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**CARDIOGENIC SHOCK**  
**EPIDEMIOLOGY, PATHOPHYSIOLOGY, THERAPY**

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INSERM, UMR 1034 Biology of cardiovascular diseases  
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CONFLICTS OF INTEREST

V CONSENSUS ACTUALITÉS ET PERSPECTIVES EN SUPPLÉNCE D'ORGANES

CŒUR • FOIE • POUMON • REIN

**13<sup>e</sup> JOURNÉES CAPSO**

SAVE THE DATE  
4 & 5 DÉC. 2025

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ESC European Heart Journal (2021) 42: 3759–3774  
of Cardiology

**2021 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure**

Developed by the Task Force for the diagnosis and treatment of acute and chronic heart failure of the European Society of Cardiology (ESC)

With the special contribution of the Heart Failure Association (HFA) of the ESC

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AND THE AMERICAN HEART ASSOCIATION, INC.  
PUBLISHED BY ELSEVIER

VOL. ■ NO. ■ 2021

**CLINICAL PRACTICE GUIDELINE**

**2025 ACC/AHA/ACEP/NAEMSP/SCAI Guideline for the Management of Patients With Acute Coronary Syndromes**

A Report of the American College of Cardiology/American Heart Association  
Joint Committee on Clinical Practice Guidelines  
Developed in Collaboration With and Endorsed by the American College of Emergency Physicians,  
National Association of EMS Physicians, and Society for Cardiovascular Angiography  
and Interventions

**CLINICAL DEFINITION**

- Life threatening end-organ hypoperfusion and tissular hypoxia from cardiac dysfunction
- Persistent low-cardiac output unresponsive to volume loading (fluid loading challenge+++)
- Both clinical and biochemical manifestation
- Majority of Cardiogenic Shock ( $\approx 80\%$ ) are caused by Acute Coronary Syndrome (STEMI+++)
- 5-10% of patients hospitalized for AMI (leading cause of mortality in these patients)
- Results from extensive damage to left ventricular myocardium or mechanical complications (please check by repeating TTE exam!)

**ACUTE HEART FAILURE IS NOT CARDIOGENIC SHOCK...**

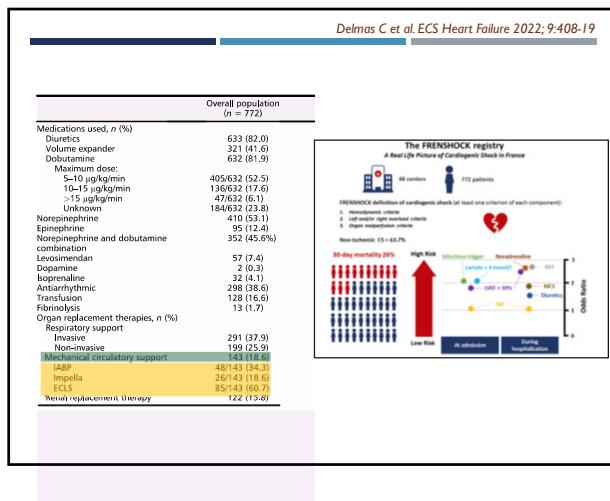
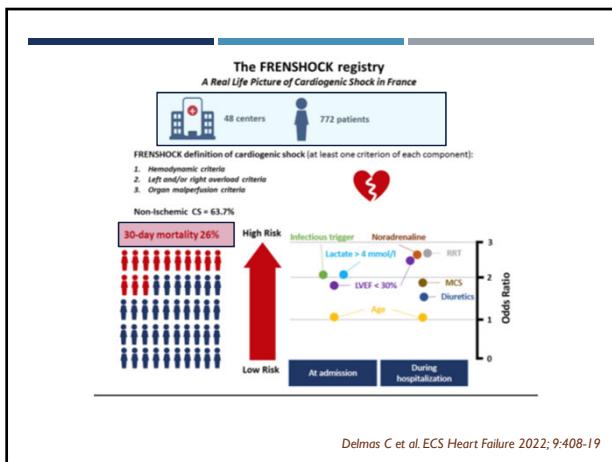
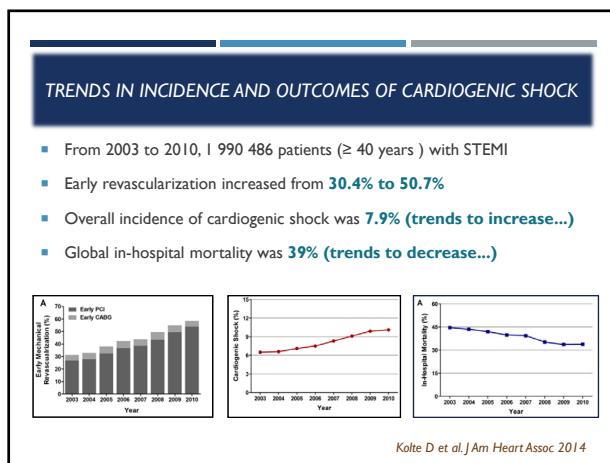
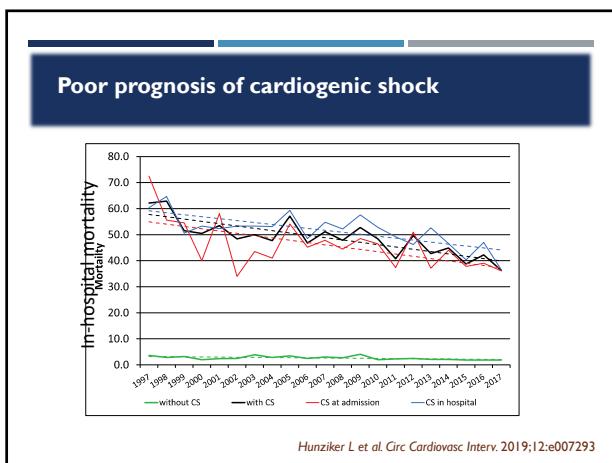
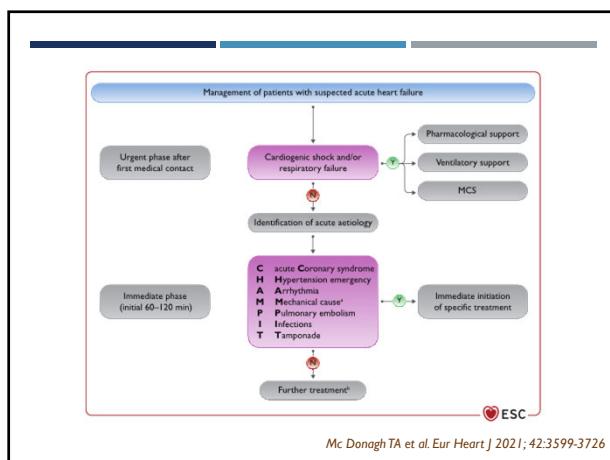
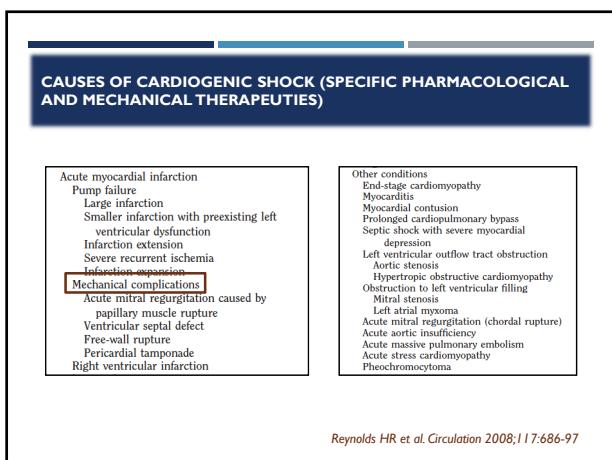
Follath F et al. Int Care Med 2011

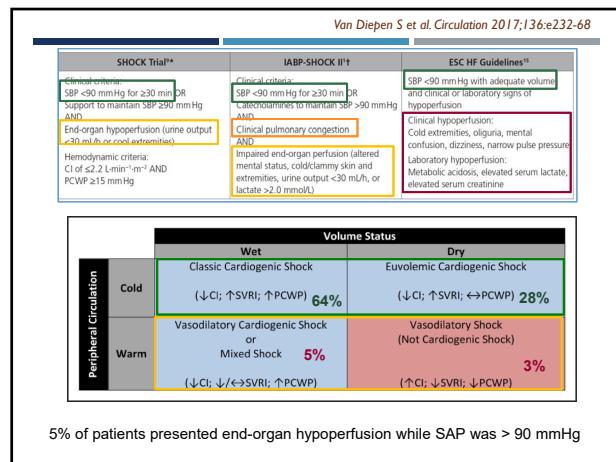
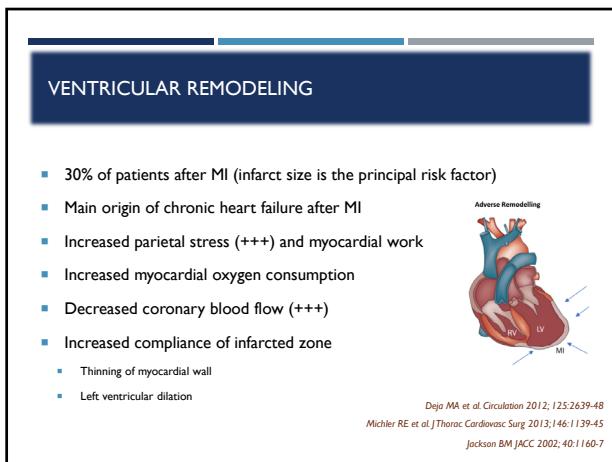
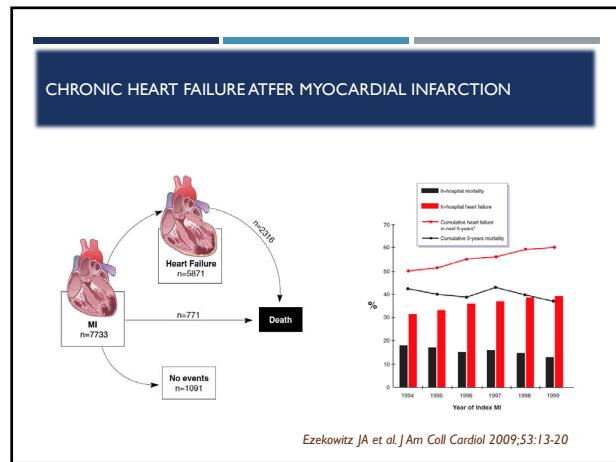
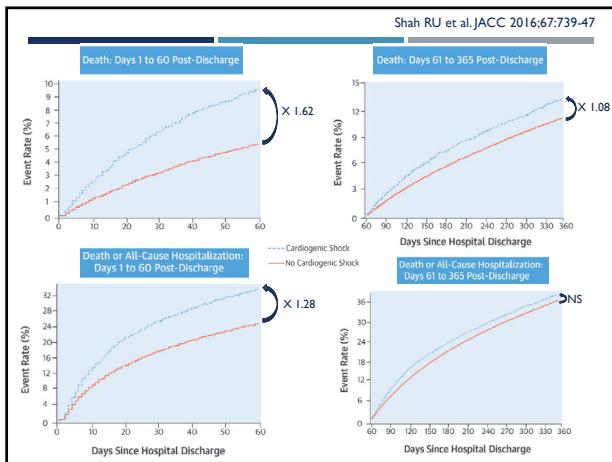
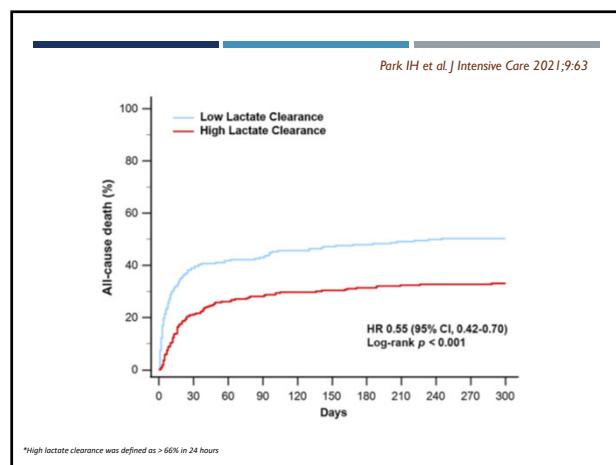
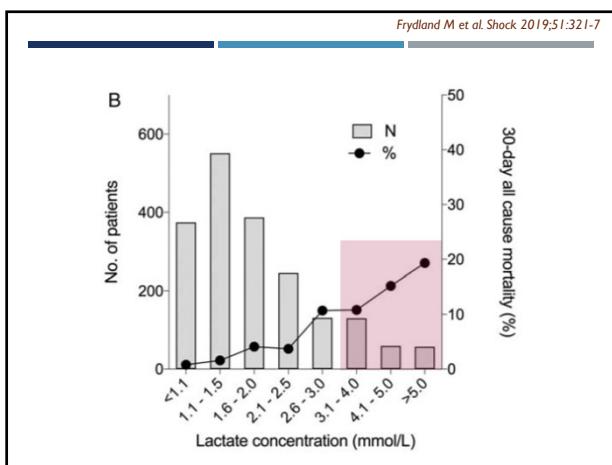
RESEARCH Open Access  
2011

**Baseline characteristics and hospital mortality in the Acute Heart Failure Database (AHEAD) Main registry**

Jiřích Špinar<sup>1,2</sup>, Jiří Párenica<sup>1,2</sup>, Jiří Vítovc<sup>1,2</sup>, Petr Widimský<sup>3</sup>, Aleš Linhart<sup>4</sup>, Marian Fedorov<sup>5</sup>, Filip Malek<sup>7</sup>, Čestmír Chalík<sup>6</sup>, Lenka Špinarová<sup>1,2</sup>, Roman Miklik<sup>1</sup>, Marian Felsoci<sup>1</sup>, Miroslav Bambučík<sup>8</sup>, Ladislav Dušek<sup>9</sup> and Jiří Jarkovský<sup>9</sup>

Figure 2 In-hospital mortality according to syndrome of acute heart failure. Statistical significance denoted as \*\* p<0.001, \* p<0.05. ADHF = Acute decompensated heart failure, AHF = Acute heart failure.

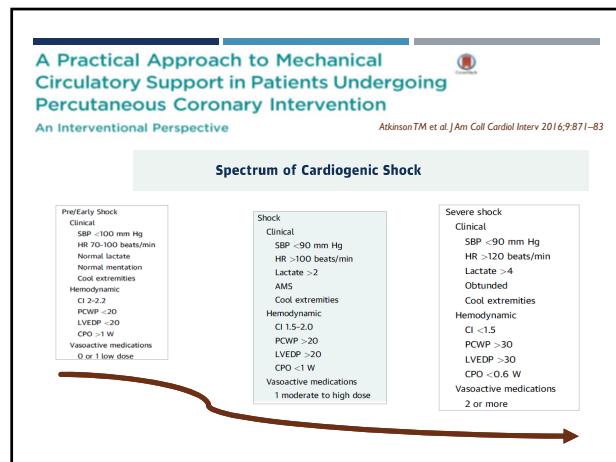
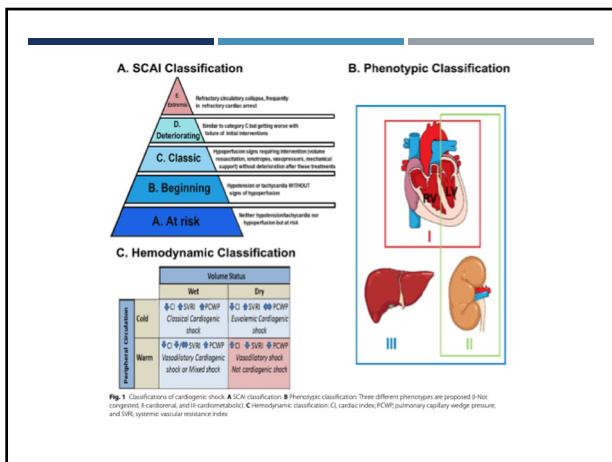
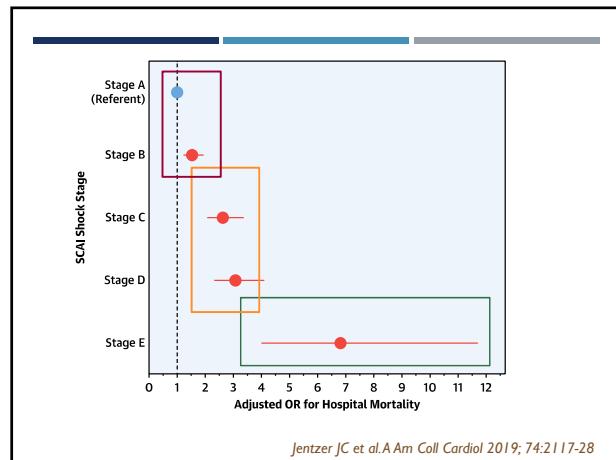
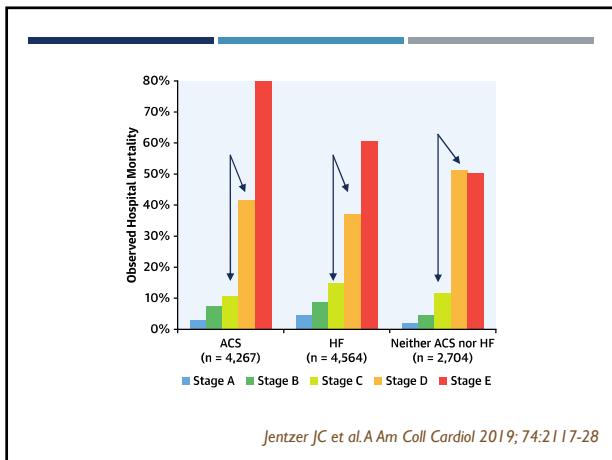
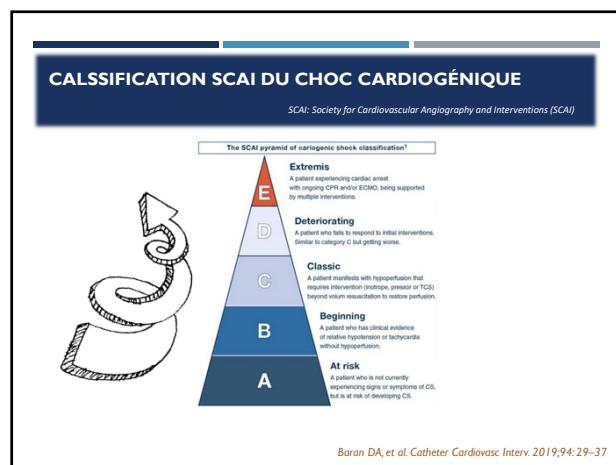




**Table 4: INTERMACS Profiles**

Profiles	Brief Description	Details
INTERMACS 1	Critical cardiogenic shock (Crash and burn)	Life threatening hypotension despite rapidly escalating inotropic support.
INTERMACS 2	Progressive decline (Sliding fast on inotropes)	Declining function despite intravenous inotropic support.
INTERMACS 3	Stable but inotrope dependent (Dependent stability)	Stable on continuous intravenous inotropic support.
INTERMACS 4	Resting symptoms on oral therapy at home	Patient experiences daily symptoms of congestion at rest or during activities of daily living.
INTERMACS 5	Exertion intolerant	Patient is comfortable at rest and with activities of daily living but unable to engage in any other activity.
INTERMACS 6	Exertion limited (Walking wounded)	Patient has fatigue after the first few minutes of any meaningful activity.
INTERMACS 7	Advanced NYHA class III (Placeholder)	Patients living comfortably with meaningful activity limited to mild physical exertion.

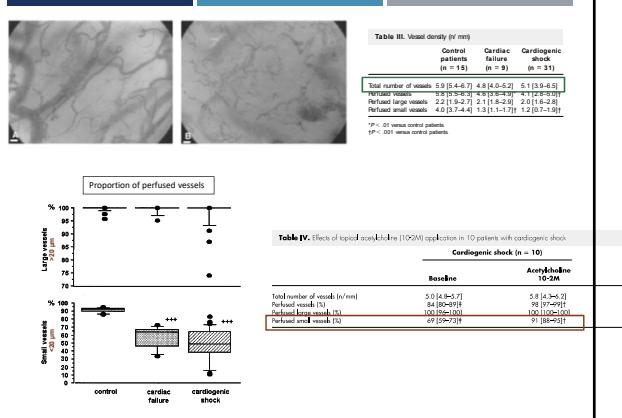
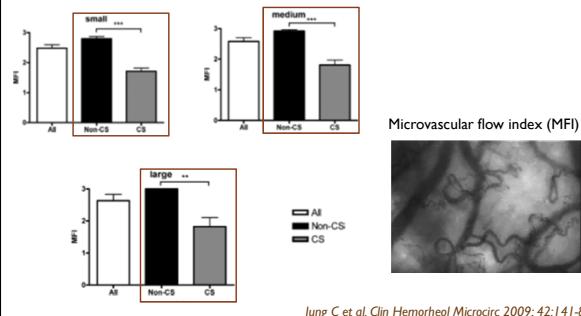
INTERMACS: Interagency Registry for Mechanically Assisted Circulatory Support; NYHA = New York Heart Association. Adapted from: Stevenson LW, et al.<sup>26</sup>



## DISEASE OF ENTIRE CIRCULATORY SYSTEM

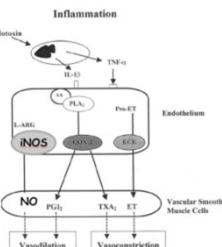
- Decreased stroke volume and thus reduced cardiac output while compensatory mechanism (tachycardia)
- Reduction myocardial contractility
- Inadequate oxygen delivery: mismatch between oxygen delivery and oxygen consumption
- Disturbances of entire circulatory system (peripheral vasculature)
- Adaptive vasoconstriction through increased afterload (neurohumoral system)
- Pathological vasodilation related to systemic inflammatory response (end organ hypoperfusion and/or ischemia reperfusion phenomenon)

## ALTERATION OF MICROCIRCULATORY BLOOD FLOW



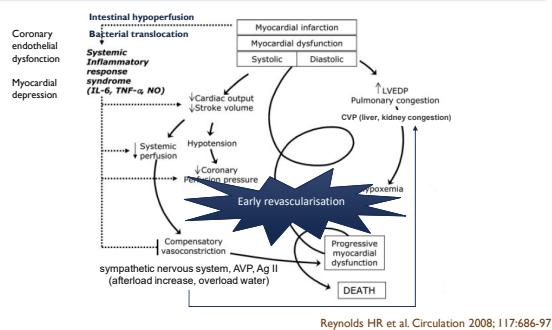
## IMPAIRMENT OF MICROCIRCULATION

- Present early in cardiogenic shock
- Microcirculatory network seems to be initially present and functional
- A decreased in capillary density by reduced blood flow
- Organ dysfunction (liver, kidney...)
- Intestinal barrier (bacterial translocation)
- Lipopolysaccharide (endotoxins) in blood stream (endotoxemia)
- Inflammatory response (cytokine release) and multiorgan failure



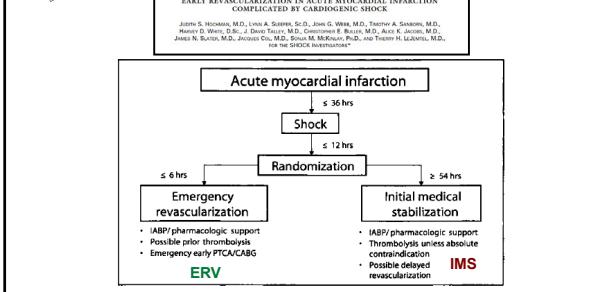
Bertini P et al; Curr Opin Crit Care 2021;27:409-415

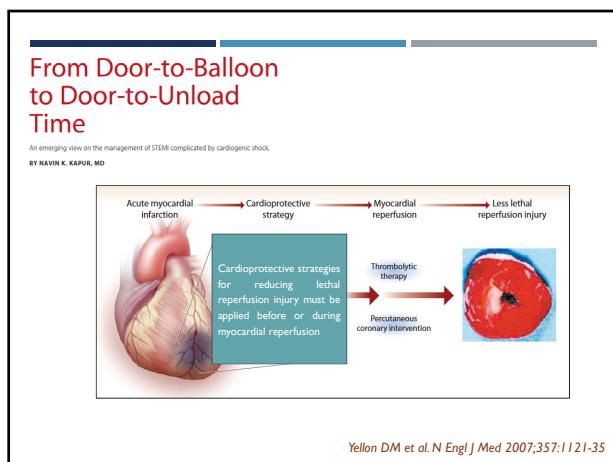
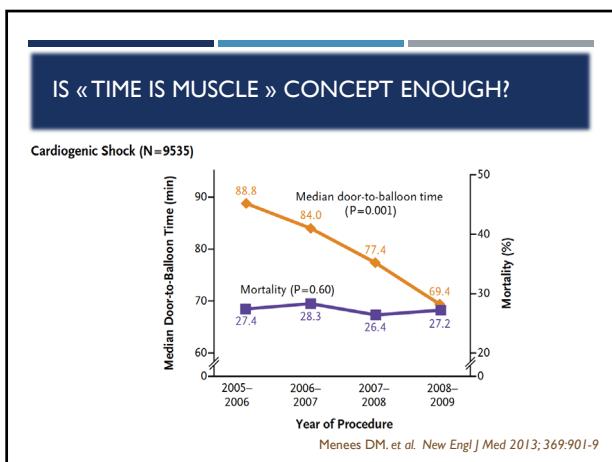
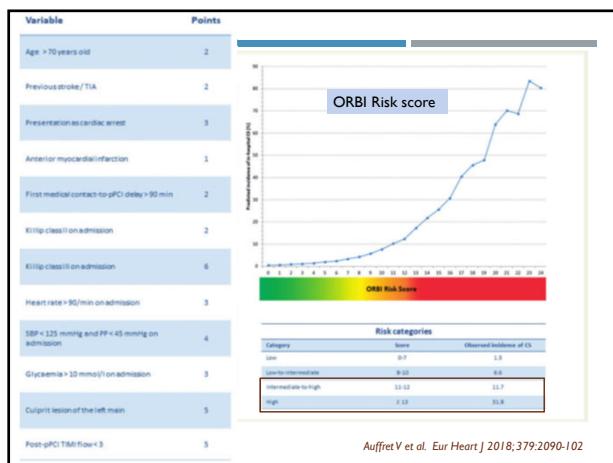
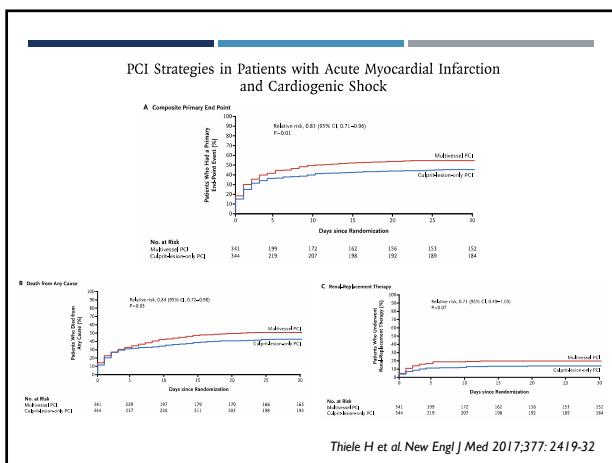
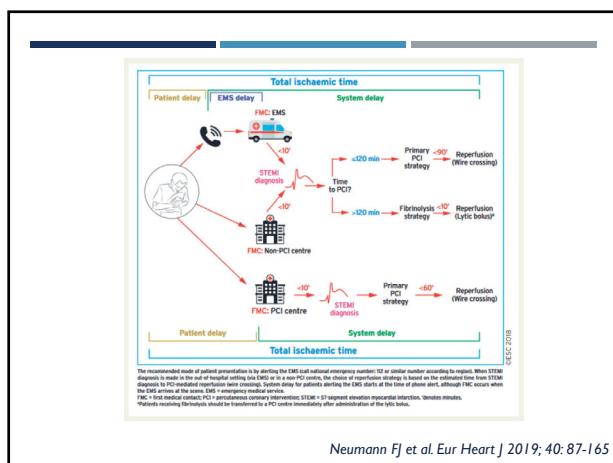
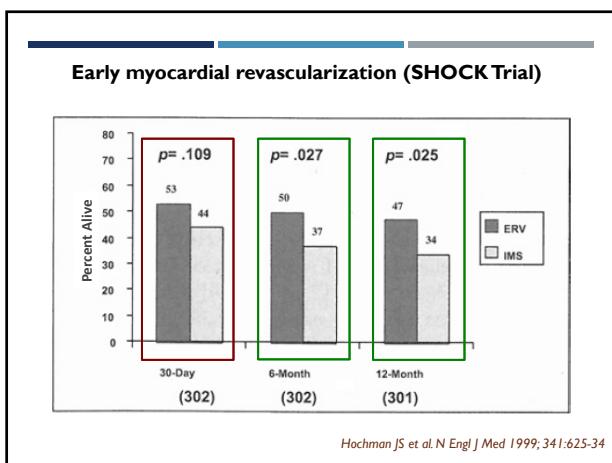
## SYSTEMIC CARDIOVASCULAR AND INFLAMMATORY DISEASE

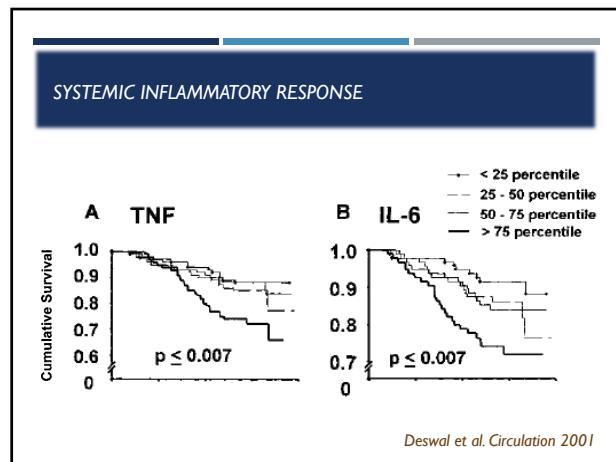
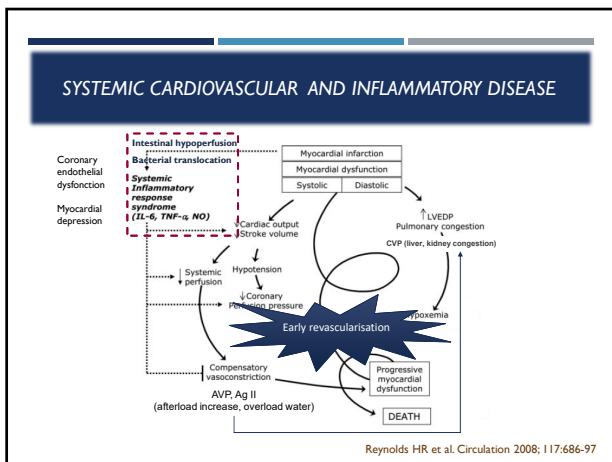
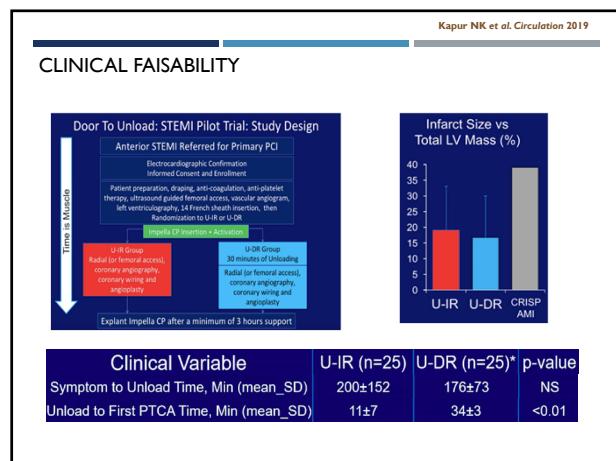
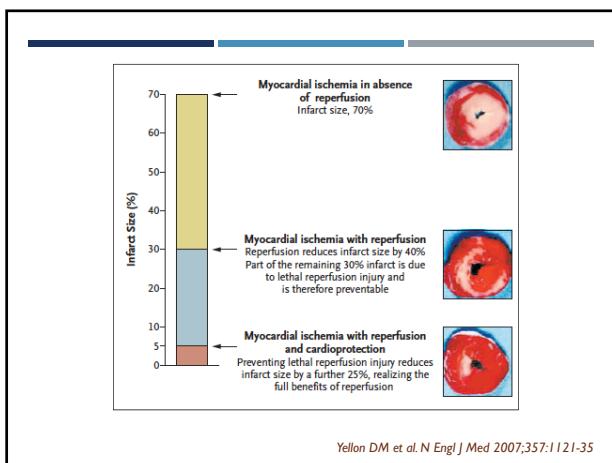
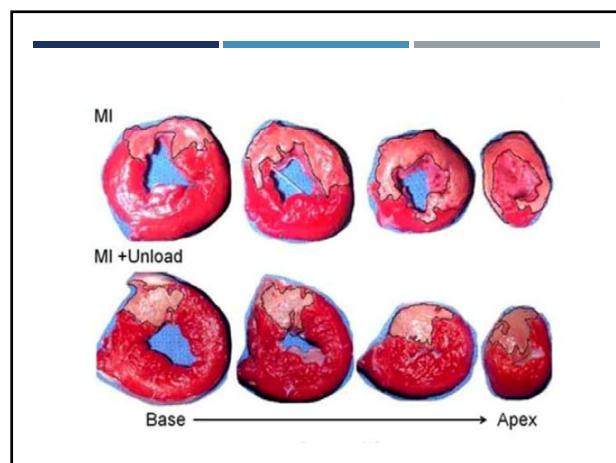
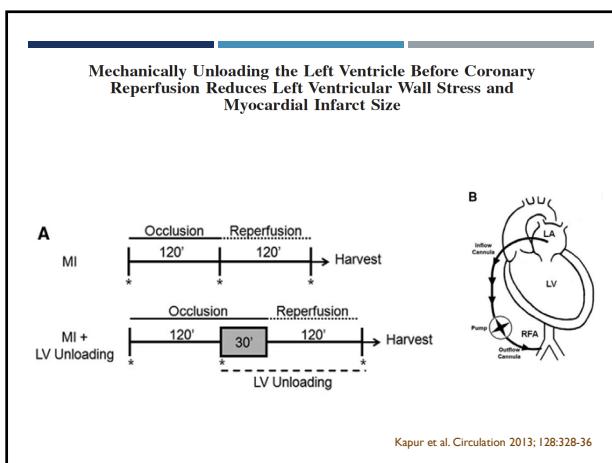


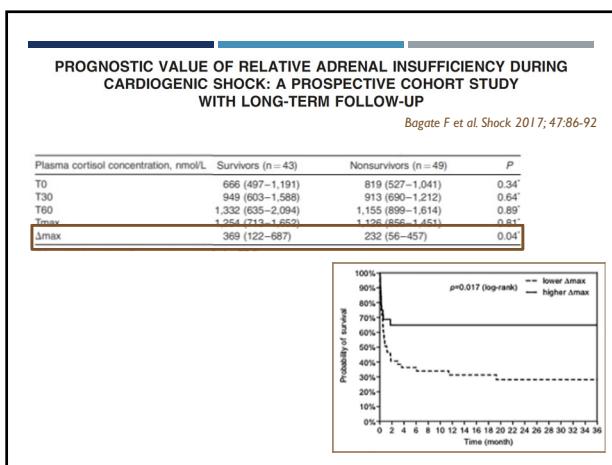
The New England  
Journal of Medicine

SHOCK TRIAL 1999









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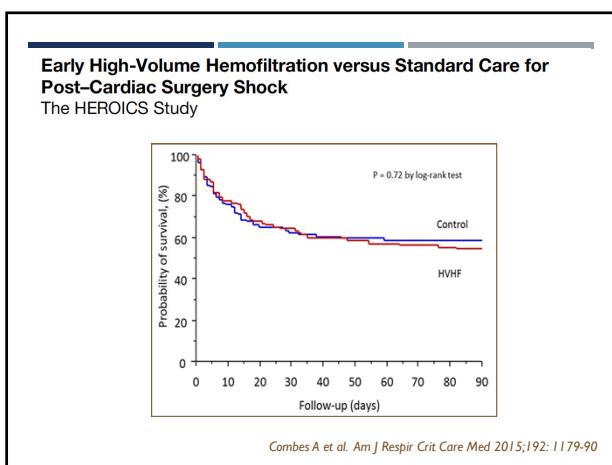
**Low Dose of Hydrocortisone and Fludrocortisone in Adult Cardiogenic Shock (COCOA)**

ClinicalTrials.gov Identifier: NCT03773822

Recruitment Status: Recruiting  
First Posted: December 12, 2018  
Last Update Posted: May 15, 2019  
See Contacts and Locations

The safety and scientific validity of this study is the responsibility of the study sponsor and investigators. Listing a study does not mean it has been evaluated by the U.S. Federal Government. Know the risks and potential benefits of clinical studies and talk to your health care provider before participating. Read our disclaimer for details.

Sponsor: CMC Ambrose Park  
Information provided by (Responsible Party): CMC Ambrose Park

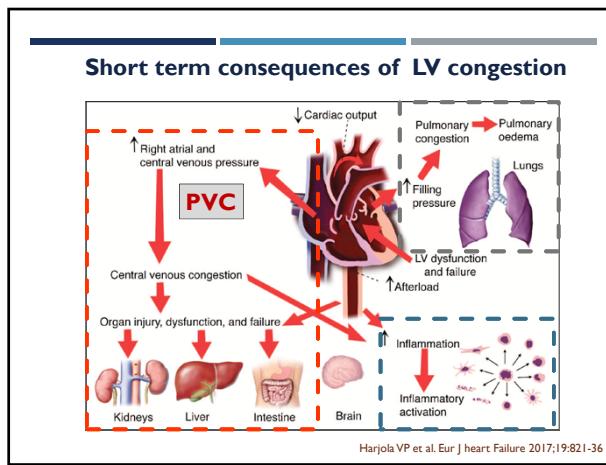
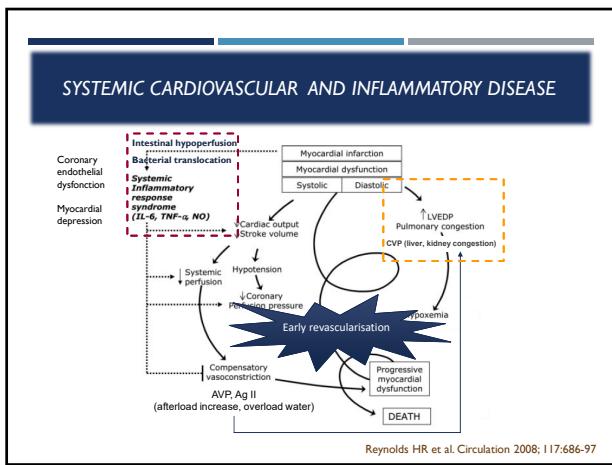


**2017 ESC Guidelines for the management of acute myocardial infarction in patients presenting with ST-segment elevation**

Recommendations	Class <sup>a</sup>	Level <sup>b</sup>
Immediate PCI is indicated for patients with cardiogenic shock if coronary anatomy is suitable. If coronary anatomy is not suitable for PCI, or PCI has failed, emergency CABG is recommended. <sup>248</sup>	I	B
Invasive blood pressure monitoring with an arterial line is recommended.	I	C
Immediate Doppler echocardiography is indicated to assess ventricular and valvular function, leading conditions, and to detect	I	C

indicated according to blood gases.  
Fibrinolysis should be considered in patients

Ibanez B et al. Eur Heart J 2017



## Risk indicators for acute kidney injury in cardiogenic shock

Johannes P.C. van den Akker <sup>a,b,c,d</sup>, Jan Bakker <sup>a,b,c,d</sup>, A.B.J Groeneveld <sup>a,1</sup>, C.A. den Uil <sup>a,e</sup>

<sup>a</sup> Department of Intensive Care Adults, Erasmus MC University Medical Center, Dr. Molewaterplein 40, 3015GD Rotterdam, the Netherlands

<sup>b</sup> Division of Nephrology and Hypertension, Erasmus University Medical Center, New York, NY, USA

<sup>c</sup> Division of Pulmonary, Critical Care and Sleep Medicine, New York University Langone Health- Bellevue Hospital, New York, NY, USA

<sup>d</sup> Department of Intensive Care, Pontifical Catholic University of Chile, Santiago, Chile

<sup>e</sup> Department of Cardiology, Erasmus MC, University Medical Center, 30-Gravenweg 230, Rotterdam 3015, the Netherlands

Univariate and multivariate regression analysis ( $n = 62$ ):

	Univariate			Multivariate		
	Odds ratio	95%CI	P	Odds ratio	95%CI	P
Central Venous Pressure, mmHg (n = 38)	1.199	1.007-1.428	0.041	1.241	1.030-1.495	0.023
Diastolic arterial blood pressure, mmHg	0.950	0.902-1.000	0.049	0.952	0.897-1.010	0.105
PEEP, cm H <sub>2</sub> O*	1.180	1.017-1.369	0.029	—	—	—
Dobutamine, µg kg <sup>-1</sup> min <sup>-1</sup>	1.239	0.985-1.559	0.067	1.264	0.976-1.639	0.076

CI: confidence interval; PEEP: positive end expiratory pressure.

\* For non-ventilated patients we assumed a pressure of 0 cm H<sub>2</sub>O.

Journal of Critical Care 50 (2019) 11–16

## Intraoperative venous congestion rather than hypotension is associated with acute adverse kidney events after cardiac surgery: a retrospective cohort study

OR (99% CI) P-value

Absolute cumulative time (per cumulative 10 min epoch)	OR (99% CI)	P-value
CVP<12 mm Hg	1.03 (1.01-1.06)	<0.001
CVP<16 mm Hg	1.06 (1.03-1.10)	<0.001
CVP<20 mm Hg	1.13 (1.06-1.21)	<0.001
MAP<55 mm Hg	1.07 (1.03-1.12)	<0.001
MAP<65 mm Hg	1.05 (1.03-1.08)	<0.001
MAP<75 mm Hg	1.05 (1.03-1.07)	<0.001

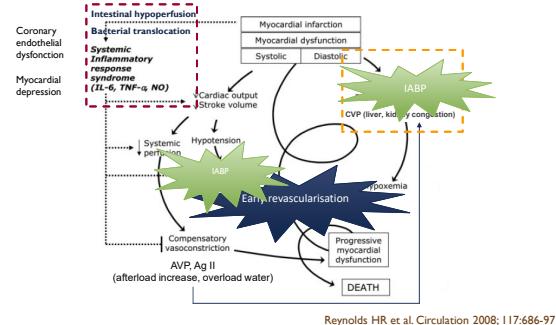
Area (per cumulative 60 mm Hg min)

Area (per cumulative 60 mm Hg min)	OR (99% CI)	P-value
CVP<12 mm Hg	1.04 (1.02-1.06)	<0.001
CVP<16 mm Hg	1.07 (1.04-1.11)	<0.001
CVP<20 mm Hg	1.11 (1.04-1.19)	<0.001
MAP<55 mm Hg	1.05 (1.02-1.09)	<0.001
MAP<65 mm Hg	1.02 (1.01-1.04)	<0.001
MAP<75 mm Hg	1.02 (1.01-1.02)	<0.001

← Lower AKI risk Higher AKI risk →

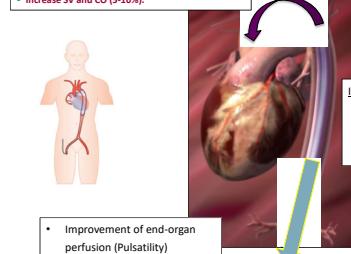
Chen L et al. Br J Anaesth 2022; 128:785-95

## SYSTEMIC CARDIOVASCULAR AND INFLAMMATORY DISEASE



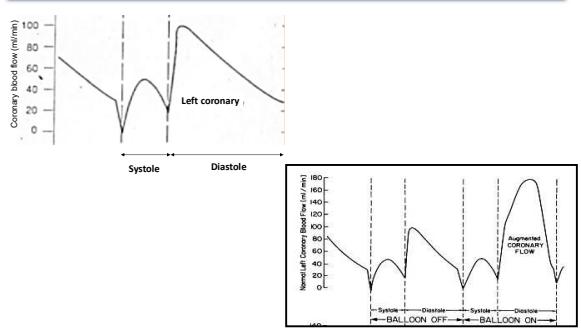
## Intra-aortic balloon pump (IABP)

- Increase diastolic aortic pressure from 30 to 70% (rapid inflation)
- Decrease systolic aortic pressure from 5 to 15% (slow deflation)
- Decrease LV afterload
- Decrease LV preload
- Decrease HR (10%)
- Increase SV and CO (5-10%).

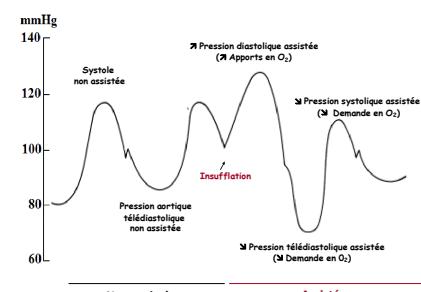


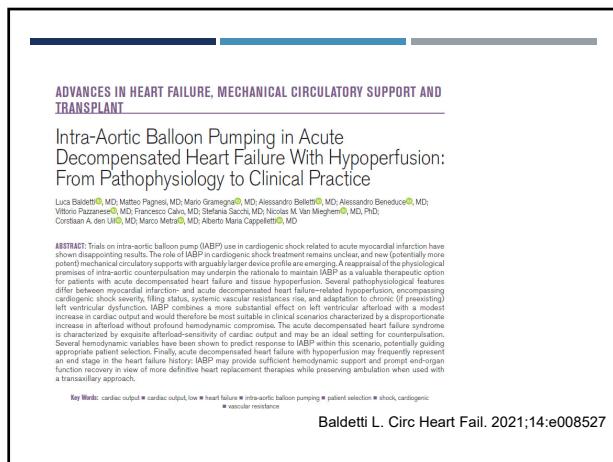
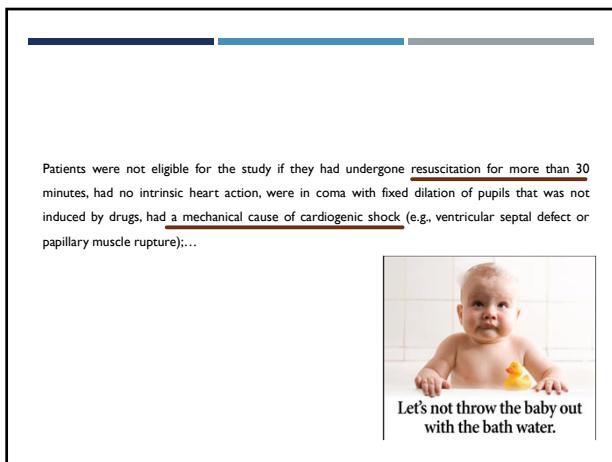
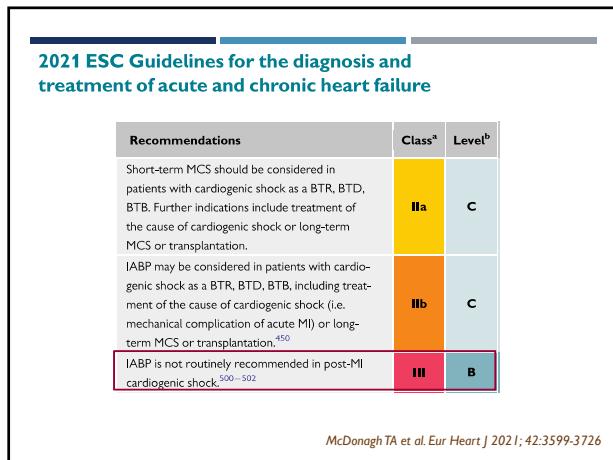
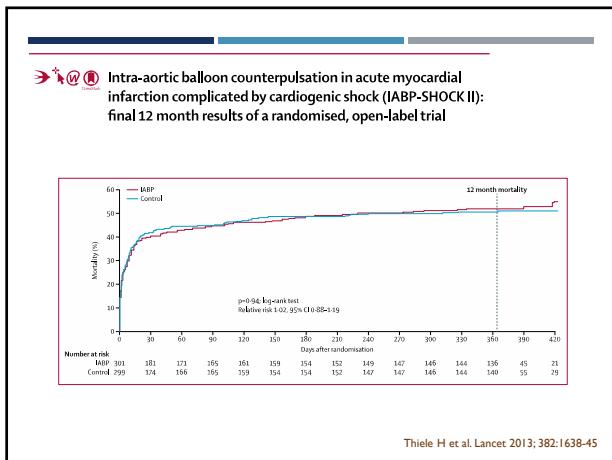
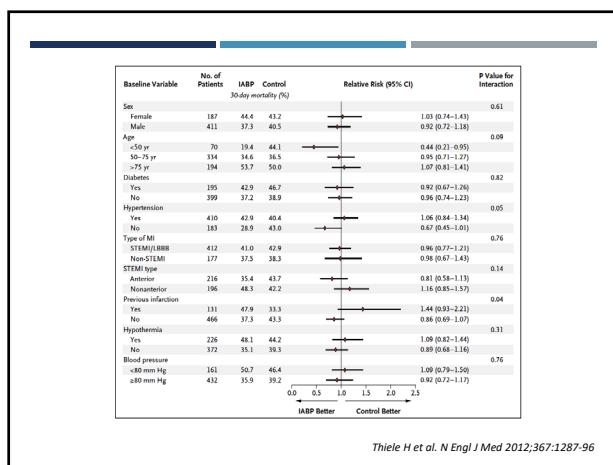
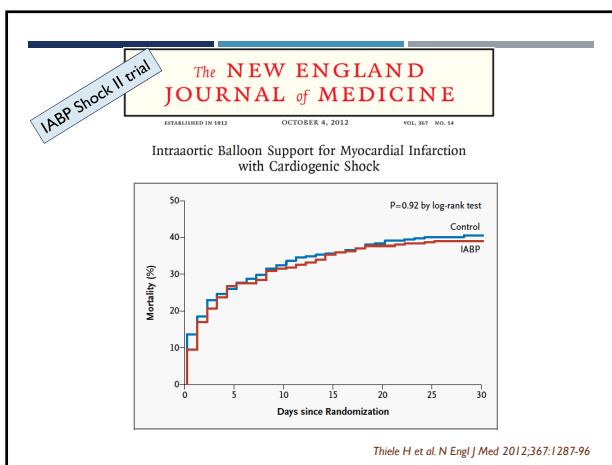
deWaha S et al. Vascular Pharmacology 2014;61:30-34  
Ro SK et al. Eur J Cardiothorac Surg 2014;46:186-92  
Aso S et al. Crit Care Med 2016; 44:1974-9

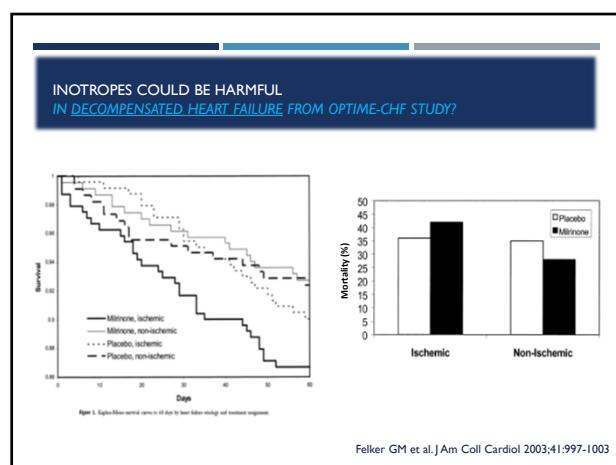
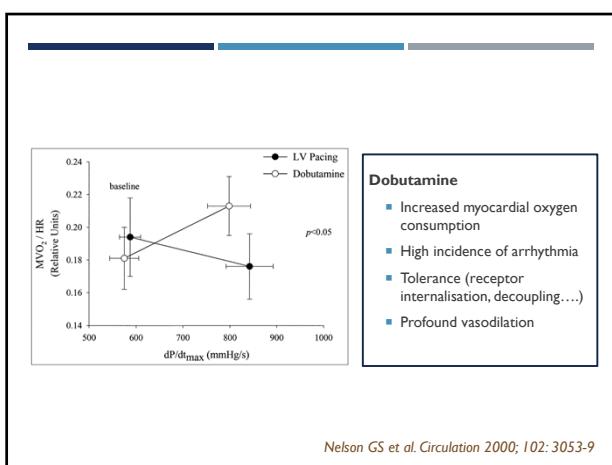
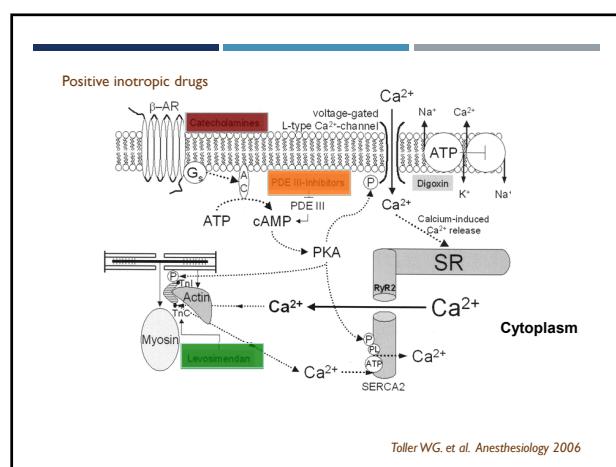
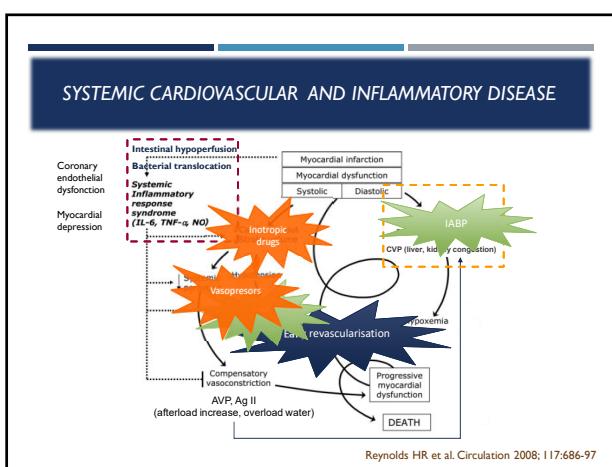
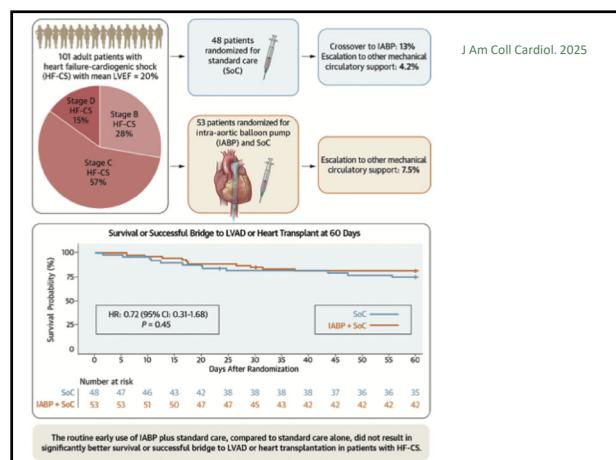
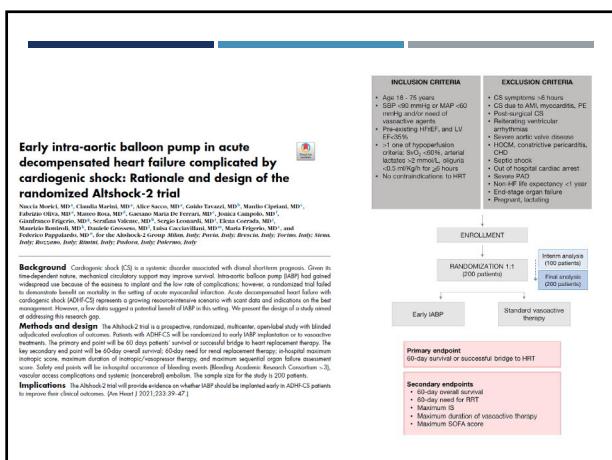
## Amélioration perfusion coronaire...

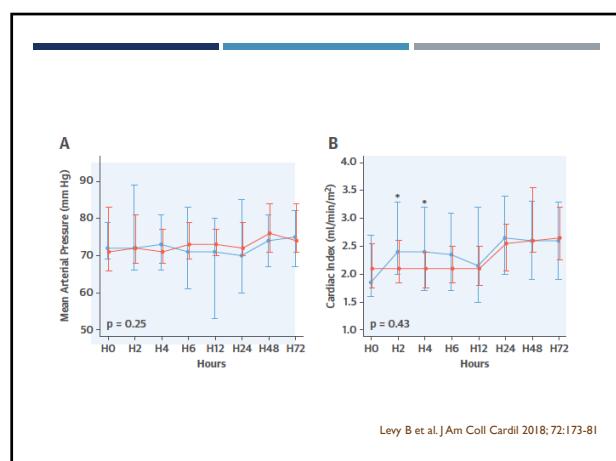
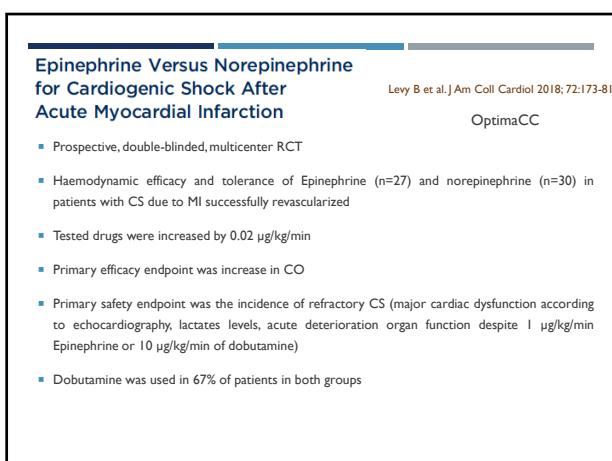
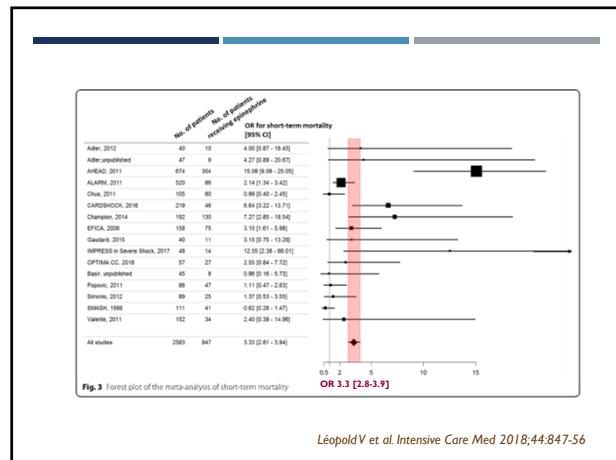
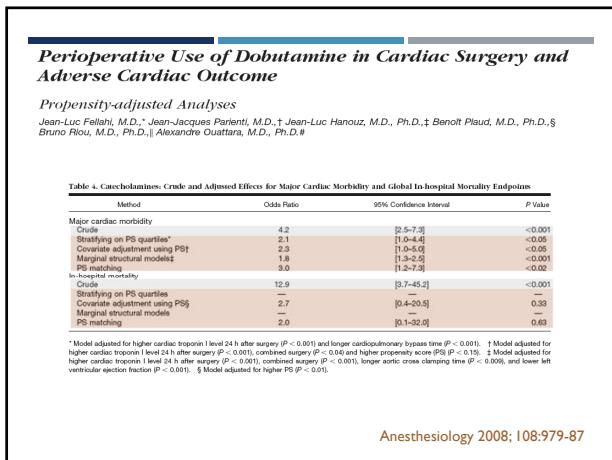
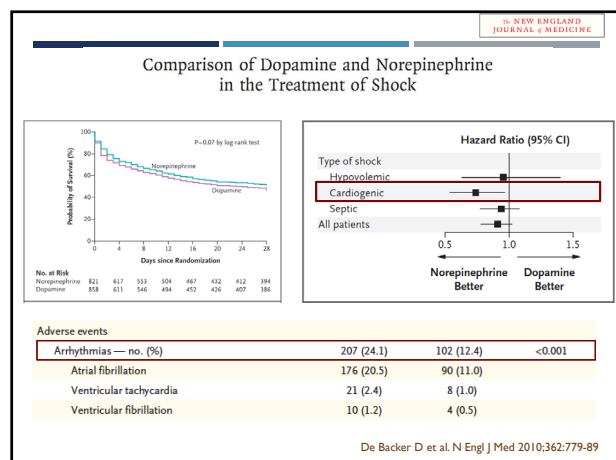
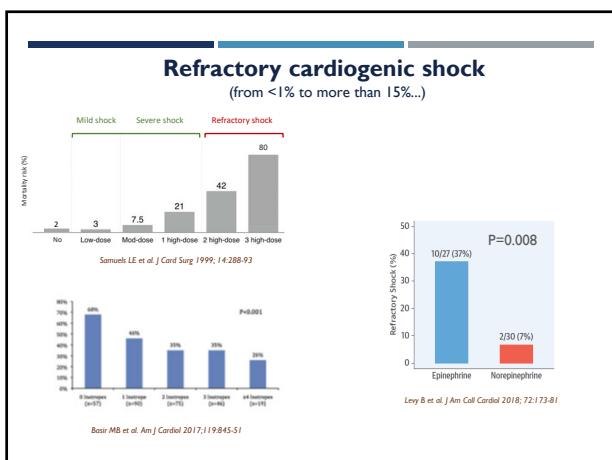


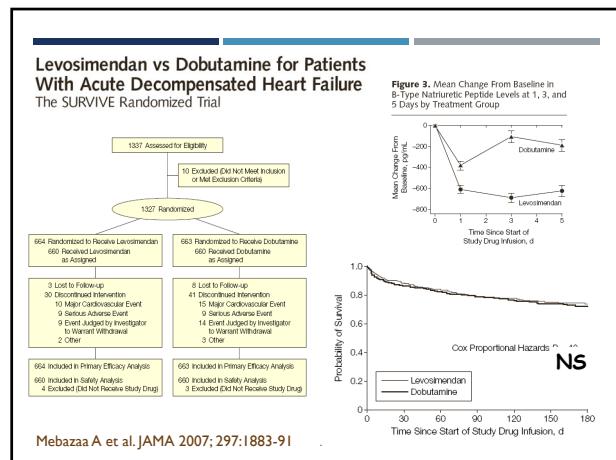
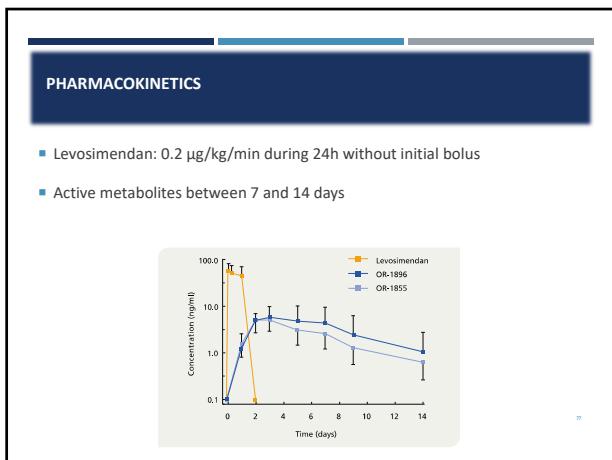
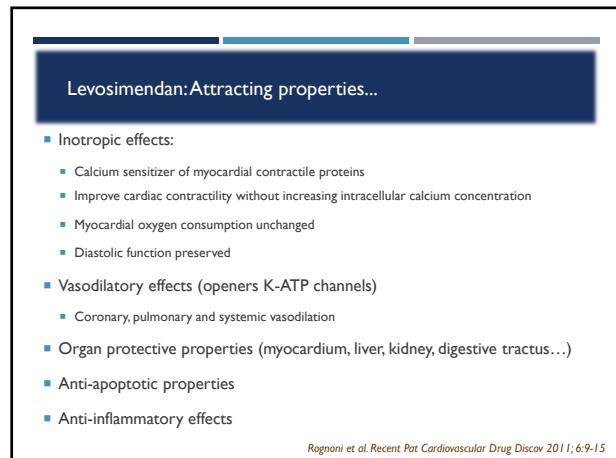
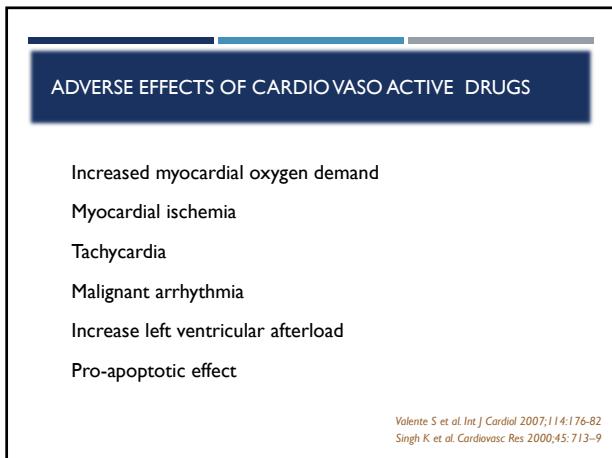
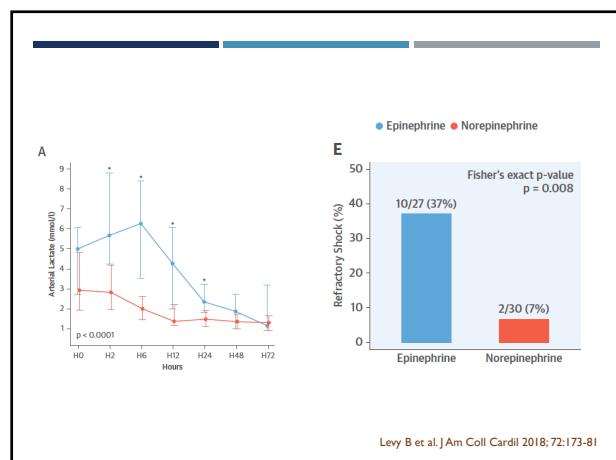
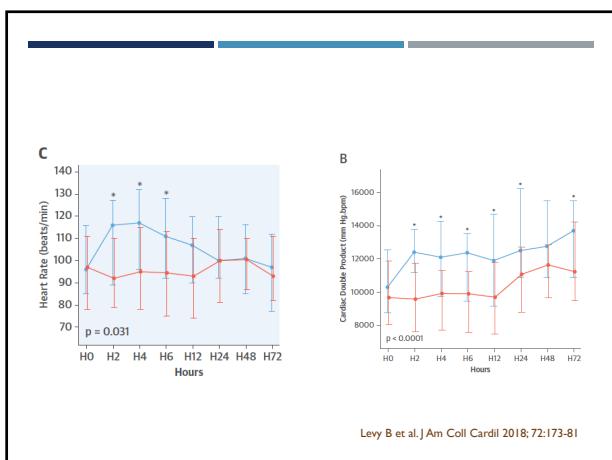
## COURBES DE PRESSION ARTÉRIELLE











**Levosimendan in Patients with Left Ventricular Dysfunction Undergoing Cardiac Surgery**

**ORIGINAL ARTICLE**

**Levosimendan for Hemodynamic Support after Cardiac Surgery**

**ORIGINAL ARTICLE**

**ABSTRACT**

**ABSTRACT**

**BACKGROUNDS**

**METHODS**

**RESULTS**

**CONCLUSIONS**

**ACKNOWLEDGMENTS**

**REFERENCES**

**ACKNOWLEDGMENTS**

**REFERENCES**

**JAMA | Original Investigation**

**Effect of Levosimendan on Low Cardiac Output Syndrome in Patients With Low Ejection Fraction Undergoing Coronary Artery Bypass Grafting With Cardiopulmonary Bypass: The LICORN Randomized Clinical Trial**

**ORIGINAL ARTICLE**

**IMPROVEMENT**

**DISCUSSION**

**REFERENCES**

**ACKNOWLEDGMENTS**

**REFERENCES**

**Use of Levosimendan in Cardiac Surgery: An Update After the LEVO-CTS, CHEETAH, and LICORN Trials in the Light of Clinical Practice**

**Fabio Guaracino, MD, PhD,\* Matthias Herringlake, MD, PhD,† Bernard Cholley, MD, PhD,‡§  
Dominique Berte, MD, PhD,¶ Stefano Bouchez, MD, PhD,|| Vladimir V. Lomnitsky, MD, PhD,¶  
Angela Biagi, MD,†† Matti Kivikko, MD, PhD,‡‡§§ and Piero Poletti, MD, PhD,††**

**Other procedures**

**CABG**

**J Cardiovasc Pharmacol 2018;71:1-9**

**LEVO-HEART SHOCK STUDY**

- Effect of early use of levosimendan versus placebo on top of a conventional strategy of inotrope use on a combined morbidity-mortality endpoint in patients with cardiogenic shock
- The study goal is to evaluate the effect of the early use of levosimendan versus placebo on top of a conventional use of inotrope with regard to a composite endpoint of 30-day mortality and/or ExtraCorporale Life Support (ECLS) requirement and/or dialysis.
- Experimental group:** patients with cardiogenic shock treated with levosimendan in addition to the conventional strategy.
- Control group:** Patients with cardiogenic shock treated with placebo for levosimendan in addition to the conventional strategy.
- 610 patients should be included**

**Inotropic agents**

Inotropic agents may be considered in patients with SBP <90 mmHg and evidence of hypoperfusion who do not respond to standard treatment, including fluid challenge, to improve peripheral perfusion and maintain end-organ function.<sup>387</sup>

Inotropic agents are not recommended routinely, due to safety concerns, unless the patient has symptomatic hypotension and evidence of hypoperfusion.<sup>387,467,478</sup>

**Vasopressors**

A vasopressor, preferably norepinephrine, may be considered in patients with cardiogenic shock to increase blood pressure and vital organ perfusion.<sup>465-467</sup>

**Mc Donagh TA et al Eur Heart J 2021; 42:3599-3726**

**Involvement of RV dysfunction or failure**

**Incidence of CS 33%**

**Primary predominant 3-5%**

**Higher intra-hospital mortality**

**9.4% versus 3.0%**

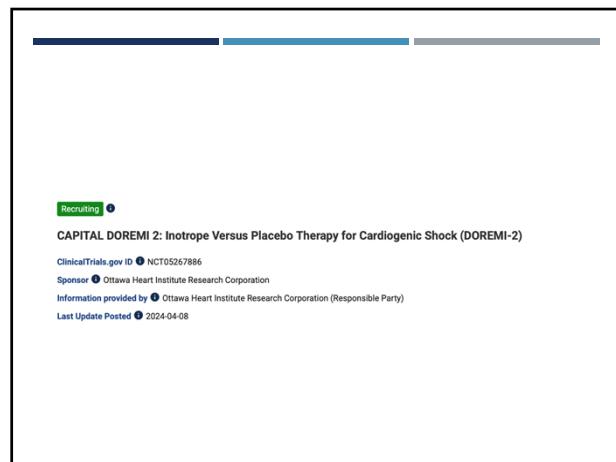
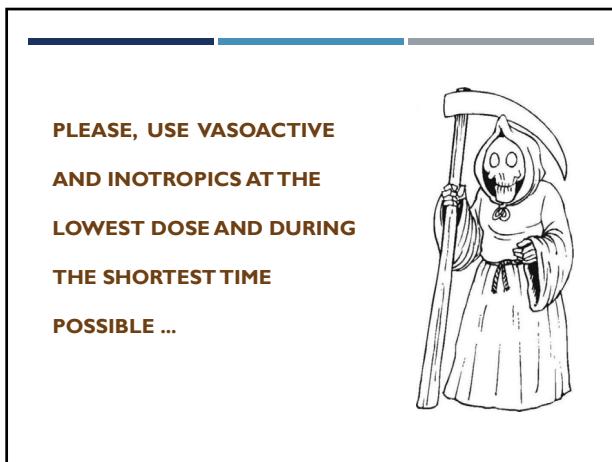
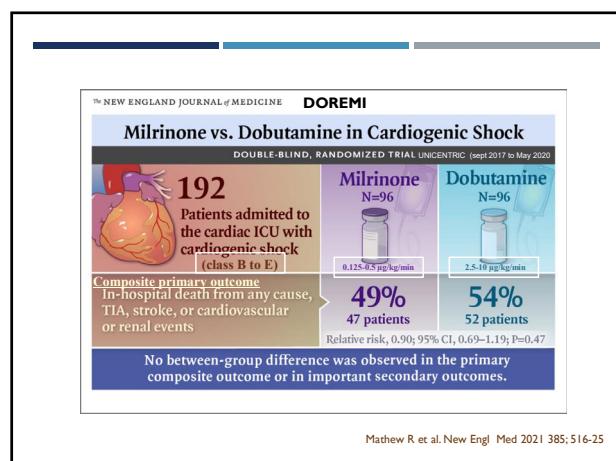
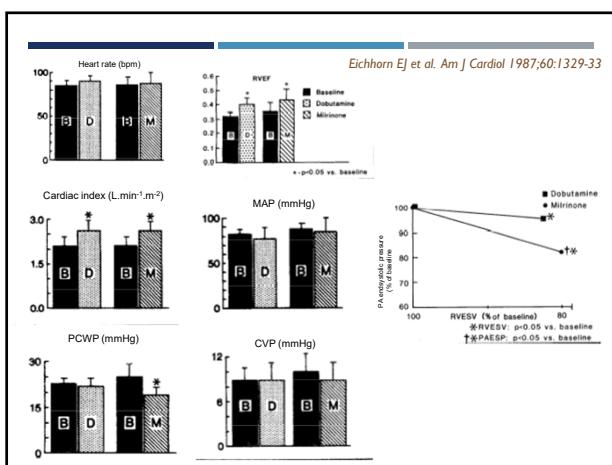
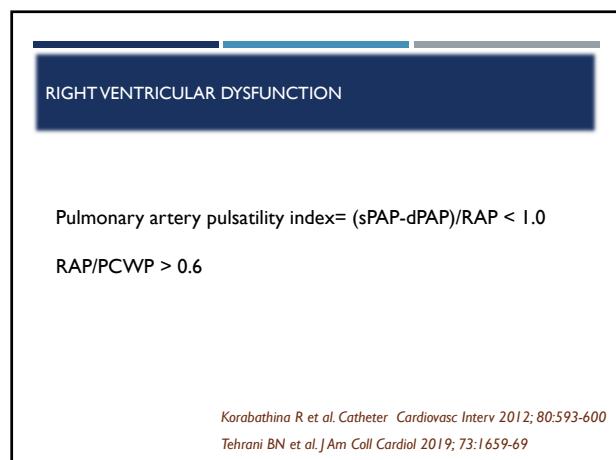
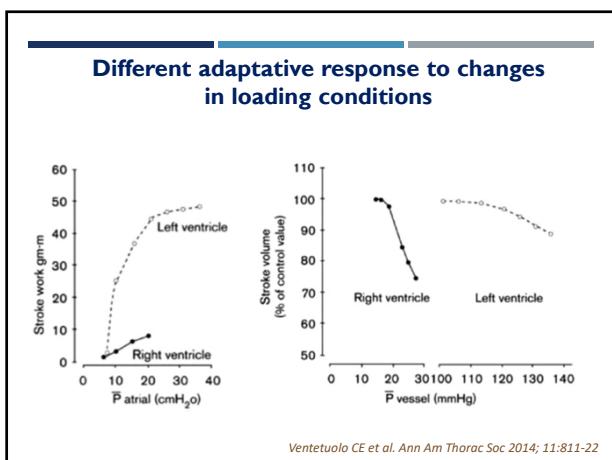
**More difficult management**

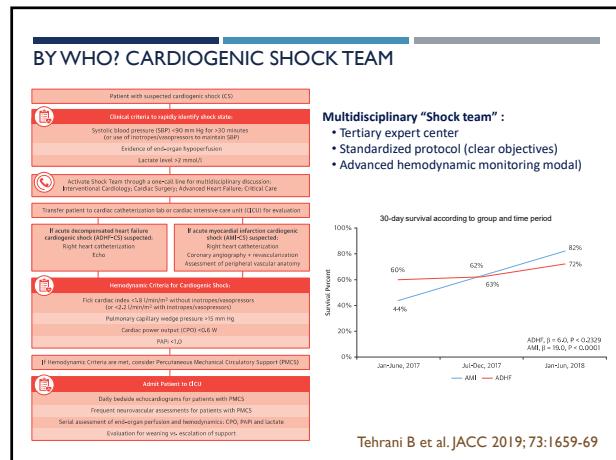
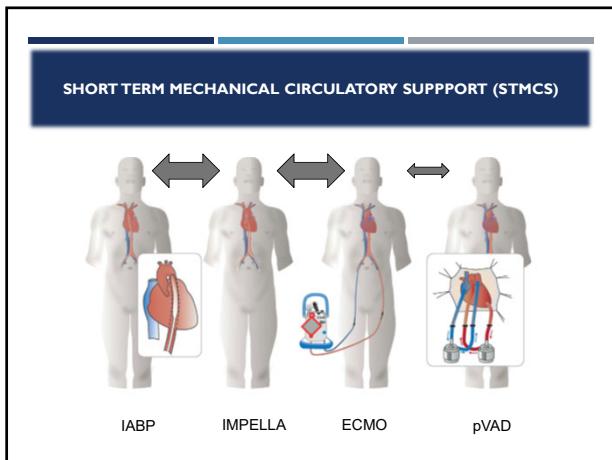
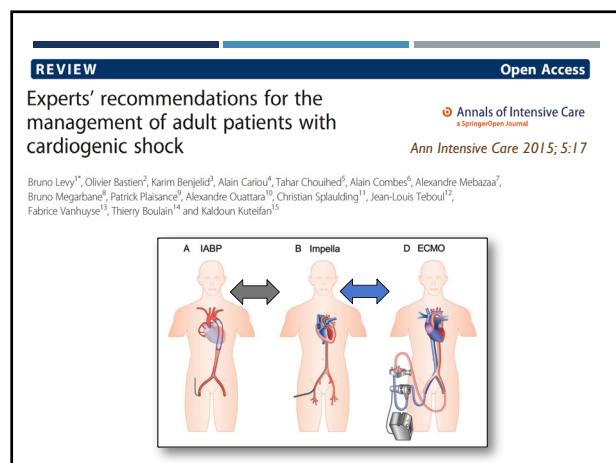
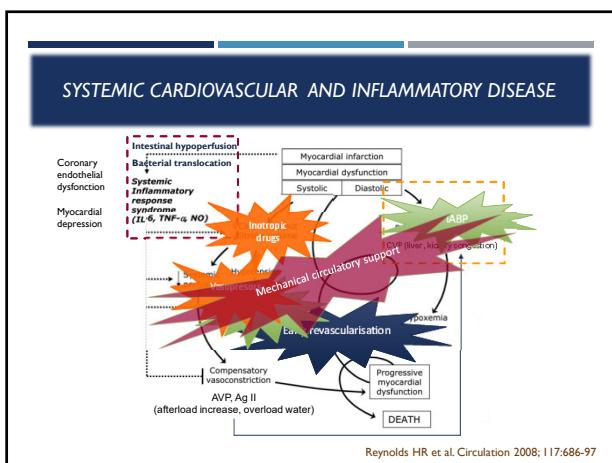
**Cardiac index <2.2 L/min/m<sup>2</sup> despite continuous high dose inotropes or >1 inotrope or vasopressor medication + any of the following criteria:**

- CV >10 mm Hg
- CV/Pi/CWP ratio >0.63
- PAPi >2
- RVSM <450 mm Hg\*ml/m<sup>2</sup>
- RV dysfunction and/or dilation on echocardiography:
  - TAPSE <17 mm
  - RV systolic TDI S' velocity <10 cm/sec
  - FS <30%
  - RV free wall longitudinal strain <-20%
  - RV basilar diameter >42 mm
  - RV short axis (or mid cavity) diameter >35 mm
- Severe RV dysfunction
  - CV >15 mm Hg
  - CV/Pi/CWP ratio >0.8
  - PAPi >1.5
  - RVSM <300 mm Hg\*ml/m<sup>2</sup>
  - Aspirates
  - Edema
  - Bilirubin elevation
  - Creatinine elevation

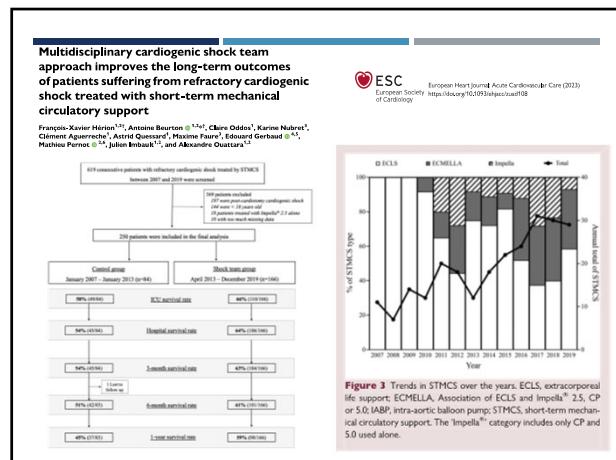
**Clinical**

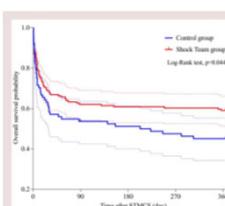
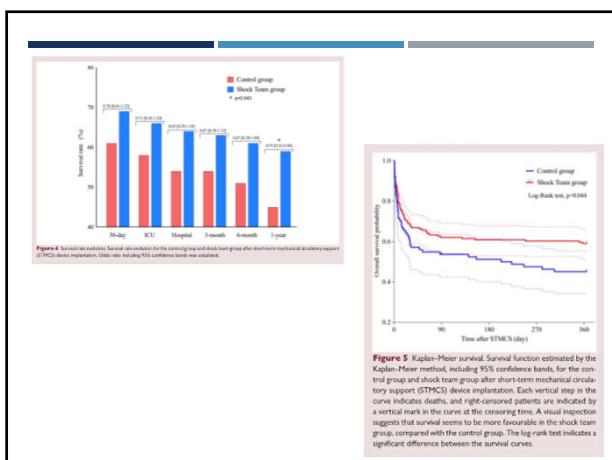
**Kapur NK et al. Circulation 2017; 136:314-26**





Auteur	Type d'étude	Population	Composition de la team	Déclenchement	Modalité de réunion	Outcome
Goran et al., 2016	Lettre scientifique	Choc Cardigénique	Spécialiste de l'IC avancée et Cardiologue Interventionnel Rénaliseur	Non rapporté	Réunion virtuelle Application smartphone	Non rapporté
Taleb et al., 2019	Monocentrique prospectif, contrôlé contre cohorte historique-rétrospective	Choc Cardigénique n=123 (shock team n=122 (control))	Spécialiste de l'IC avancée et Cardiologue Interventionnel Rénaliseur	Suspicion clinique de CC	Réunion virtuelle Appel téléphonique	Mortalité hospitalière 52% vs 39% (control vs Shock Team)
Tehrani et al., 2019	Monocentrique prospectif	Choc Cardigénique n=204 (Shock team)	Spécialiste de l'IC avancée et Cardiologue Interventionnel Rénaliseur	Suspicion clinique de CC	Réunion virtuelle Appel téléphonique	Mortalité à 30 jours 53% vs 39% (control vs Shock Team)
Lee et al., 2020	Monocentrique prospectif, contrôlé contre cohorte historique-rétrospective	Choc Cardigénique n=64 (Shock team n=36 (control))	Spécialiste de l'IC avancée et Cardiologue Interventionnel Rénaliseur	Ces validé par le Spécialiste de l'IC avancée	Réunion virtuelle Application smartphone	Mortalité à 8 mois 67% vs 43% (control vs Shock Team)
Gibis et al., 2020	Etude qualitative	Choc Cardigénique	Spécialiste de l'IC avancée et Cardiologue Interventionnel Rénaliseur	Non rapporté	Réunion virtuelle Appel téléphonique	Non rapporté
Hernández-Pérez et al., 2021	Monocentrique rétrospectif	Choc Cardigénique réfractaire n=150 (Shock team)	Spécialiste de l'IC avancée et Cardiologue Interventionnel Rénaliseur	Choc cardigénique réfractaire	Réunion virtuelle Appel téléphonique	Mortalité hospitalière 47%
Mannine et al., 2021	Communication, non revue par les auteurs	Choc Cardigénique ischémique n=154 (Shock team n=37 (control))	Cardiologue Interventionnel Rénaliseur Spécialiste de l'IC avancée si besoin	Suspicion clinique de CC ischémique	Non rapporté	Mortalité hospitalière 56% vs 29% (control vs Shock Team)





## Use of pulmonary artery catheter?

Randomized studies and several meta-analyses have failed to confirm a clinical benefit of the PAC in a wide range of critically ill patient pathologies

Current recommendations of the European Society of Intensive Care Medicine still consider PAC as a useful tool in some patients with severe CS

Especially in case of right ventricular dysfunction or CS unresponsive to initial therapies, reflecting standard practice in expert centers in the management of this condition.



Mebazaa A et al. *Intensive Care Med*. 2018;44:760-73

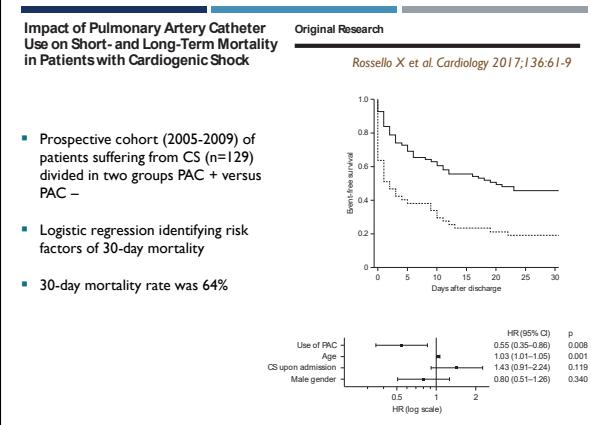
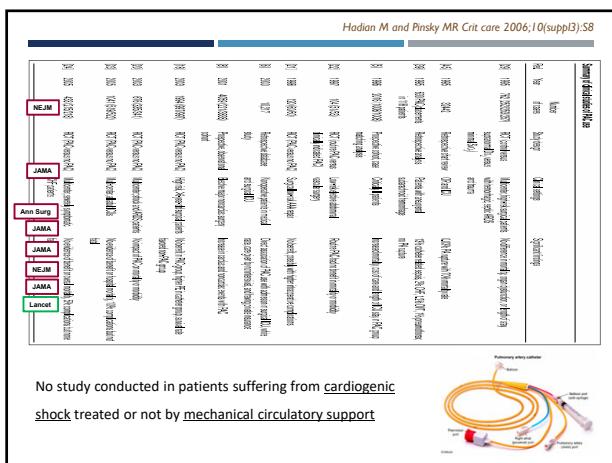
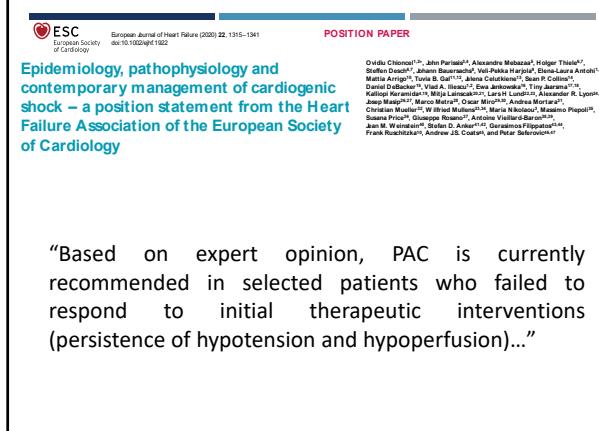


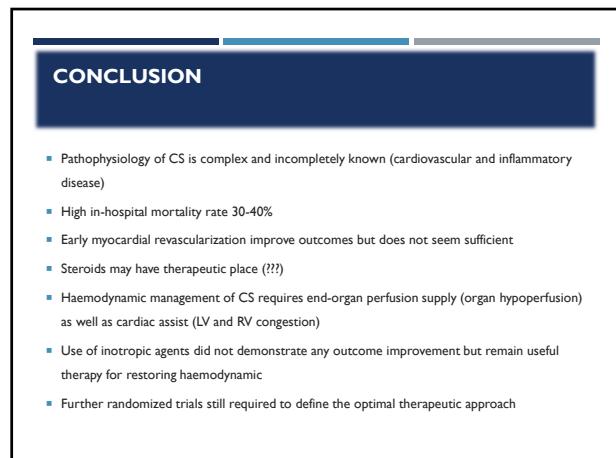
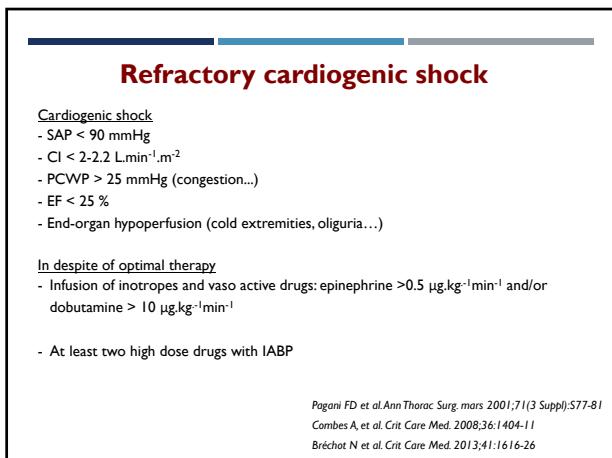
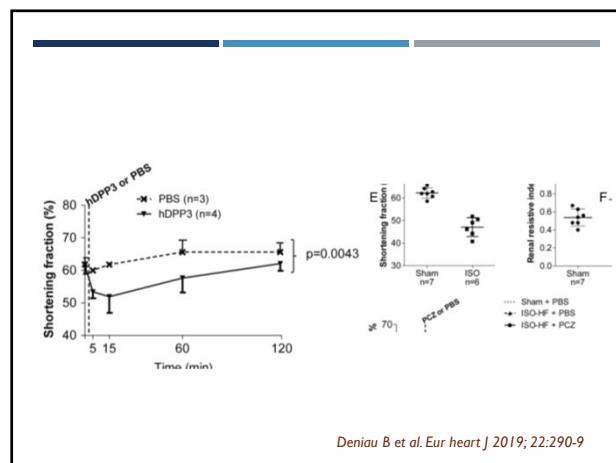
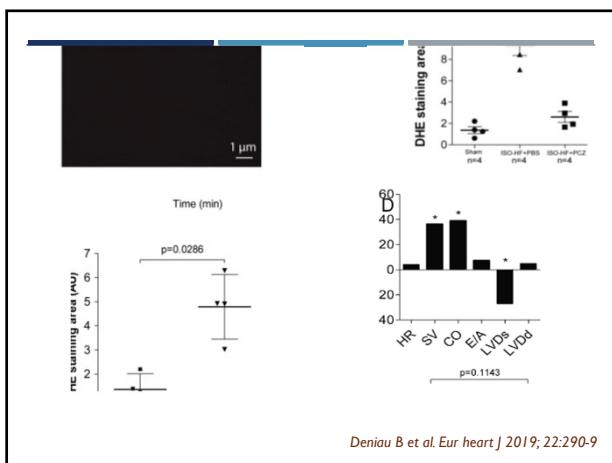
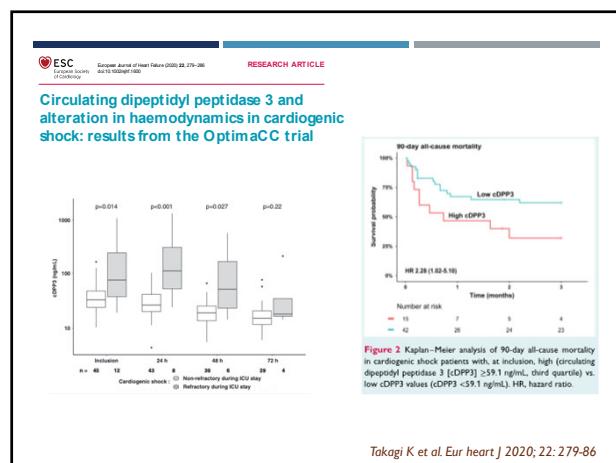
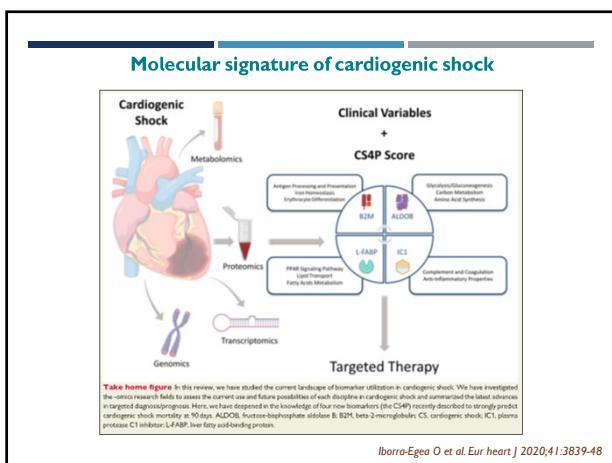
Table 3. In-Hospital Outcomes After Propensity Score Matching									
Outcome	Cardiogenic Shock			Heart Failure					
	PAC (n = 11,139)	No PAC (n = 11,139)	OR (95% CI)*	P Value	PAC (n = 11,640)	No PAC (n = 11,640)	OR* (95% CI)*	P Value	
Mortality		34.9%	37.0%	0.91 (0.87-0.97)	.001	6.7%	2.4%	2.95 (2.56-3.39)	<.001
MCS		30.8%	28.8%	1.06 (0.91-1.21)	<.001	5.0%	0.3%	11.18 (7.78-16.60)	<.001
TAC requiring hemodialysis		8.3%	8.7%	0.86 (0.73-1.00)	<.001	1.0%	0.3%	2.73 (1.72-4.74)	<.001
Acute kidney injury		56.4%	48.6%	1.37 (1.30-1.44)	<.001	32.0%	18.1%	2.13 (2.00-2.26)	<.001
Transfusion		27.9%	22.8%	1.31 (1.23-1.39)	<.001	13.3%	5.6%	2.57 (2.34-2.83)	<.001
Inotropes		54.9%	50.7%	1.02 (0.95-1.10)	<.001	10.0%	2.1%	4.77 (3.78-5.76)	<.001
Vascular complications		19.6%	17.6%	1.14 (1.07-1.22)	<.001	5.9%	1.6%	3.84 (3.26-4.52)	<.001
Acute respiratory failure		45.9%	43.4%	1.11 (1.05-1.17)	<.001	13.4%	6.9%	2.07 (1.90-2.27)	<.001
Major bleeding		3.7%	3.7%	1.01 (0.95-1.07)	<.001	1.5%	0.3%	4.27 (3.28-5.26)	<.001
LOS > 5 d		81.0%	67.7%	2.04 (1.92-2.17)	<.001	75.6%	45.0%	4.10 (3.88-4.34)	<.001
PCI		19.0%	22.4%	0.81 (0.79-0.87)	<.001	2.8%	1.5%	1.92 (1.60-2.31)	<.001
Cardiac arrest		12.1%	13.8%	0.76 (0.71-0.81)	<.001	0.1%	0.0%	2.67 (2.01-3.36)	<.001
Median LOS (IQR)		12.0 (2.0)	8.3 (3.15)	<.001		8 (5.24)	4 (2.7)		
Median hospital costs		\$50,911	\$31,734	<.001		\$20,168	\$7,869		
CABG		13.0%	1.06 (0.98-1.28)	<.001		3.5%	0.4%	9.4 (6.91-12.51)	<.001
LVAD placement		4.5%	1.6%	3.27 (2.73-3.91)	<.001	2.2%	0.6%	7.19 (5.09-12.16)	<.001
Heart transplantation		2.0%	0.8%	2.45 (1.91-3.14)	<.001	2.1%	0.3%	8.54 (5.80-12.56)	<.001
Nursing home discharge		10.8%	9.5%	1.17 (1.03-1.33)	.013	15.0%	12.6%	1.90 (1.64-2.20)	<.001

\*AKI, acute kidney injury; CABG, coronary artery bypass graft; IQR, interquartile range; MCS, mechanical circulatory support; PCI, percutaneous coronary intervention; LVAD, left ventricular assist device; LOS, length of stay.

Hernandez GA et al. *J Cardiac Fail* 2019; 25:364-71

"Based on expert opinion, PAC is currently recommended in selected patients who failed to respond to initial therapeutic interventions (persistence of hypotension and hypoperfusion)..."





**Many thanks...**

