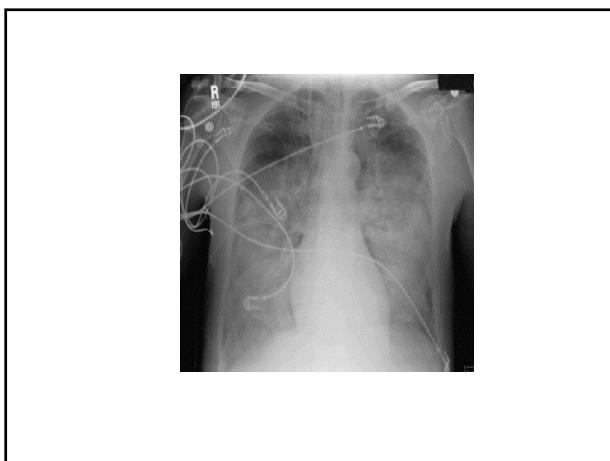
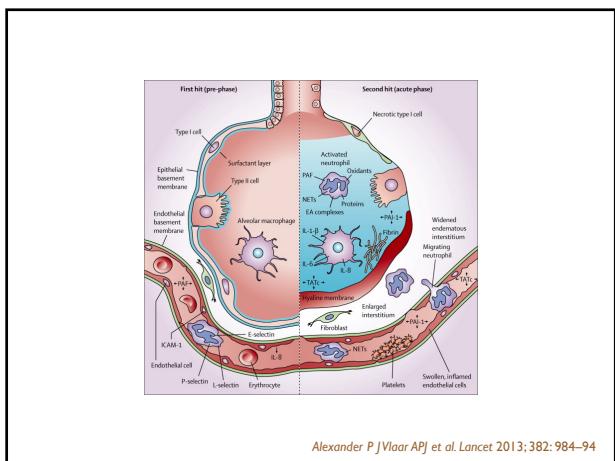
**SIRS**



### Réponse immunitaire cellulaire Interaction Leucocytes / endothélium



- Sur-expression de P-selectine endothéliale
- Séquestration pulmonaire +++



## Polymorphisme génétique et CEC Balance Pro- & Anti-inflammatoire

### Polymorphisme du gène pour fraction du complément

1. Chirurgie des cardiopathies congénitales
2. Syndrome de fuite capillaire post-CEC accentué chez enfants homozygotes C4A00

Zhang S, Anesthesiology 2004; 100: 944-9

## Polymorphisme génétique et CEC Balance Pro- & Anti-inflammatoire

### Polymorphisme du gène du TNF $\alpha$

#### 1. Génotypes :

- Forme commune : TNF1
- Forme plus rare : TNF2 (surproduction+++)

#### 1.2. Majoration production TNF

- Augmentation de lactatémie

Ryan T, Ann Thorac Surg 2002; 73: 1905-9

- Fréquence accrue des dysfonctions VG

- Fréquence des défaillances pulmonaires postopératoires

Tomasdottir H, Anesth Analg 2003; 97: 944-9

## Polymorphisme des gènes de la famille des interleukines (IL)

1. Libération accrue IL10 en post-CEC

Galley HF, Br J Anaesth 2003; 91: 424-6

2. ACFA après chirurgie cardiaque sous CEC

Gaudino M, Circulation 2003; 108 Suppl 1: II 195-9

Quelle(s) mesure(s) pour limiter le syndrome inflammatoire au cours de la chirurgie cardiaque?

## Facteurs influençant la réponse inflammatoire

- Altération de la fonction ventriculaire gauche
- Patient diabétique
- Instabilité hémodynamique (via hypoperfusion mésentérique)
- Relation entre hypoperfusion splanchnique et SDRA postopératoire
- pH gastrique intra-muqueux prédictif de complication postopératoire
- Effet bénéfique péridurale
- Stratégie ventilatoire périopératoire

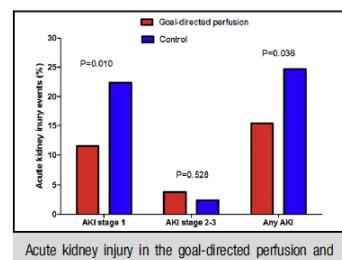
Loick HM et al. Anesth Analg 1999;88:701-9

Fiddian-Green RG et al. Crit Care Med 1987;15:153-6

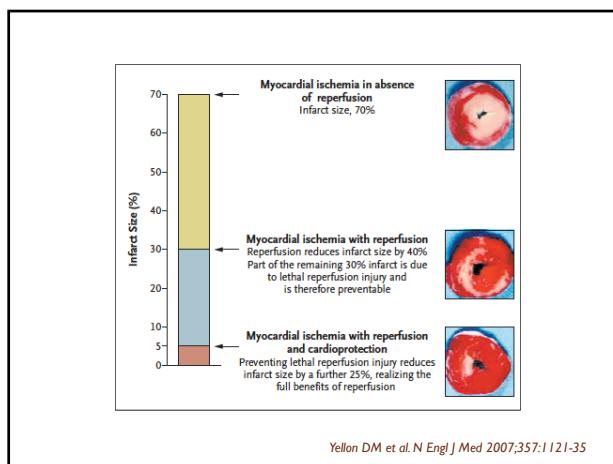
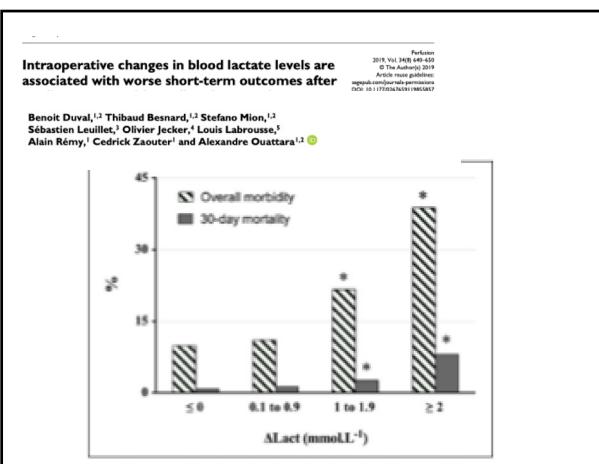
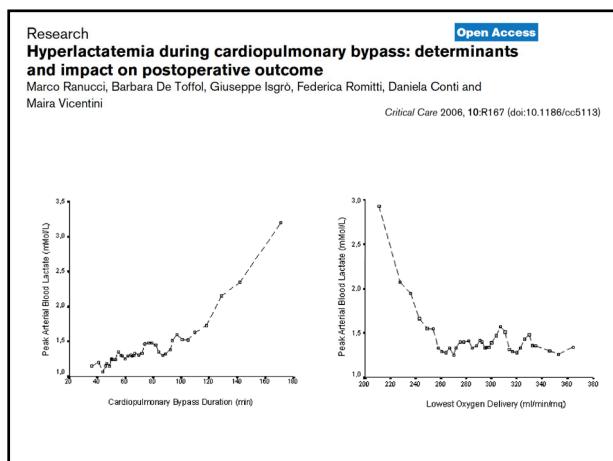
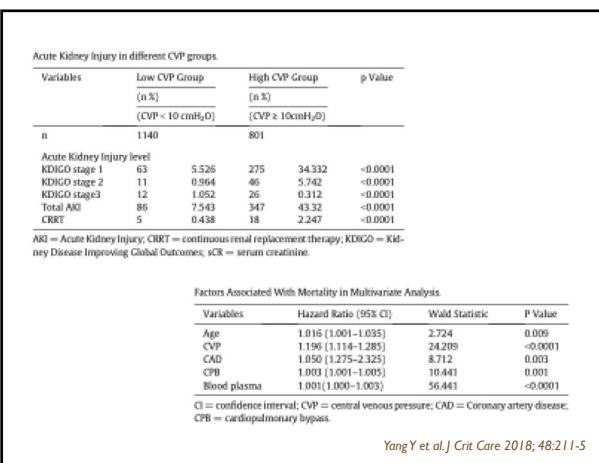
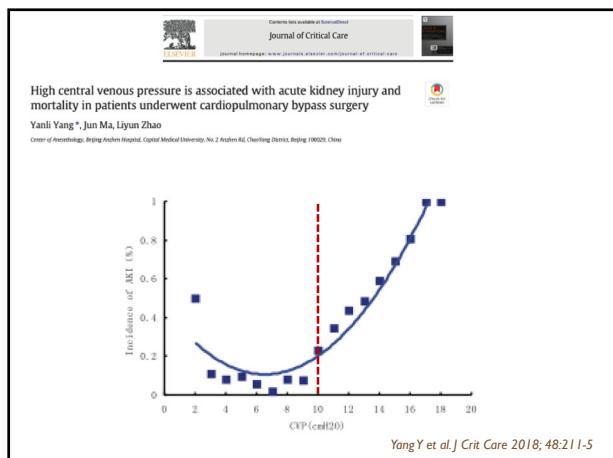
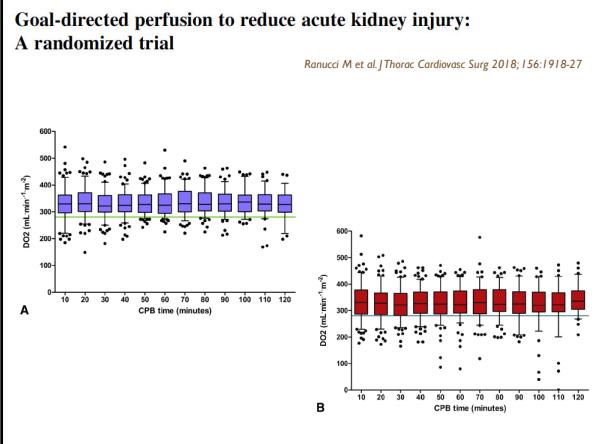
## Goal-directed perfusion to reduce acute kidney injury: A randomized trial

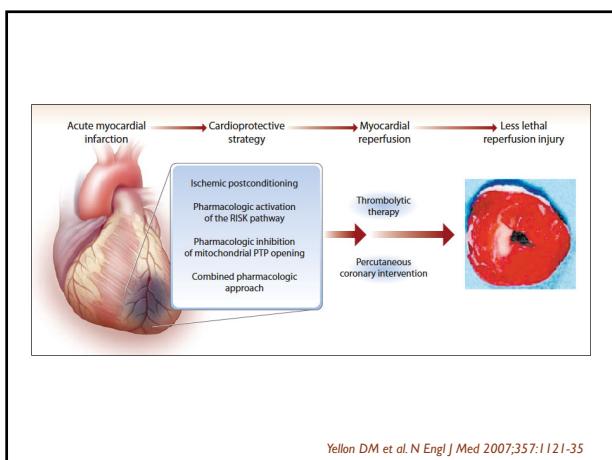
Ranucci M et al. J Thorac Cardiovasc Surg 2018; 156:1918-27

Goal-directed Perfusion was defined as DO<sub>2</sub> > 280 ml.min-1.m-2



Acute kidney injury in the goal-directed perfusion and control groups.





### Agents médicamenteux et syndrome inflammatoire

- Propofol ↗ IL-10, IL-1ra, ↓ IL-8 (+scavenger des RL)
- Fentanyl ↗ IL-1ra
- Midazolam ↓ accumulation IL-8 extracellulaire
- Kétamine ↗ IL6
- Halogénés ↓ IL-1b, TNF a
- Transfusion homologue ↗
- Xénon (organo-protection)
- Héparine – Protamine : complexe non covalent (C4a, CRP)
- Aprotinine (effet anti-protéase) ↓ cytokines pro-inflammatoires

### Circulation extra-corporelle...

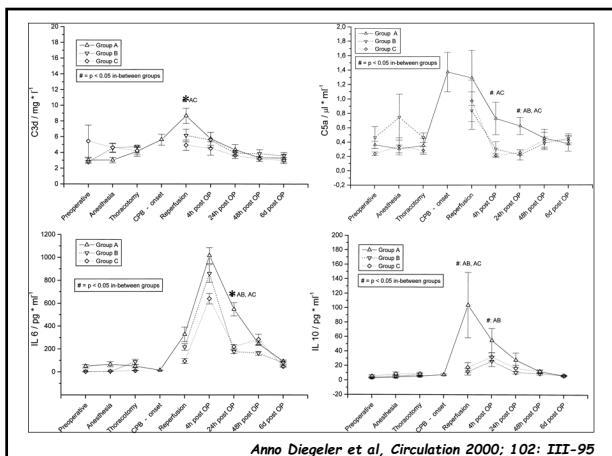
- Sans CEC... (traumatisme chirurgical...)
- Limiter hémodilution
- limiter hypoperfusion d'organes (???)
- Circulation extra-corporelle biocompatible
  - Réservoir souple (interface air/sang)
  - Circuit pré-traités (héparine, phosphorylcholine...)
  - Gestion des aspirations
- Pulsatilité?
- Température de perfusion

Humoral Immune Response During Coronary Artery Bypass Grafting. A Comparison of Limited Approach, « Off-Pump » Technique, and Conventional CPB

### Pontage aorto-coronaire

- Groupe A: sternotomie + CEC (n = 10)
- Groupe B: sternotomie sans CEC (n = 10)
- Groupe C: mini-thoracotomie sans CEC (n = 10)

Anno Diegeler et al, Circulation 2000; 102:III-95



### Pulsatile Versus Nonpulsatile Cardiopulmonary Bypass Flow: An Evidence-Based Approach

Abdullah A. Alghamdi, M.D., and David A. Larter, M.D.  
Division of Cardiac Surgery, Department of Surgery, University of  
Toronto, Toronto, Ontario, Canada (*J Cardio Surg* 2006; 21:347-54)

An Evaluation of the Benefits of  
Pulsatile versus Nonpulsatile  
Perfusion during  
Cardiopulmonary Bypass  
Procedures in Pediatric and Adult  
Cardiac Patients  
Bingyang Ji and Akif Undar (*ASAIO Journal* 2006; 52:357-361)

"Conclusion: The evidence is conflicting and therefore does not support making recommendation for or against routinely providing the PP to reduce the incidence of mortality or MI. The evidence is insufficient to recommend for or against routinely providing the pulsatile profusion to reduce the incidence of stroke or renal failure."

«These results clearly suggest that pulsatile flow is superior to no pulsatile flow during and after open-heart surgery in paediatric and adult patients »



### QUANTIFICATION OF PULSATILITY : ENERGY EQUIVALENT PRESSURE

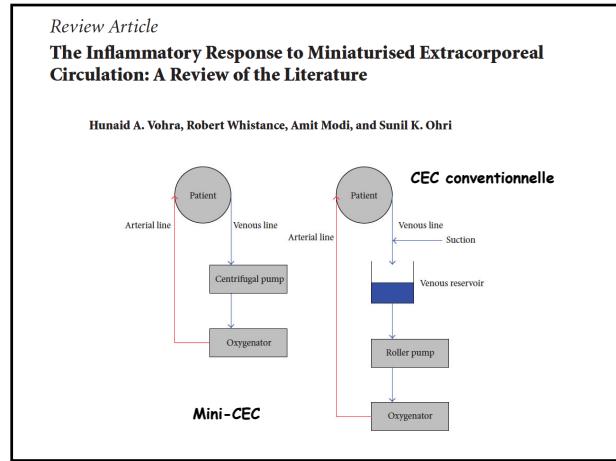
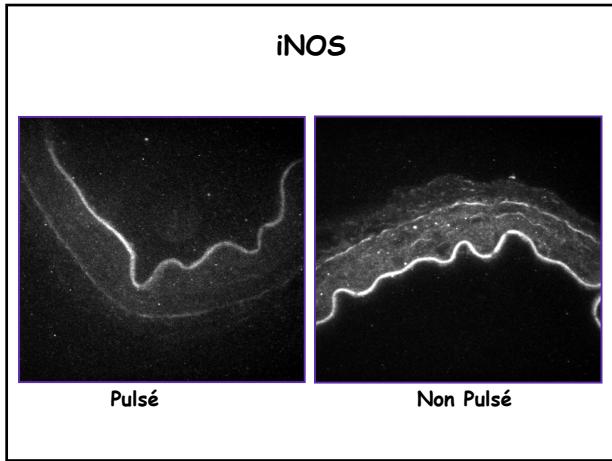
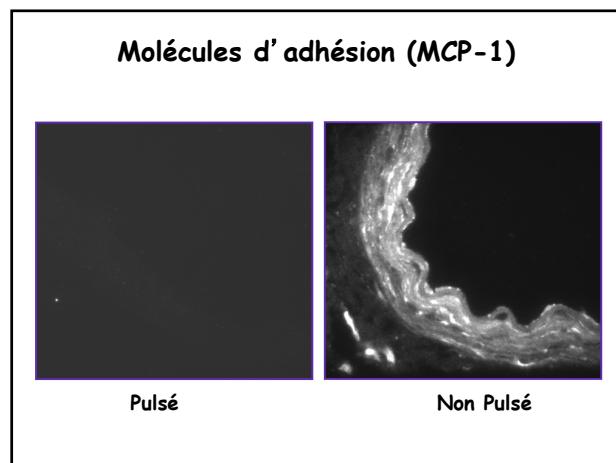
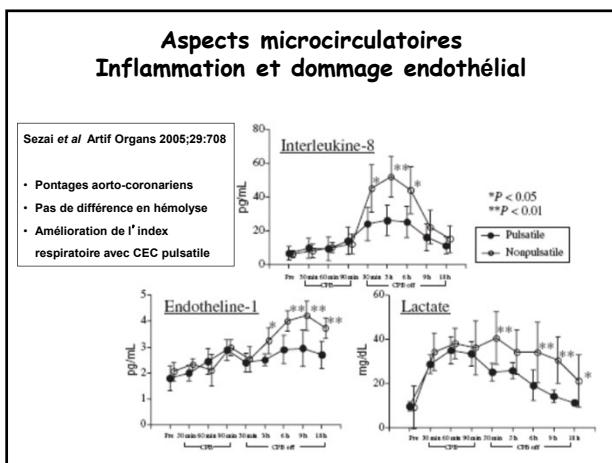
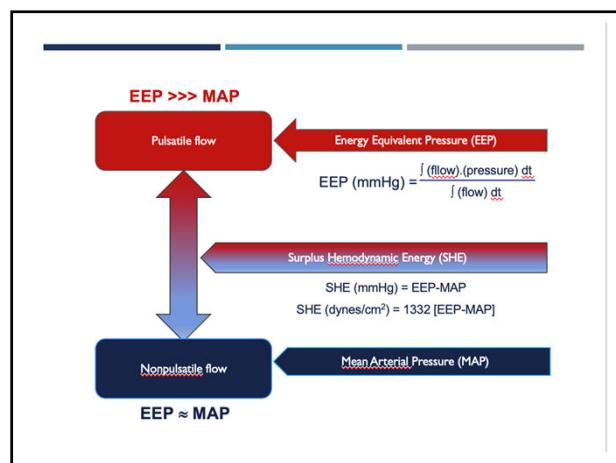
- Flow is mainly generated by gradient of energy more than pressure gradient
- Pulsatile flow generates hemodynamic energy into vascular system based on flow and pressure at each cycle
- Equivalent Energy Pressure (EEP) expressed in mmHg
- Total hemodynamic energy (THE) transmitted by pump to periphery is the ratio of total work (pressure X flow) in the vascular bed distal in time to volume of blood which passed in the same time (flow)
- In steady blood flow, EEP = MAP
- The difference in EEP and MAP represents the energy in flow secondary to pulsatile property = Surplus Hemodynamic Energy.

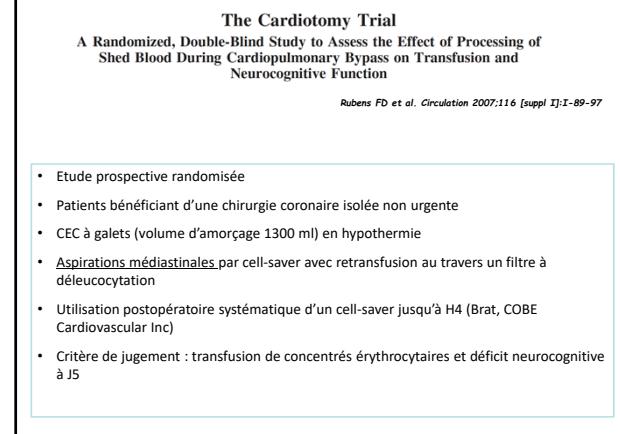
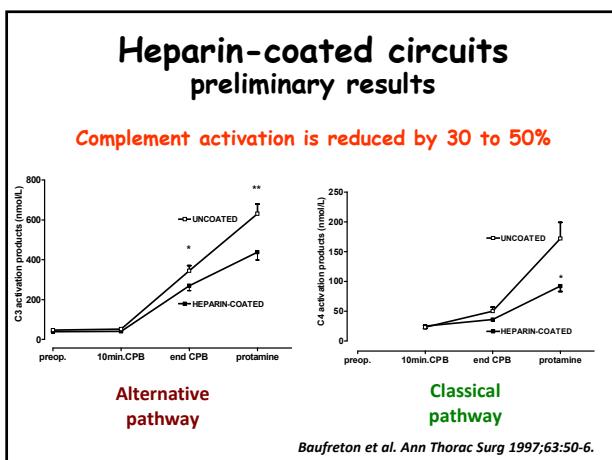
$EEP \text{ (mmHg)} = \frac{\int (\text{flow}) \cdot (\text{pressure}) dt^*}{\int (\text{flow}) dt^{**}}$

\* Area under hemodynamic power curve  
\*\*Area under pump flow curve

$SHE \text{ (ergs/cm}^3\text{)} = 1332 \times (EEP - MAP)$

*Shepard RB et al. Arch Surg 1966;93:730-40  
Wang S et al. JECT 2009;41:P20-P25*





Gäbel J et al. Eur J Cardiothorac Surg 2013;44:506-11

**Table 2: Cytokines in cardiotomy suction blood and in the systemic circulation at the same time point (n = 25)**

	Cardiotomy suction blood	Systemic circulation	P-value
IL-1Ra (pg/ml)	312 (88-1534)	82 (32-309)	<0.001
IL-4 (pg/ml)	<2 (<2-7.2)	<2 (<2)	0.43
IL-10 (pg/ml)	19.7 (<2-113)	31 (<2-122)	0.21
IL-6 (pg/ml)	210 (13-2678)	45 (3-1119)	<0.001
TNF- $\alpha$ (pg/ml)	4.3 (<2-40)	2.5 (<2-62)	0.033
IL-6-to-IL-10 ratio	10.2 (1.1-75)	1.7 (0.2-24)	<0.001

Gäbel J et al. Eur J Cardiothorac Surg 2013;44:506-11

**Table 3: Cytokines in cardiotomy suction blood before and after cell-saver processing (n = 13)**

	Before cell salvage	After cell salvage	P-value
IL-1Ra (pg/ml)	260 (88-526)	73 (28-359)	0.002
IL-4 (pg/ml)	<2 (<2)	<2 (<2-3.0)	0.18
IL-10 (pg/ml)	17 (8.4-62)	7 (<2-27)	0.011
IL-6 (pg/ml)	140 (13-2678)	57 (<1-760)	0.10
TNF- $\alpha$ (pg/ml)	4.3 (<2-39)	<2 (<2-15)	0.008

The values represent the median and range.  
IL: interleukin; TNF: tumour necrosis factor.

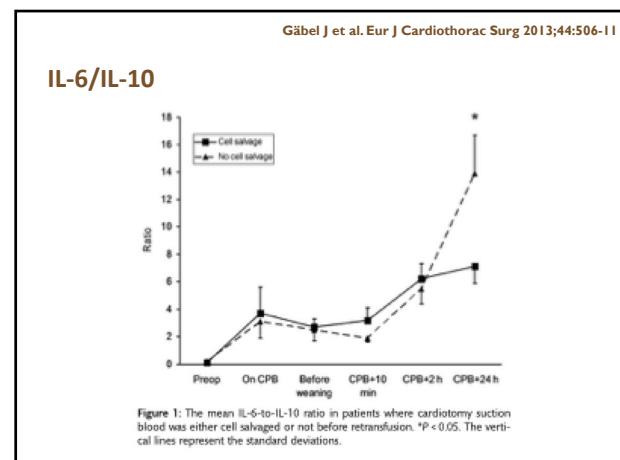
Ann Thorac Surg 2010;89:1511-7

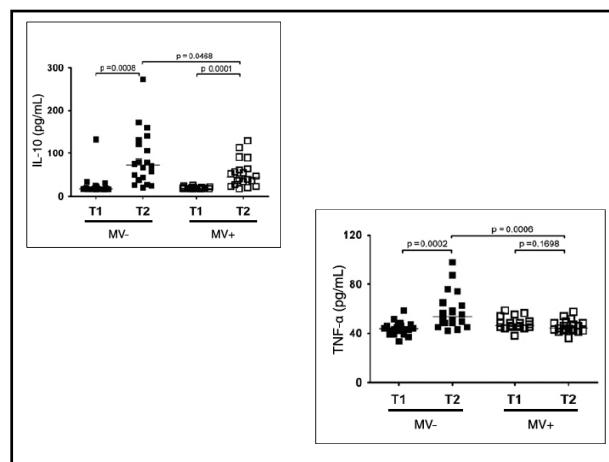
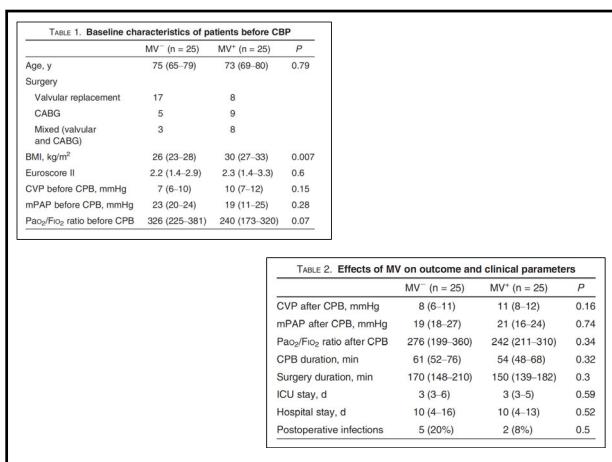
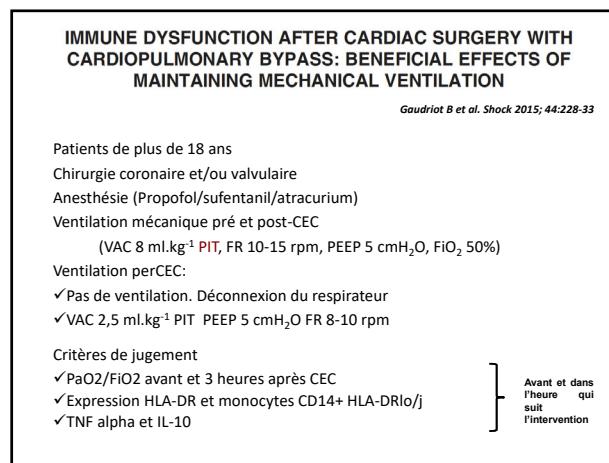
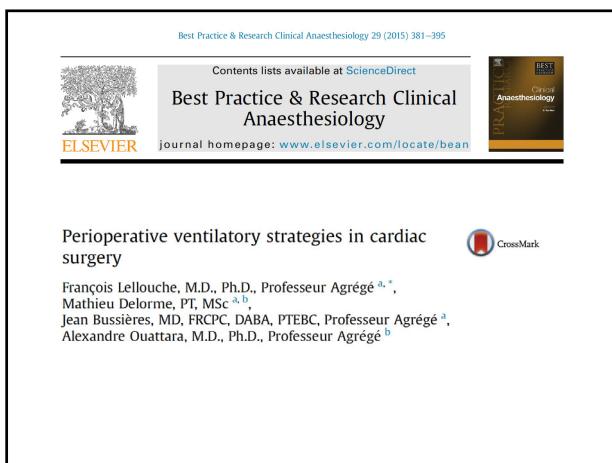
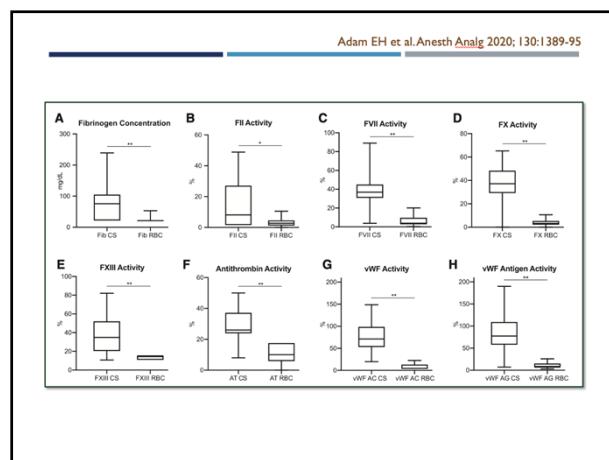
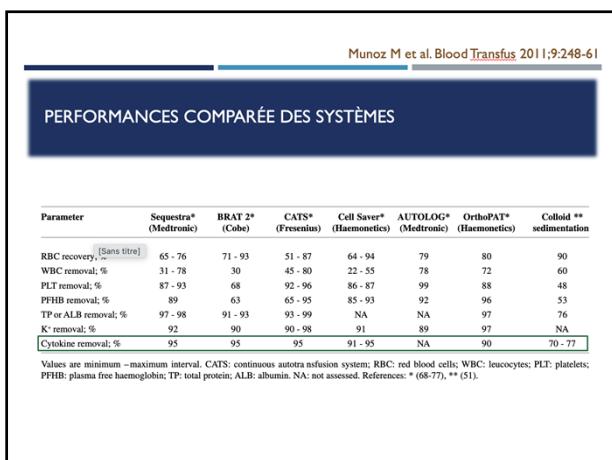
**Cell Saver for On-pump Coronary Operations Reduces Systemic Inflammatory Markers: A Randomized Trial**

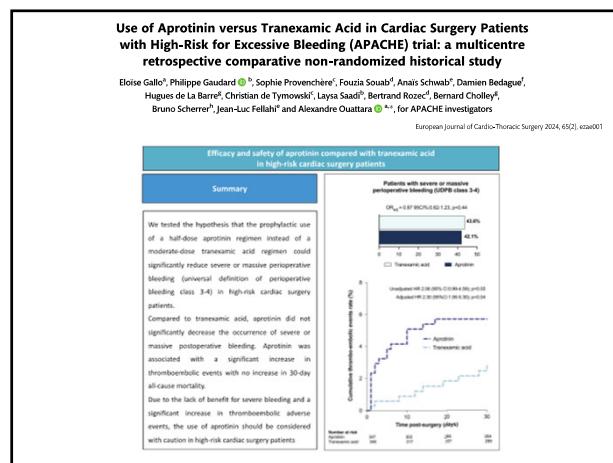
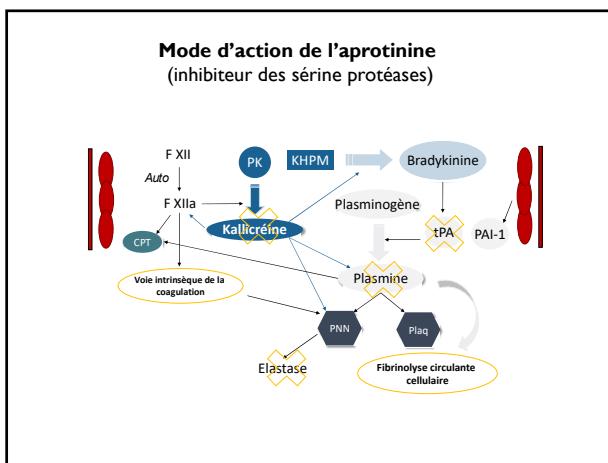
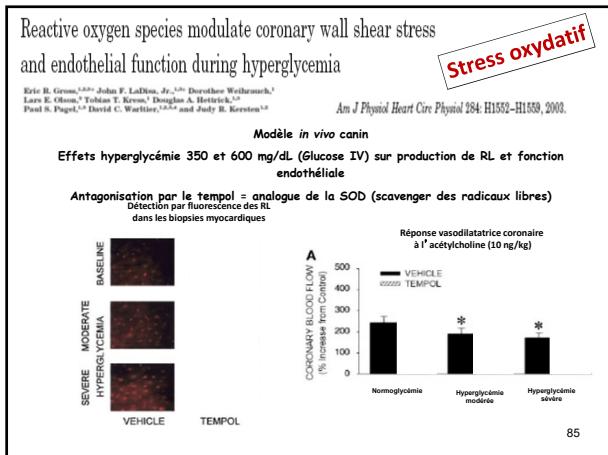
Sune Damgaard, MD, PhD, Claus H. Nielsen, MD, PhD, Lars W. Andersen, MD, DMSc, Klaus Bendzen, MD, DMSc, Michael Tvede, MD, and Daniel A. Steinbrüchel, MD, DMSc  
Departments of Cardiothoracic Surgery, Anesthesiology, Clinical Microbiology and the Institute for Inflammation Research, Rigshospitalet, Copenhagen University Hospital, Copenhagen, Denmark

**Table 2: Concentrations of Inflammatory Markers**

Marker	Group	Induction	Cross-clamp						PCT
			Before	After	5 Minutes	6 Hours*	24 Hours	72 Hours	
Median (IQR) pg/mL									
IL-6	Cell saver	0 (0-5)	0 (0-6)	13 (4-31)	38 (13-67)	112 (66-168)	89 (45-153)	38 (17-84)	0.021
	Control	0 (0-5)	0 (0-5)	17 (5-59)	51 (29-116)	228 (142-331)	44 (34-190)	44 (21-101)	
IL-8	Cell saver	6 (3-10)	6 (1-11)	17 (7-30)	17 (7-38)	17 (7-46)	17 (7-41)	17 (7-40)	0.058
	Control	7 (3-9)	8 (6-11)	23 (15-38)	28 (24-46)	42 (28-48)	18 (13-31)	18 (10-26)	
IL-10	Cell saver	0 (0-1)	0 (0-2)	6 (0-9)	9 (4-19)	2 (0-21)	0 (0-3)	0 (0-3)	0.530
	Control	0 (0-2)	1 (0-3)	7 (4-12)	10 (8-20)	3 (0-8)	2 (1-3)		
Median (IQR) ng/mL									
sTNF-R1	Cell saver	0.9 (0.8-1.8)	0.7 (0.5-1.3)	1.6 (1.5-2.0)	2.1 (1.5-2.8)	1.9 (1.1-2.7)	1.7 (1.3-2.7)	1.6 (1.5-4.4)	0.158
	Control	1.0 (0.8-1.8)	0.9 (0.5-1.2)	1.5 (1.1-2.2)	2.4 (1.8-2.9)	2.0 (1.2-2.8)	2.0 (1.1-2.9)	2.0 (1.8-4.4)	
sTNF-R2	Cell saver	2.5 (1.5-2.9)	1.6 (1.0-2.0)	3.0 (1.4-3.4)	3.0 (2.1-3.8)	3.4 (2.6-4.7)	2.8 (1.6-3.9)	3.3 (2.5-5.0)	0.40
	Control	2.4 (1.6-2.9)	1.5 (1.1-1.9)	2.8 (2.3-3.4)	3.5 (2.7-3.9)	4.4 (2.8-4.9)	3.3 (2.0-4.6)	3.6 (2.7-5.0)	
PCT	Cell saver	0.1 (0.1-0.2)	0.1 (0.1-0.3)	0.1 (0.1-0.3)	0.1 (0.1-0.2)	0.2 (0.2-0.6)	0.4 (0.3-1.1)	0.4 (0.2-2.3)	0.472
	Control	0.1 (0.1-0.3)	0.1 (0.1-0.3)	0.1 (0.1-0.3)	0.1 (0.1-0.2)	0.5 (0.3-1.0)	0.7 (0.3-1.4)	0.4 (0.3-0.8)	







**Intraoperative High-Dose Dexamethasone for Cardiac Surgery**  
A Randomized Controlled Trial

JAMA. 2012;308(17):1761-1767

**Etude randomisée multicentrique (n=4494)**

**DXM (1 mg/Kg à l' induction) versus placebo**

**Critère de jugement composite**

**Table 2. Primary Study End Point and Components of the Primary Study End Point in the Dexamethasone and Placebo Groups**

	Dexamethasone (n = 2235)	Placebo (n = 2247)	Relative Risk (95% CI)
Primary study end point <sup>a</sup>	157 (7.0)	191 (8.5)	0.83 (0.67-1.01)
Components of the primary study end point			
Death	31 (1.4)	34 (1.5)	0.92 (0.57-1.49)
Myocardial infarction	35 (1.6)	39 (1.7)	0.90 (0.57-1.42)
Stroke	29 (1.3)	32 (1.4)	0.91 (0.55-1.50)
Renal failure	28 (1.3)	40 (1.8)	0.70 (0.44-1.14)
Respiratory failure	67 (3.0)	97 (4.3)	0.69 (0.51-0.94)

<sup>a</sup>Primary study end point was a composite of death, myocardial infarction, stroke, renal failure, or respiratory failure, within 30 days after surgery.

**Table 3. Secondary End Points in the Dexamethasone and Placebo Groups**

Secondary End Points	Dexamethasone (n = 2235)	Placebo (n = 2247)	Relative Risk (95% CI)	P Value <sup>a</sup>
Duration of postoperative mechanical ventilation, h	7.0 (4.7-10.0)	7.0 (5.0-11.0)	NA	<.001
Length of stay in the ICU, h	22.0 (19.0-24.0)	22.0 (19.0-25.0)	NA	<.001
Length of hospital stay, d	8 (7-13)	9 (7-13)	NA	.009
Highest serum glucose concentration in the ICU, mg/dL	195 (50)	177 (59)	NA	<.001

## Methylprednisolone in patients undergoing cardiopulmonary bypass (SIRS): a randomised, double-blind, placebo-controlled trial

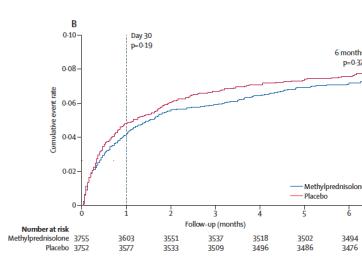
Lancet 2015; 386: 1243–53

Richard P Whitlock, PJ Devereux, Kevin H Teoh, Andre Lamy, Jessica Vincent, Janice Pogue, Domenico Paparella, Daniel I Sessler, Ganesh Karthikeyan, Juan Carlos Villaseca, Yurixio Yu, Alvaro Avezum, Mackenzie Quanz, Georgios Togarakis, Paillav J Shah, Seyed Hesameddin Abbasi, Hong Zheng, Shihua Boretz, Susan Chonchol, Steven Yusuf, for the SPRINT investigators<sup>1</sup>

Etude multicentrique (80 hôpitaux au sein de 18 pays) incluant patients avec EuroSCORE > 6

## Etude multicentrique (80 hôpitaux au sein de)

Traitement prophylactique 250 mg prednisolone à l'induction et au départ de la CEC



## Prophylactic corticosteroids for cardiopulmonary bypass in adults (Review)

Dieleman JM et al. Cochrane Database Syst Rev 2011;CD005566

Comparison outcome	Number of studies	Participants	Peto OR (Fixed) [95 % CI]	Heterogeneity I <sup>2</sup> (%)	Mantel-Haenszel OR (random) [95 % CI]
<b>Primary endpoints</b>					
Mortality	49	3213	1.06 [0.58, 1.95]	1	1.00 [0.55, 1.82]
Myocardial complications	26	2103	0.95 [0.57, 1.60]	4	0.95 [0.55, 1.64]
Pulmonary complications	21	1340	0.83 [0.49, 1.40]	5	0.90 [0.51, 1.58]
<b>Subgroup analyses and investigation of heterogeneity</b>					
Atrial fibrillation	17	1399	0.60 [0.46, 0.78]	11	0.61 [0.45, 0.82]
Infections	16	1517	0.66 [0.56, 1.31]	0	0.88 [0.57, 1.36]
<b>Sensitivity analysis</b>					
Time to extubation (min)	23	1351	-1.81 [-11.46, 7.83]	93	-46.87 [-100.25, 6.25]
ICU stay (hours)	25	1215	-2.32 [-2.84, -1.81]	87	-5.47 [-8.13, -2.82]
Hospital stay (days)	15	635	-0.59 [-0.84, -0.34]	96	-0.97 [-2.42, 0.47]

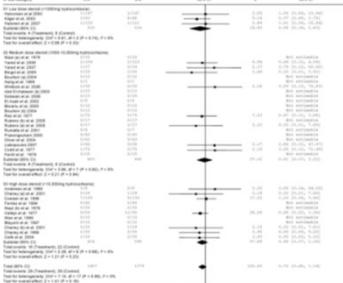
Cardiovascular Surgery

## Benefits and Risks of Corticosteroid Prophylaxis in Adult Cardiac Surgery

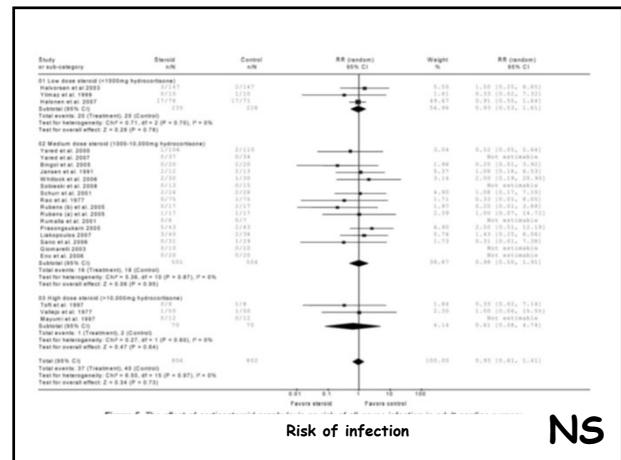
## A DOSE-RESPONSE STUDY-ANALYSIS

Circulation 2009;119:1853-6

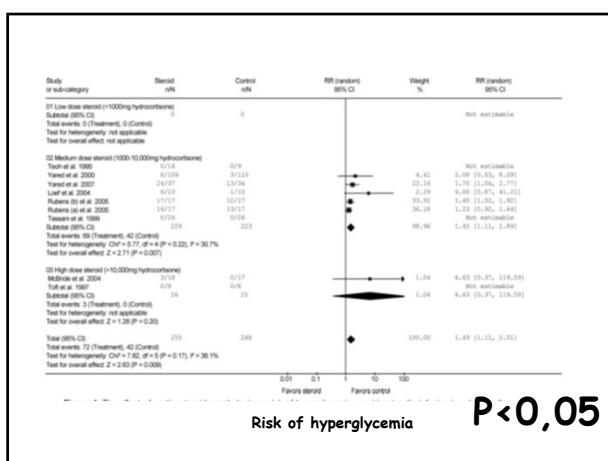
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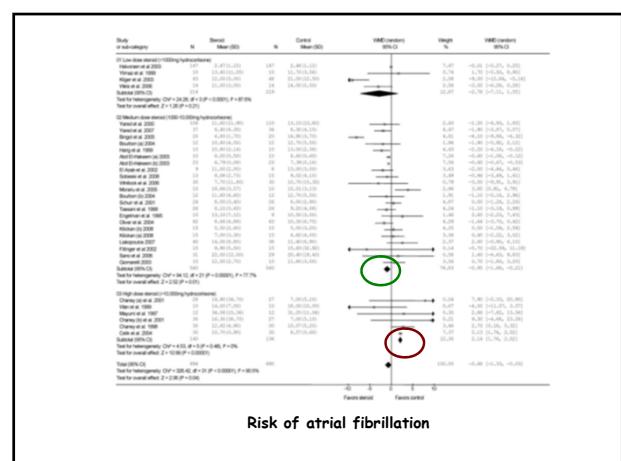
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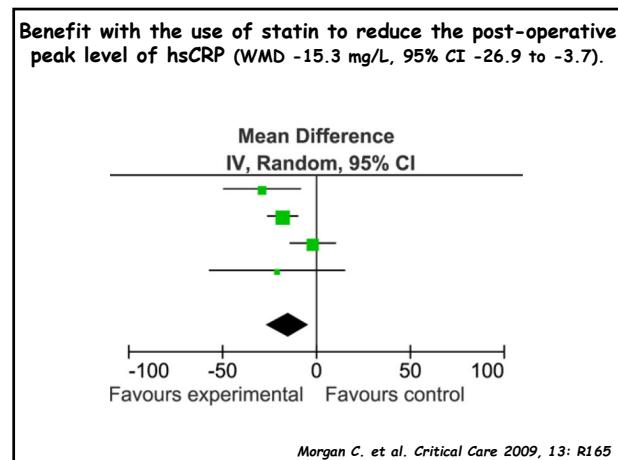
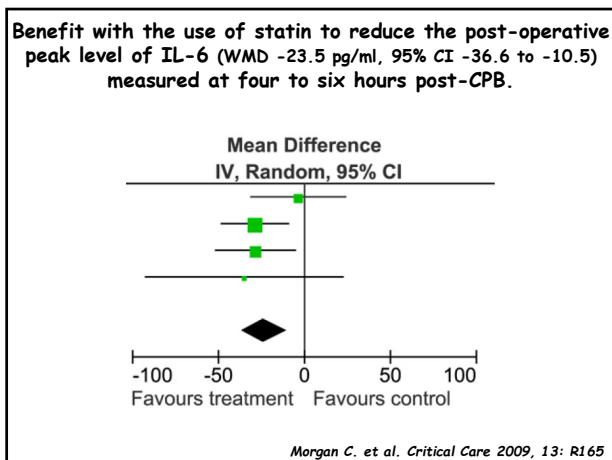
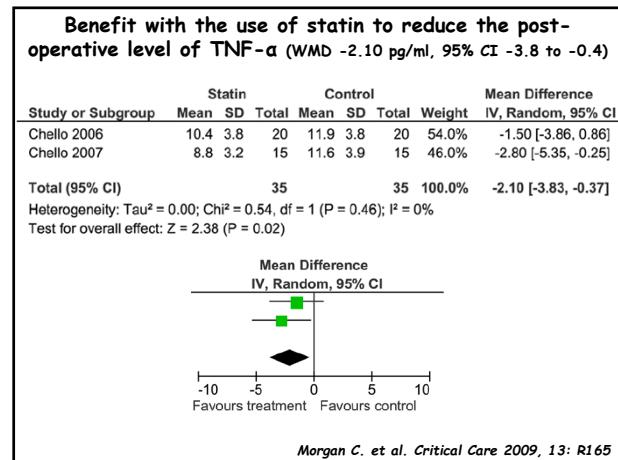
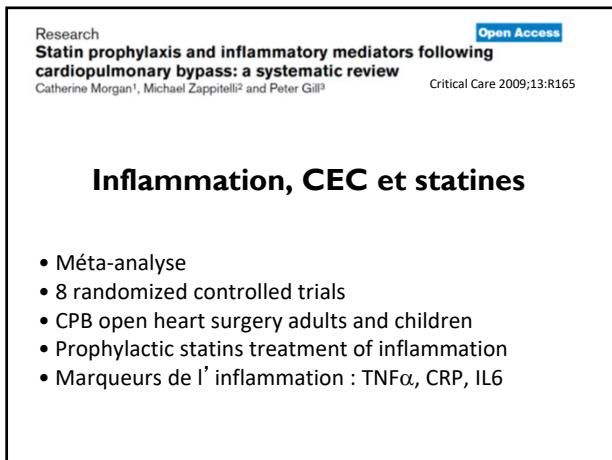
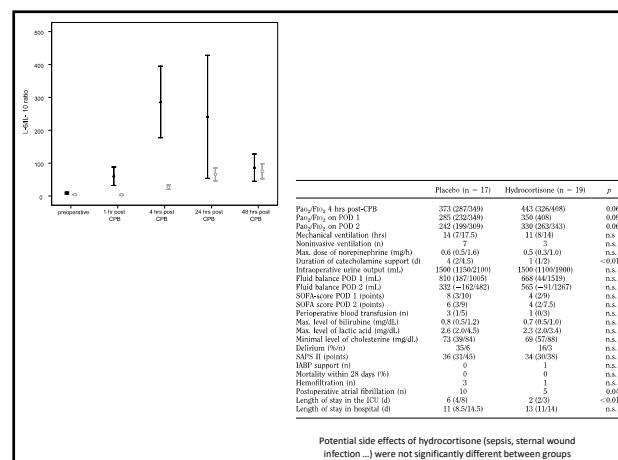
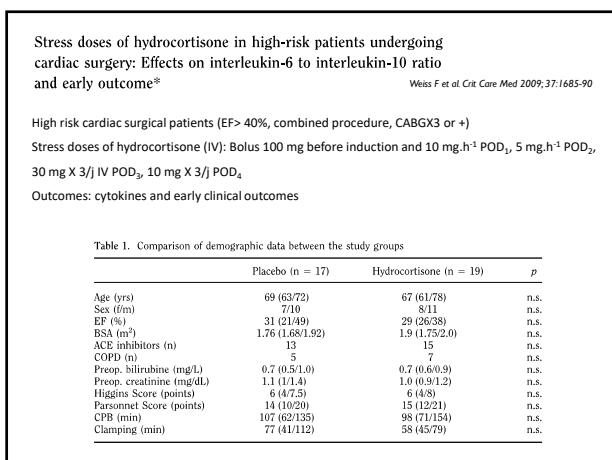
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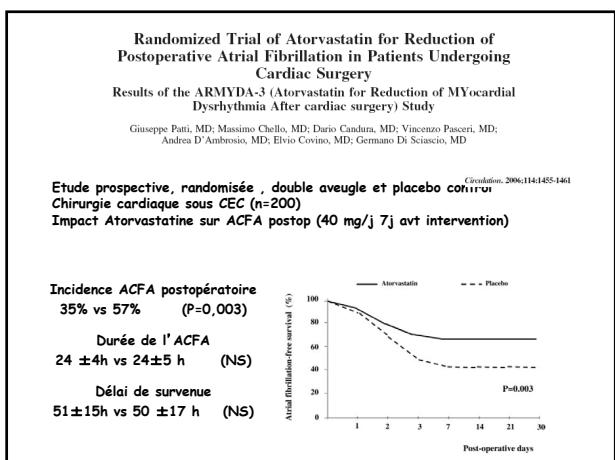


$P < 0.05$



## Risk of atrial fibrillation





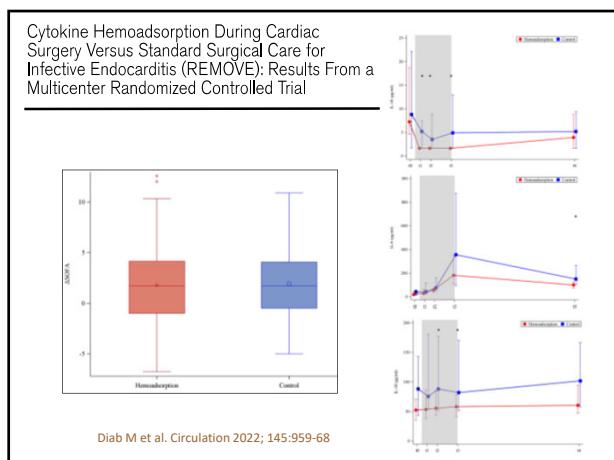
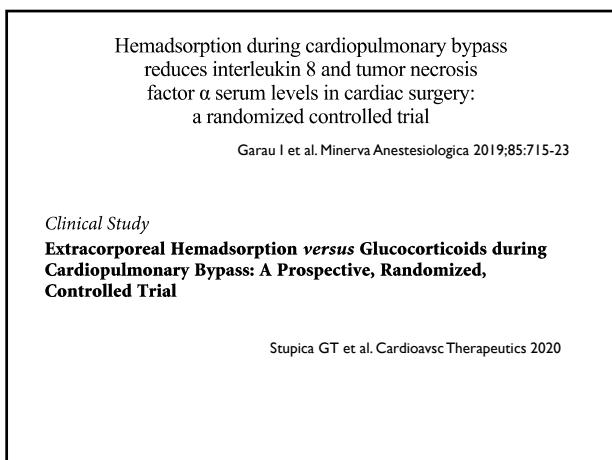
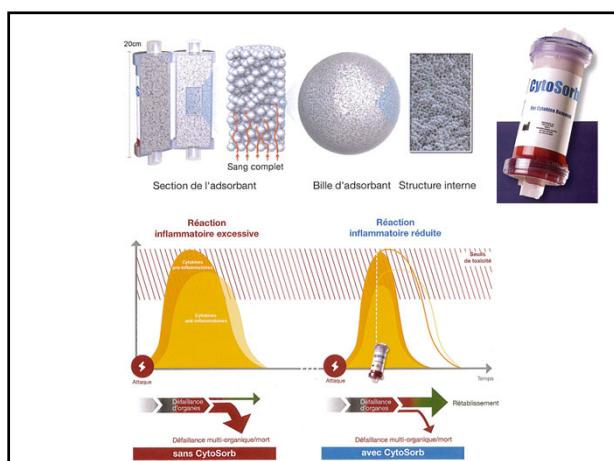
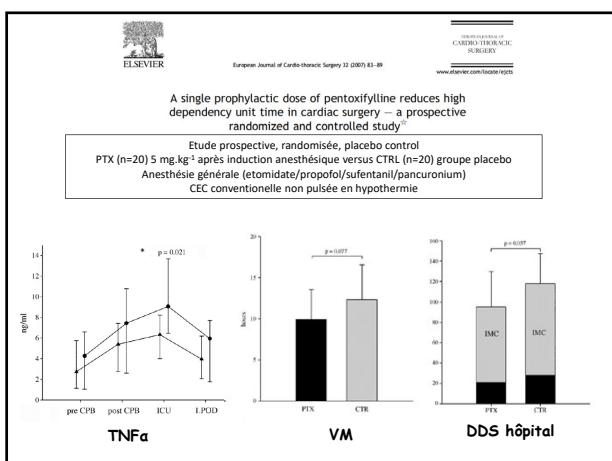
**Agents vasopresseurs de recours**

**Rescue Agents and Relevant Dosing Derived From the Current Literature**

Drug	Dose
Vasopressin	0.02-0.1 U/min
Terlipressin *	1-2 µg/kg/h
Methylene blue *	2-3 mg/kg over 10 minutes, followed by 0.5 mg/kg/h for 6 h
Hydroxocobalamin *	5 g infused over 15 min; may repeat once
Angiotensin II (Giapreza)	10-40 ng/kg/min
Vitamin C	1.5 g intravenously every 6 h
Flurbiprofen (Ropion) *	50-100 mg
Hydrocortisone	50-100 mg once, then 50 mg every 6 h

\* Off-label use.

Orteleva J et al. J Cardiothoracic Vasc Anesth 2020;34:2766-75





## Conclusion

- Réaction inflammatoire constante
- Effets bénéfiques probables
- Effets délétères évidents
- Syndrome de défaillance multiviscérale
- Prédisposition génétique
- Facteurs déclenchant modulables (chirurgie, anesthésie, type de CEC...)
- Appréhender par une prise en charge multimodale périopératoire optimale
- Place des corticoïdes très discutable...

