

## Trachéotomie en Réanimation



DU Kiné  
Mai 2024



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JAMA Otolaryngology-Head & Neck Surgery | Original Investigation

### Timing, Complications, and Safety of Tracheotomy in Critically Ill Patients With COVID-19

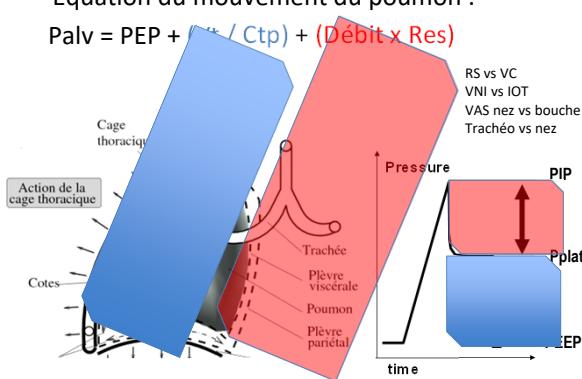
Francesc Xavier Avilés-Jurado, MD, PhD; Daniel Prieto-Alhambra, MD, PhD; Nesly González-Sánchez, MD; José de Osso, MD; Claudio Arancibia, MD; María Jesús Rojas-Lechuga, MD; Laura Ruiz-Sevilla, MD; Joan Remacha, MD; Irene Sanchez, MD; Eduardo Lehrer-Corat, MD; Mauricio López-Chacón, MD; Cristóbal Langston, MD; Josep Maria Guillamet, MD, PhD; Francisco Larrosa, MD, PhD; Isam Alabd, MD, PhD; Manuel Bernál-Sprekelsen, MD; Pedro Castro, MD, PhD; Isabel Vilaseca, MD, PhD

JAMA Otolaryngol Head Neck Surg. 2021;147(7):41-48.

	Total (n = 10)	Early tracheotomy (n = 12)	Late tracheotomy (n = 18)
<b>Characteristics</b>			
Postoperative complications			
Minor airway bleeding	0 (12)	5 (15.0)	0 (0.5)
Major airway bleeding	0	0	0
Air leak	1 (6)	1 (3)	1 (11)
Combit dislocation	1 (2)	0	1 (0.5)
Tolerance to cuff deflation in survivors (n = 42)	42 (100)	42 (100)	42 (100)
Inability to phonate in survivors (n = 42)	42 (100)	42 (100)	42 (100)
<b>Nasotracheal intubation</b>			
No	4 (12)	28 (55)	13 (20)
Yes	6 (18)	2 (4)	1 (2)
Last before extubation	0 (12)	2 (4)	4 (6)
<b>Intubation time before tracheotomy, d</b>			
Median (IQR)	0 (4.2)	8 (12)	12.5 (2.2)
Mean (SD)	0.6 (1.6)	7.5 (1.9)	13.2 (3.2)
<b>Intubation time during MV, d</b>			
Median (IQR)	18 (6)	17 (5)	20 (5)
Mean (SD)	17.9 (4.5)	16.6 (4.5)	20.5 (3.4)
<b>Time from tracheotomy to MV withdrawal, d</b>			
Median (IQR)	8 (6)	8 (9)	8 (9)
Mean (SD)	8.5 (4.5)	8.2 (5.1)	7.22 (2.8)
<b>Decannulation rate in survivors</b>			
Median (IQR)	42 (100)	42 (100)	42 (100)
<b>Time to decannulation, d</b>			
Median (IQR)	22 (15)	20 (15)	25 (16)
Mean (SD)	23.7 (12)	22.2 (13)	26.4 (9)

- Equation du mouvement du poumon :

$$Palv = PEP + \frac{P_{ext}}{Ctp} + (Débit \times Res)$$



## Propriétés résistives

- Ventilation = condition dynamique
  - L'activité des muscles respiratoires doit
- vaincre l'élasticité pulmonaire (2/3 au repos)
  - vaincre la résistance du système respiratoire au
- passage de l'air (1/3 au repos)
  - résistances tissulaires ( $\approx 20\%$ ): frottements du tissu pulmonaire
- résistances des voies aériennes ( $\approx 80\%$ ): résistance à l'écoulement des molécules

### • Fluide

- viscosité  $\eta$
- densité  $\rho$
- conduit de longueur  $l$
- rayon  $r$

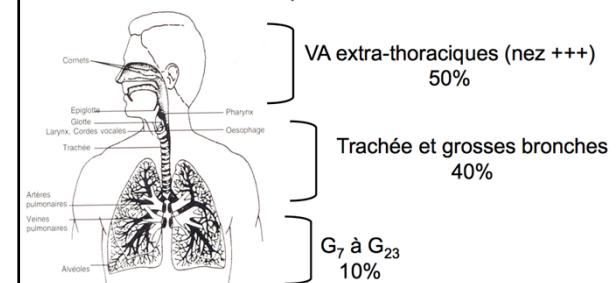


### • En écoulement laminaire

$$\dot{V} = \frac{\Delta P^*}{R} \quad R = \frac{8\eta l}{\pi r^4}$$

## Résistances pulmonaires

### En respiration nasale



## Resistances Trachéo = VS par le nez

- R trac = R VS par le nez
- Si IOT la longueur modifie les résistances inspi et expiratoires et R Trac < R IOT à même diamètre (7 ou 8)



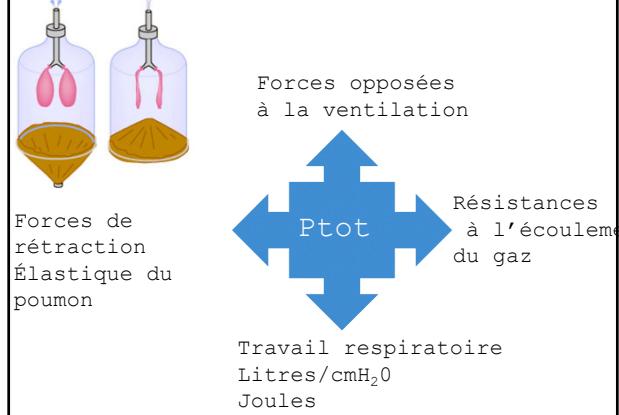
## Espace mort

- L'augmentation de l'effet espace mort (de l'ordre de 25 % chez le sujet normal et pouvant atteindre 60 à 80 % chez le patient BPCO en poussée) est responsable de l'hypercapnie.
- La PaCO<sub>2</sub> est proportionnelle à la production de CO<sub>2</sub>, et inversement proportionnelle à la ventilation alvéolaire (VA) :
- $\text{PaCO}_2 = K \times \text{VCO}_2/\text{VA}$
- La ventilation alvéolaire est la différence entre la ventilation totale et la ventilation de l'espace mort :
- $\text{VA} = \text{Ve} \times \text{VD}/\text{VT} = \text{VE} \times (1-\text{VD})/\text{VT}$
- VD est l'espace mort physiologique, c'est-à-dire la fraction du volume courant qui ne participe pas aux échanges gazeux. VT est le volume courant. Ainsi, en remplaçant VA dans la première équation, on obtient :
- $\text{PaCO}_2 = K \times \text{VCO}_2 / (\text{VE} \times 51-\text{VD}/\text{VT})$

## Espace mort

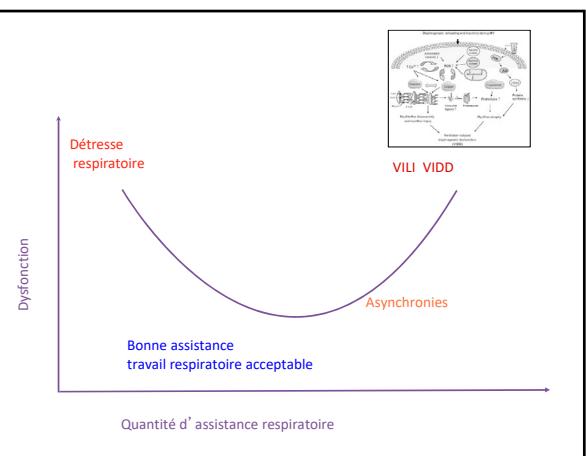
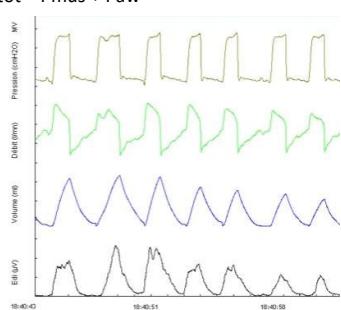


- La trachéo diminue l'espace mort de 156 ml à 230 ml.  
Intensive Care Med (2002) 28:1761–1767
- Le VT est poche de 6 ml.kg afin de limiter les asynchronies et l'auto PEP chez les BPCO  
Intensive Care Med (2008) 34:1477–1486



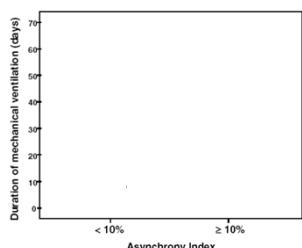
$$P_{\text{tot}}(t) = R \cdot \text{Débit}(t) + 1/C \cdot$$

$$P_{\text{tot}} = P_{\text{mus}} + P_{\text{aw}}$$



Arnaud W. Thille  
Pablo Rodriguez  
Belen Cabello  
François Lellouche  
Laurent Brochard

### Patient-ventilator asynchrony during assisted mechanical ventilation



- Assistance en fonction du travail respiratoire



Intensive Care Med (2006) 32:1311–1314  
DOI 10.1007/s00134-006-0278-3

### PHYSIOLOGICAL NOTE

1 joule = mobilisation de 1 l de gaz avec  $\Delta P$  de 10 cmH<sub>2</sub>O  
 $E$  (joule)  $\neq$   $P$

Belen Cabello  
Jordi Mancebo

### Work of breathing

Review  
First published April 30, 2006, J Appl Physiol 101: 862–870, 2006

HIGHLIGHTED TOPIC | The Respiratory Muscles in Chronic Obstructive Pulmonary Disease

Role of the respiratory muscles in acute respiratory failure of COPD:  
lessons from weaning failure

Martin J. Tobin,<sup>1</sup> François Lellouche,<sup>1</sup> and Laurent Brochard<sup>2</sup>

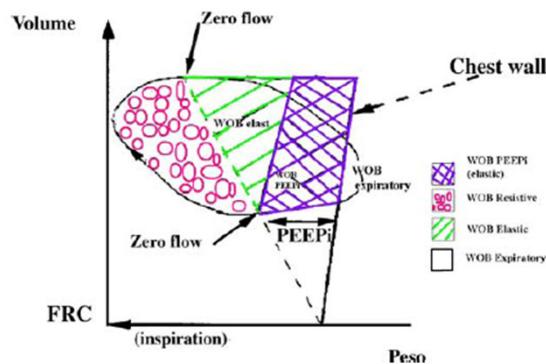


Diagramme de Campbell

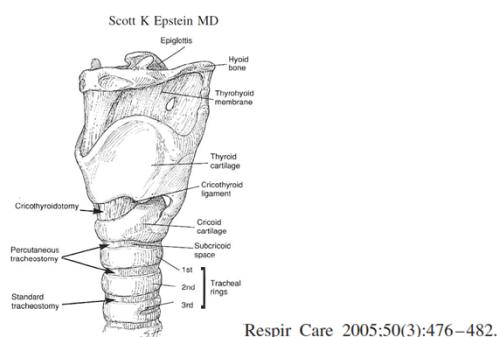
### WOB: Travail respiratoire

- 31 BPCO échec de sevrage
  - Début SBT: PTP échec 255 (59) cmH<sub>2</sub>O.s/min succès 158 (23)
  - Fin SBT : PTP échec 388 (68)\* succès 205 (25)
- >> Echec si trop de travail

Jubran, Tobin. Am J Respir Crit Care Med 1997;155: 906–915

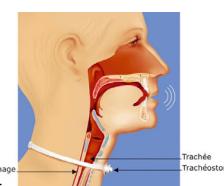
### New Horizons Symposium Papers

#### Anatomy and Physiology of Tracheostomy



Respir Care 2005;50(3):476–482.

### AVANTAGES ATTENDUS

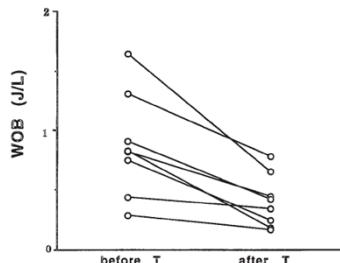


- ◎ REDUCTION DU TRAVAIL RESPIRATOIRE
- ◎ DIMINUTION DES PNEUMOPATHIES
- ◎ SEVRAGE VENTILATOIRE PROGRESSIF
- ◎ CONFORT
- ◎ SECURITE

**Changes in the Work of Breathing Induced by Tracheotomy in Ventilator-dependent Patients**

JEAN-LUC DIEHL, SOUHEIL EL ATROUS, DOMINIQUE TOUCHARD, FRANCOIS LEMAIRE, and LAURENT BROCHARD  
Service de Réanimation Médicale, Hôpital Henri Mondor, AP-HP, Institut Nationale de la Santé et de la Recherche Médicale 492, Université Paris 12, Creteil, France

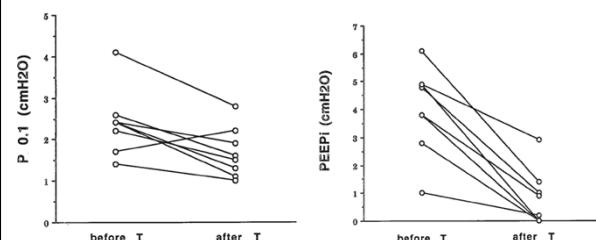
Am J Respir Crit Care Med Vol 159, pp 383-388, 1999



**Changes in the Work of Breathing Induced by Tracheotomy in Ventilator-dependent Patients**

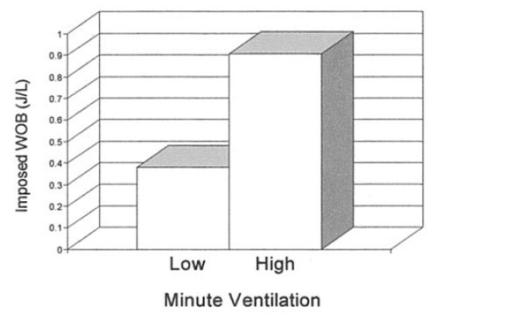
JEAN-LUC DIEHL, SOUHEIL EL ATROUS, DOMINIQUE TOUCHARD, FRANCOIS LEMAIRE, and LAURENT BROCHARD  
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Am J Respir Crit Care Med Vol 159, pp 383-388, 1999



## WOB et ventilation minute

10 patients trachéotomisés



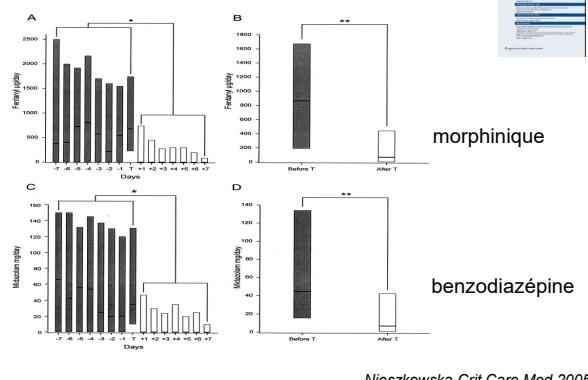
**Impact of tracheotomy on sedative administration, sedation level, and comfort of mechanically ventilated intensive care unit patients\***

Ania Nieszkowska, MD; Alain Combes, MD, PhD; Charles-Edouard Luyt, MD, PhD; Hichem Kalbi, MD; Jean-Louis Trouillet, MD; Claude Gibert, MD; Jean Chatre, MD

Characteristic	72 patients avant vs après trachéo
At ICU admission	
Age	58 (52.72)
Sex, male, n (%)	43 (59.7)
Type of admission, n (%)	
Surgery	40 (55.6)
Cardiac	38 (52.7)
Other	2 (2.8)
Medical	32 (44.4)
SAPS II	46 (36.66)
McCabe	2 (1.2)
Reason for MV, n (%)	
Acute exacerbation of COPD	7 (9.7)
Acute respiratory failure	29 (40.3)
Postoperative respiratory failure	27 (37.5)
Neurologic	9 (12.5)
On the day of tracheotomy	
SOFA score	7 (5.8,10.0)
Radiologic score	5 (3.7)
Temperature, °C, mean ± SD	37.8 ± 1.0
Pao <sub>2</sub> /FiO <sub>2</sub> , mm Hg	197 (150,280)
Shock, n (%)	29 (40.3)

Nieszkowska Crit Care Med 2005

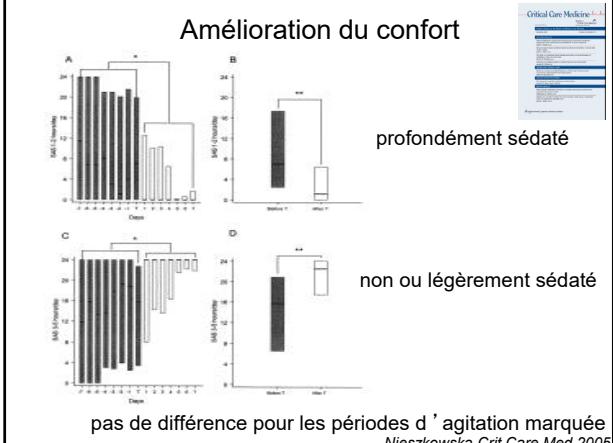
## Amélioration du confort



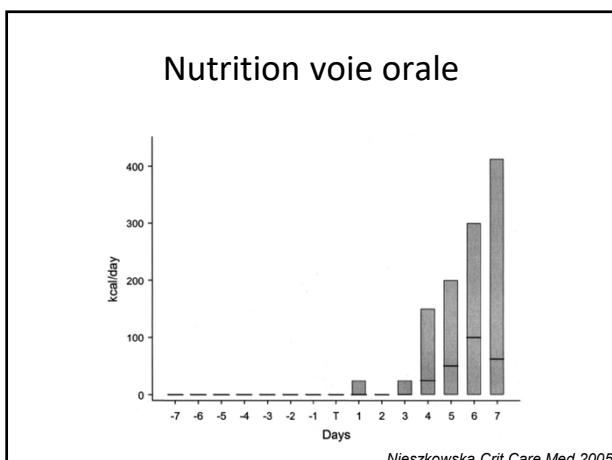
morphinique

benzodiazépine

## Amélioration du confort



non ou légèrement sédaté



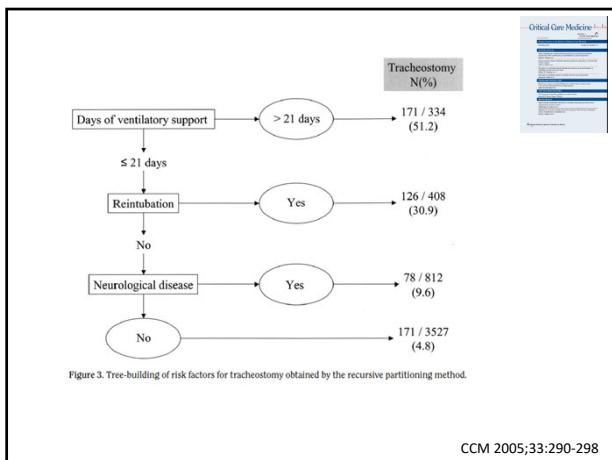
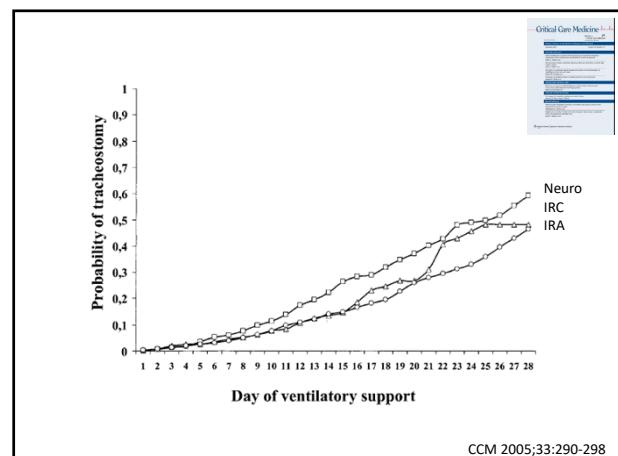
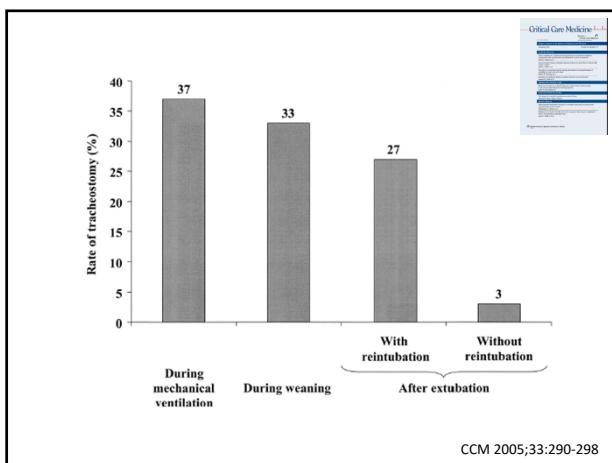
Outcome of mechanically ventilated patients who require a tracheostomy\*

Fernando Frutos-Vivar, MD; Andrés Esteban, MD, PhD; Carlos Aponte-Gutiérrez, MD; Antonio Anzueto, MD; Peter Nightingale, MD; Marco González, MD; Luis Soto, MD; Carlos Rodrigo, MD; Jean Raad, MD; Cide M. David, MD; Dimitris Matamis, MD; Gabriel D'Empaire, MD; for the International Mechanical Ventilation Study Group



- Mars 1998, 361 services, 20 pays
- 5 183 patients ventilés > 12 h (- 102 déjà trachéotomisés)
- 546 (10,7 %) trachéotomisés après 12 [7-17] j de VM

CCM 2005;33:290-298



### Trachéotomisés : Quel devenir ?

	Mortalité en réa	Mortalité hospitalière
Trachéotomie +	20 %	39 %
Trachéotomie -	32 %	40 %

CCM 2005;33:290-298

Tracheostomy does not improve the outcome of patients requiring prolonged mechanical ventilation: A propensity analysis<sup>a</sup>

Christophe Clec'h, MD; Corinne Alberti, MD, PhD; Francois Vincent, MD; Maihé Garrouste-Orgeas, MD; Arnaud de Lassence, MD; Dany Toledano, MD; Elie Azoulay, MD, PhD; Christophe Adrie, MD; Samir Jamali, MD; Isabelle Zaccaria; Yves Cohen, MD; Jean-François Timsit, MD, PhD; on behalf of the OUTCOMEREA study group

**Patients comparables**

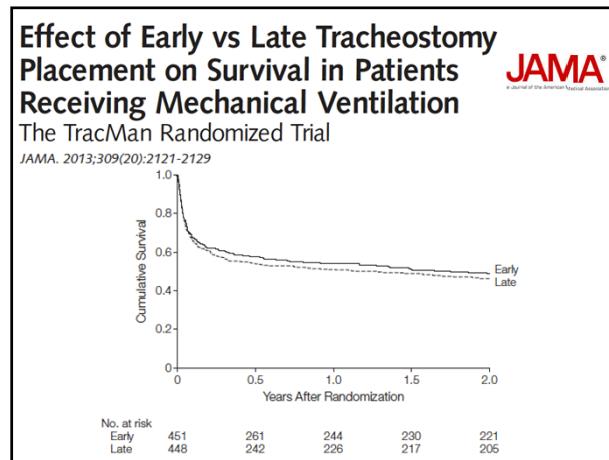
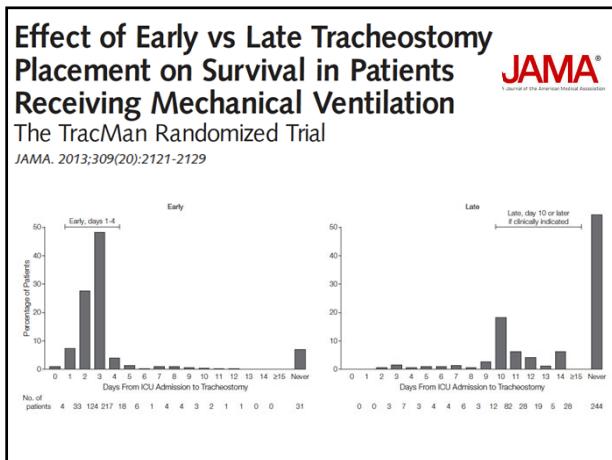
Variable	Tracheostomy (n = 160)	No Tracheostomy (n = 422)	p Value
Duration of MV ≥15 days, no. (%)	95 (59.4)	229 (54.3)	.77
Need for reintubation, no. (%)	4 (2.5)	6 (1.3)	.25
MV for neurologic disease, no. (%)	46 (28.8)	126 (27.8)	.67
Chronic respiratory disease, no. (%)	46 (28.8)	101 (22.3)	.11
Do-not-resuscitate order, no. (%)	18 (11.3)	61 (13.4)	.48
Cause of acute respiratory failure, no. (%)			
Postoperative	24 (15)	82 (18.1)	.16
Congestive heart failure	10 (6.3)	32 (7.1)	.99
Cardiac arrest	4 (2.5)	8 (1.8)	.46

CCM 2007;35:132-138

**Mortalité en réanimation**

	OR	95% CI	p Value
<b>Model 1</b>			
All patients	0.94	0.63-1.39	.74
Patients with early tracheostomy <sup>a</sup>	0.41	0.10-1.80	.24
Patients with late tracheostomy <sup>b</sup>	0.97	0.65-1.50	.90
<b>Model 2</b>			
All patients	1.12	0.75-1.67	.59
Patients with early tracheostomy <sup>a</sup>	0.78	0.21-2.91	.71
Patients with late tracheostomy <sup>b</sup>	1.16	0.77-1.75	.49

CCM 2007;35:132-138



BMJ

CHEST

TRACHÉOTOMIE PRÉCOCE VERSUS TRACHÉOTOMIE TARDIVE / INTUBATION PROLONGÉE

Trachéotomie précoce: < 8 jours d' intubation  
Trachéotomie tardive: > 15 jours d' intubation

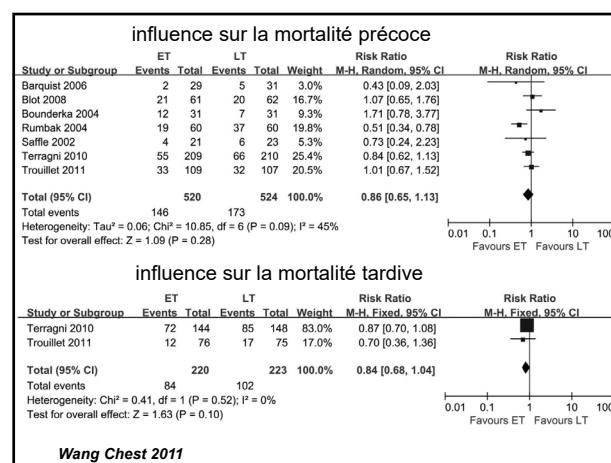
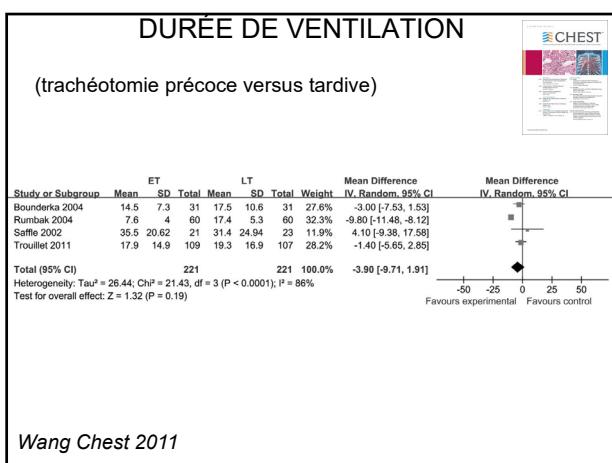
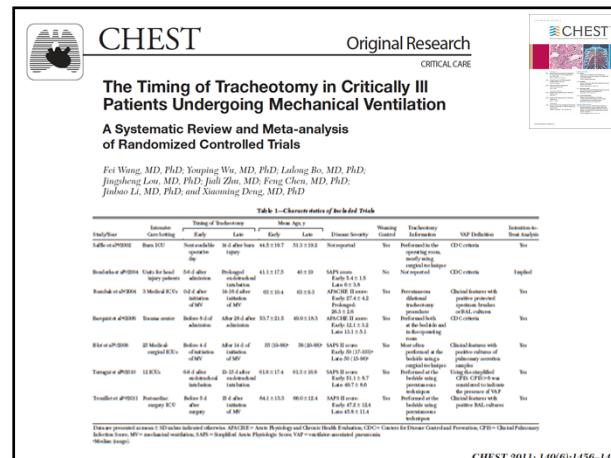
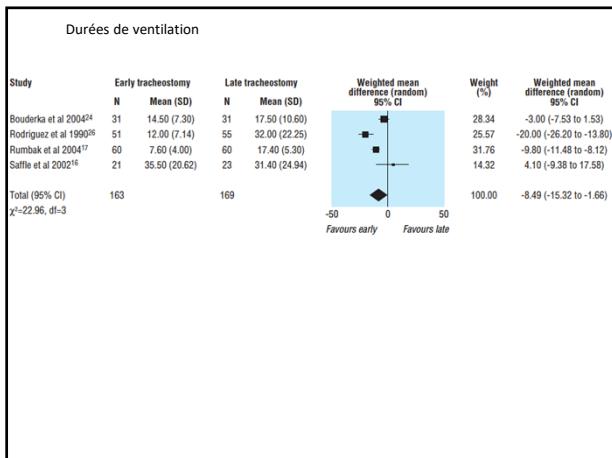
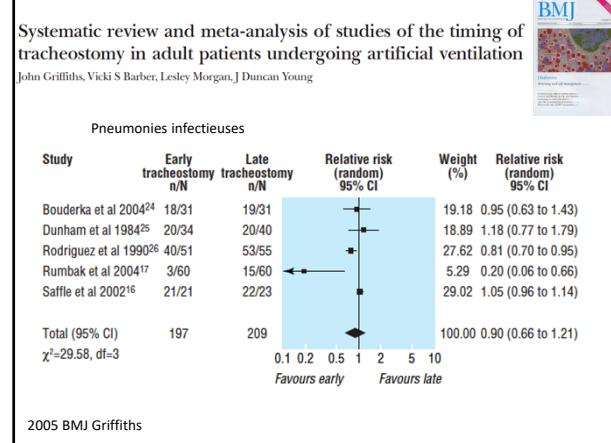
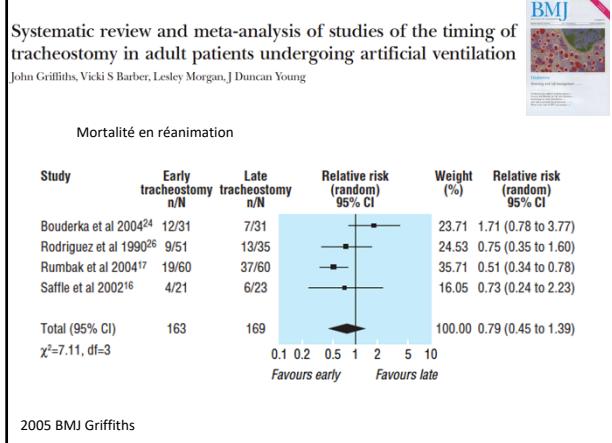
Méta-analyse de Griffiths BMJ 2005  
Méta-analyse de Wang Chest 2010

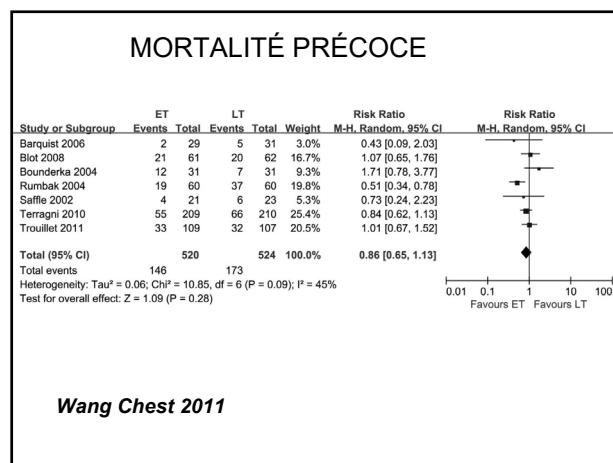
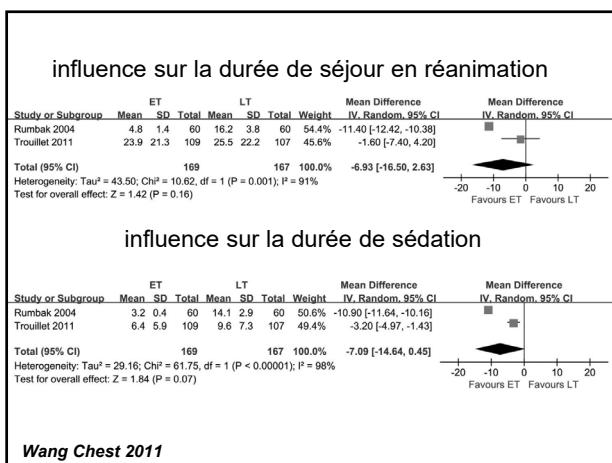
Systematic review and meta-analysis of studies of the timing of tracheostomy in adult patients undergoing artificial ventilation

John Griffiths, Vicki S Barber, Lesley Morgan, J Duncan Young

Study	No of patients (n=469)	Timing of tracheostomy		Intensive care setting	Randomization	Mortality expressed on intention to treat basis	Duration of ventilation and critical care stay expressed on intention to treat basis
		Early	Late				
Boudouris et al 2004 <sup>a</sup>	62	5-6 days after admission	Prolonged endotracheal intubation	Unit for patients with head injuries	Randomised; method not stated	Implied	Implied both
Dunham et al 1984 <sup>b</sup>	74	3-4 days after initiation of translaryngeal intubation	14 days after initiation of translaryngeal intubation	Trauma unit	Quasi-randomised	Mortality not recorded	Yes
Rodriguez et al 1990 <sup>c</sup>	106	1-7 days after admission to intensive care unit	8 or more days after admission to intensive care unit	Surgical unit	Quasi-randomised	Pneumonia analysed by intention to treat	Implied both
Rumbak et al 2004 <sup>d</sup>	120	0-2 days after initiation of mechanical ventilation	14-16 days after initiation of mechanical ventilation	Three medical units	True randomisation	Implied	Yes
Saffle et al 2002 <sup>e</sup>	44	Next available operative day	14 days after burn injury	Burns unit	True randomisation	Implied	Yes

2005 BMJ Griffiths





**Annals of Internal Medicine** | ORIGINAL RESEARCH

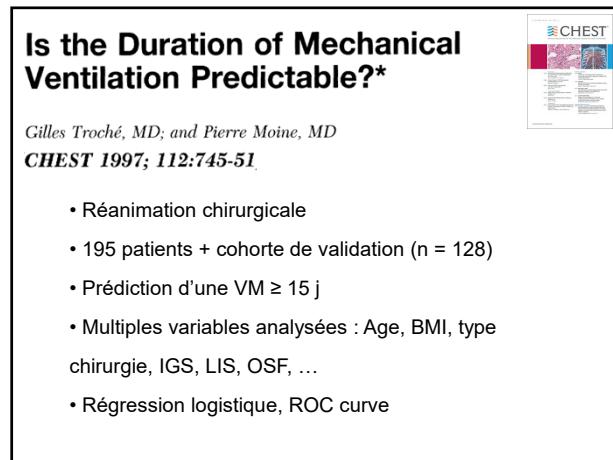
**Early Percutaneous Tracheotomy Versus Prolonged Intubation of Mechanically Ventilated Patients After Cardiac Surgery**  
A Randomized Trial\*

Jean-Louis Trouillet, MD; Charles-Eduard Luyt, MD, PhD; Marguerite Guiguet, PhD; Alexandre Cuatlar, MD, PhD; Elisabeth Vaisse, MD; Rafaella Makri, MD; Ania Nieszkowska, MD; Pascal Leprince, MD, PhD; Alain Pavie, MD; Jean Chastre, MD; and Alain Combès, MD, PhD

**Sedation**

	Mean duration of intravenous sedation (SD), d <sup>b</sup>	Mean duration-free days during 1-28 d (SD)	Mean cumulative fentanyl dose during 1-15 d (SD), µg/kg	Mean cumulative midazolam dose during 1-15 d (SD), mg/kg	Mean days (during 1-15 d) of haloperidol therapy (SD)	Mean cumulative haloperidol dose during 1-15 d (SD), mg/kg	VAP after extubation, n (%)	Stomach content, n (%)	Bloodstream infection, n (%)	Mean days (during 1-15 d) nurse-assessed as comfortable (SD)	Mean days (during 1-15 d) nurse-assessed easy management (SD)	Received sedation number > 4, n (%)	Bed-to-chair transfer at 15 d, n (%)	Muscle strength assessment (SD) <sup>c</sup>
14 d (n = 76, 68)	6.4 (5.9)	19.0 (9.1)	4.0 (6.5)	32.9 (10.0)	2.7 (4.7)	0.26 (0.51)	90 (11.8)	14 (13)	18 (17)	11.8 (3.8)	12.0 (3.8)	91 (83)	72 (66)	156.9 (87.0)
28 d (n = 21, 21)	24.5 (5.0)	16.0 (7.0)	4.0 (6.4)	67.0 (16.7)	6.4 (4.3)	0.59 (0.51)	47 (44)	11 (11)	16 (15)	10.4 (4.4)	10.8 (4.4)	57 (53)	47 (44)	134.9 (90.2)
42 d (n = 21, 21)	24.5 (5.0)	17.0 (1.86.4)	4.0 (6.4)	67.0 (16.7)	6.4 (4.3)	0.59 (0.51)	47 (44)	11 (11)	16 (15)	10.4 (4.4)	10.8 (4.4)	57 (53)	47 (44)	22.0 (7.6)
56 d (n = 8, 11)	24.5 (5.0)	149.7 (70.4)	4.0 (6.4)	67.0 (16.7)	6.4 (4.3)	0.59 (0.51)	47 (44)	11 (11)	16 (15)	10.4 (4.4)	10.8 (4.4)	57 (53)	47 (44)	12.5 (7.5)

\*Ann Intern Med. 2011;154:373-383.

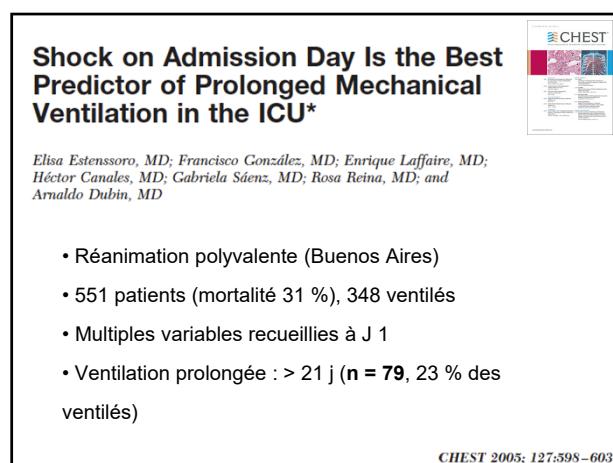


**Difficile à prévoir !**

**Parameters**

	Group 1 (MV≤14 d) (n=177)	Group 2 (MV≥15 d) (n=26)	p Value
Age, yr	50.7±18.6	57.0±20.6	NS (0.52)
BMI	24.5±5.0	24.6±4.3	NS (0.92)
Emergency admission	137 (71.8%)	23 (88.5%)	NS (0.07)
Elective admission	50 (28.2%)	3 (11.5%)	NS (0.30)
Altemeier classification	0 (medical patients) I and II III and IV	7 (26.9%) 4 (15.4%) 8 (30.8%)	NS (0.31)
Pathology/admission	106 (59.0%) Orthopedic surgery Gynecologic or obstetric disease Medical disease	12 (46.2%) 6 (23.1%) 0 8 (30.8%)	NS (0.77)
SAFS	15.1±5.6	15.5±4.2	NS (0.77)
GCS	13.0±3.7	12.3±3.6	NS (0.34)
APACHE II	20.7±8.3	22.9±7.7	NS (0.20)
SS	9.2±5.7	12.5±7.5	0.01
OSFI 0	95 (53.7%)	6 (23.1%)	<0.05
OSFI 1	51 (28.9%)	14 (53.8%)	<0.05
OSFI II, III, or IV	31 (17.5%)	6 (23.1%)	<0.05
Albuminemia, g/L	28.1±7.7	24.1±7.5	<0.05

\*NS=not significant.



## Shock on Admission Day Is the Best Predictor of Prolonged Mechanical Ventilation in the ICU\*

Elisa Estensoro, MD; Francisco González, MD; Enrique Laffaire, MD; Héctor Canales, MD; Gabriela Sáenz, MD; Rosa Reina, MD; and Arnaldo Dubin, MD



Variables	OR	95% CI	p Value
Shock day 1	2.17	1.25–3.77	0.006
SAPS II	1.04†	1.02–1.06	0.0001
PaO <sub>2</sub> /FiO <sub>2</sub> day 1	0.99‡	0.99–1.00	0.125

CHEST 2005; 127:598–603

## Quels patients trachéotomiser ?

### Concept de « chronically ill patients »

- Survivants de situations dramatiques
- Dépendants Ventilation Mécanique
- Dépendants richesse environnement humain et technique
- Sans autre défaillance vitale
- Nombreuses autres affections : séquelle(s) des défaillances viscérales, motrice, déficit nutritionnel, germes nosocomiaux, processus invasifs, ...



## Mobilizing Patients in the Intensive Care Unit Improving Neuromuscular Weakness and Physical Function

Dale M. Needham, MD, PhD



## Sevrage et Réhabilitation : Décanulation

Intensive Care Med (2003) 29:845–848  
DOI 10.1007/s00134-003-1589-z

BRIEF REPORT

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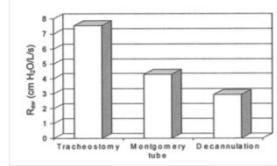
### Weaning from tracheotomy in long-term mechanically ventilated patients: feasibility of a decisional flowchart and clinical outcome

#### « Pré requis »

- Stabilité clinique
- PaCO<sub>2</sub> < 60 mmHg
- Absence de délire ou d'autres désordres psychiatriques
- Absence de sténose trachéale ou glottique
- Toux efficace, pression expiratoire maximale (PEM) ≥ 40 cmH<sub>2</sub>O
- Déglutition correcte
- Patient consentant

## Respiratory Muscle Dysfunction Secondary to Chronic Tracheostomy Tube Placement\*

Gerard Criner, M.D.,† Barry Make, M.D., F.C.C.P.; and Bartolome Celli, M.D., F.C.C.P.



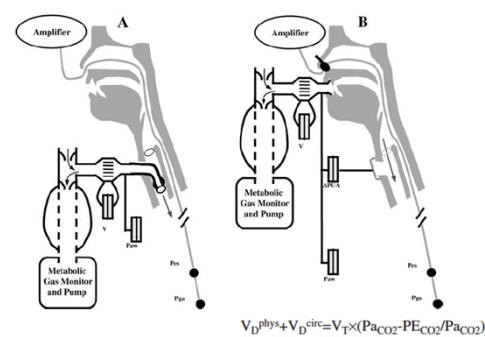
Tracheostomy†	Montgomery Button	Decannulation	Predicted
FVC (L)	1.17	0.88	1.02
FEV <sub>1</sub> (L)	0.52	0.44	0.48
FPTV (L)	0.44	0.44	0.47
FRC (L)	4.50	4.28	3.89
Raw (cmH <sub>2</sub> O/L/s)	7.55	4.28	2.94
P <sub>O<sub>2</sub></sub> (mm Hg)	80	80	N‡
P <sub>CO<sub>2</sub></sub> (mm Hg)	51	54	N‡

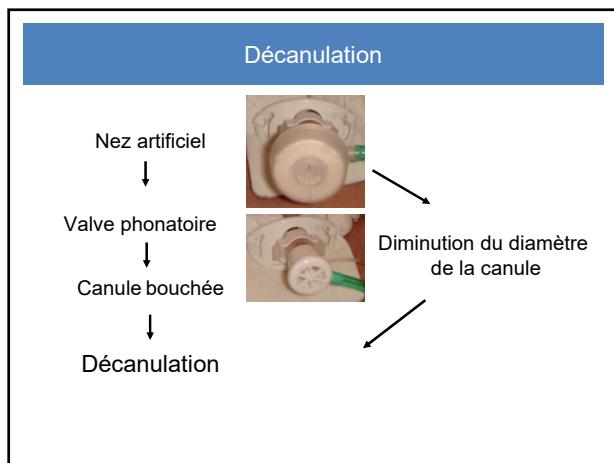
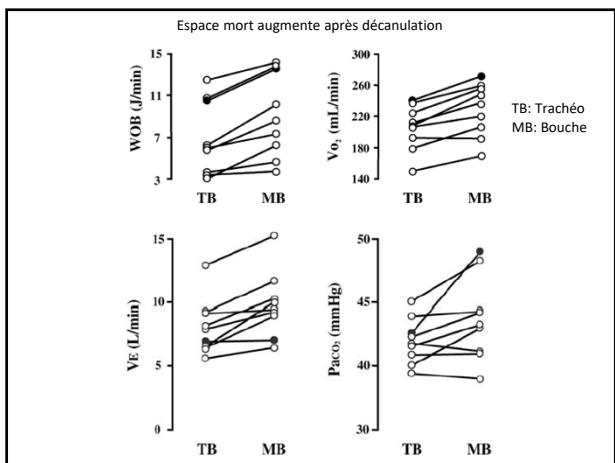
Intensive Care Med (2003) 28:1761–1767  
DOI 10.1007/s00134-002-1545-6

ORIGINAL

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### Physiological effects of decannulation in tracheostomized patients





### CONCLUSIONS

- La trachéotomie n'est pas une technique de sevrage
- La trachéotomie est bénéfique uniquement par rapport à la ventilation prolongée
- La trachéotomie garde toute sa place pour les malades au sevrage très prolongé
- Une stratégie visant à aller vers la décanulation est nécessaire
- Des structures spécialisées peuvent être intéressantes